

Perles cliniques 2019 en médecine vasculaire

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Conflits d'intérêt

Aucun



Objectifs de la présentation

- Citer les résultats d'études pertinentes en médecine vasculaire en 2019.
- Intégrer dans sa pratique de nouvelles approches thérapeutiques fondées sur des données récemment publiées.
- Critiquer les études récentes en médecine vasculaire.



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Perles cliniques 2018

Dr V. Bergeron

EPCAT-II

MANAGE

POINT

SELECT-D

DECLARE-TIMI 58

Méta-analyse iSGLT2

ODYSSEY-OUTCOMES

GdP prévention 1^e ACC-
AHA

REDUCE-IT



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Perles cliniques 2019

Artériel/Facteurs
de risque

Veineux/MTE/
anticoagulation

Neurologie/
AVC

Intervention/
Chx vasculaire

Autres articles
d'intérêt



A Randomized Trial of E-Cigarettes versus Nicotine-Replacement Therapy

Hajek P, Phillips-Waller A, Przulj D et coll.

N Engl J Med. 2019;380:629-37.



Table 2. Abstinence Rates at Different Time Points and Smoking Reduction at 52 Weeks.*

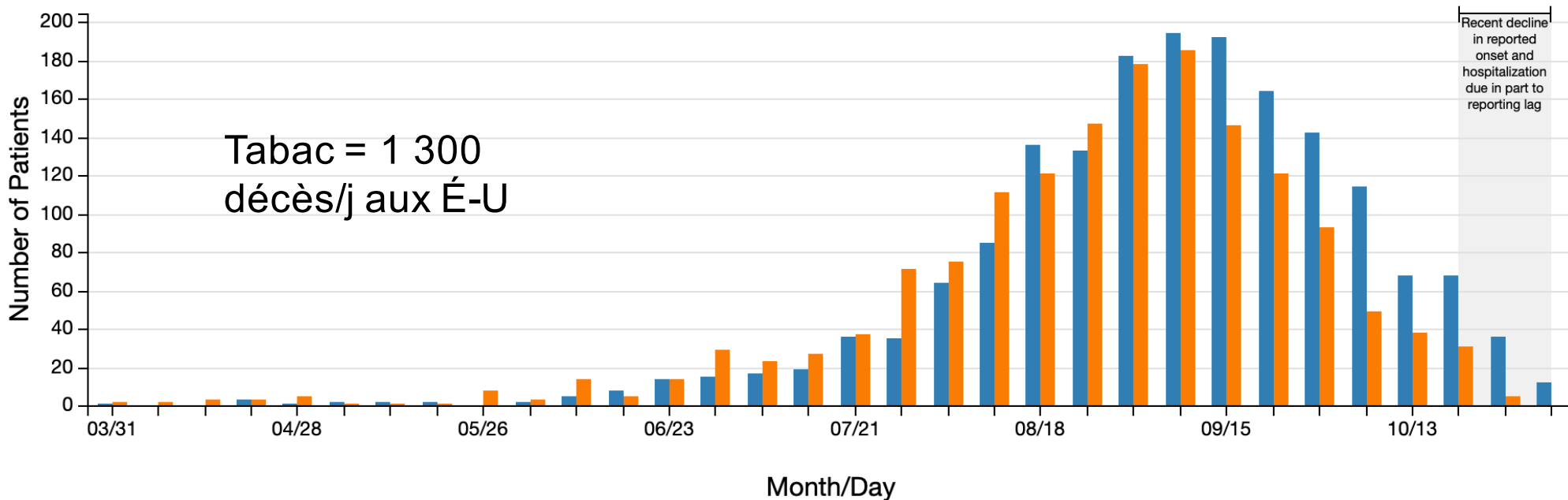
Outcome	E-Cigarettes (N=438)	Nicotine Replacement (N=446)	Primary Analysis: Relative Risk (95% CI)†	Sensitivity Analysis: Adjusted Relative Risk (95% CI)
Primary outcome: abstinence at 52 wk — no. (%)	79 (18.0)	44 (9.9)	1.83 (1.30–2.58)	1.75 (1.24–2.46)‡
Secondary outcomes				
Abstinence between wk 26 and wk 52 — no. (%)	93 (21.2)	53 (11.9)	1.79 (1.32–2.44)	1.82 (1.34–2.47)§
Abstinence at 4 wk after target quit date — no. (%)	192 (43.8)	134 (30.0)	1.45 (1.22–1.74)	1.43 (1.20–1.71)¶
Abstinence at 26 wk after target quit date — no. (%)	155 (35.4)	112 (25.1)	1.40 (1.14–1.72)	1.36 (1.15–1.67)‡
Carbon monoxide–validated reduction in smoking of ≥50% in participants without abstinence between wk 26 and wk 52 — no./total no. (%)	44/345 (12.8)	29/393 (7.4)	1.75 (1.12–2.72)	1.73 (1.11–2.69)∥

NNT = 12
(IC 95 % 8-28)

Impact clinique : la e-cig est plus efficace que les Tx de remplacement nicotinique pour cesser de fumer à un an lorsqu'accompagné d'un soutien psychologique.

Dates of symptom onset and hospital admission for patients with lung injury associated with e-cigarette use, or vaping — United States, March 31–November 9, 2019

■ Date of Admission (N=1753)
 ■ Date of Symptom Onset (N=1549)
 Reset





Canagliflozin and Renal Outcomes in Type 2 Diabetes and Nephropathy

Perkovic V, Jardine MJ, Neal B et coll.

N Engl J Med. 2019;380:2295-306.

Variable	Canagliflozin		Placebo		Hazard Ratio (95% CI)		P Value
	<i>no./total no.</i>		<i>events/1000 patient-yr</i>				
Efficacy							
Primary composite outcome	245/2202 (11 %)	340/2199 (15 %)	43.2	61.2	0.70 (0.59–0.82)	0.00001	
Doubling of serum creatinine level	118/2202	188/2199	20.7	33.8	0.60 (0.48–0.76)	<0.001	
End-stage kidney disease	116/2202	165/2199	20.4	29.4	0.68 (0.54–0.86)	0.002	
Estimated GFR <15 ml/min/1.73 m ²	78/2202	125/2199	13.6	22.2	0.60 (0.45–0.80)	NA	
Dialysis initiated or kidney transplantation	76/2202	100/2199	13.3	17.7	0.74 (0.55–1.00)	NA	
Renal death	2/2202	5/2199	0.3	0.9	NA	NA	
Cardiovascular death	110/2202	140/2199	19.0	24.4	0.78 (0.61–1.00)	0.05	
Secondary outcomes							
Cardiovascular death or hospitalization for heart failure	179/2202	253/2199	31.5	45.4	0.69 (0.57–0.83)	<0.001	
Cardiovascular death, myocardial infarction, or stroke	217/2202	269/2199	38.7	48.7	0.80 (0.67–0.95)	0.01	
Hospitalization for heart failure	89/2202	141/2199	15.7	25.3	0.61 (0.47–0.80)	<0.001	
Safety†							
Any adverse event	1784/2200	1860/2197	351.4	379.3	0.87 (0.82–0.93)	NA	
Any serious adverse event	737/2200	806/2197	145.2	164.4	0.87 (0.79–0.97)	NA	
Serious adverse event related to trial drug	62/2200	42/2197	12.2	8.6	1.45 (0.98–2.14)	NA	
Amputation	70/2200	63/2197	12.3	11.2	1.11 (0.79–1.56)	NA	
Fracture	67/2200	68/2197	11.8	12.1	0.98 (0.70–1.37)	NA	
Diabetic ketoacidosis‡	11/2200	1/2197	2.2	0.2	10.80 (1.39–83.65)	NA	

NNT = 24
(IC 95 % 16-43)

Impact clinique : chez les pts avec DM2 + néphropathie, la canagliflozine diminue le risque d'IRCT et d'ECVM à 2,6 ans.

Ticagrelor in Patients with Stable Coronary Disease and Diabetes

Steg PG, Bhatt DL, Simon T et coll.

N Engl J Med. 2019;381:1309-20.

Outcome	Ticagrelor (N = 9619)		Placebo (N = 9601)		Hazard Ratio (95% CI)*	P Value
	Patients with Event	K-M Estimate at 36 Mo†	Patients with Event	K-M Estimate at 36 Mo†		
	no. (%)	%	no. (%)	%		
Primary efficacy outcome						
Cardiovascular death, myocardial infarction, or stroke	736 (7.7)	6.9	818 (8.5)	7.6	0.90 (0.81–0.99)	0.04
Secondary efficacy outcomes						
Cardiovascular death	364 (3.8)	3.3	357 (3.7)	3.0	1.02 (0.88–1.18)	0.79
Myocardial infarction	274 (2.8)	2.6	328 (3.4)	3.3	0.84 (0.71–0.98)	
Ischemic stroke	152 (1.6)	1.5	191 (2.0)	1.8	0.80 (0.64–0.99)	
Death from any cause‡	579 (6.0)	5.1	592 (6.2)	4.9	0.98 (0.87–1.10)	
	no. (%)	no./100 patient-yr	no. %	no./100 patient-yr		
Adjudicated adverse events†						
TIMI major bleeding	206 (2.2)	0.89	100 (1.0)	0.38	2.32 (1.82–2.94)	<0.001
TIMI major or minor bleeding	285 (3.0)	1.23	129 (1.4)	0.49	2.49 (2.02–3.07)	<0.001

NNT = 116
(IC 95 % 61-1026)

NNH = 90
(IC 95 % 68-134)

Impact clinique : chez les pts avec MCAS stable et DM2, la combinaison ticagrelor + AAS entraine moins d'ECV mais plus de saignement majeur que l'AAS + placebo à 40 mois.



Dapagliflozin in Patients with Heart Failure and Reduced Ejection Fraction

McMurray JJV, Solomon SD, Inzucchi SE et coll.

N Engl J Med. 2019;381:1995-2008.

Variable	Dapagliflozin (N = 2373)		Placebo (N = 2371)		Hazard or Rate Ratio or Difference (95% CI)	P Value
	no. (%)	events/100 patient-yr	no. (%)	events/100 patient-yr		
Efficacy outcomes						
Primary composite outcome — no. (%)†	386 (16.3)	11.6	502 (21.2)	15.6	0.74 (0.65 to 0.85)	<0.001
Hospitalization or an urgent visit for heart failure	237 (10.0)	7.1	326 (13.7)	10.1	0.70 (0.59 to 0.83)	NA
Hospitalization for heart failure	231 (9.7)	6.9	318 (13.4)	9.8	0.70 (0.59 to 0.83)	NA
Urgent heart-failure visit	10 (0.4)	0.3	23 (1.0)	0.7	0.43 (0.20 to 0.90)	NA
Cardiovascular death	227 (9.6)	6.5	273 (11.5)	7.9	0.82 (0.69 to 0.98)	NA
Secondary outcomes						
Cardiovascular death or heart-failure hospitalization — no. (%)	382 (16.1)	11.4	495 (20.9)	15.3	0.75 (0.65 to 0.85)	<0.001
Total no. of hospitalizations for heart failure and cardiovascular deaths‡	567	—	742	—	0.75 (0.65 to 0.88)	<0.001
Change in KCCQ total symptom score at 8 mo§	6.1±18.6	—	3.3±19.2	—	1.18 (1.11 to 1.26)	<0.001
Worsening renal function — no. (%)¶	28 (1.2)	0.8	39 (1.6)	1.2	0.71 (0.44 to 1.16)	NA
Death from any cause — no. (%)	276 (11.6)	7.9	329 (13.9)	9.5	0.83 (0.71 to 0.97)	NA
Safety outcomes						
Discontinuation due to adverse event — no./total no. (%)	111/2368 (4.7)	—	116/2368 (4.9)	—	—	0.79

NNT = 21
(IC 95 % 15-38)

Impact clinique : chez les pts avec DM2 et ICFEd, la dapagliflozine diminue le risque d'IC décompensée et de mortalité CV à 18 mois.

Apixaban to Prevent Venous Thromboembolism in Patients with Cancer

Carrier M, Abou-Nassar K, Mallick R et coll.

N Engl J Med. 2019;380:711-9.

Table 2. Efficacy and Safety Clinical Outcomes.

Outcome	Apixaban (N=288)	Placebo (N=275)	Hazard Ratio (95% CI)*	P Value
Venous thromboembolism — no. (%)	12 (4.2)	28 (10.2)	0.41 (0.26–0.65)	<0.001
Deep-vein thrombosis — no. (%)	7 (2.4)	12 (4.4)		
Pulmonary embolism — no. (%)†	5 (1.7)	16 (5.8)‡		
Incidental pulmonary embolism — no./total no.	3/5	6/16		
Major bleeding episode				
Any episode — no. (%)	10 (3.5)	5 (1.8)	2.00 (1.01–3.95)	0.046
Severity of episode — no./total no. (%)§				
Category 1	1/10 (10)	0		
Category 2	8/10 (80)	3/5 (60)		
Category 3	1/10 (10)	2/5 (40)		
Category 4	0	0		
Clinically relevant nonmajor bleeding — no. (%)¶	21 (7.3)	15 (5.5)	1.28 (0.89–1.84)	
Outcome occurred during the treatment period — no. (%)				
Venous thromboembolism	3 (1.0)	20 (7.3)	0.14 (0.05–0.42)	
Major bleeding episode	6 (2.1)	3 (1.1)	1.89 (0.39–9.24)	
Death from any cause — no. (%)	35 (12.2)	27 (9.8)	1.29 (0.98–1.71)	

NNT = 17
(IC 95 % 10-57)

NNH = 60
(IC 95 % 23-102)

Impact clinique : chez les pts ambulatoires avec cancer à risque modéré-élevé commençant une chimiothérapie, l'apixaban à dose prophylactique entraîne moins de MTE mais plus de saignements majeurs que la placebo à 6 mois.

Rivaroxaban for Thromboprophylaxis in High-Risk Ambulatory Patients with Cancer

Khorana AA, Soff GA, Kakkar AK et coll.

N Engl J Med. 2019;380:720-8.

Table 2. Primary Efficacy End Points during the Period up to Day 180 and during the Intervention, According to Trial Group.*

End Point	Up to Day 180			During Intervention		
	Placebo (N=421)	Rivaroxaban (N=420)	Hazard Ratio (95% CI)	Placebo (N=421)	Rivaroxaban (N=420)	Hazard Ratio (95% CI)
Primary efficacy composite end point	37 (8.8)	25 (6.0)	0.66 (0.40–1.09) †	27 (6.4)	11 (2.6)	0.40 (0.20–0.80)
Symptomatic event‡	19 (4.5)	15 (3.6)	—	12 (2.9)	5 (1.2)	—
Symptomatic proximal DVT in lower limb	8 (1.9)	9 (2.1)	1.12 (0.43–2.91)	4 (1.0)	3 (0.7)	0.72 (0.16–3.22)
Symptomatic distal DVT in lower limb	5 (1.2)	2 (0.5)	0.40 (0.08–2.07)	2 (0.5)	0	NA
Symptomatic DVT in upper limb	6 (1.4)	4 (1.0)	0.67 (0.19–2.39)	6 (1.4)	2 (0.5)	0.33 (0.07–1.63)
Symptomatic nonfatal pulmonary embolism	5 (1.2)	5 (1.2)	1.02 (0.29–3.52)	0	1 (0.2)	NA
Asymptomatic event‡	18 (4.3)	9 (2.1)	—	15 (3.6)	5 (1.2)	—
Asymptomatic proximal DVT in lower limb	11 (2.6)	4 (1.0)	0.35 (0.11–1.11)	10 (2.4)	3 (0.7)	0.29 (0.08–1.07)
Incidental pulmonary embolism	10 (2.4)	6 (1.4)	0.59 (0.21–1.62)	5 (1.2)	2 (0.5)	0.38 (0.07–1.98)
Venous thromboembolism–related death	3 (0.7)	1 (0.2)	0.33 (0.03–3.18)	1 (0.2)	1 (0.2)	0.97 (0.06–15.55)

Table 3. Primary Safety End Points, According to Trial Group.*

End Point	Placebo (N=404)	Rivaroxaban (N=405)	Hazard Ratio (95% CI)	P Value
	<i>no. of patients with event (%)</i>			
Primary safety end point: major bleeding	4 (1.0)	8 (2.0)	1.96 (0.59–6.49)	0.26
Secondary safety end point: clinically relevant nonmajor bleeding	8 (2.0)	11 (2.7)	1.34 (0.54–3.32)	0.53
Major and clinically relevant nonmajor bleeding	12 (3.0)	19 (4.7)	1.54 (0.75–3.17)	0.24

NNH = 102
(IC 95 % 38-147)

Impact clinique : chez les pts ambulatoires avec cancer à haut risque (Khorana ≥ 2), le rivaroxaban n'a pas diminué de façon significative le risque de MTE ou de mortalité mais a augmenté le risque de saignement à 6 mois.

Direct oral anticoagulant for the prevention of thrombosis in ambulatory patients with cancer: A systematic review and meta-analysis

Li A, Kuderer NM, Garcia DA et coll.

J Thromb Haemost. 2019. doi: 10.1111/jth.14613.

TABLE 2 Summary of findings for the main comparisons of the meta-analysis from two phase III trials

Outcome (study period)	DOAC No. (%)	Placebo No. (%)	Risk ratio (95% CI)	Absolute risk difference (95% CI)
Efficacy outcomes (ITT 6-mo study period) ^a				
Overall VTE	37/711 (5.20%)	65/704 (9.23%)	0.56 (0.35 to 0.89)	-4.09% (-6.93 to -1.24)
Symptomatic VTE	24/711 (3.38%)	41/704 (5.82%)	0.58 (0.29 to 1.13)	-2.59% (-6.26 to +1.09)
Symptomatic PE	7/711 (0.98%)	15/704 (2.13%)	0.47 (0.09 to 2.37)	-1.28% (-4.16 to +1.61)
Symptomatic DVT	17/711 (2.39%)	26/704 (3.69%)	0.65 (0.35 to 1.18)	-1.27% (-3.06 to +0.51)
All-cause mortality	119/711 (16.74%)	127/704 (18.04%)	0.98 (0.67 to 1.44)	-0.53% (-6.88 to +5.83)
Sensitivity efficacy outcomes (ITT on-treat study period) ^b				
Overall VTE	14/711 (1.97%)	47/704 (6.68%)	0.30 (0.16 to 0.53)	-4.77% (-6.96 to -2.59)
Symptomatic VTE	7/711 (0.98%)	28/704 (3.98%)	0.25 (0.08 to 0.84)	-3.14% (-6.44 to +0.15)
Safety outcomes (mITT on-treat study period) ^c				
Major bleeding	14/693 (2.02%)	7/679 (1.03%)	1.96 (0.80 to 4.82)	+0.99% (-0.31 to +2.28)
CRNMB	29/693 (4.18%)	22/679 (3.24%)	1.28 (0.74 to 2.20)	+0.83% (-1.00 to +2.66)

NNT = 25
(IC 95 % 15-75)




NNH = 102
(IC 95 % 45-352)

Impact clinique : chez les pts avec néoplasie sans ATCD de MTE, l'utilisation des ACOD diminue le risque de MTE de près de 50% mais augmente le risque de saignement de près du double.

Venous Thromboembolism Prophylaxis and Treatment in Patients With Cancer: ASCO Clinical Practice Guideline Update

Nigel S. Key, MB ChB¹; Alok A. Khorana, MD²; Nicole M. Kuderer, MD³; Kari Bohlke, ScD⁴; Agnes Y.Y. Lee, MD, MSc⁵; Juan I. Arcelus, MD, PhD⁶; Sandra L. Wong, MD, MS⁷; Edward P. Balaban, DO⁸; Christopher R. Flowers, MD, MS⁹; Charles W. Francis, MD¹⁰; Leigh E. Gates¹¹; Ajay K. Kakkar, MBBS, PhD¹²; Mark N. Levine, MD, MSc¹³; Howard A. Liebman, MD¹⁴; Margaret A. Tempero, MD¹⁵; Gary H. Lyman, MD, MPH¹⁶; and Anna Falanga, MD¹⁷

The use of direct oral anticoagulants for primary thromboprophylaxis in ambulatory cancer patients: Guidance from the SSC of the ISTH

Tzu-Fei Wang¹  | Jeffrey I. Zwicker²  | Cihan Ay^{3,4}  | Ingrid Pabinger³ | Anna Falanga^{5,6} | Darko Antic⁷ | Simon Noble⁸ | Alok A. Khorana⁹ | Marc Carrier¹⁰ | Guy Meyer¹¹

¹ J Clin Oncol 2019 Aug 5;JCO1901461. doi: 10.1200/JCO.19.01461.

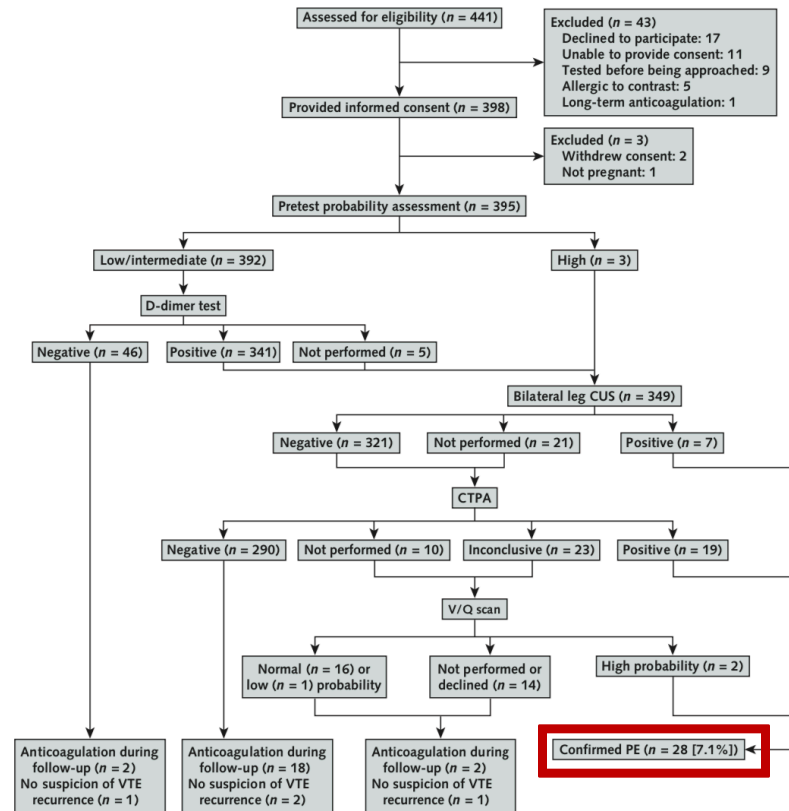
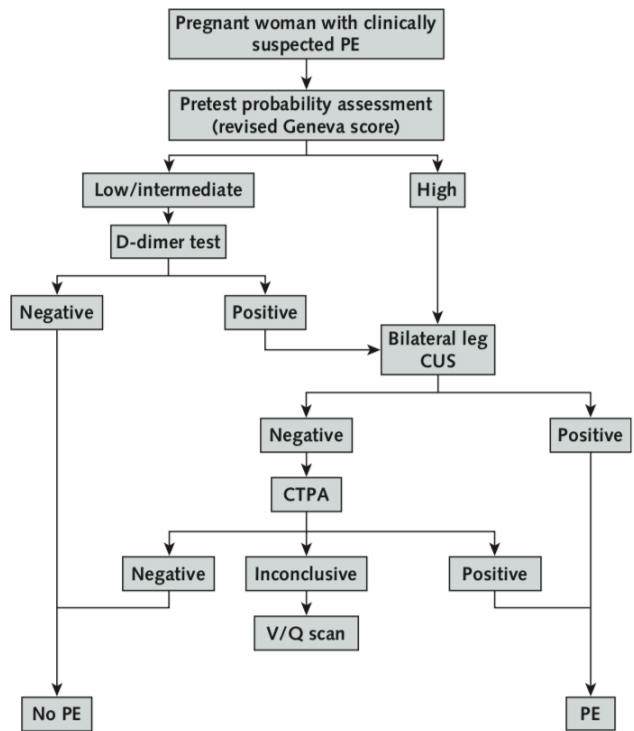
² J Thromb Haemost. 2019;17:1772-8.

Diagnosis of pulmonary embolism during pregnancy: a multicenter prospective management outcome study

Righini M, Robert-Ebadi H, Elias A et coll.

Ann Intern Med. 2018;169:766-773.

Figure 1. Diagnostic algorithm used in the study.

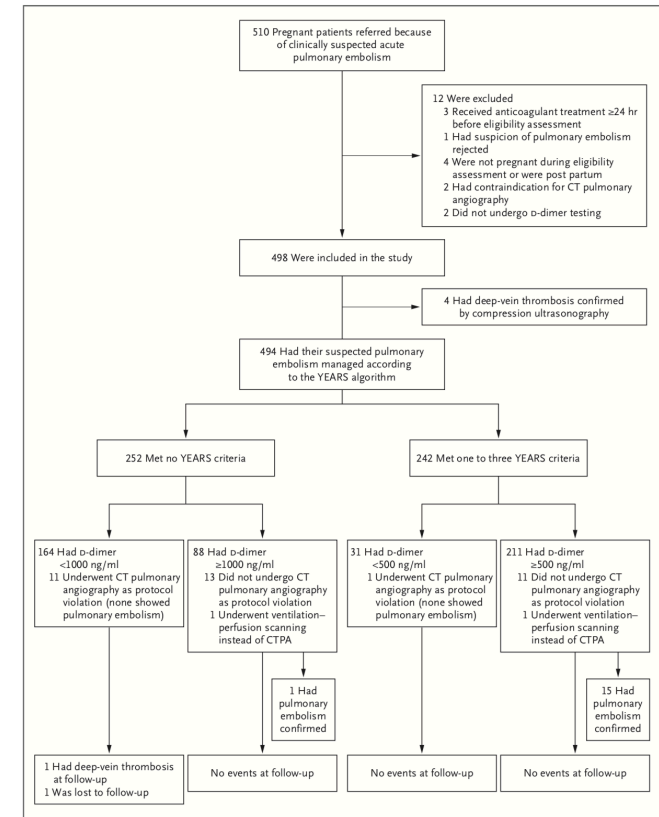
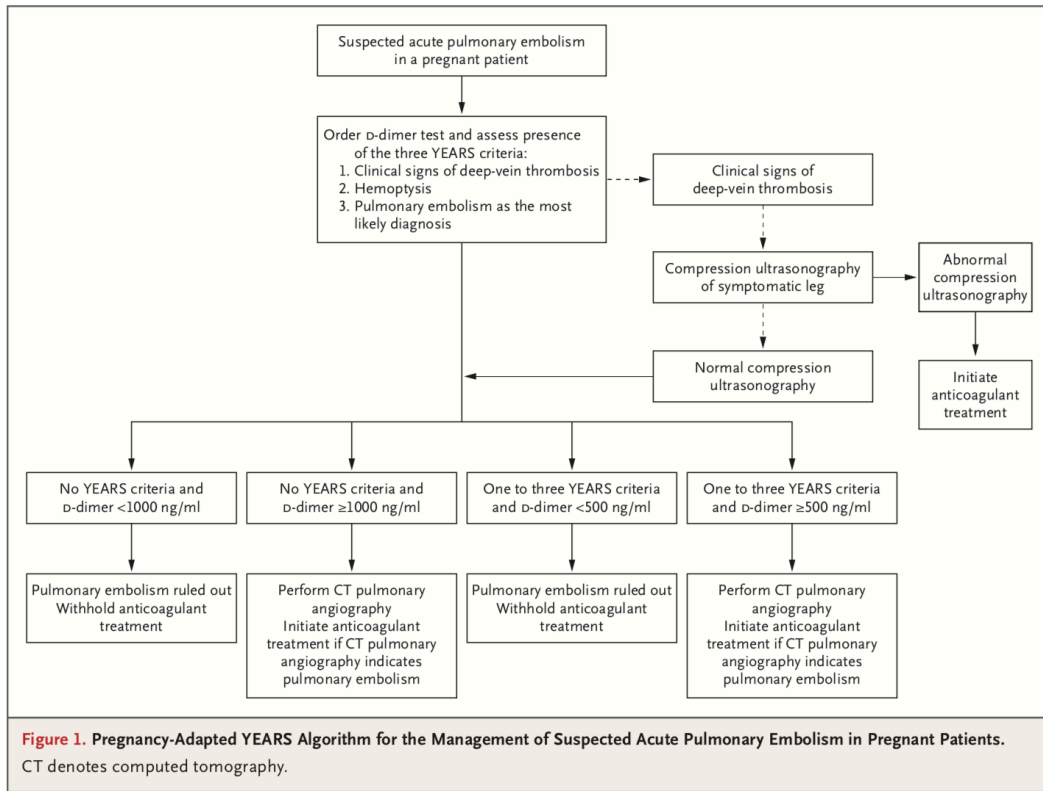


Impact clinique : une stratégie Dx basée sur l'évaluation de la probabilité clinique, les D-Dimères, un Doppler veineux et un angioscan pulmonaire peut éliminer l'EP chez la femme enceinte.

Pregnancy-Adapted YEARS Algorithm for Diagnosis of Suspected Pulmonary Embolism

van der Pol LM, Tromeur C, Bistervels IM et coll.

N Engl J Med. 2019;380:1139-49.



4

1 + 15

1
= 4 %

Impact clinique : l'EP peut être éliminer de façon sécuritaire avec l'algorithmme Dx YEARS adapté pour la femme enceinte dans tous les trimestres. L'angioscan pulm peut être évité chez 32-65% des ptes.

Long term risk of symptomatic recurrent venous thromboembolism
after discontinuation of anticoagulant treatment for first
unprovoked venous thromboembolism event: systematic review
and meta-analysis

Khan F, Rahman A, Carrier M et coll.

BMJ. 2019;366:l4363.

Table 2 | Risk of recurrent venous thromboembolism (VTE) after discontinuation of anticoagulation in patients with a first unprovoked VTE event

Interval after anticoagulation	Person years of follow-up	Recurrent events					Event rate per 100 person years*				
		VTE	DVT	PE	PE+DVT	Fatal PE	VTE	DVT	PE	PE+DVT	Fatal PE
1st year	6678.0	644	350	194	20	28	10.3 (8.6 to 12.1); 81, <0.001	6.2 (4.8 to 7.7); 79, <0.001	3.3 (2.4 to 4.2); 68, <0.001	0.3 (0.1 to 0.5); 44, 0.008	0.4 (0.2 to 0.7); 57, <0.001
2nd year	3906.0	262	151	82	7	12	6.3 (5.1 to 7.7); 56, 0.002	3.7 (2.8 to 4.7); 55, 0.003	2.0 (1.4 to 2.6); 36, 0.07	0.2 (0.1 to 0.4); 0, 0.63	0.3 (0.2 to 0.6); 10, 0.34
2 year cumulative incidence, % (95% CI)							16.0 (13.3 to 18.8)	9.7 (7.5 to 12.0)	5.2 (3.7 to 6.7)	0.5 (0.2 to 0.9)	0.7 (0.4 to 1.3)
Years 3-5	4772.0	182	116	54	5	6	3.8 (3.2 to 4.5); 24, 0.27	2.5 (2.0 to 2.9); 0, 0.59	1.0 (0.4 to 1.8); 83, <0.001	0.1 (0.0 to 0.3); 71, 0.02	0.1 (0.0 to 0.3); 53, 0.09
5 year cumulative incidence, % (95% CI)							25.2 (21.3 to 29.3)	16.3 (12.9 to 19.5)	8.0 (4.0 to 11.6)	0.8 (0.2 to 1.8)	1.0 (0.4 to 2.2)
Years 6-10	3023.4	99	67	27	0	3	3.1 (1.7 to 4.9); 84, <0.001	2.2 (1.0 to 3.8); 86, <0.001	0.7 (0.2 to 1.6); 79, 0.009	0.0 (0.0 to 0.1); 0, 1.00	0.1 (0.0 to 0.3); 0, 0.37
10 year cumulative incidence, % (95% CI)							36.1 (27.8 to 45.0)	25.1 (17.2 to 33.7)	11.2 (5.9 to 18.4)	0.8 (0.2 to 2.3)	1.5 (0.4 to 3.6)

DVT=deep vein thrombosis; PE=pulmonary embolism.

*Data are event rate (95% CI); I² (%), P value unless stated otherwise. P value is for heterogeneity.

Impact clinique : chez les pts avec 1^e épisode de MTE non provoquée ATC au moins 3 mois, le risque de récurrence est de 10% à 1 an, 25% à 5 ans et 36% à 10 ans après l'arrêt de l'anticoagulation, avec 4% des récurrences qui sont mortelles.

Dabigatran for Prevention of Stroke after Embolic Stroke of Undetermined Source

Diener HC, Sacco RL, Easton JD et coll.

N Engl J Med. 2019;380:1906-17.

Outcome	Dabigatran Group (N=2695)	Aspirin Group (N=2695)	Hazard Ratio (95% CI) [†]
	<i>no. of patients (annualized rate)</i>		
Primary outcome: first recurrent stroke	177 (4.1)	207 (4.8)	0.85 (0.69–1.03) [‡]
Key secondary outcomes§			
Ischemic stroke	172 (4.0)	203 (4.7)	0.84 (0.68–1.03)
Composite of nonfatal stroke, nonfatal myocardial infarction, or cardiovascular death	207 (4.8)	232 (5.4)	0.88 (0.73–1.06)
Major bleeding	77 (1.7)	64 (1.4)	1.19 (0.85–1.66)
Intracranial hemorrhage	32 (0.7)	32 (0.7)	0.98 (0.60–1.60)

Impact clinique : chez les pts avec AVC embolique de source indéterminée (ESUS), le dabigatran n'est pas supérieur à l'AAS pour prévenir la récurrence d'AVC à 19 mois.

Effects of antiplatelet therapy after stroke due to intracerebral haemorrhage (RESTART): a randomised, open-label trial

RESTART Collaboration.

Lancet. 2019;393:2613-2623.

	Start antiplatelet therapy (n=268)	Avoid antiplatelet therapy (n=268)	Log-rank test p value	Unadjusted analysis		Adjusted analysis	
				HR (95% CI)	p value	HR (95% CI)	p value
Primary outcome							
Recurrent symptomatic spontaneous intracerebral haemorrhage	12	23	0.057	0.51 (0.26-1.03)	0.062	0.51 (0.25-1.03)	0.060
Sensitivity analyses of the primary outcome							
Recurrent symptomatic spontaneous intracerebral haemorrhage or symptomatic stroke of uncertain subtype	12	24	0.041	0.49 (0.25-0.99)	0.046	0.49 (0.24-0.98)	0.044
Recurrent symptomatic spontaneous intracerebral haemorrhage or death of undetermined cause	13	25	0.047	0.51 (0.26-1.00)	0.051	0.51 (0.26-0.99)	0.048
Secondary outcomes							
All major haemorrhagic events (all types of symptomatic spontaneous or traumatic intracranial haemorrhage, or symptomatic major extracranial haemorrhage)	18	25	0.27	0.71 (0.39-1.30)	0.27	0.71 (0.39-1.30)	0.27
All major occlusive vascular events (ischaemic stroke; myocardial infarction; mesenteric ischaemia; peripheral arterial occlusion; deep vein thrombosis; pulmonary embolism; or carotid, coronary, or peripheral arterial revascularisation procedures)	39	38	0.97	1.01 (0.65-1.58)	0.97	1.02 (0.65-1.60)	0.92
All major haemorrhagic or occlusive vascular events	54	61	0.42	0.86 (0.60-1.24)	0.42	0.86 (0.60-1.24)	0.43
Major occlusive vascular events*	45	52	0.39	0.84 (0.56-1.25)	0.39	0.84 (0.56-1.25)	0.39
Major vascular events (as defined by the Antithrombotic Trialists' Collaboration)	45	65	0.026	0.65 (0.45-0.95)	0.027	0.65 (0.44-0.95)	0.025

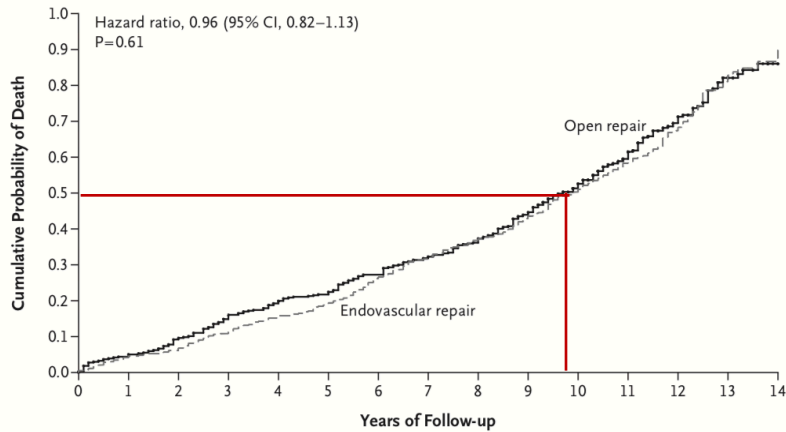
Impact clinique : chez les pts en prévention 2^e sous Tx qui ont eu une HIC, la reprise d'un ATP post-HIC (en moyenne 76 jours après) n'est pas associée à une augmentation significative du risque de récurrence à 2 ans.

Open versus Endovascular Repair of Abdominal Aortic Aneurysm

Lederle FA, Kyriakides TC, Stroupe KT et coll.

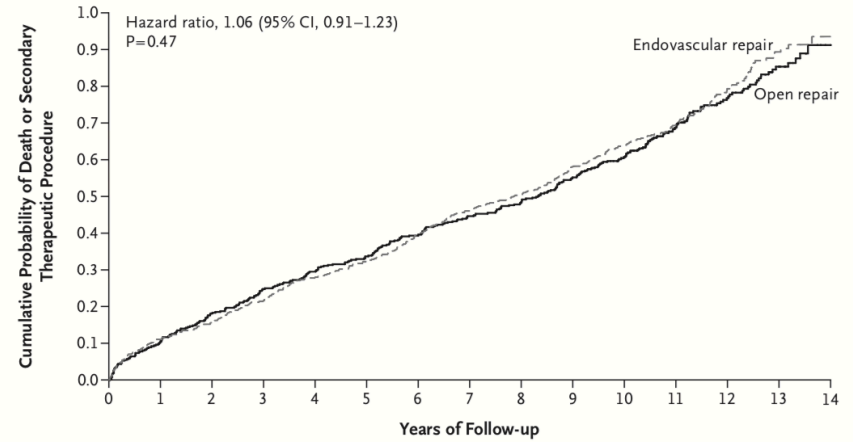
N Engl J Med. 2019;380:2126-35.

A Death



No. at Risk	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Open repair	437	412	388	357	353	340	318	296	277	240	188	119	66	22	2
Endovascular repair	444	424	412	384	373	360	325	301	279	246	186	124	64	20	2

B Death or Secondary Procedure



No. at Risk	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Open repair	437	386	347	314	308	290	265	242	225	194	152	89	47	19	1
Endovascular repair	444	395	375	349	319	300	266	238	219	184	136	90	40	12	2

Impact clinique : chez les pts avec AAA traités de façon endovasculaire ou par chirurgie ouverte, la survie à long terme (14 ans) est similaire.

Perioperative Management of Patients With Atrial Fibrillation Receiving a Direct Oral Anticoagulant

Douketis JD, Spyropoulos AC, Duncan J et coll.

JAMA Intern Med. 2019;179:1469-78.

Outcome	DOAC Cohort		
	Apixaban (n = 1257)	Dabigatran Etexilate (n = 668)	Rivaroxaban (n = 1082)
Primary			
Major bleeding ^a			
No. (%)	17 (1.35)	6 (0.90)	20 (1.85)
1-Sided 95% CI	<u>0-2.00</u>	0-1.73	<u>0-2.65</u>
P value	.051	.02	.36
Arterial thromboembolism ^{b,c}			
No. (%)	2 (0.16)	4 (0.60)	4 (0.37)
1-Sided 95% CI	<u>0-0.48</u>	0-1.33	<u>0-0.82</u>
P value	<.001	.03	.001

Objectifs :
 IC < 2 % de saignement
 IC < 1,5 % d'embolie art.

Table 4. Incidence of Major Bleeding by Elective Surgery or Procedure-Associated Bleeding Risk

Procedure-Associated Bleeding Risk	Apixaban Cohort (n = 1257)	Dabigatran Etexilate Cohort (n = 668)	Rivaroxaban Cohort (n = 1082)
Low bleeding risk			
No. (%)	851 (67.7)	440 (65.9)	709 (65.5)
30-d Postoperative rate of major bleeding, % (95% CI)	0.59 (0-1.20)	0.91 (0-2.01)	1.27 (0-2.17)
High bleeding risk			
No. (%)	406 (32.3)	228 (34.1)	373 (34.5)
30-d Postoperative rate of major bleeding, % (95% CI)	2.96 (<u>0-4.68</u>)	0.88 (0-2.62)	2.95 (<u>0-4.76</u>)

Impact clinique : les pts en FA sous ACOD nécessitant une interruption pour une chirurgie/procédure peuvent appliquer cette stratégie avec un faible risque d'hémorragie majeure ou d'événement TE.

Autres études d'impact (1/5)

Artériel/facteur de risque

SPRINT MIND Investigators for the SPRINT Research Group, Williamson JD, Pajewski NM, et al. Effect of Intensive vs Standard Blood Pressure Control on Probable Dementia: A Randomized Clinical Trial. JAMA. 2019;321:553-61.

Armitage J, Baigent C, Barnes E, et al. Efficacy and safety of statin therapy in older people: a meta-analysis of individual participant data from 28 randomised controlled trials. Lancet. 2019;393:407-15.

Gerstein HC, Colhoun HM, Dagenais GR, et al; REWIND Investigators. Dulaglutide and cardiovascular outcomes in type 2 diabetes (REWIND): a double-blind, randomised placebo-controlled trial. Lancet. 2019;394:121-130.



Moayyedi P, Eikelboom JW, Bosch J, et al. Pantoprazole to Prevent Gastrointestinal Events in Patients Receiving Rivaroxaban and/or Aspirin in a Randomized, Double-Blind, Placebo-Controlled Trial. Gastroenterology. 2019;157:403-12.

Autres études d'impact (2/5)

Artériel/facteur de risque

Hermida RC, Crespo JJ, Domínguez-Sardiña M, et al. Bedtime hypertension treatment improves cardiovascular risk reduction: the Hygia Chronotherapy Trial. Eur Heart J. 2019. doi: 10.1093/eurheartj/ehz754.

Autres études d'impact (3/5)

Veineux/MTE/anticoagulation

Connolly SJ, Crowther M, Eikelboom JW, et al. Full Study Report of Andexanet Alfa for Bleeding Associated with Factor Xa Inhibitors. *N Engl J Med*. 2019;380:1326-35.

Arabi YM, Al-Hameed F, Burns KEA, et al. Adjunctive Intermittent Pneumatic Compression for Venous Thromboprophylaxis. *N Engl J Med*. 2019;380:1305-15.

Ho KM, Rao S, Honeybul S, et al. A Multicenter Trial of Vena Cava Filters in Severely Injured Patients. *N Engl J Med*. 2019;381:328-37.

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Walker RF, Zakai NA, MacLehose RF, et al. Association of Testosterone Therapy With Risk of Venous Thromboembolism Among Men With and Without Hypogonadism. *JAMA Intern Med*. 2019. doi: 10.1001/jamainternmed.2019.5135.

Autres études d'impact (4/5)

Neurologie/AVC

Ma H, Campbell BCV, Parsons MW, et al. Thrombolysis Guided by Perfusion Imaging up to 9 Hours after Onset of Stroke. *N Engl J Med*. 2019;380:1795-803.

Markus HS, Levi C, King A, Madigan J, Norris J, Cervical Artery Dissection in Stroke Study I. Antiplatelet Therapy vs Anticoagulation Therapy in Cervical Artery Dissection: The Cervical Artery Dissection in Stroke Study (CADISS) Randomized Clinical Trial Final Results. *JAMA Neurol*. 2019;76:657-64.

Ferro JM, Coutinho JM, Dentali F, et al. Safety and Efficacy of Dabigatran Etexilate vs Dose-Adjusted Warfarin in Patients With Cerebral Venous Thrombosis: A Randomized Clinical Trial. *JAMA Neurol*. 2019. doi: 10.1001/jamaneurol.2019.2764.

Autres études d'impact (5/5)

Intervention/chirurgie vasculaire

Katsanos K, Spiliopoulos S, Kitrou P, Krokidis M, Karnabatidis D. Risk of death following application of paclitaxel-coated balloons and stents in the femoropopliteal artery of the leg: a systematic review and meta-analysis of randomized controlled trials. *J Am Heart Assoc.* 2018;7:e011245.

Brott TG, Calvet D, Howard G, et al. Long-term outcomes of stenting and endarterectomy for symptomatic carotid stenosis: a preplanned pooled analysis of individual patient data. *Lancet Neurol.* 2019;18:348-56.

Mrkobrada M, Chan MTV, Cowan D, et al. Perioperative covert stroke in patients undergoing non-cardiac surgery (NeuroVISION): a prospective cohort study. *Lancet.* 2019;394:1022-9.

Brittenden J, Cooper D, Dimitrova M, et al. Five-Year Outcomes of a Randomized Trial of Treatments for Varicose Veins. *N Engl J Med.* 2019;381:912-22.

Messages clés

- Nouvelles indications de traitement pour le diabète avec bénéfice clinique important.
- Traitement prophylactique chez certains sujets avec cancer.
- Nouveaux algorithmes diagnostiques pour l'investigation de l'EP chez la femme enceinte.
- De nombreuses nouvelles études nous aideront à mieux traiter nos patients avec problème vasculaire.



**Centre intégré
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Québec 

Merci !

Questions ?



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