

# Quand référer le coronarien stable?

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21 novembre 2019



# Conflits d'intérêt

- Aucun
- Directeur des services professionnels du CISSS du Bas-Saint-Laurent



# Objectifs

- Revoir la littérature la plus récente concernant les stratégies d'investigation des coronariens stables.
- Réviser les plus récentes lignes directrices en matière de revascularisation coronarienne chez le coronarien stable.
- Comprendre les avantages et les inconvénients de recourir à une coronarographie et à une angioplastie chez le coronarien stable.



# MCAS stable

- Normalement diagnostiquée en présence d'angine typique avec facteurs de risque ou présence connue d'athérosclérose coronarienne et sans progression dans le temps.
- Angine typique:
  - Oppression thoracique
  - Reproductible à l'effort
  - Soulagée par le repos ou la nitroglycérine



# MCAS stable

- Défi diagnostique souvent rencontré:
  - Angine atypique ou douleurs thoraciques d'allure non-coronariennes;
  - Dyspnée à l'effort;
  - Ischémie silencieuse;
  - Effets d'autres comorbidités:
    - MPOC, obésité, problèmes musculosquelettiques, autres conditions CV (valvulopathies, CMP, MVAS, etc).



# MCAS stable

- Objectifs visés par l'évaluation et le traitement:
  - Diagnostic
  - Pronostic
  - Qualité de vie



# MCAS stable

- Objectifs visés par l'évaluation et le traitement:
  - **Diagnostic**
  - Pronostic
  - Qualité de vie





Canadian Journal of Cardiology 30 (2014) 837–849

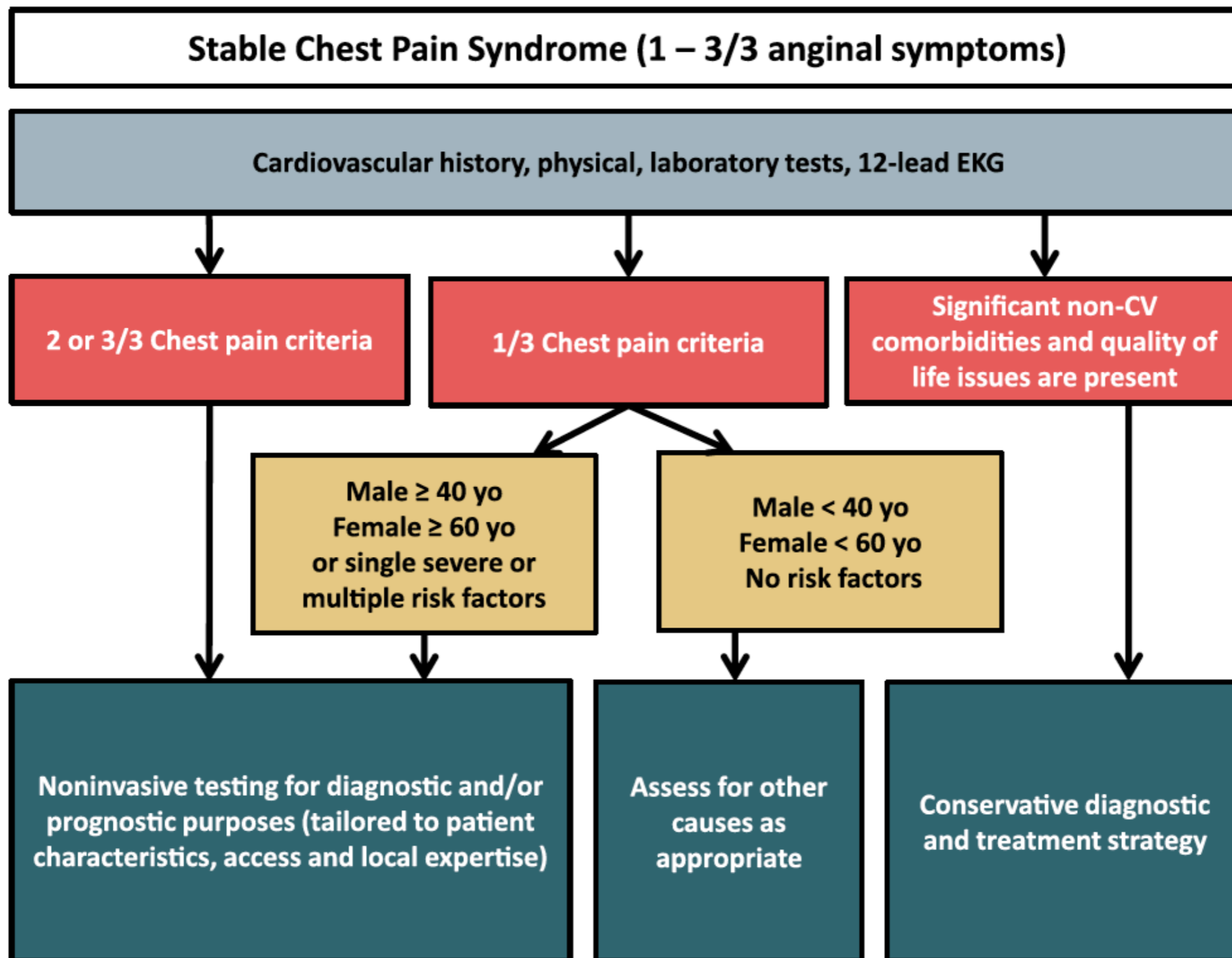
## Society Guidelines

# Canadian Cardiovascular Society Guidelines for the Diagnosis and Management of Stable Ischemic Heart Disease

G.B. John Mancini, MD (Co-Chair),<sup>a</sup> Gilbert Gosselin, MD (Co-Chair),<sup>b</sup> Benjamin Chow, MD,<sup>c</sup> William Kostuk, MD,<sup>d</sup> James Stone, MD, PhD,<sup>e</sup> Kenneth J. Yvorchuk, MD, CM,<sup>f</sup> Beth L. Abramson, MD, MSc,<sup>g</sup> Raymond Cartier, MD,<sup>b</sup> Victor Huckell, MD,<sup>a</sup> Jean-Claude Tardif, MD,<sup>b</sup> Kim Connelly, MD,<sup>g</sup> John Ducas, MD,<sup>h</sup> Michael E. Farkouh, MD, MSc,<sup>i</sup> Milan Gupta, MD,<sup>j</sup> Martin Juneau, MD,<sup>b</sup> Blair O'Neill, MD,<sup>k</sup> Paolo Raggi, MD,<sup>k</sup> Koon Teo, MBBCh, PhD,<sup>j</sup> Subodh Verma, MD,<sup>g</sup> and Rodney Zimmermann, MD<sup>l</sup>



# Diagnostic / prognostic



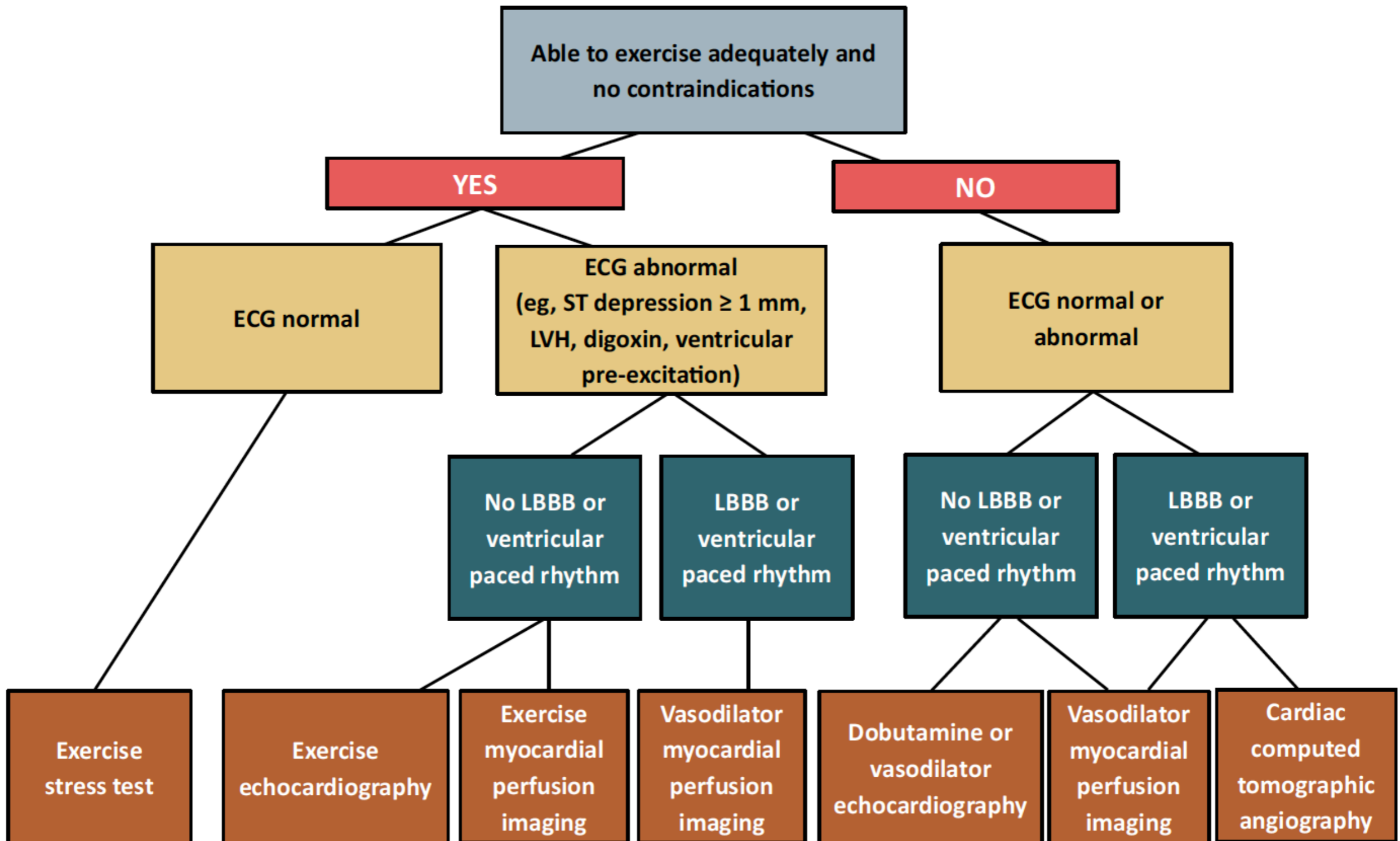


# Diagnostic / pronostic

- Stratification non-effractive
  - Épreuve d'effort
  - Perfusion myocardique
  - Échocardiographie de stress
  - IRM de stress
- Imagerie cardiaque
  - Angio-TDM des coronaires
  - Échocardiographie (pronostique)
- Coronarographie



# Diagnostic / prognostic





**Ailleurs?**

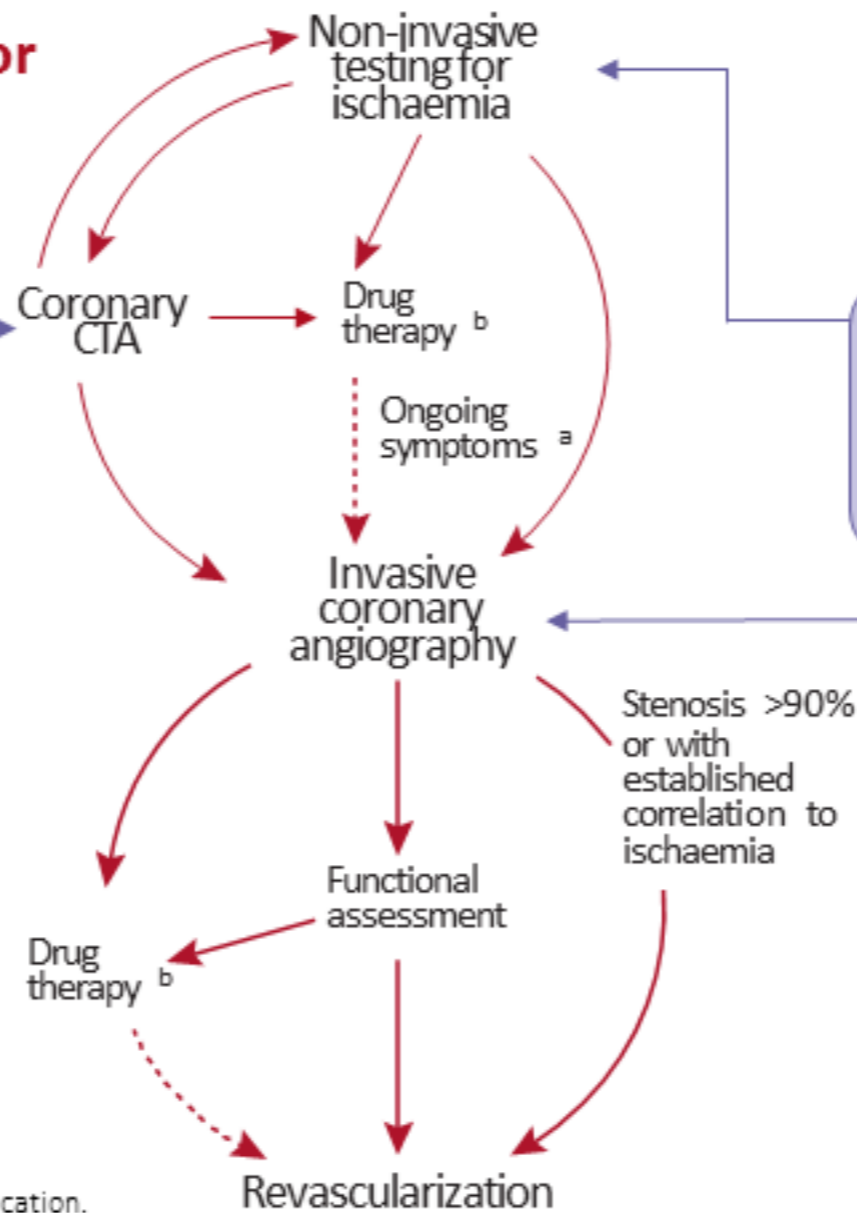


# **2019 ESC Guidelines on the diagnosis and management of chronic coronary syndromes**



**Patients with angina and/or  
dyspnoea and suspected  
coronary artery disease**  
Main diagnostic pathways

- Preferentially considered if:
- ▶ Low clinical likelihood
  - ▶ Patient characteristics suggest high image quality
  - ▶ Local expertise and availability
  - ▶ Information on atherosclerosis desired
  - ▶ No history of CAD



- Preferentially considered if:
- ▶ High clinical likelihood
  - ▶ Revascularization likely
  - ▶ Local expertise and availability
  - ▶ Viability assessment also required

- Preferentially considered if:
- ▶ High clinical likelihood and severe symptoms refractory to medical therapy
  - ▶ Typical angina at low level of exercise and clinical evaluation including exercise ECG indicates high-risk of events
  - ▶ LV dysfunction suggestive of CAD

<sup>a</sup> Consider microvascular angina.

<sup>b</sup> Antianginal medications and/or risk-factor modification.



**Table 5** Pre-test probabilities of obstructive coronary artery disease in 15 815 symptomatic patients according to age, sex, and the nature of symptoms in a pooled analysis<sup>64</sup> of contemporary data<sup>7,8,62</sup>

| Age   | Typical |       | Atypical |       | Non-anginal |       | Dyspnoea <sup>a</sup> |       |
|-------|---------|-------|----------|-------|-------------|-------|-----------------------|-------|
|       | Men     | Women | Men      | Women | Men         | Women | Men                   | Women |
| 30–39 | 3%      | 5%    | 4%       | 3%    | 1%          | 1%    | 0%                    | 3%    |
| 40–49 | 22%     | 10%   | 10%      | 6%    | 3%          | 2%    | 12%                   | 3%    |
| 50–59 | 32%     | 13%   | 17%      | 6%    | 11%         | 3%    | 20%                   | 9%    |
| 60–69 | 44%     | 16%   | 26%      | 11%   | 22%         | 6%    | 27%                   | 14%   |
| 70+   | 52%     | 27%   | 34%      | 19%   | 24%         | 10%   | 32%                   | 12%   |

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CAD = coronary artery disease; PTP = pre-test probability.

<sup>a</sup>In addition to the classic Diamond and Forrester classes,<sup>59</sup> patients with dyspnoea only or dyspnoea as the primary symptom are included. The regions shaded dark green denote the groups in which non-invasive testing is most beneficial (PTP >15%). The regions shaded light green denote the groups with PTPs of CAD between 5–15%, in which testing for diagnosis may be considered after assessing the overall clinical likelihood based on the modifiers of PTPs presented in Figure 3.



**Table 5** Pre-test probabilities of obstructive coronary artery disease in 15 815 symptomatic patients according to age, sex, and the nature of symptoms in a pooled analysis<sup>64</sup> of contemporary data<sup>7,8,62</sup>

| Age   | Typical |       | Atypical |       | Non-anginal |       | Dyspnoea <sup>a</sup> |       |
|-------|---------|-------|----------|-------|-------------|-------|-----------------------|-------|
|       | Men     | Women | Men      | Women | Men         | Women | Men                   | Women |
| 30–39 | 3%      | 5%    | 4%       | 3%    | 1%          | 1%    | 0%                    | 3%    |
| 40–49 | 22%     | 10%   | 10%      | 6%    | 3%          | 2%    | 12%                   | 3%    |
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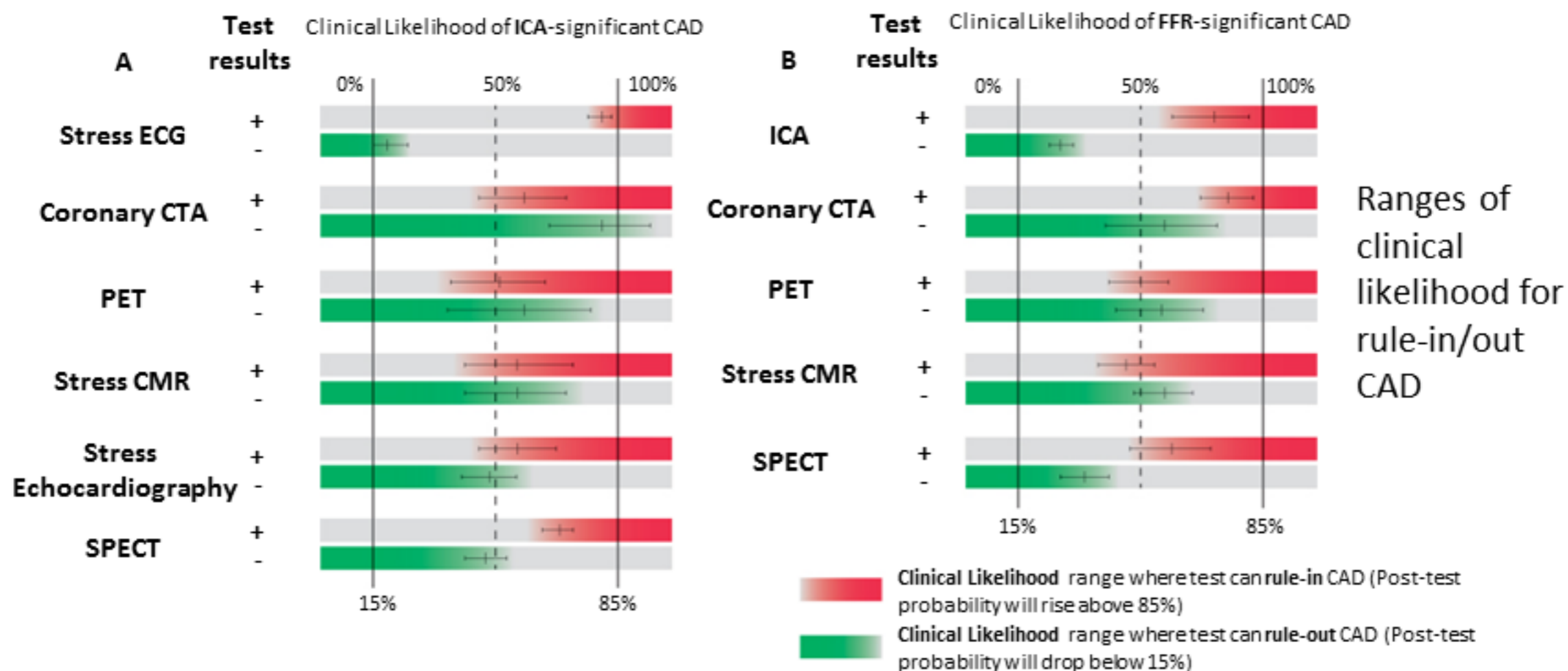
CAD = coronary artery disease; PTP =  
<sup>a</sup>In addition to the classic Diamond and Jones criteria, the following criteria denote the groups in which non-invasive testing for diagnosis may be considered

| Age, Years | Chest Pain Criteria   |        |                                    |        |                                   |        |
|------------|---|--------|------------------------------------|--------|-----------------------------------|--------|
|            | 1. Substernal chest discomfort with characteristic quality and duration<br>2. Provoked by exertion or emotional stress<br>3. Relieved promptly by rest or nitroglycerin |        |                                    |        |                                   |        |
|            | Nonanginal Chest Pain<br>1 of 3 Criteria  |        | Atypical Angina<br>2 of 3 Criteria |        | Typical Angina<br>3 of 3 Criteria |        |
|            | Male  | Female | Male                               | Female | Male                              | Female |
| 30 – 39    | 4%  | 2%     | 34%                                | 12%    | 76%                               | 26%    |
| 40 - 49    | 13%   | 3%     | 51%                                | 22%    | 87%                               | 55%    |
| 50 - 59    | 20%   | 7%     | 65%                                | 33%    | 93%                               | 73%    |
| 60 - 69    | 27%   | 14%    | 72%                                | 51%    | 94%                               | 86%    |

included. The regions shaded dark green denote the PTPs of CAD between 5–15%, in which non-invasive testing may be considered.



# Patients with angina and/or dyspnoea and suspected coronary artery disease





# Patients with angina and/or dyspnoea and suspected coronary artery disease

## Resting echocardiography and CMR

| Recommendations   | Class | Level |
|---|-------|-------|
| A resting transthoracic echocardiogram is recommended in all patients for:<br><ol style="list-style-type: none"><li>1. Exclusion of alternative causes of angina;</li><li>2. Identification of regional wall motion abnormalities suggestive of CAD;</li><li>3. Measurement of LVEF for risk stratification purpose;</li><li>4. Evaluation of diastolic function.</li></ol> | I     | B     |
| Ultrasound of the carotid arteries should be considered, and be performed by adequately trained clinicians, to detect plaque in patients with suspected CCS without known atherosclerotic disease.  | IIa   | C     |
| CMR may be considered in patients with an inconclusive echocardiographic test.  | IIb   | C     |

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# Patients with angina and/or dyspnoea and suspected coronary artery disease

## Use of exercise electrocardiogram

| Recommendations  | Class | Level |
|--|-------|-------|
| Exercise ECG is recommended for the assessment of exercise tolerance, symptoms, arrhythmias, BP response, and event risk in selected patients. <sup>a</sup>          | I     | C     |
| Exercise ECG may be considered as an alternative test to rule-in or rule-out CAD when non-invasive imaging is not available.   | IIb   | B     |
| Exercise ECG may be considered in patients on treatment to evaluate control of symptoms and ischaemia.   | IIb   | C     |
| Exercise ECG is not recommended for diagnostic purposes in patients with $\geq 0.1$ mV ST-segment depression on resting ECG or who are being treated with digitalis. | III   | C     |

<sup>a</sup> When this information will have an impact on diagnostic strategy or management.



BMJ. 2018; 360: k504.

PMCID: PMC5820645

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PMID: [29467161](https://pubmed.ncbi.nlm.nih.gov/29467161/)

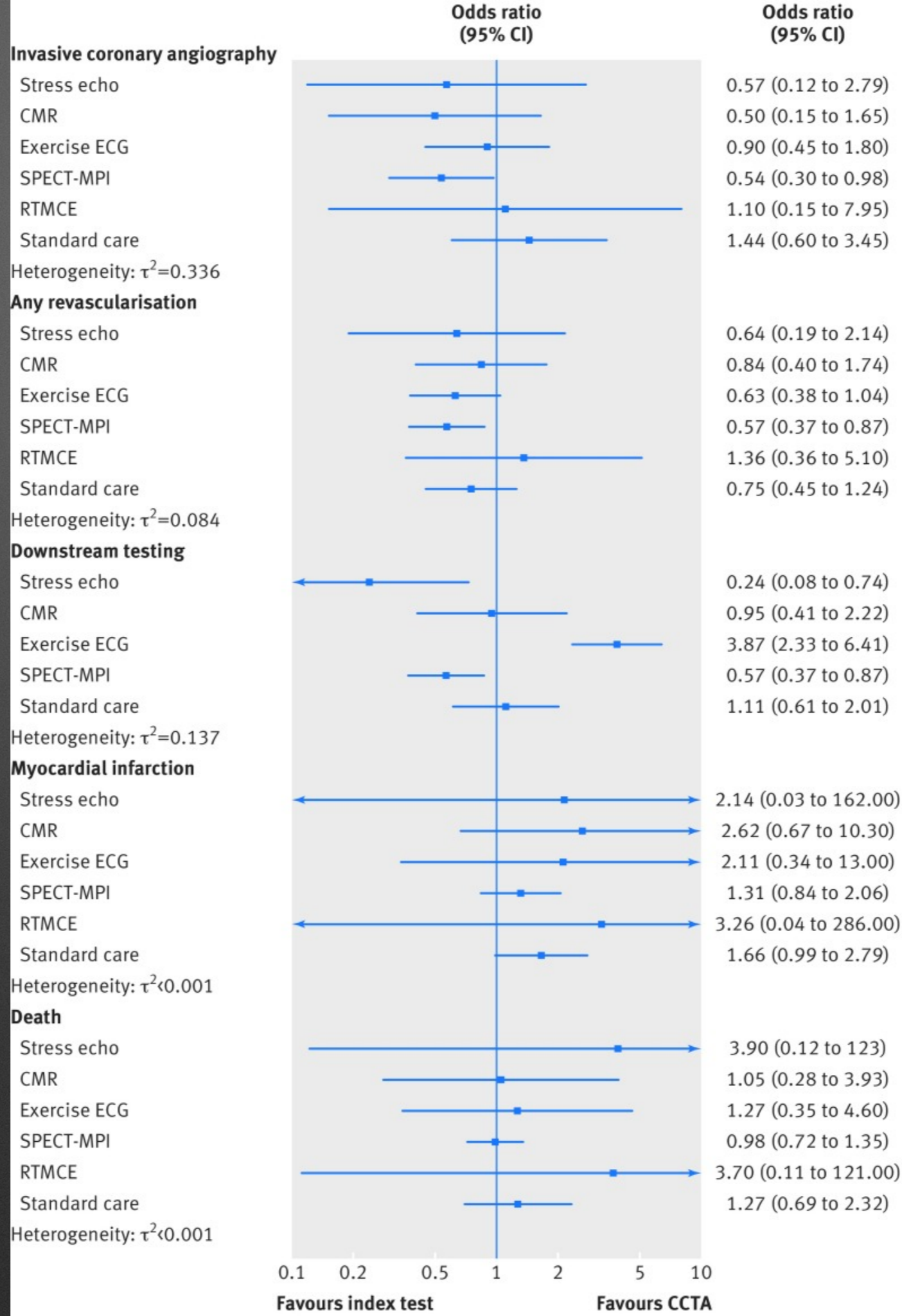
## **Outcomes of non-invasive diagnostic modalities for the detection of coronary artery disease: network meta-analysis of diagnostic randomised controlled trials**



# Méta-analyse

- **Vise à comparer l'angio-TDM des coronaires vs stratification non-effractive fonctionnelle.**
- **12 études de coronariens stables**
  - **22 062 patients**









# Cost-effectiveness analysis of stand-alone or combined non-invasive imaging tests for the diagnosis of stable coronary artery disease: results from the EVINCI study

Valentina Lorenzoni<sup>1</sup> · Stefania Bellelli<sup>1</sup> · Chiara Caselli<sup>2</sup> · Juhani Knuuti<sup>3</sup> · Stephen Richard Underwood<sup>4</sup> · Danilo Neglia<sup>2,5</sup> · Giuseppe Turchetti<sup>1</sup> · For the EVINCI Investigators

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|              | Cost, € | Effective-ness, % | Δ Cost  | Δ Effectiveness | ICER (95% CI)               |
|--------------|---------|-------------------|---------|-----------------|-----------------------------|
| <b>CMR</b>   |         |                   |         |                 |                             |
| No-imaging   | 98,991  | 72                | –       | –               | –                           |
| CTCA         | 51,205  | 73                | –47,811 | 0.6             | –79,685 (–153,074; 144,834) |
| CMR          | 84,388  | 80                | –14,763 | 8.5             | Extended dominated          |
| CTCA-CMR     | 87,203  | 77                | –11,985 | 4.9             | Dominated                   |
| CMR-CTCA     | 87,209  | 84                | –11,819 | 12.2            | –969 (–2282; 7001)          |
| ICA          | 165,111 | 100               | 66,151  | 28              | 2362 (1495; 3504)           |
| <b>ECHO</b>  |         |                   |         |                 |                             |
| No-imaging   | 98,991  | 72                | –       | –               | –                           |
| ECHO         | 42,612  | 55                | –56,414 | –17             | Extended dominated          |
| CTCA         | 51,205  | 73                | –47,811 | 0.6             | Extended dominated          |
| CTCA-ECHO    | 51,216  | 85                | –47,886 | 12.7            | –3776 (–6177; –2740)        |
| ECHO-CTCA    | 58,781  | 80                | –40,407 | 8               | Dominated                   |
| ICA          | 165,111 | 100               | 66,151  | 28              | 2362 (1495; 3504)           |
| <b>PET</b>   |         |                   |         |                 |                             |
| No-imaging   | 98,991  | 72                | –       | –               | –                           |
| CTCA         | 51,205  | 73                | –47,811 | 0.6             | –79,685 (–153,074; 144,834) |
| CTCA-PET     | 79,901  | 85                | –19,073 | 12.8            | –1490 (–3185; 1393)         |
| PET          | 117,722 | 71                | 18,663  | –0.8            | Dominated                   |
| PET-CTCA     | 134,117 | 76                | 35,232  | 4.2             | Dominated                   |
| ICA          | 165,111 | 100               | 66,151  | 28              | 2362 (1495; 3504)           |
| <b>SPECT</b> |         |                   |         |                 |                             |
| No-imaging   | 98,991  | 72                | –       | –               | –                           |
| CTCA         | 51,205  | 73                | –47,811 | 0.6             | –79,685 (–153,074; 144,834) |
| CTCA-SPECT   | 74,635  | 80                | –24,425 | 7.9             | –3092 (–7998; –504)         |
| SPECT        | 90,125  | 68                | –9035   | –4.2            | Dominated                   |
| SPECT-CTCA   | 103,446 | 77                | 4260    | 4.8             | Dominated                   |
| ICA          | 165,111 | 100               | 66,151  | 28              | 2362 (1495; 3504)           |

Mean costs and effectiveness over 100 patients are reported together with delta costs, delta effectiveness and ICERs obtained via bootstrap replicates using “no imaging” strategy as reference. Strategies involving CTCA, each stress imaging modality and combinations or direct referral to ICA are compared and listed in order of increasing costs

*cd* correct diagnosis, *CMR* cardiac magnetic resonance, *CTCA* computed-tomography-coronary-angiography, *ECHO* stress-echocardiography, *ICA* invasive-coronary-angiography, *ICER* incremental-cost-effectiveness-ratio, *PET* positron-emission-tomography, *SPECT* single-photon-emission-computed-tomography



# Éléments à considérer

- AngioTDM des coronaires:
  - Contraste iodé
  - Radiations
    - Dans les lignes directrices de l'ESC le mot « radiation » n'est mentionné que 2 fois en 71 pages.
  - Accès aux plateaux techniques
  - Effectifs médicaux



# Messages à retenir

- L'algorithme des lignes directrices de la Société canadienne de cardiologie n'est pas en révision actuellement et répond généralement aux besoins initiaux en fonction de ce qui est localement accessible;
- Les évidences démontrent que la probabilité pré-test en 2019 est moindre que ce qui était historiquement considéré et il convient d'interpréter les résultats des investigations en conséquence;
- Lorsque l'épreuve d'effort initiale démontre un résultat à risque intermédiaire (Duke treadmill score), compléter avec une autre modalité d'imagerie non-effractive en premier lieu;
- Les modalités d'imagerie non-effractives moins accessibles (comme l'angioTDM des coronaires) peuvent être utilisées chez certaines clientèles cibles d'ici à ce que l'accès se démocratise davantage.



**Quand référer en  
coronarographie?**



# Diagnostic

- Quand les stratifications non-effractives sont discordantes;
- En présence d'une cardiomyopathie en investigation chez qui l'on souhaite une haute certitude d'exclusion de maladie coronarienne.



# Pronostic

- Quand les stratifications non-effractives ou d'autres investigations démontrent des facteurs de mauvais pronostic.



# Pronostic

**Table 5. High-risk features of noninvasive test results associated with > 3% annual rate of death or MI**

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Exercise treadmill

- $\geq 2$  mm of ST-segment depression at low ( $< 5$  metabolic equivalents) workload or persisting into recovery
- Exercise-induced ST segment elevation
- Exercise-induced VT/VF
- Failure to increase systolic blood pressure to  $> 120$  mm Hg or sustained decrease  $> 10$  mm Hg during exercise

Myocardial perfusion imaging

- Severe resting LV dysfunction (LVEF  $\leq 35\%$ ) not readily explained by noncoronary causes
- Resting perfusion abnormalities  $\geq 10\%$  of the myocardium in patients without previous history or evidence of MI
- Severe stress-induced LV dysfunction (peak exercise LVEF  $< 45\%$  or decrease in LVEF with stress  $\geq 10\%$ )
- Stress-induced perfusion abnormalities encumbering  $\geq 10\%$  myocardium or stress segmental scores indicating multiple vascular territories with abnormalities
- Stress-induced LV dilation
- Increased lung uptake

Stress echocardiography

- Inducible wall motion abnormality involving  $> 2$  segments or 2 coronary beds
- Wall motion abnormality developing at low dose of dobutamine ( $\leq 10$   $\mu\text{g}/\text{kg}/\text{min}$ ) or at a low heart rate ( $< 120$  beats per minute)

Coronary computed tomographic angiography

- Multivessel obstructive CAD or left main stenosis on CCTA
- 

CAD, coronary artery disease; CCTA, cardiac computed tomography angiography; LV, left ventricular; LVEF, left ventricular ejection fraction; MI, myocardial infarction; VF, ventricular fibrillation; VT, ventricular tachycardia.

Data from Fihn et al.<sup>3</sup>



# Pronostic

**Table 6** Definitions of high event risk for different test modalities in patients with established chronic coronary syndromes<sup>a</sup> 102–104

|                                |   |
|--------------------------------|---|
| Exercise ECG                   | Cardiovascular mortality >3% per year according to Duke Treadmill Score                                     |
| SPECT or PET perfusion imaging | Area of ischaemia $\geq$ 10% of the left ventricle myocardium   |
| Stress echocardiography        | $\geq$ 3 of 16 segments with stress-induced hypokinesia or akinesia   |
| CMR                            | $\geq$ 2 of 16 segments with stress perfusion defects or $\geq$ 3 dobutamine-induced dysfunctional segments |
| Coronary CTA or ICA            | Three-vessel disease with proximal stenoses, LM disease, or proximal anterior descending disease            |
| Invasive functional testing    | FFR $\leq$ 0.8, iwFR $\leq$ 0.89  |

CTA = computed tomography angiography; CMR = cardiac magnetic resonance; ECG = electrocardiogram; FFR = fractional flow reserve; ICA = invasive coronary angiography; iwFR = instantaneous wave-free ratio (instant flow reserve); LM = left main; PET = positron emission tomography; SPECT; single-photon emission computed tomography.

<sup>a</sup>For detailed explanations, refer to the Supplementary Data.



# Pronostic

|  |            |          |
|--|------------|----------|
| Invasive angiography is recommended as an alternative test to diagnose CAD in patients with a high clinical likelihood and severe symptoms refractory to medical therapy, or typical angina at a low level of exercise and clinical evaluation that indicates high event risk. Invasive functional assessment must be available and used to evaluate stenoses before revascularization, unless very high grade (>90% diameter stenosis). | <b>I</b>   | <b>B</b> |
| In symptomatic patients with a high-risk clinical profile, ICA complemented by invasive physiological guidance (FFR) is recommended for cardiovascular risk stratification, particularly if the symptoms are inadequately responding to medical treatment and revascularization is considered for improvement of prognosis.  | <b>I</b>   | <b>A</b> |
| In patients with mild or no symptoms, ICA complemented by invasive physiological guidance (FFR/iwFR) is recommended for patients undergoing medical treatment in whom non-invasive risk stratification indicates a high event risk and revascularization is considered for the improvement of prognosis.   | <b>I</b>   | <b>A</b> |
| ICA is not recommended solely for risk stratification.   | <b>III</b> | <b>C</b> |
| In patients with mild or no symptoms receiving medical treatment, in whom non-invasive risk stratification indicates a high risk, and for whom revascularization is considered for improvement of prognosis, ICA (with FFR when necessary) is recommended.   | <b>I</b>   | <b>C</b> |
| ICA (with FFR/iwFR when necessary) is recommended for risk stratification in patients with severe CAD, particularly if the symptoms are refractory to medical treatment or if they have a high-risk clinical profile.  | <b>I</b>   | <b>C</b> |



# Pronostic

- Échographie cardiaque au repos:
  - Était historiquement à faire si:
    - Atcd d'infarctus ou onde Q pathologique
    - Signes et symptômes d'IC
    - Souffle cardiaque
    - Arythmies ventriculaires



# Pronostic

- Échographie cardiaque au repos:

## Resting echocardiography and CMR in the initial diagnostic management of patients with suspected CAD

A resting transthoracic echocardiogram is recommended in all patients for:

- Exclusion of alternative causes of angina;
- Identification of regional wall motion abnormalities suggestive of CAD;
- Measurement of LVEF for risk-stratification purposes;
- Evaluation of diastolic function.

**I**

**B**



# Pronostic

- Échographie cardiaque au repos:

## **Resting echocardiography and CMR in the initial diagnostic management of patients with suspected CAD**

A resting transthoracic echocardiogram is recommended in all patients for:

- Exclusion of alternative causes of angina;
- Identification of regional wall motion abnormalities suggestive of CAD;
- Measurement of LVEF for risk-stratification purposes;
- Evaluation of diastolic function.





Canadian Journal of Cardiology 30 (2014) 249–263

## **Society Guidelines**

# **The 2013 Canadian Cardiovascular Society Heart Failure Management Guidelines Update: Focus on Rehabilitation and Exercise and Surgical Coronary Revascularization**



# Pronostic

## **RECOMMENDATION**

1. We recommend that noninvasive imaging for patients with HF be considered to determine the presence or absence of coronary artery disease (CAD) (Strong Recommendation, Moderate-Quality Evidence).

**Values and preferences.** This recommendation places value on identification of CAD, which might identify the cause of HF, have prognostic implications, and require treatments aimed toward secondary vascular prevention.

2. We recommend that coronary angiography be:
  - i. Performed in patients with HF with ischemic symptoms and who are likely to be good candidates for revascularization (Strong Recommendation, Moderate-Quality Evidence).
  - ii. Considered in patients with systolic HF, LVEF < 35%, at risk of CAD, irrespective of angina, who might be good candidates for revascularization (Strong Recommendation, Low-Quality Evidence).
  - iii. Considered in patients with systolic HF and in whom noninvasive coronary perfusion testing yields features consistent with high risk (Strong Recommendation, Moderate-Quality Evidence).



# Pronostic

## Recommendations for valvular disease in chronic coronary syndromes<sup>476</sup>

| Recommendations  | Class <sup>a</sup> | Level <sup>b</sup> |
|--|--------------------|--------------------|
| ICA is recommended before valve surgery and for any of the following: history of CVD, suspected myocardial ischaemia, LV systolic dysfunction, in men >40 years of age and postmenopausal women, or one or more cardiovascular risk factors. | I                  | C                  |
| ICA is recommended in the evaluation of moderate-to-severe functional mitral regurgitation.  | I                  | C                  |
| Coronary CTA should be considered as an alternative to coronary angiography before valve intervention in patients with severe valvular heart disease and low probability of CAD.   | IIa                | C                  |
| PCI should be considered in patients undergoing transcatheter aortic valve implantation and coronary artery diameter stenosis >70% in proximal segments.   | IIa                | C                  |
| In severe valvular heart disease, stress testing should not be routinely used to detect CAD because of the low diagnostic yield and potential risks.   | III                | C                  |

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CAD = coronary artery disease; CTA = computed tomography angiography; CVD = cardiovascular disease; ICA = invasive coronary angiography; LV = left ventricular; PCI = percutaneous coronary intervention.

<sup>a</sup>Class of recommendation.

<sup>b</sup>Level of evidence.



# Revascularisation



# *The* NEW ENGLAND JOURNAL *of* MEDICINE

ESTABLISHED IN 1812

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VOL. 356 NO. 15

## Optimal Medical Therapy with or without PCI for Stable Coronary Disease

William E. Boden, M.D., Robert A. O'Rourke, M.D., Koon K. Teo, M.B., B.Ch., Ph.D., Pamela M. Hartigan, Ph.D., David J. Maron, M.D., William J. Kostuk, M.D., Merrill Knudtson, M.D., Marcin Dada, M.D., Paul Casperson, Ph.D., Crystal L. Harris, Pharm.D., Bernard R. Chaitman, M.D., Leslee Shaw, Ph.D., Gilbert Gosselin, M.D., Shah Nawaz, M.D., Lawrence M. Title, M.D., Gerald Gau, M.D., Alvin S. Blaustein, M.D., David C. Booth, M.D., Eric R. Bates, M.D., John A. Spertus, M.D., M.P.H., Daniel S. Berman, M.D., G.B. John Mancini, M.D., and William S. Weintraub, M.D., for the COURAGE Trial Research Group\*



## CONCLUSIONS

As an initial management strategy in patients with stable coronary artery disease, PCI did not reduce the risk of death, myocardial infarction, or other major cardiovascular events when added to optimal medical therapy. (ClinicalTrials.gov number, NCT00007657.)

Présence de critiques quant à différents aspects des interventions coronariennes percutanées, notamment le fait que l'évaluation était visuelle sans corrélation physiologique durant l'intervention.



ORIGINAL ARTICLE

# Five-Year Outcomes with PCI Guided by Fractional Flow Reserve

P. Xaplanteris, S. Fournier, N.H.J. Pijls, W.F. Fearon, E. Barbato, P.A.L. Tonino, T. Engstrøm, S. Kääb, J.-H. Dambrink, G. Rioufol, G.G. Toth, Z. Piroth, N. Witt, O. Fröbert, P. Kala, A. Linke, N. Jagic, M. Mates, K. Mavromatis, H. Samady, A. Irimpen, K. Oldroyd, G. Campo, M. Rothenbühler, P. Jüni, and B. De Bruyne, for the FAME 2 Investigators\*



## **METHODS**

Among 1220 patients with angiographically significant stenoses, those in whom at least one stenosis was hemodynamically significant (FFR,  $\leq 0.80$ ) were randomly assigned to FFR-guided PCI plus medical therapy or to medical therapy alone. Patients in whom all stenoses had an FFR of more than 0.80 received medical therapy and were entered into a registry. The primary end point was a composite of death, myocardial infarction, or urgent revascularization.



## **Inclusion criteria:**

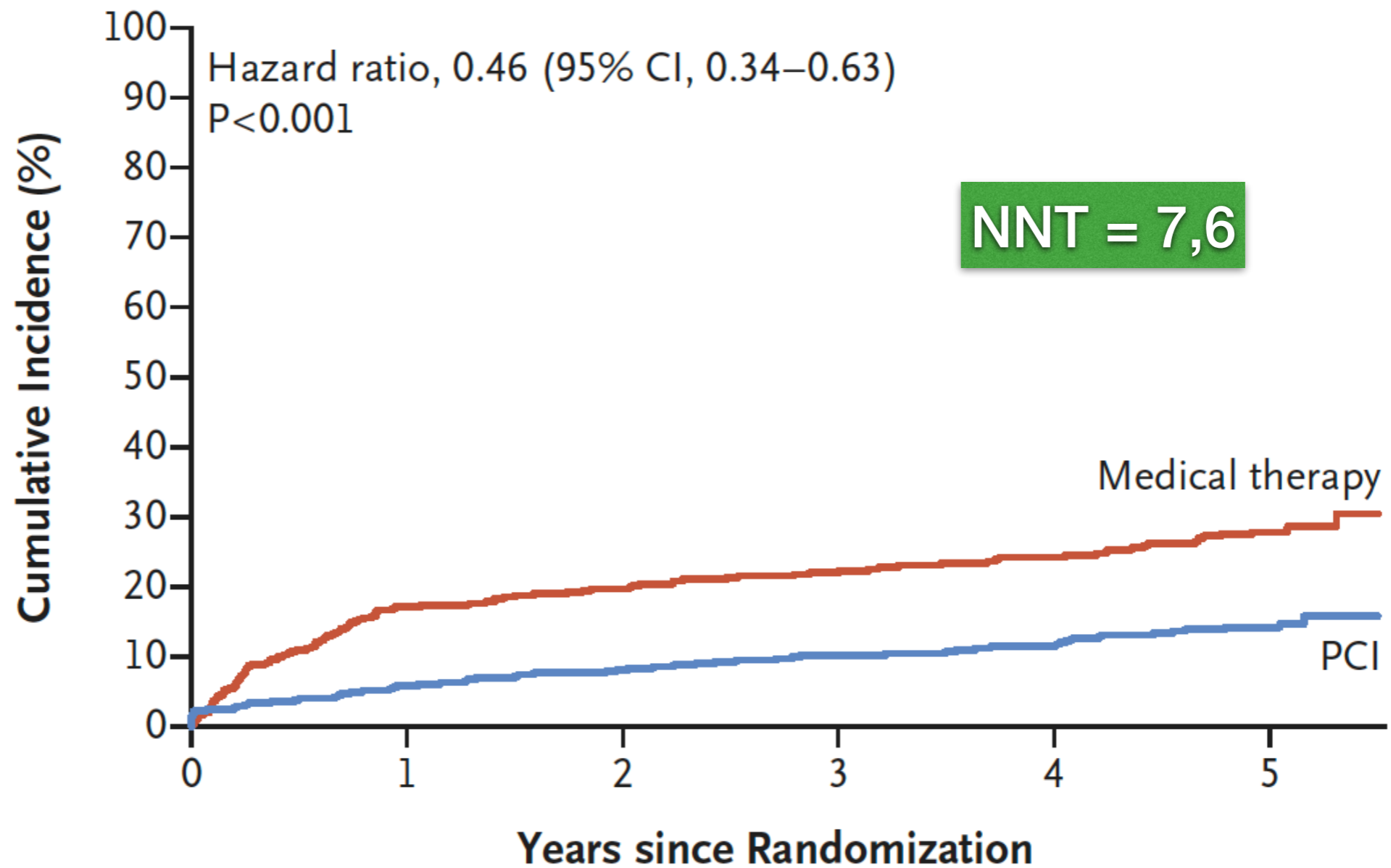
1. Stable angina pectoris (Canadian Cardiovascular Society Class [CCS] 1, 2, 3); or angina pectoris CCS class 4 subsequently stabilized medically (minimum 7 days); or atypical or no chest pain but documented ischemia on noninvasive testing
2. At least one stenosis of at least 50% diameter reduction in at least one major native epicardial coronary artery with a diameter of at least 2.5 mm and supplying viable myocardium
3. Eligible for PCI
4. Signed written informed consent obtained



**Table 2. Clinical End Points at 5-Year Follow-up.\***

| End Points   | PCI<br>Group<br>(N=447)    | Medical-Therapy<br>Group<br>(N=441) | Hazard Ratio<br>(95% CI) | Registry Cohort<br>(N=166) |
|--|----------------------------|-------------------------------------|--------------------------|----------------------------|
|  | <i>no. of patients (%)</i> |                                     |                          | <i>no. of patients (%)</i> |
| Primary composite end point                        | 62 (13.9)                  | 119 (27.0)                          | 0.46 (0.34–0.63)         | 26 (15.7)                  |
| Components of primary end point                    |                            |                                     |                          |                            |
| Death from any cause                               | 23 (5.1)                   | 23 (5.2)                            | 0.98 (0.55–1.75)         | 7 (4.2)                    |
| Myocardial infarction                              | 36 (8.1)                   | 53 (12.0)                           | 0.66 (0.43–1.00)         | 14 (8.4)                   |
| Urgent revascularization                           | 28 (6.3)                   | 93 (21.1)                           | 0.27 (0.18–0.41)         | 14 (8.4)                   |
| Death or myocardial infarction                     | 53 (11.9)                  | 71 (16.1)                           | 0.72 (0.50–1.03)         | 20 (12.0)                  |
| Death from cardiac causes                          | 11 (2.5)                   | 7 (1.6)                             | 1.54 (0.60–3.98)         | 3 (1.8)                    |
| Death from cardiac causes or myocardial infarction | 43 (9.6)                   | 59 (13.4)                           | 0.70 (0.48–1.04)         | 16 (9.6)                   |
| Revascularization                                  |                            |                                     |                          |                            |
| Any revascularization                              | 60 (13.4)                  | 225 (51.0)                          | 0.19 (0.14–0.26)         | 29 (17.5)                  |
| Nonurgent revascularization                        | 34 (7.6)                   | 155 (35.1)                          | 0.18 (0.12–0.26)         | 17 (10.2)                  |
| Stroke   | 12 (2.7)                   | 7 (1.6)                             | 1.69 (0.67–4.31)         | 1 (0.6)                    |
| Definite or probable stent thrombosis              | 7 (1.6)                    | 2 (0.5)                             | 3.46 (0.72–16.70)        | 1 (0.6)                    |





**No. at Risk**

|                 |     |     |     |     |     |     |
|-----------------|-----|-----|-----|-----|-----|-----|
| Medical therapy | 441 | 360 | 349 | 337 | 271 | 258 |
| PCI             | 447 | 416 | 403 | 391 | 334 | 321 |



# Conclusion

- Les lignes directrices canadiennes demeurent d'actualité, mais une tendance à la combinaison d'examens anatomiques et fonctionnels non-effractifs est de plus en plus mise de l'avant.
- La référence en coronarographie peut se faire pour des raisons diagnostiques, pronostiques ou pour améliorer la qualité de vie.
- La revascularisation coronarienne chez le coronarien stable peut offrir des résultats cliniques positifs lorsque orientée sur la base d'un FFR.
- Le jugement clinique demeure fondamental et, au besoin, une consultation en 2e ligne peut contribuer à compléter l'évaluation clinique.



**Merci!**