



Les angines réfractaires

Options pour les sans options



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Conflicts of Interests

**Conseiller
scientifique**

Neovasc	2010-4
Eli Lilly	2011-3
Baxter Healthcare	2013-4
AstraZeneca	2009-13
Tasly	2014

Conférencier

Baxter Healthcare	2013
Astrazeneca	2013
Eli Lilly	2013

Recherche

Gilead Inc	2012-4
Servier	2013-4
Boston Scientific	2013-6
AstraZeneca	2013-6

**Fonds de la recherche
en santé**

Québec 



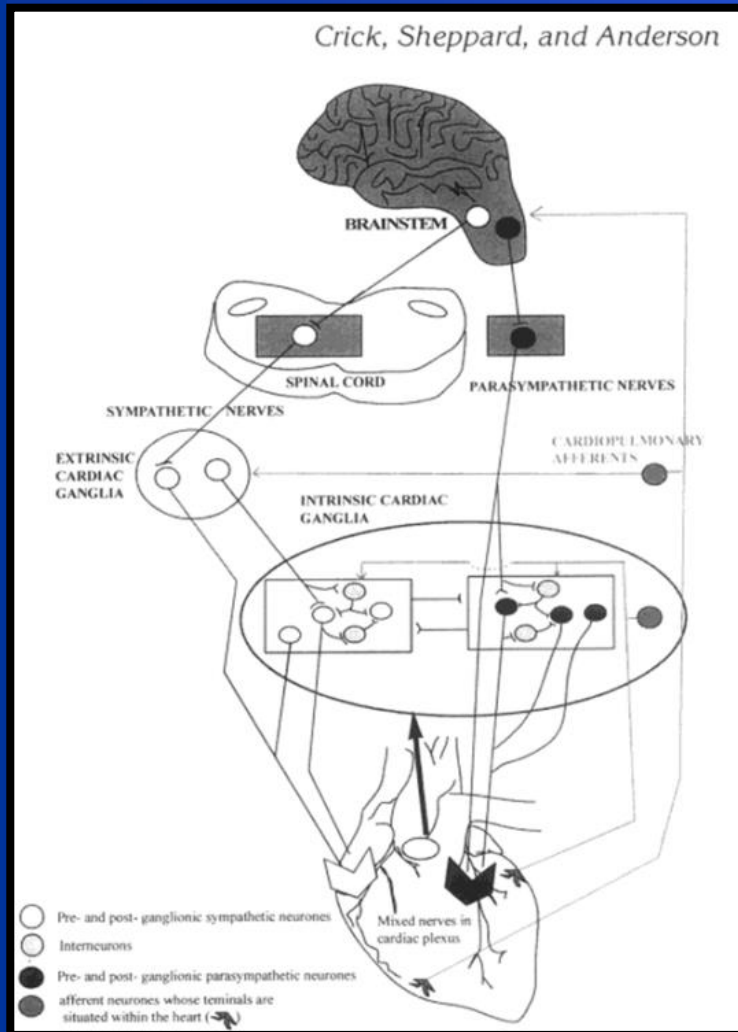
CIHR IRSC
Canadian Institutes of Health Research
Instituts de recherche en santé du Canada

Objectifs

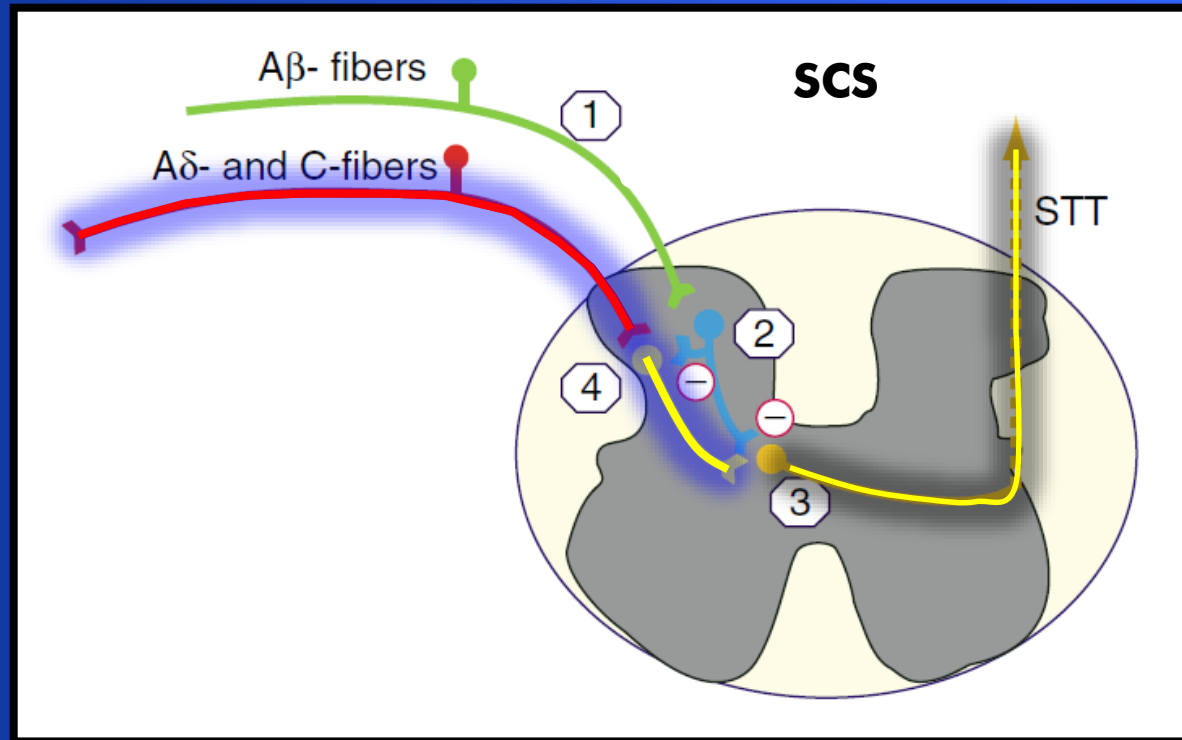
- **Distinguer les différentes pathologies pouvant mener aux douleurs cardiaques chroniques;**
- **Comprendre la pyramide du traitement de l'angine réfractaire chez le patient avec MCAS avancée;**
- **Intégrer les éléments de prise en charge multidisciplinaire des patients avec angine réfractaire.**

Qu'est-ce que l'angine au juste?

Neuro-anatomie du coeur

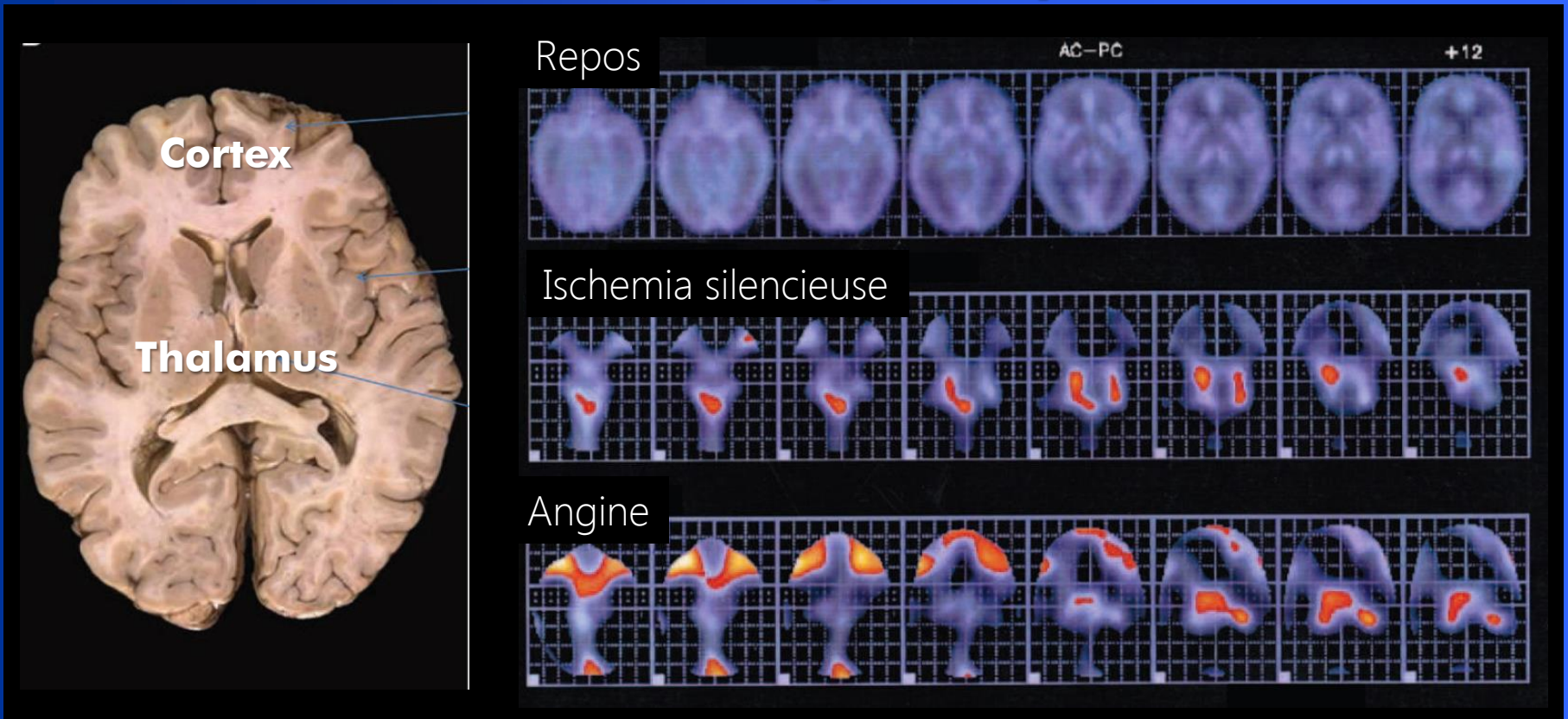


- Il n'existe pas de nocicepteur connu dans le myocarde
- Les nerfs sympathiques permettent la principale efférence nociceptive du myocarde
- Le signal nociceptif converge vers les ganglions stellaires et cervicaux, jusqu'à la colonne intermédiolatérale (T2 to T6)
- Ultiment, le signal converge vers le SNC via les voies spinothalamiques



The contemporary view of the gate control theory assumes that the stimulation of the large afferent non-nociceptive A-alpha and A-beta fibers by spinal cord stimulation can stop the transmission of the nociceptive impulse in the small afferent A-delta and C fibers to the central nervous system.

Variation de la perfusion cérébrale régionale durant l'ischémie silencieuse et l'angine de poitrine



TEP H₂O marqué avec oxygen-15

Angine ischémique

Angine neurogénique

Cortex
cérébral

Absence de
douleur



Douleur

Absence de
douleur



Douleur

Thalamus
(portillon)



Coeur



Normal

Angina
pectoris

Ischémie
silencieuse

Syndrome X

La prophétie de Warren -1812

La sévérité des
symptômes corrèle
mal avec l'étendue
de la MCAS

THE
NEW ENGLAND JOURNAL
OF
MEDICINE AND SURGERY.

VOL. I.] JANUARY, 1812. [No. I.

REMARKS ON ANGINA PECTORIS.

BY JOHN WARREN, M. D.

IN our inquiries into any particular subject of Medicine, our labours will generally be shortened and directed to their proper objects, by a knowledge of preceding discoveries.

When Dr. Heberden, in the London Medical Transactions, first described a disease under the name of Angina Pectoris, so little had it attracted the attention of physicians, that much surprise was excited by the coming and distressing symptoms, and stricture about the breast; and he soon after published his observations on this subject.

That all the cases which I have observed, of a sort of true Angina Pectoris, less than one hundred of which have fallen under his observation, one a boy; all the rest were men.

Dr. Fothergill, in the Observations and Inquiries into the Nature and Treatment of this Disease, made by him, published in 1763, observes, that he had observed on this disease made by him, published in 1763, observes, that he had observed

Dr. Fothergill, in the Observations and Inquiries into the Nature and Treatment of this Disease, made by him, published in 1763, observes, that he had observed

VOL. I.

That all the cases which this author had noticed as accompanied with affections of a somewhat similar nature, were instances of true Angina Pectoris, is by no means probable; for not less than one hundred of those were supposed by him to have fallen under his observation. Of those, three only were women, one a boy; all the rest were men, and about the age of fifty.



Innovations récentes dans le traitement de l'angine réfractaire



Laser (TMR)



Ad-VEGF



rFGF



phVEGF-A¹⁶⁵



L-arginine



rhVEGF



Ad5FGF-4



Chelation

**Combien de nouvel agent
approuvés par Santé Canada
pour le traitement de l'angor
chronique depuis 25 ans?**

Zérooo

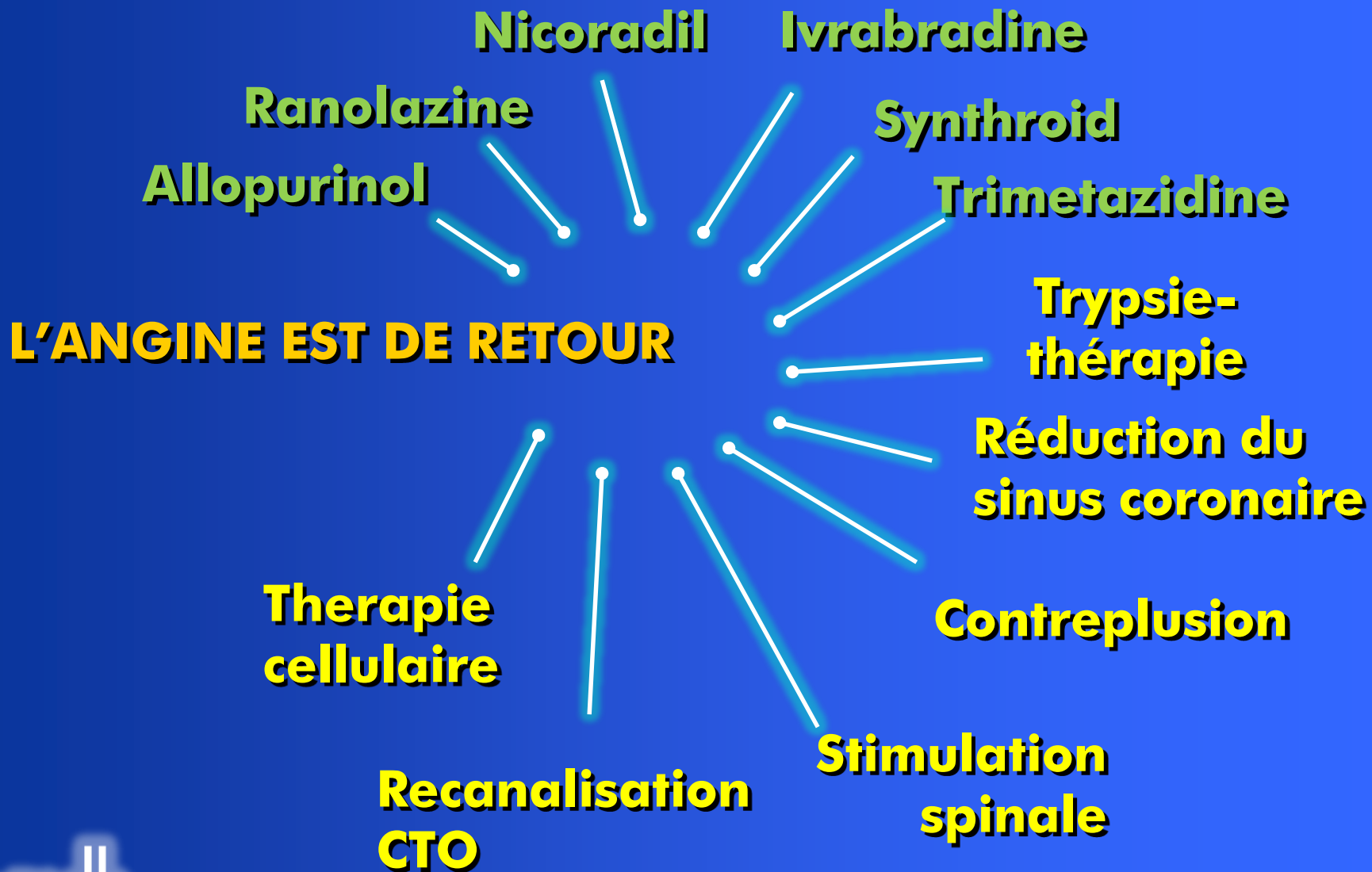
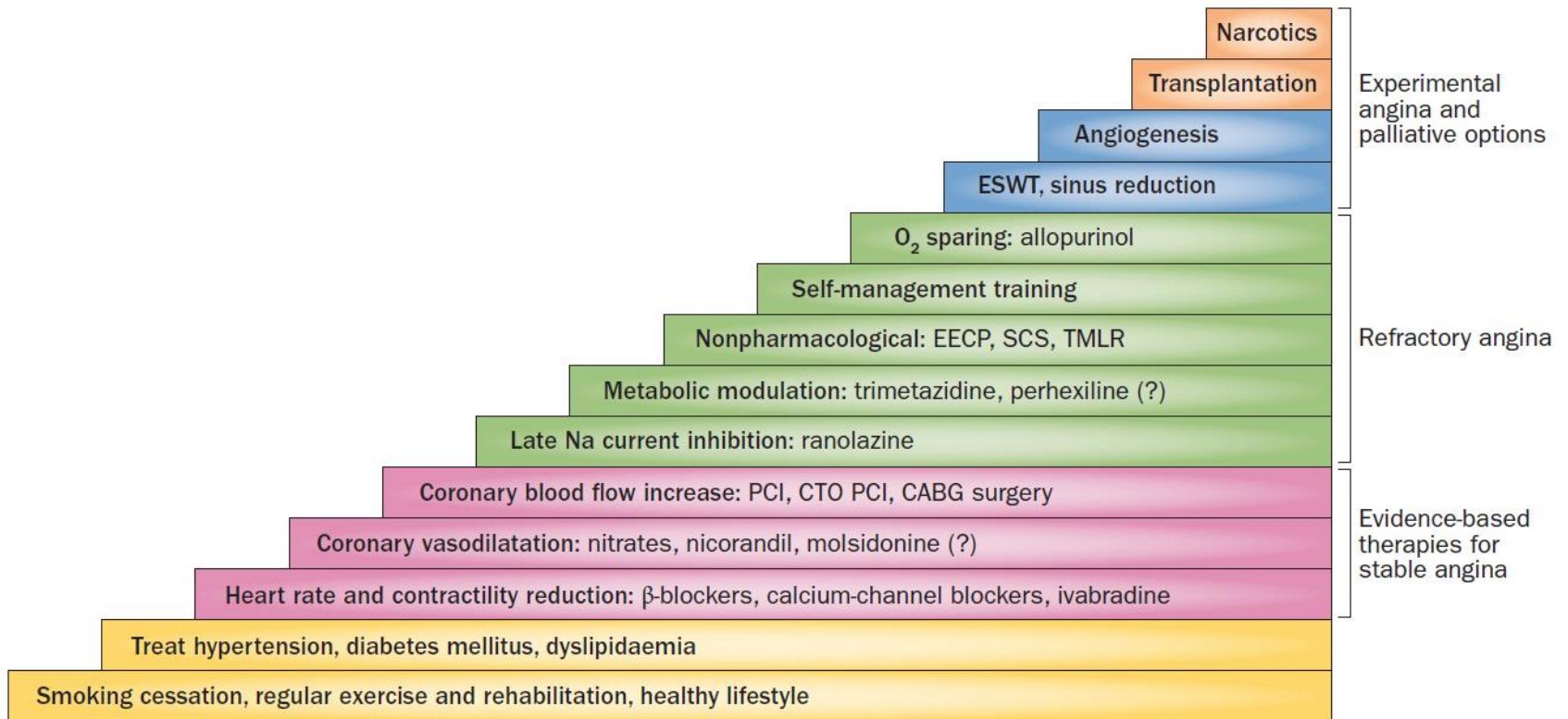
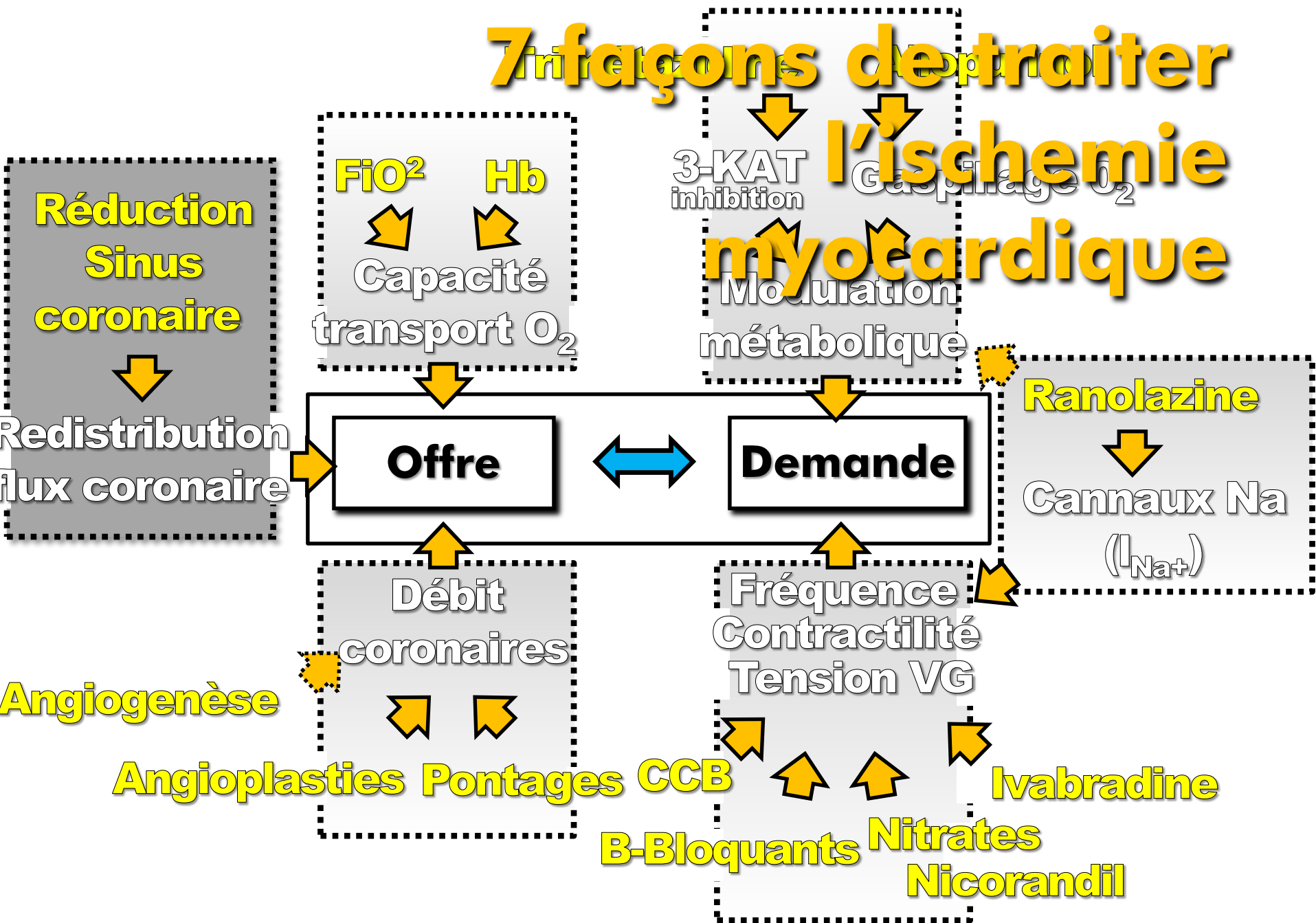


Figure 2



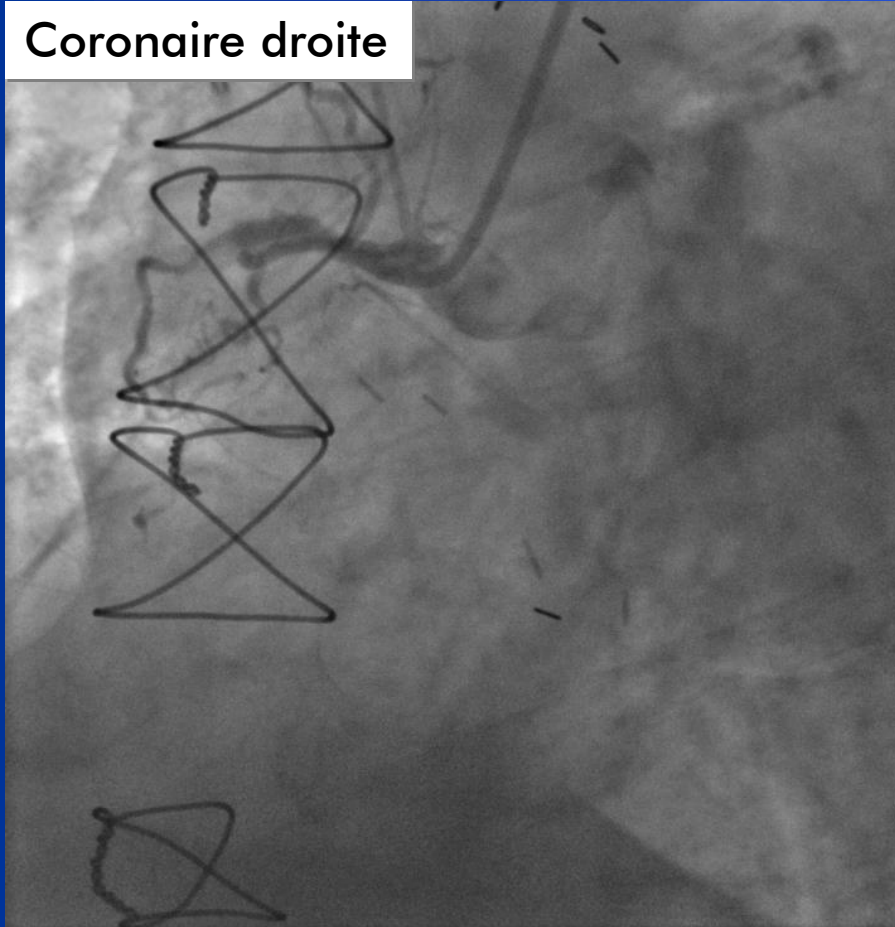
7 façons de traiter l'ischémie myocardique



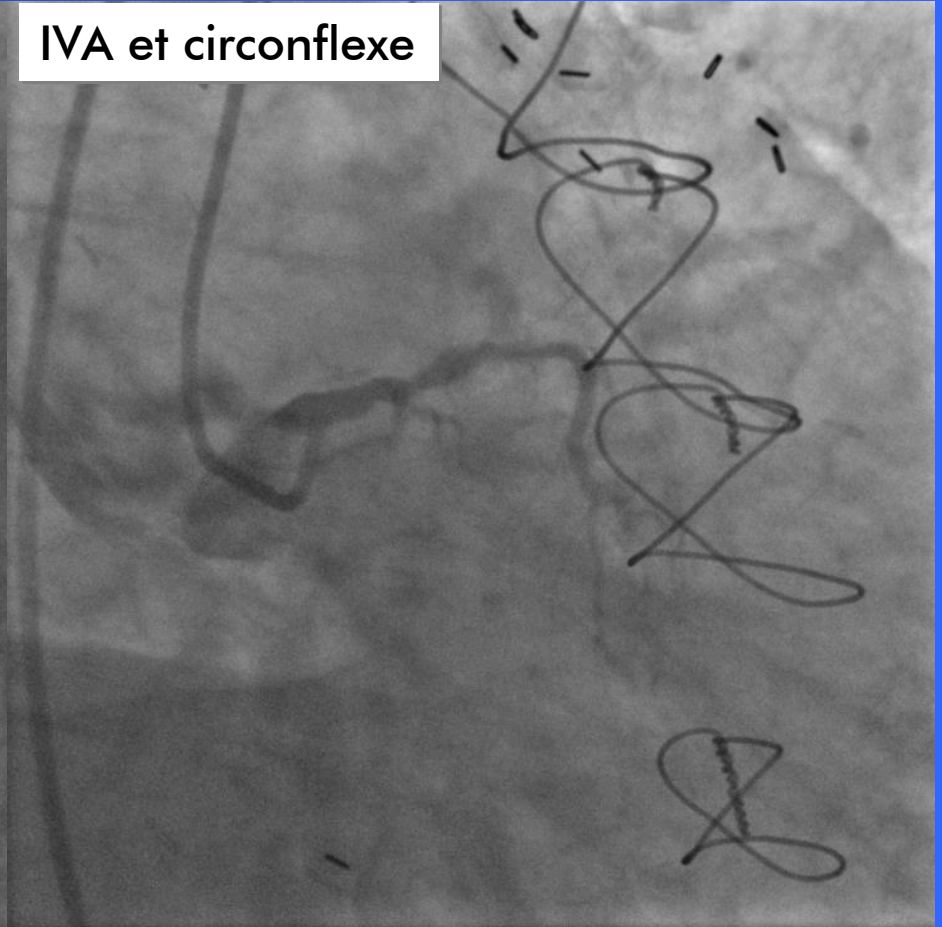
THE ISCHEMIC ANGINA

Une image vaut mille mots

Coronaire droite



IVA et circonflexe



Coronaropénie = manque grossier d'artère coronaire

Contrepulsation externe diastolique Enhanced External Counterpulsation

EECP®

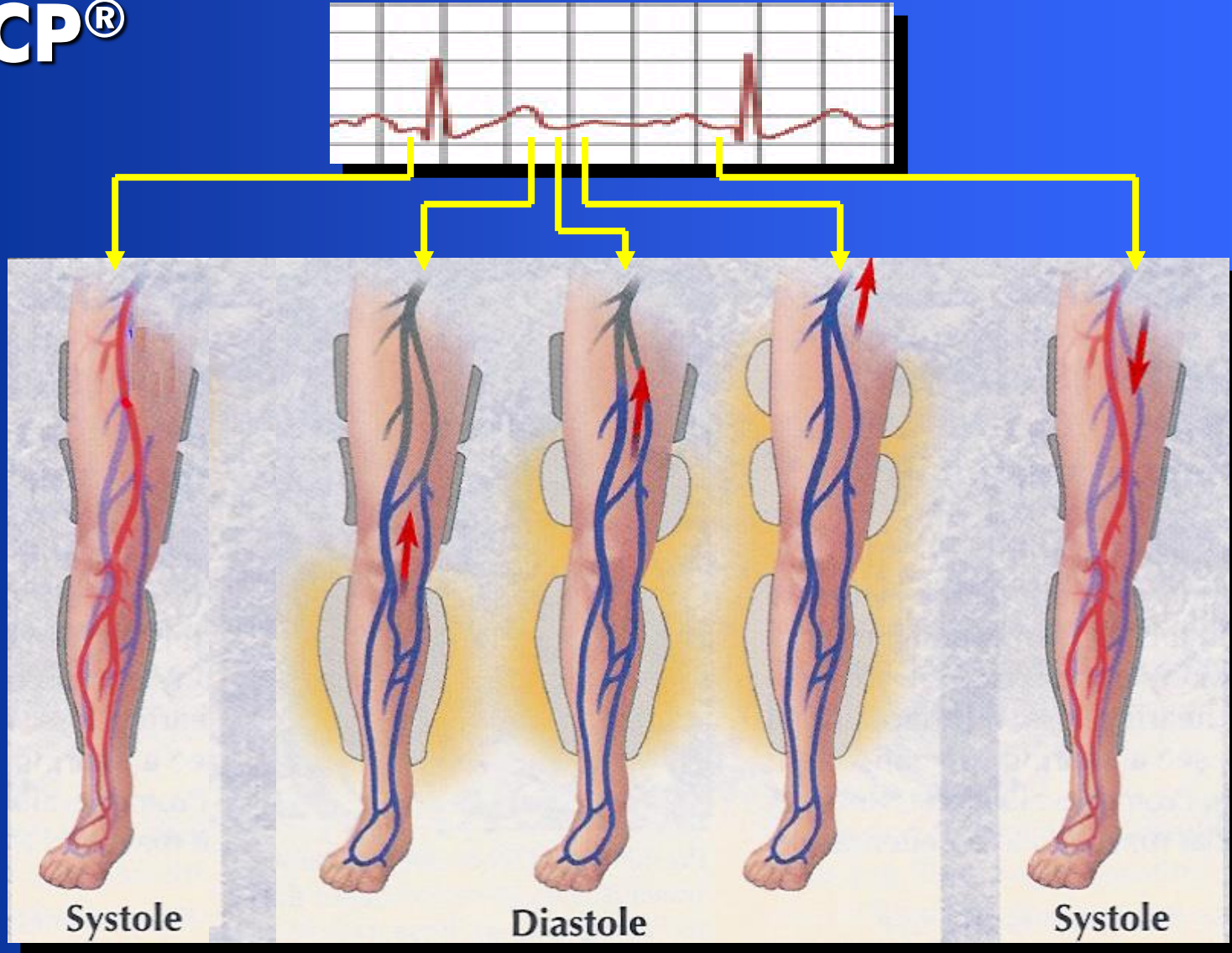


Table 35 Treatment options in refractory angina

Recommendations	Class ^a	Level ^b	Ref. ^c
EECP should be considered for symptom relief in patients with invalidating angina refractory to optimal medical and revascularization strategies.	IIa	B	509,510
TENS may be considered to ameliorate symptoms of invalidating angina refractory to optimal medical and revascularization strategies.	IIb	B	
SCS may be considered to ameliorate symptoms and quality of life in patients with invalidating angina refractory to optimal medical and revascularization strategies.	IIb	B	511,512,513
TMR is not indicated in patients with invalidating angina refractory to optimal medical and revascularization strategies.	III	A	514



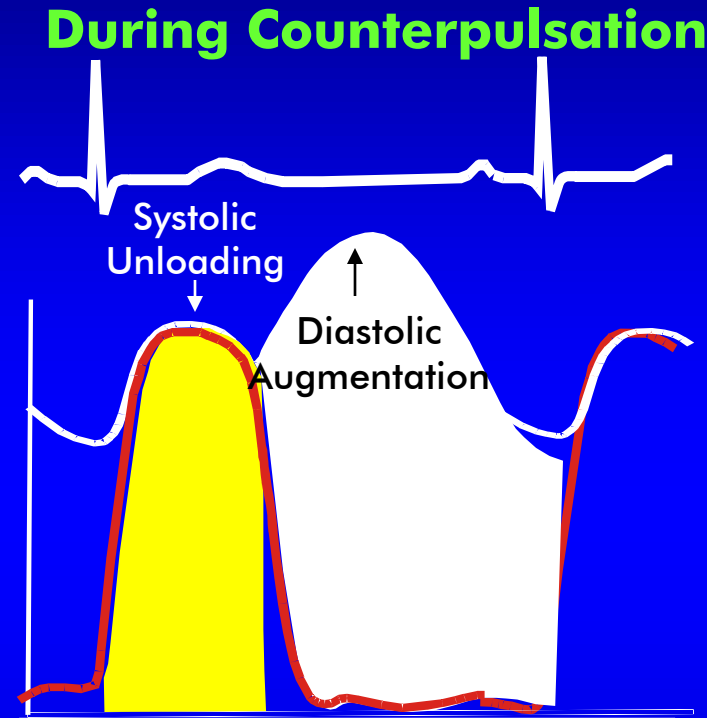
EECP = enhanced external counterpulsation; TENS = transcutaneous electrical nerve stimulation; TMR = transmyocardial revascularization; SC = spinal cord stimulation.

^a Class of recommendation.

^b Level of evidence.

^c Reference(s) supporting levels of evidence.

Myocardial Energy Demand and Supply



Time Tension Index
Workload of the heart is related to myocardial oxygen consumption

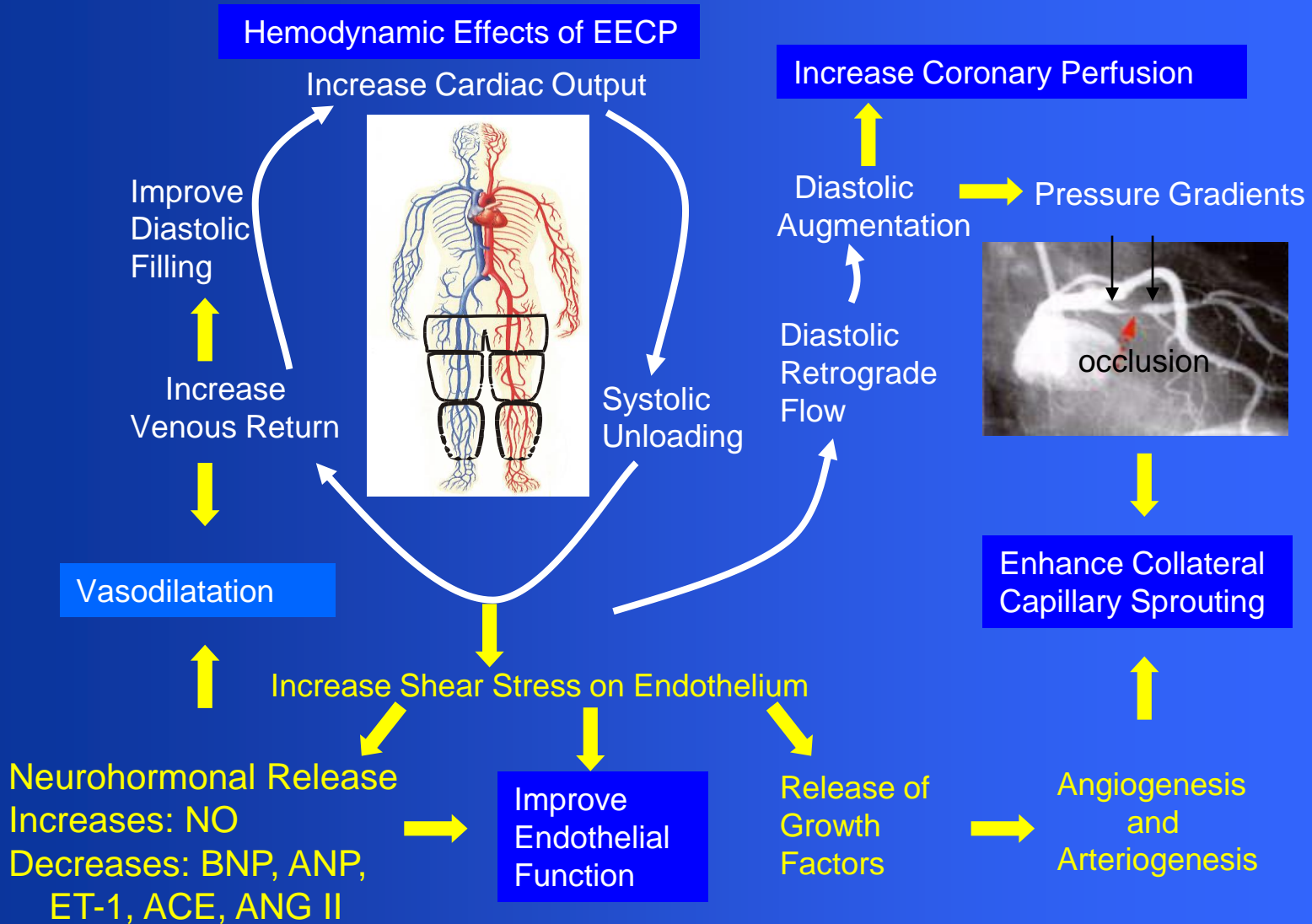
Diastolic Pressure Time Index
Energy supply to the myocardium in proportion to coronary perfusion pressure

Contrepulsation externe diastolique

- **Un traitement complet requiert**
 - **30-35 sessions quotidiennes**
 - **1-2 heures chacune**
 - **Reparties sur 3 à 7 semaines**
- **Approuvé par la FDA**
 - **Angina stable CCS I à III**
 - **Infarctus du myocarde**
 - **Choc cardiogenic**
 - **Défaillance cardiaque**
- **Traitement de Class IIa**



EECP Mechanisms of Action



Enhanced external counterpulsation (EECP)

Journal of the American College of Cardiology
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Published by Elsevier Science Inc.

Vol. 33, No. 7, 1999
ISSN 0735-1097/99/\$20.00
PII S0735-1097(99)00140-0

CLINICAL STUDIES

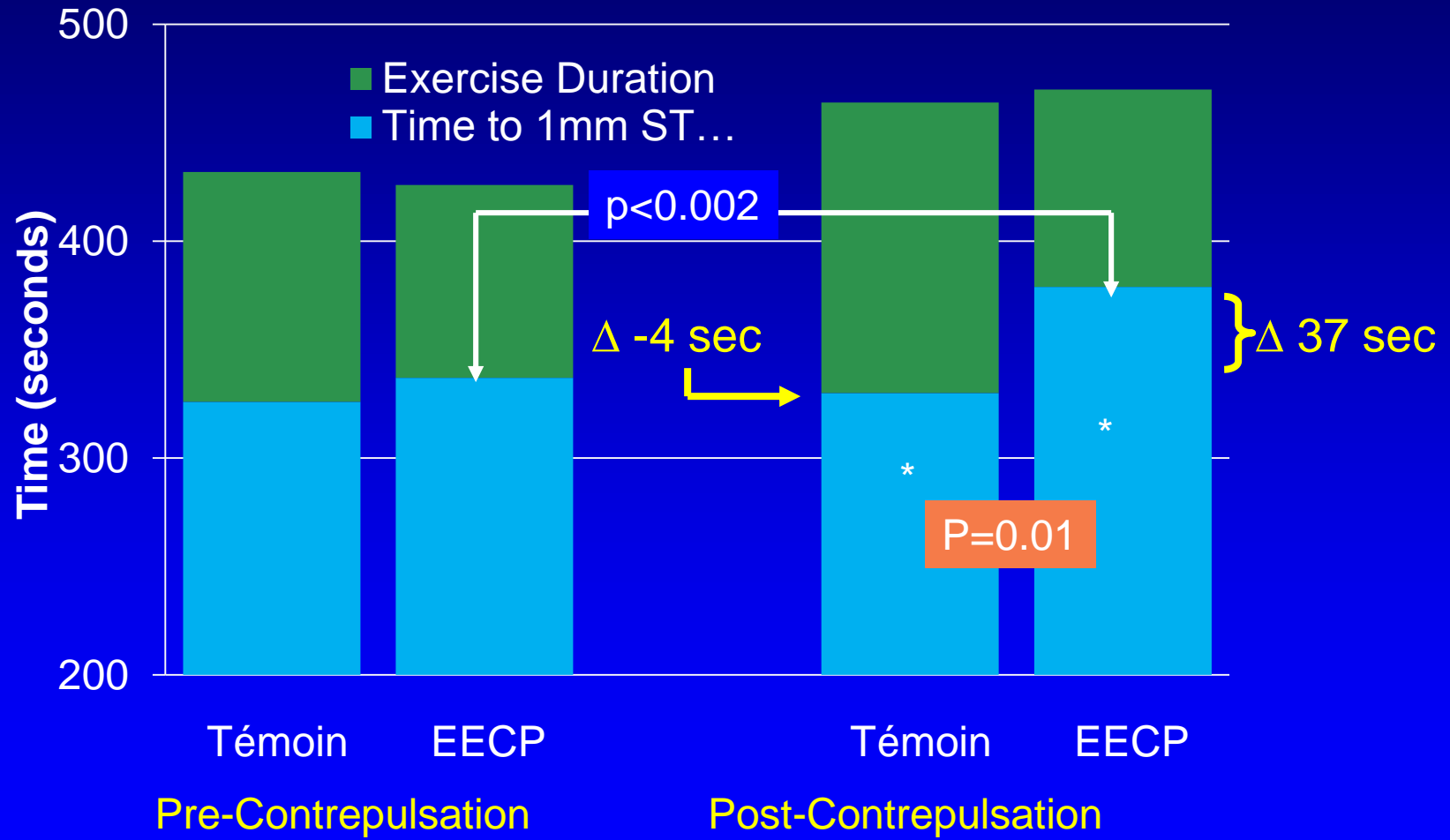
Myocardial Ischemia

The Multicenter Study of Enhanced External Counterpulsation (MUST-EECP): Effect of EECP on Exercise-Induced Myocardial Ischemia and Anginal Episodes

Patients were given 35 h of active or inactive counterpulsation over a 4 – 7 weeks period

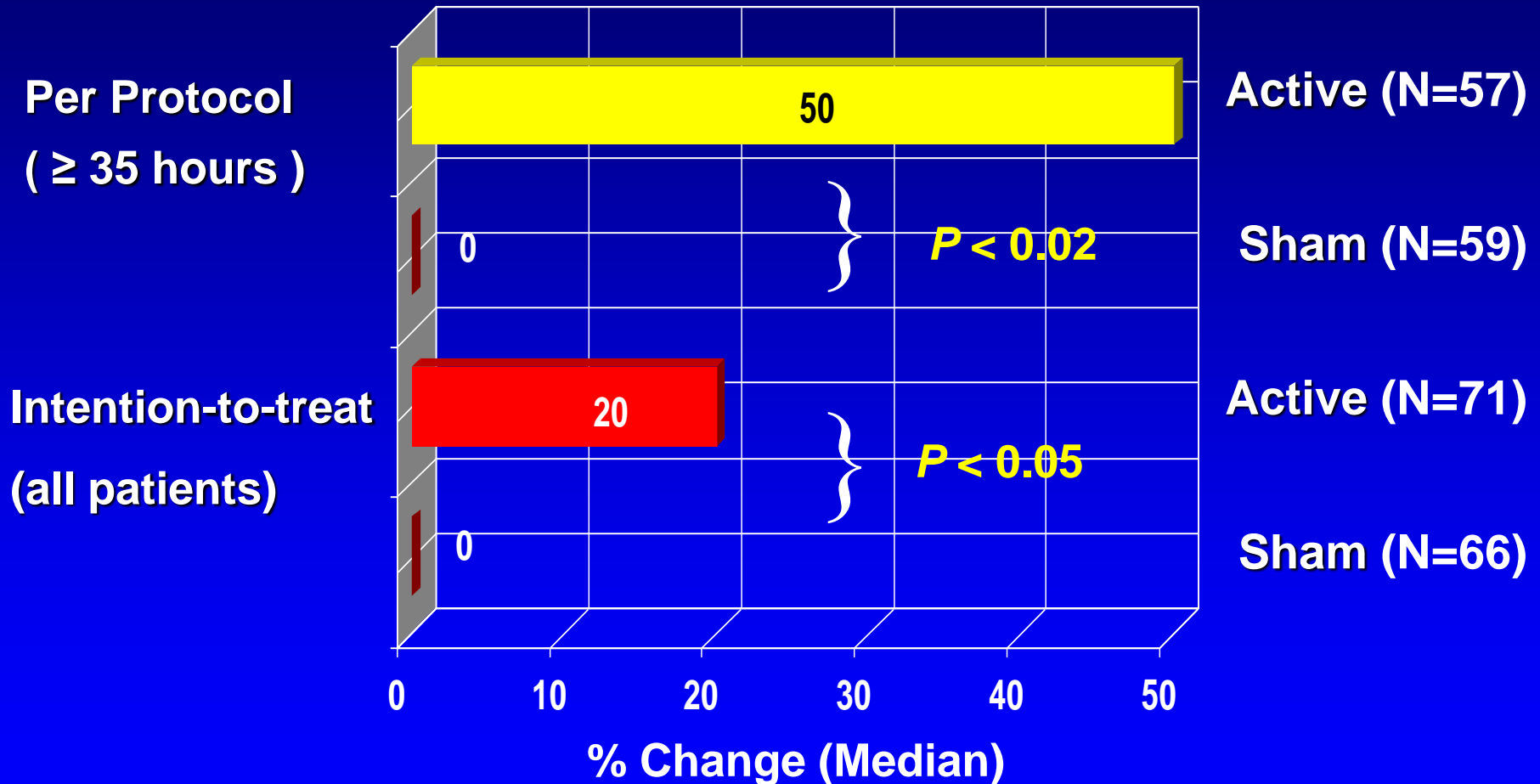
CONCLUSIONS: EECP reduces angina and extends time to exercise-induced ischemia in patients with symptomatic CAD. Treatment was relatively well tolerated and free of limiting side effects in most patients

MUST-EECP (n=139, CCS I-III)

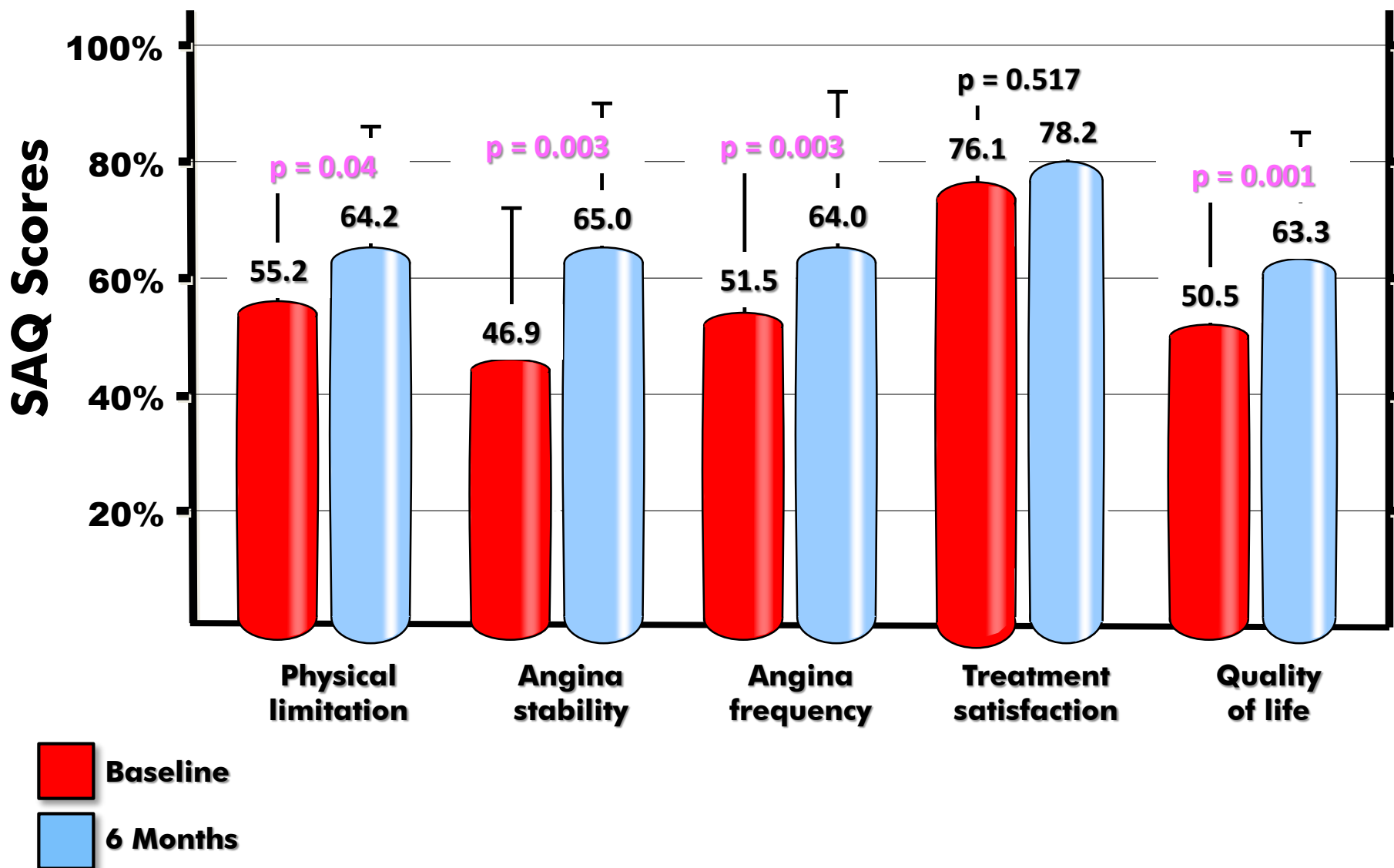


MUST-EECP

Daily Angina Counts



EECP-Quebec - Seattle Angina Questionnaire



Unpublished data; performed in Collaboration with Dr Eric Sabbah et al., Hôpital Pierre Boucher

EECP-Quebec SF-36v2® Health Survey

Measurements (n = 58)

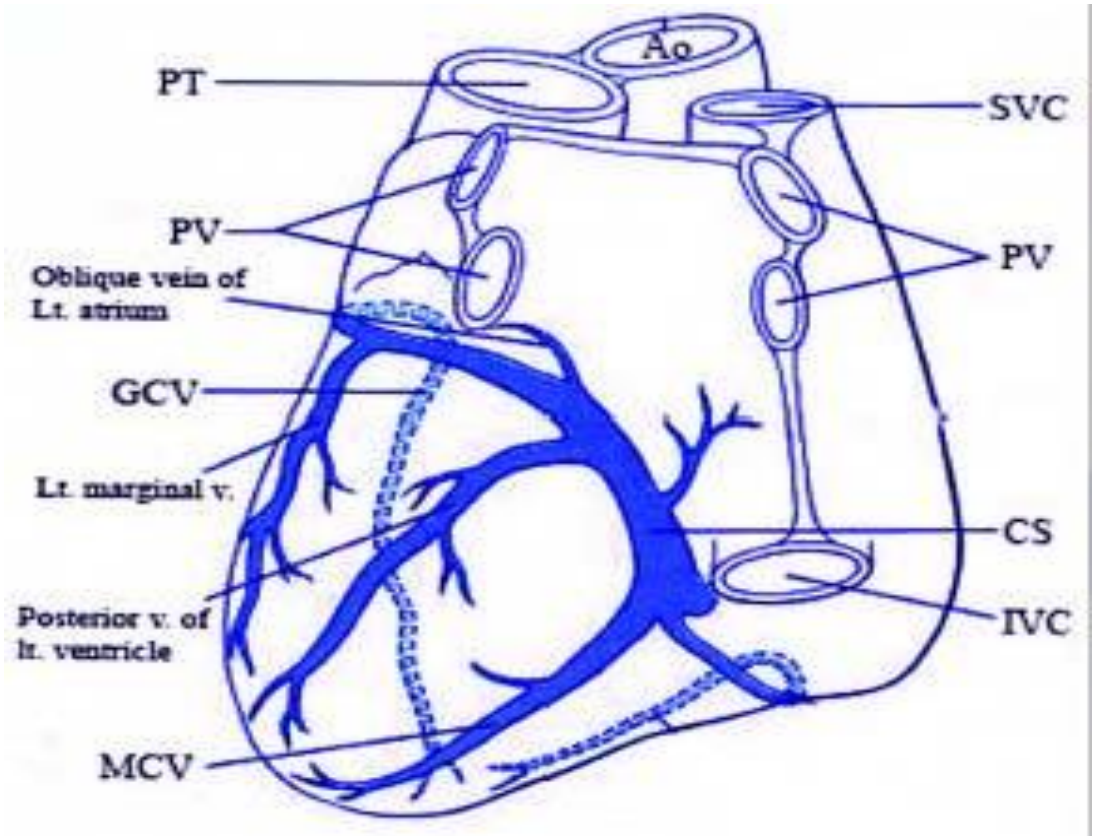
Physical health	Baseline	6 months	Δ	IC 95%	p value
Physical Functioning	32.1±8.8	36.4±11.1	4.4	1.3 to 7.5	0.007
Role Physical	33.4±11.1	38.0±11.6	4.6	1.1 to 8.0	0.01
Bodily Pain	37.6±8.0	42.6±11.2	5.0	2.2 to 7.8	0.001
General Health	36.0±9.8	38.4±10.8	2.4	0.1 to 4.8	0.04
Mental Health					
Vitality	42.6±10.9	45.6±9.8	3.0	-0.2 to 6.2	0.07
Social functioning	38.7±10.9	41.8±11.1	3.2	-0.7 to 7.0	0.11
Role emotional	36.0±13.7	38.7±14.9	2.6	-2.1 to 7.3	0.27
Mental Health	43.2±11.5	45.8±11.1	2.5	-0.4 to 5.5	0.09

Data presented as norm-based scoring (NBS) where normal = 50±10

Unpublished data; performed in Collaboration with Dr Eric Sabbah et al, Hôpital Pierre Boucher

Angina | Coronary sinus Reducer





SCIENTIFIC BASIS FOR THE SURGICAL TREATMENT OF CORONARY ARTERY DISEASE

Claude S. Beck, M.D.

and

David S. Leighninger, M.D., Cleveland

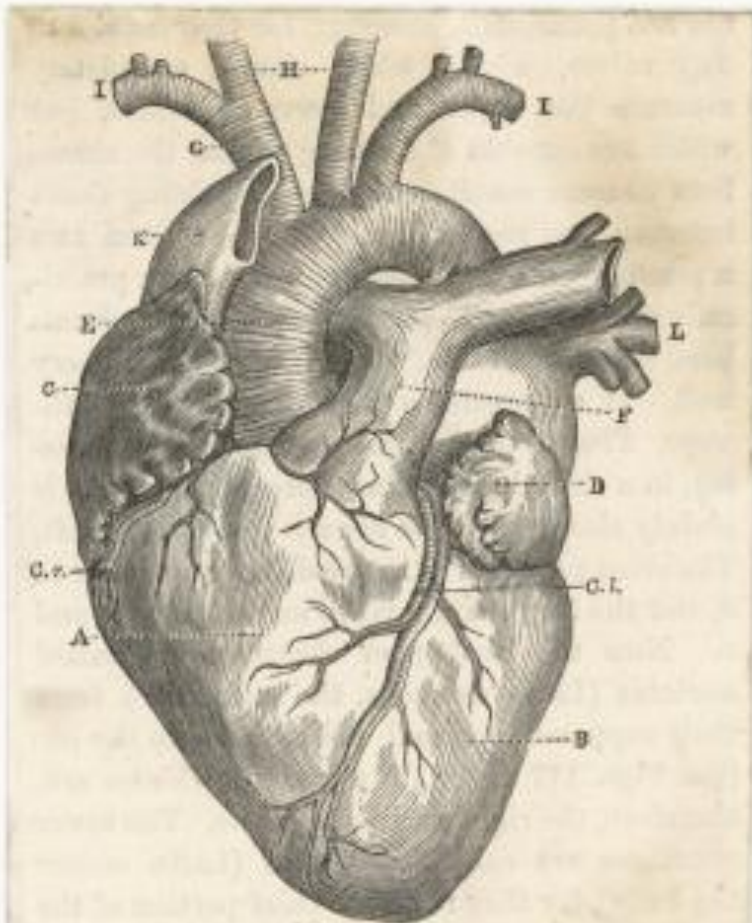


Fig. 117.—The Heart.

A and B, Right and Left Ventricles. C and D, Right and Left Auricles. E, Aorta. F, Pulmonary Artery. G, Innominate Artery, branch of Aorta. H, Right and Left Carotid Branches (to head and neck). I, I, Subclavian Branches (to upper limbs). K, Superior Vena Cava. L, Pulmonary Veins. G.v. Right Coronary Vessels. G.l. Left Coronary Vessels. Arteries are marked by cross shading in the figure; Veins are shaded lengthways.

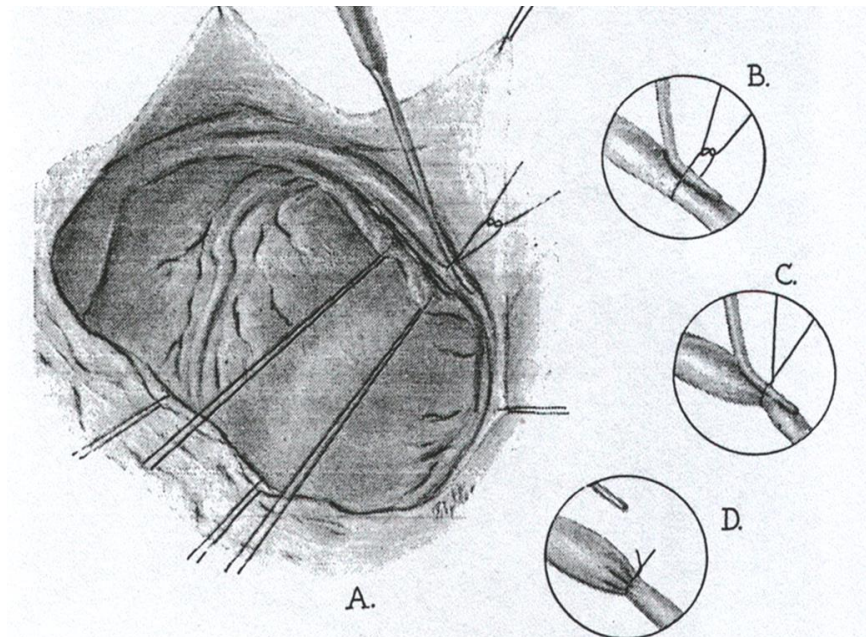


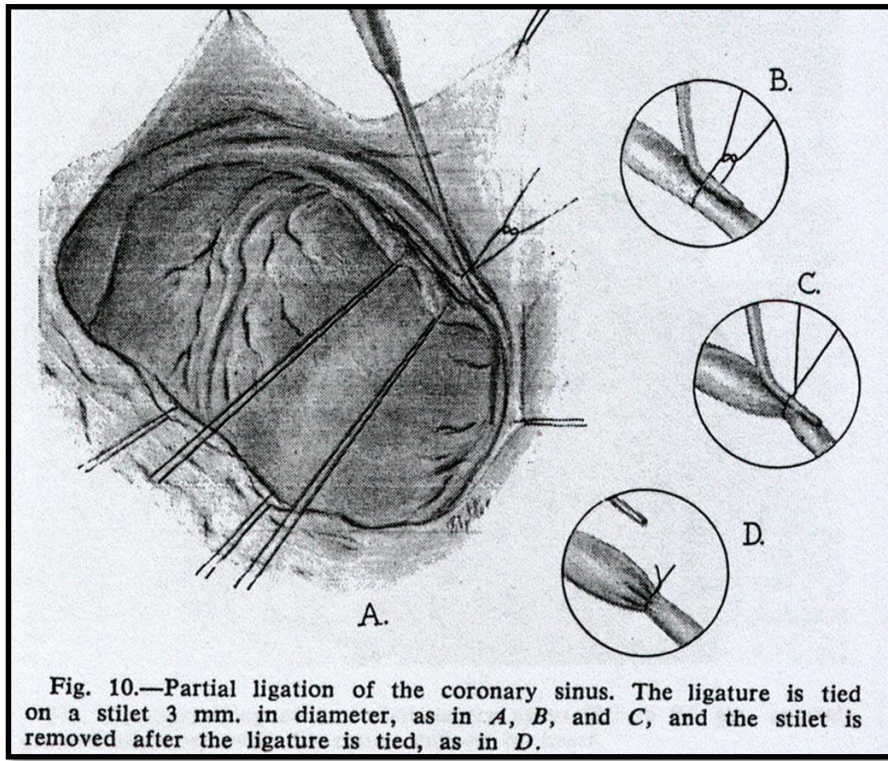
Fig. 10.—Partial ligation of the coronary sinus. The ligature is tied on a stilet 3 mm. in diameter, as in A, B, and C, and the stilet is removed after the ligature is tied, as in D.

SCIENTIFIC BASIS FOR THE SURGICAL TREATMENT OF CORONARY ARTERY DISEASE

Claude S. Beck, M.D.

and

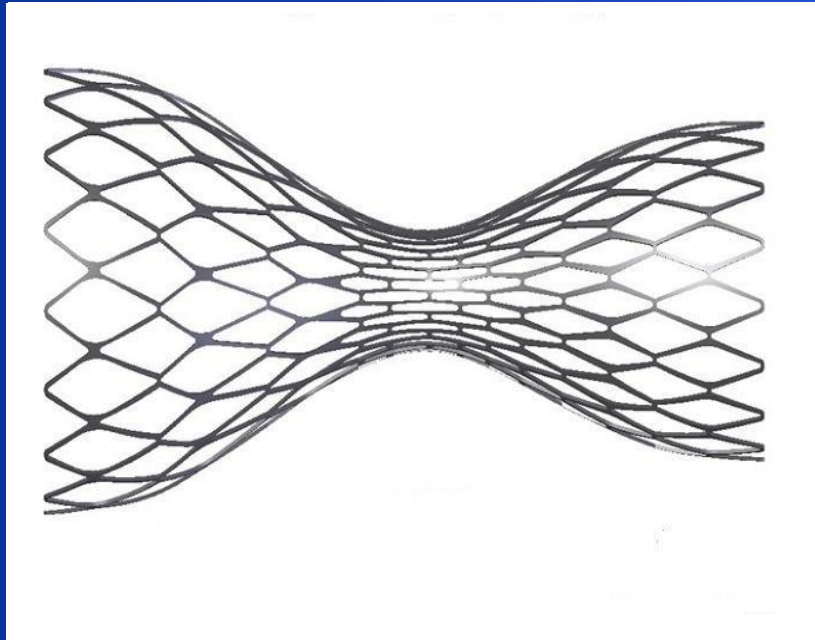
David S. Leighninger, M.D., Cleveland



Chirurgie Beck I :
Mount Sinai Hospital,
Cleveland, Ohio

- Réduction de mortalité de 43%
- Réduction taille infarctus de 60%

Reducer (TM) - Neoavasc



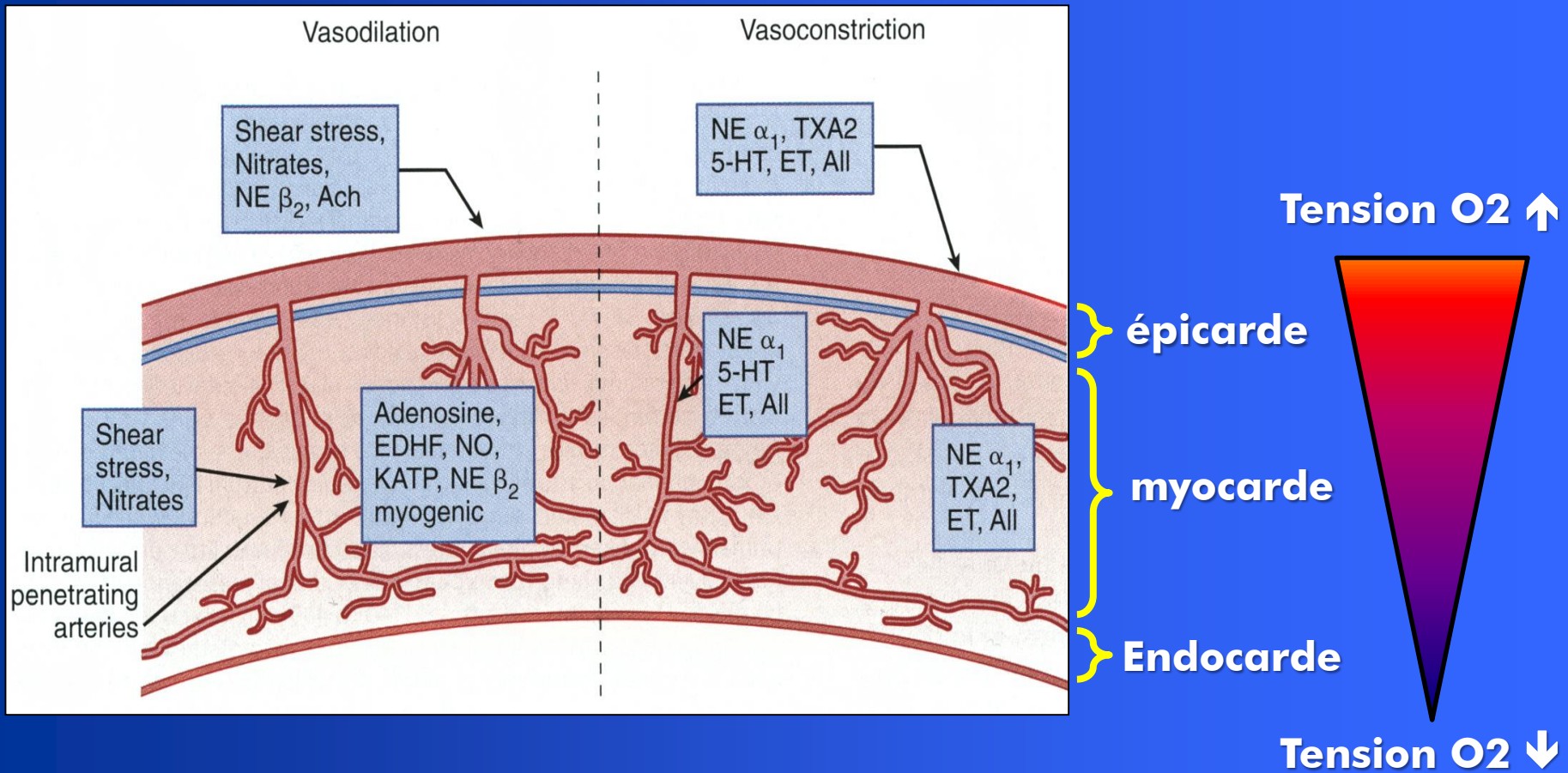
JACC 2007;49:1783

Prothèse implantée dans le sinus coronaire

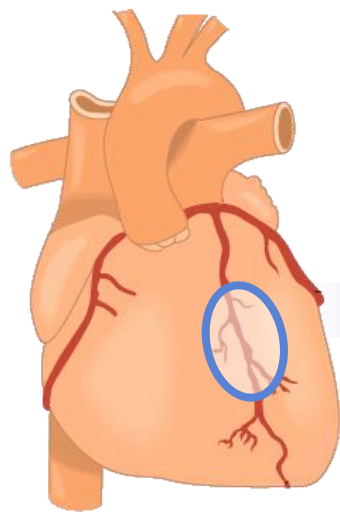
Engendre une réduction de la lumière du sinus coronaire pour moduler le flux et la pression sinusale

L'élévation de la pression sinusale augmente la perfusion sous-endocardique pour amoindrir l'ischémie et l'angine

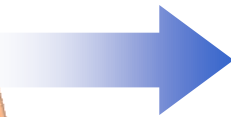
Perfusion coronarienne



Normal Perfusion of the Myocardium

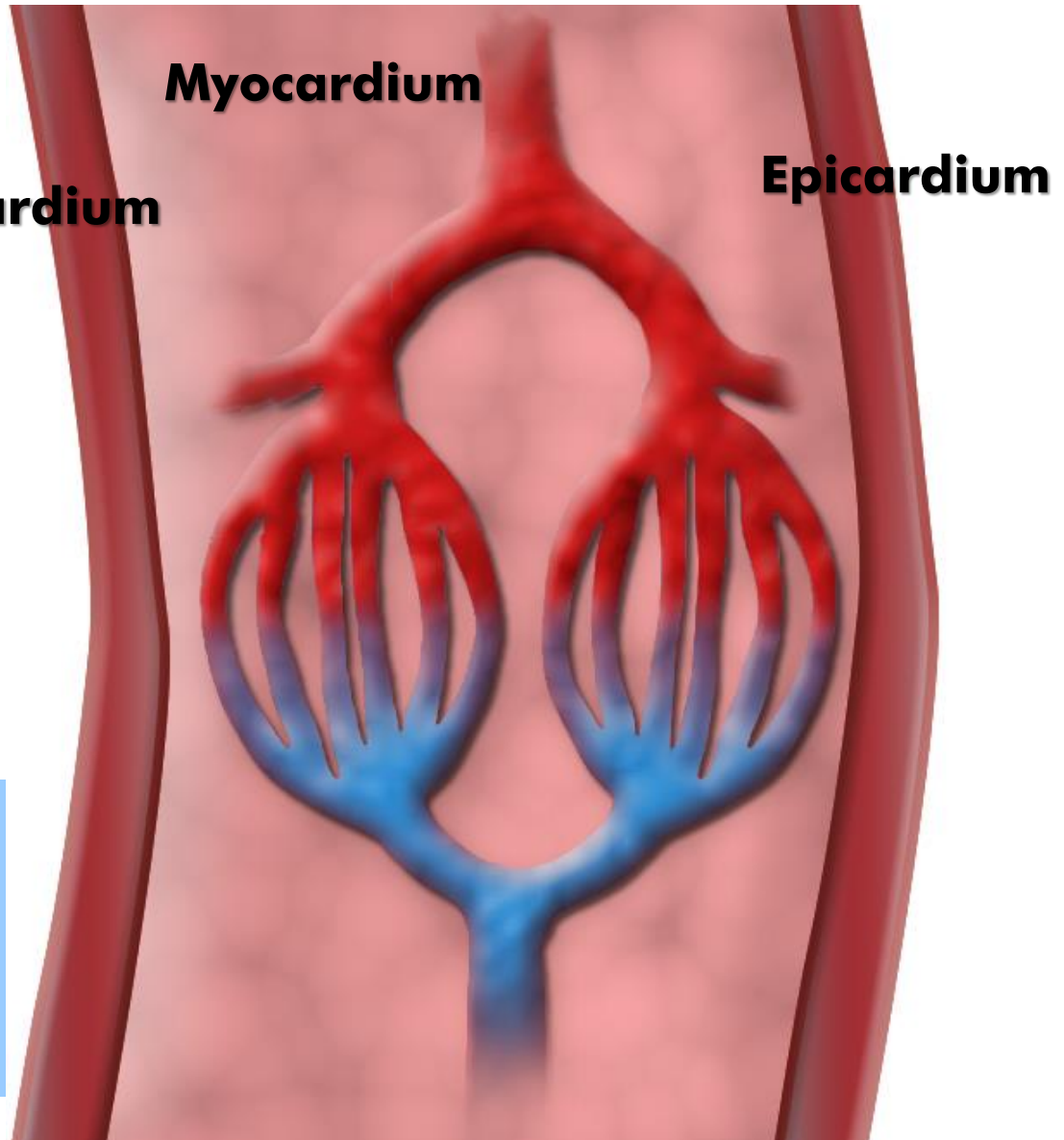


Endocardium

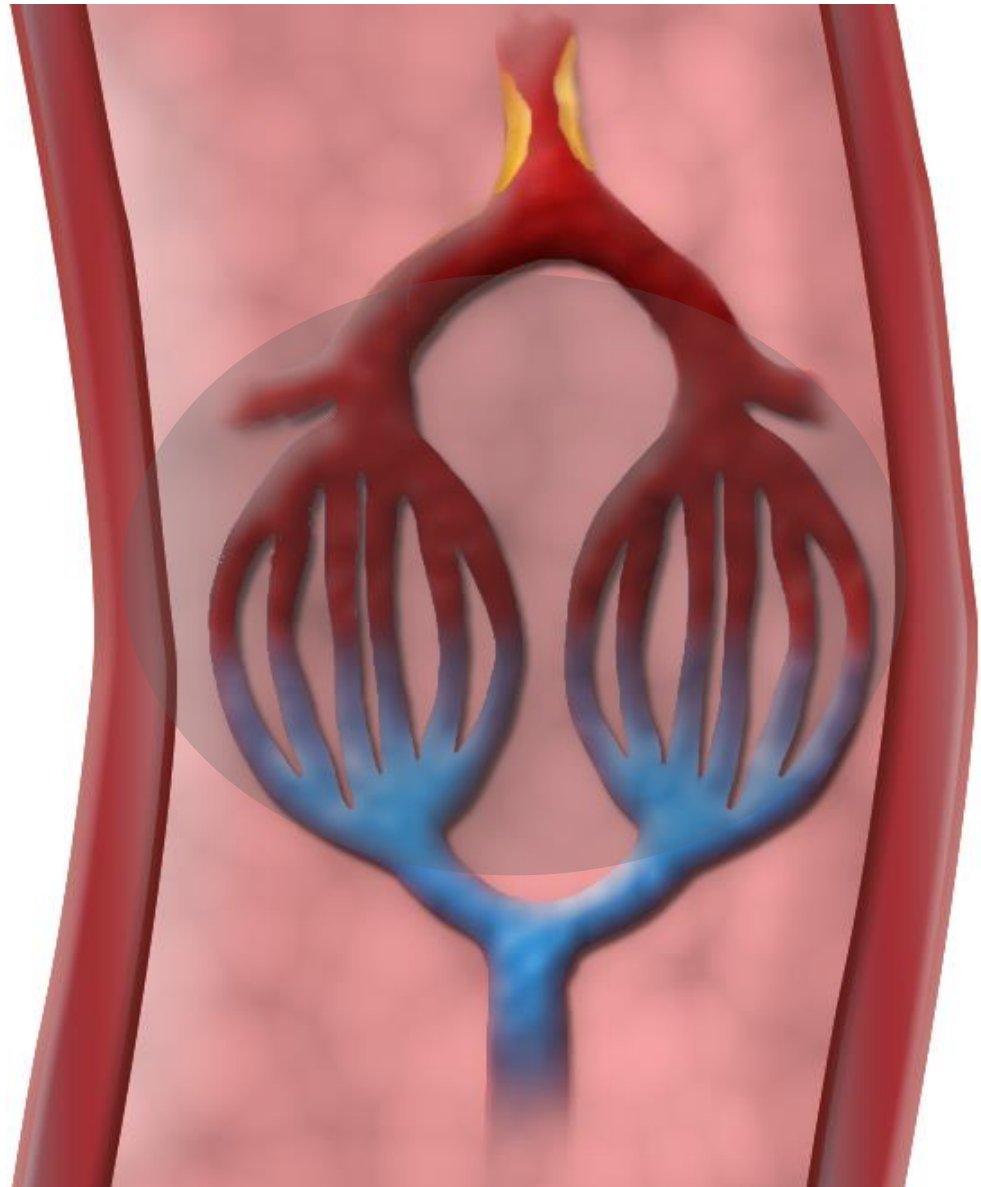
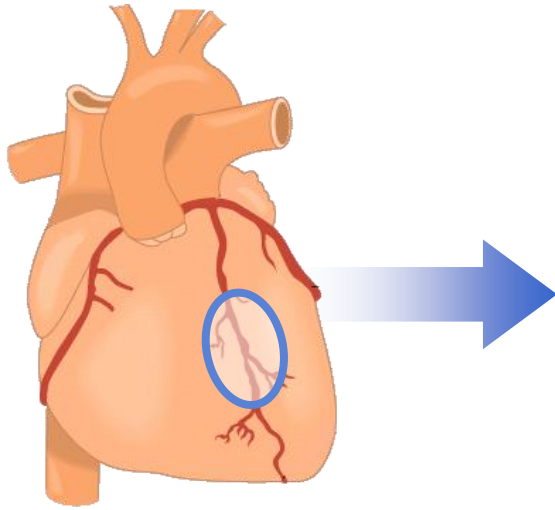


**Left Ventricular
Cavity**

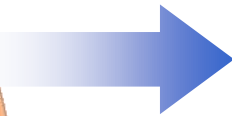
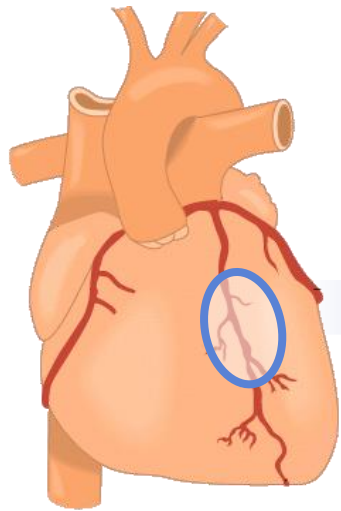
**Endo/Epi
blood flow
ratio = 1.2**



Ischemic Myocardium

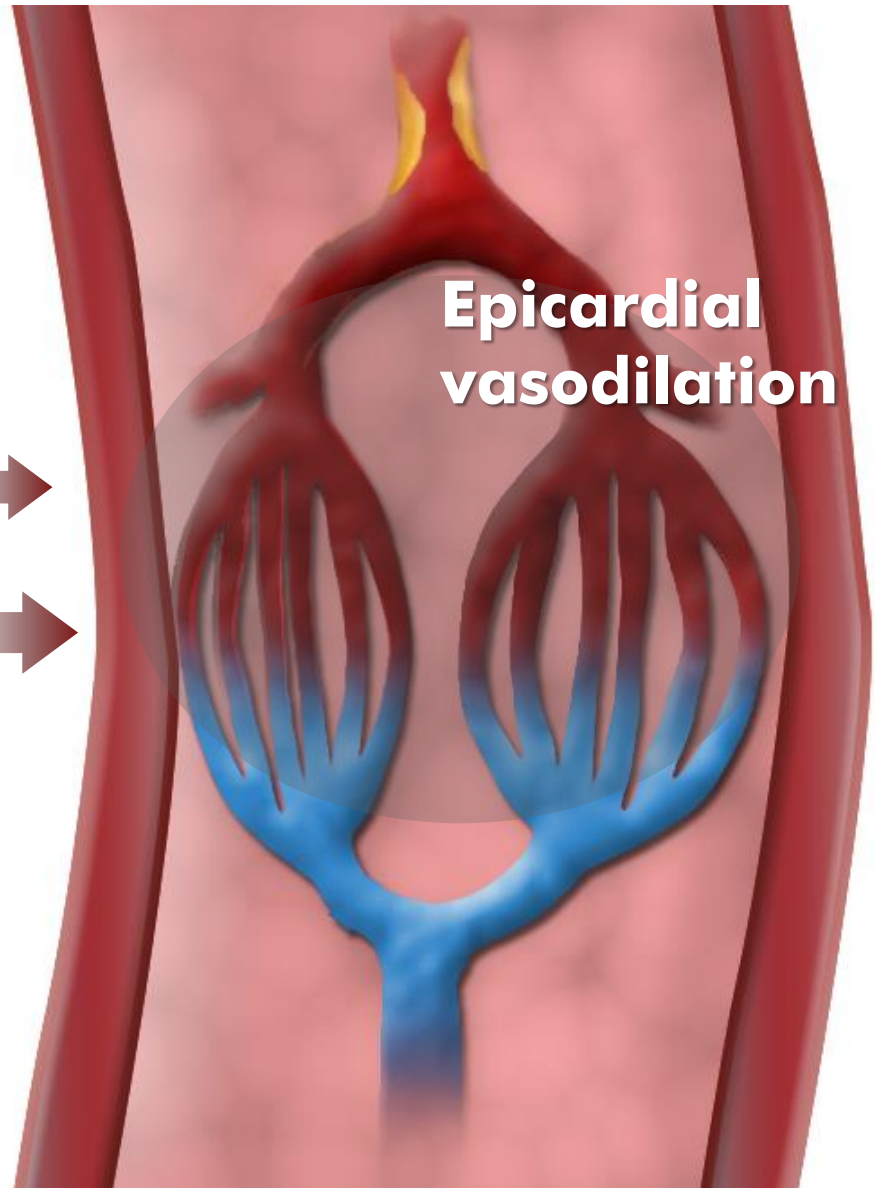
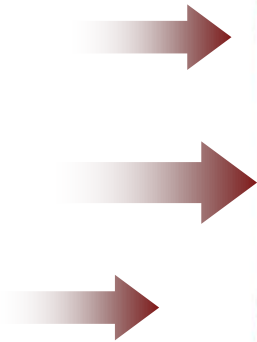


Ischemic Myocardium

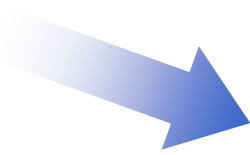
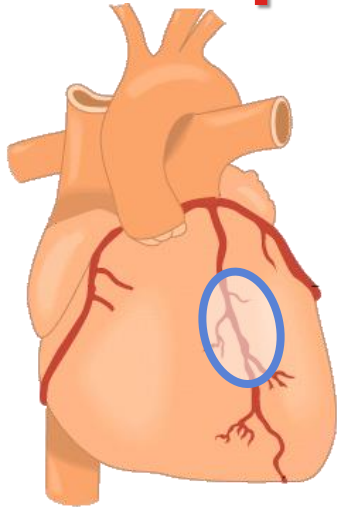


LVEDP ↑

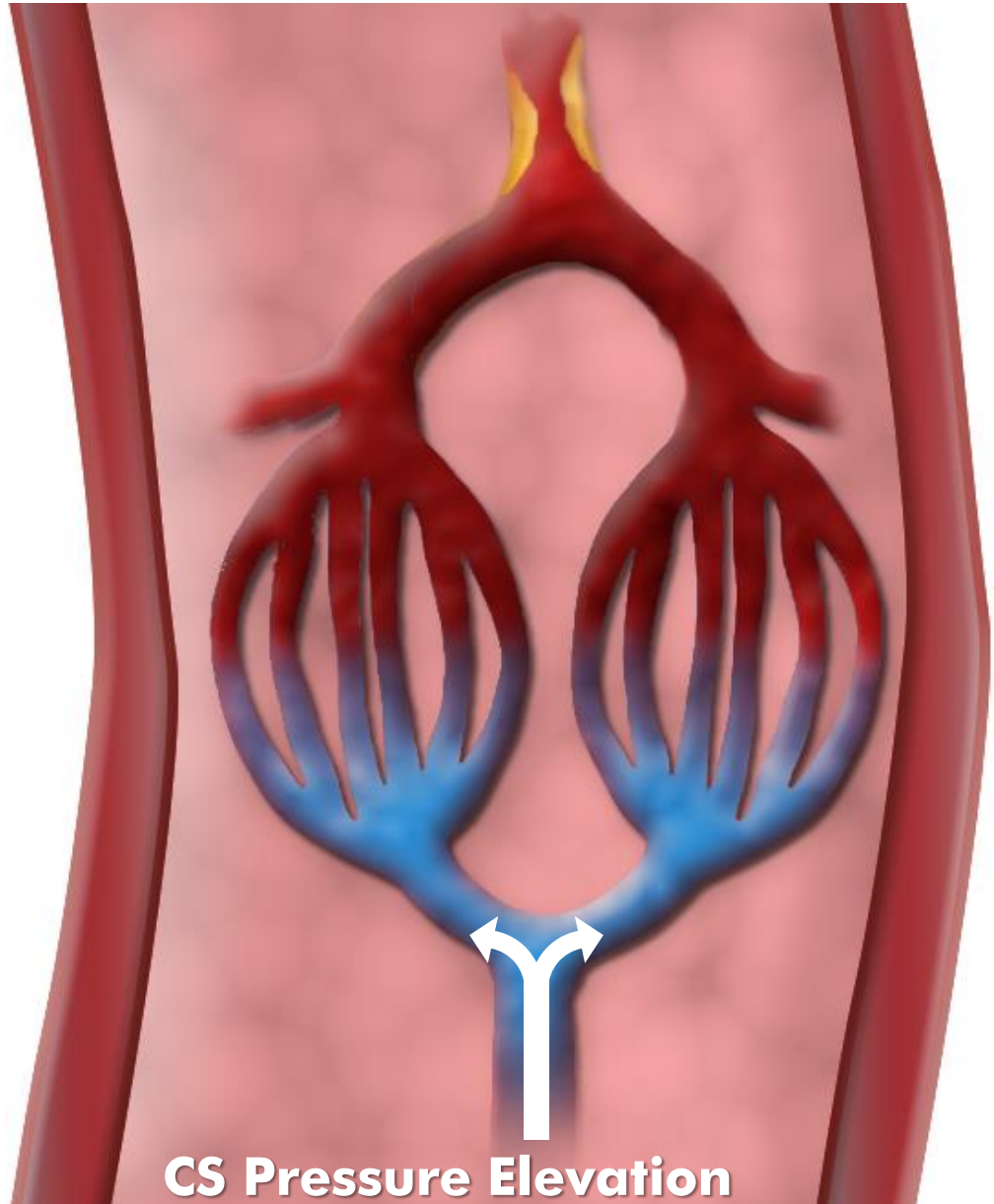
**Endo/Epi
blood flow
ratio = 0.5**



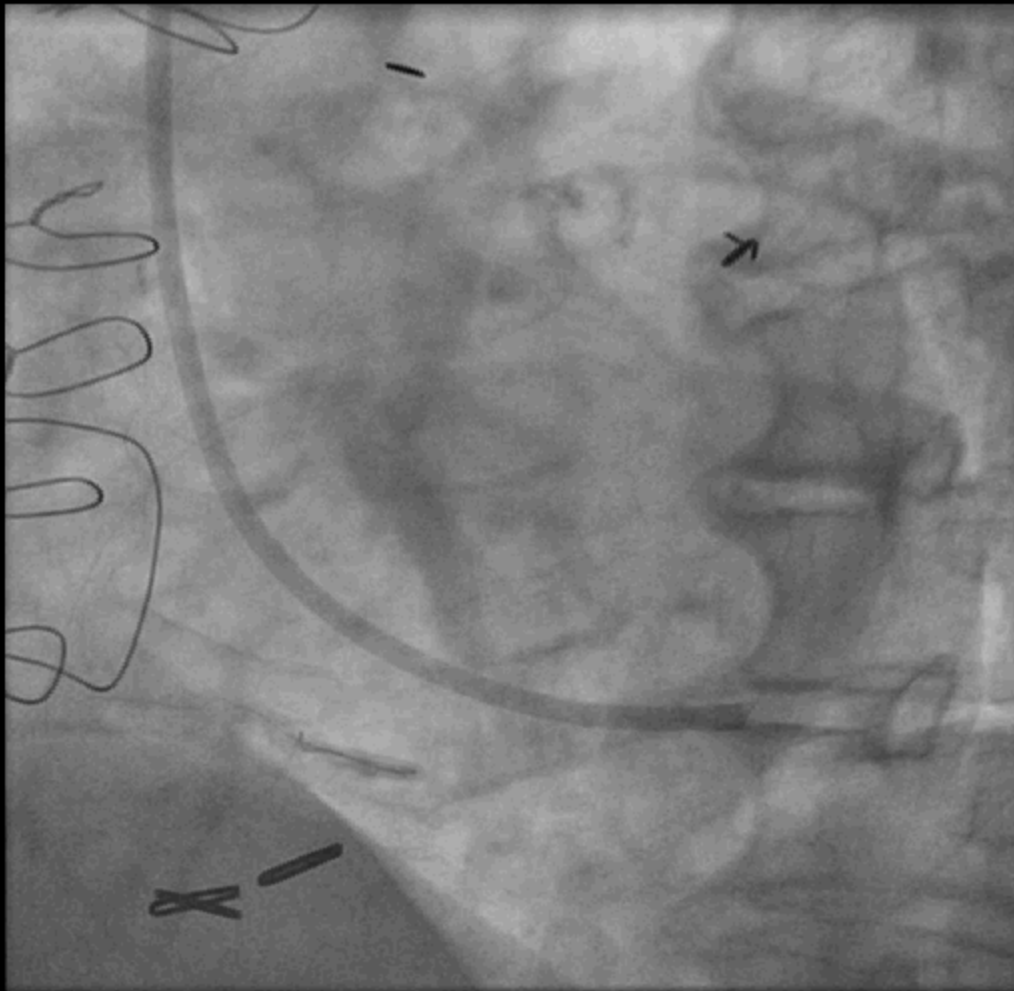
Ischemic Myocardium with elevated CS pressure

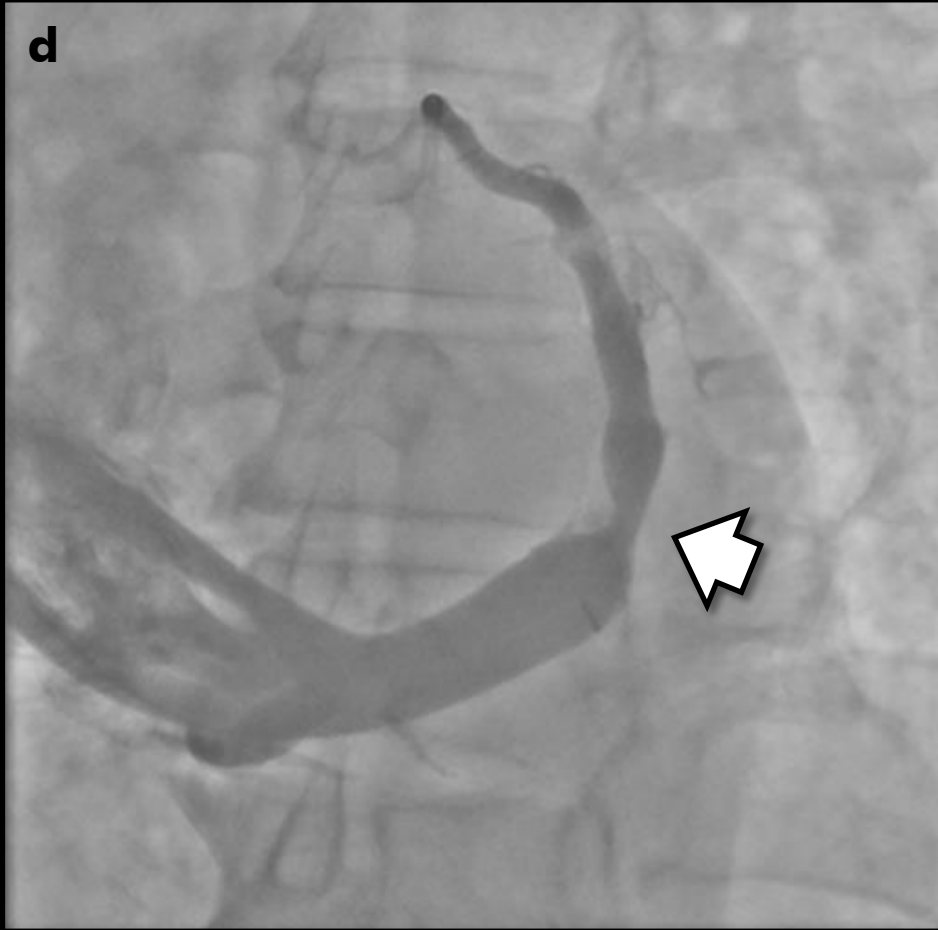
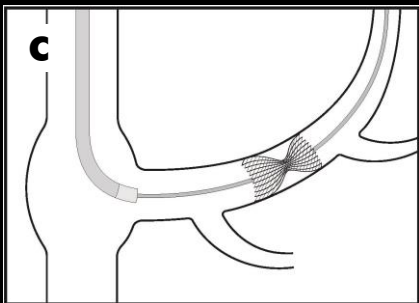
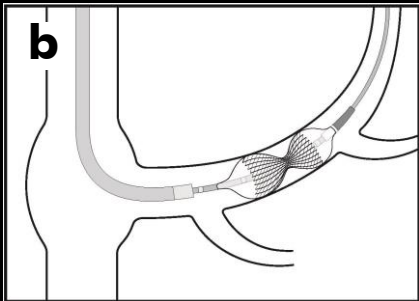
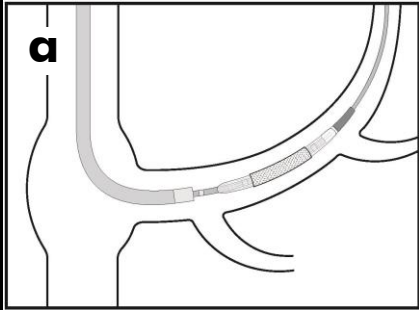


Endo/Epi blood flow ratio = 1.2



Neovasc Reducer: final result





STUDY PROTOCOL

Open Access

A phase II, sham-controlled, double-blinded study testing the safety and efficacy of the coronary sinus reducer in patients with refractory angina: study protocol for a randomized controlled trial

E Marc Jolicœur^{1*}, Shmuel Banai², Timothy D Henry³, Marc Schwartz⁴, Serge Doucet¹, Christopher J White⁵, Elazer Edelman^{6,7} and Stefan Verheye⁸

Coronary Sinus Reducer for Treatment of Refractory Angina

NCT: NCT01205893

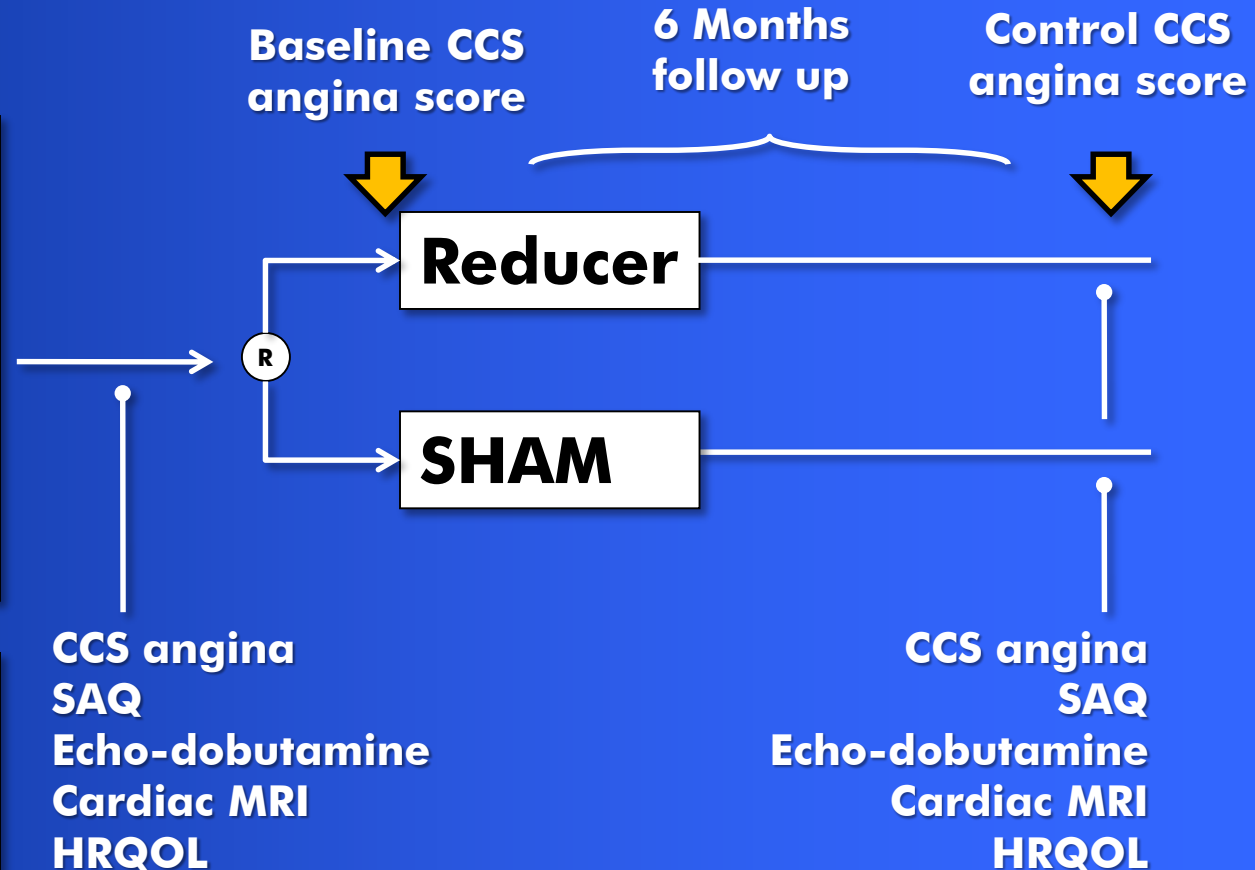
COSIRA trial design

Key Inclusion criteria:

- Stable CCS III-IV angina
- Myocardial ischemia in the left circulation
- Limited revasc. option
- Optimal medical tx
- > 1 mm ↓ on stress test
- LVEF > 25%

Phase II trials with two Canadian centers:

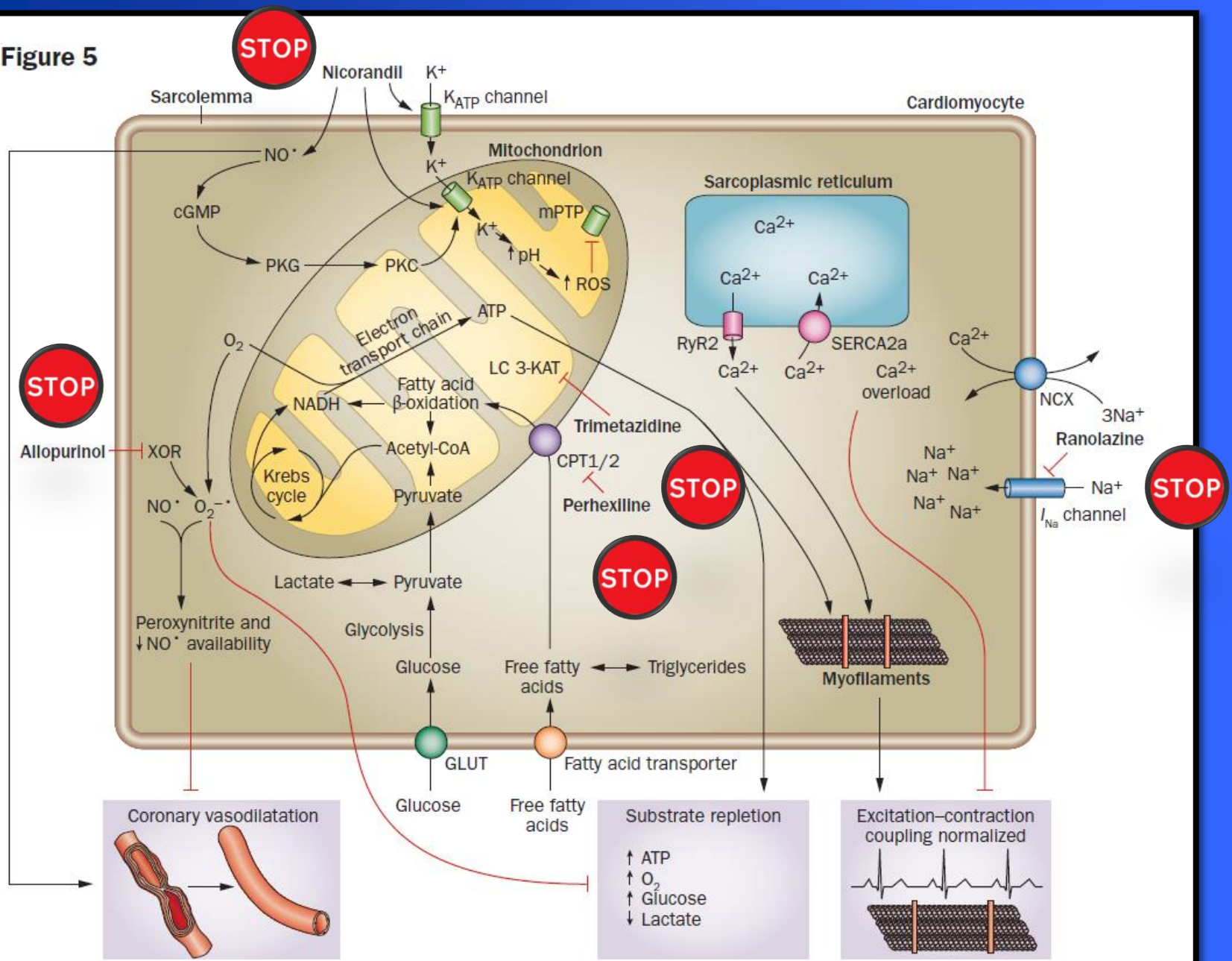
- MHI
- Ottawa



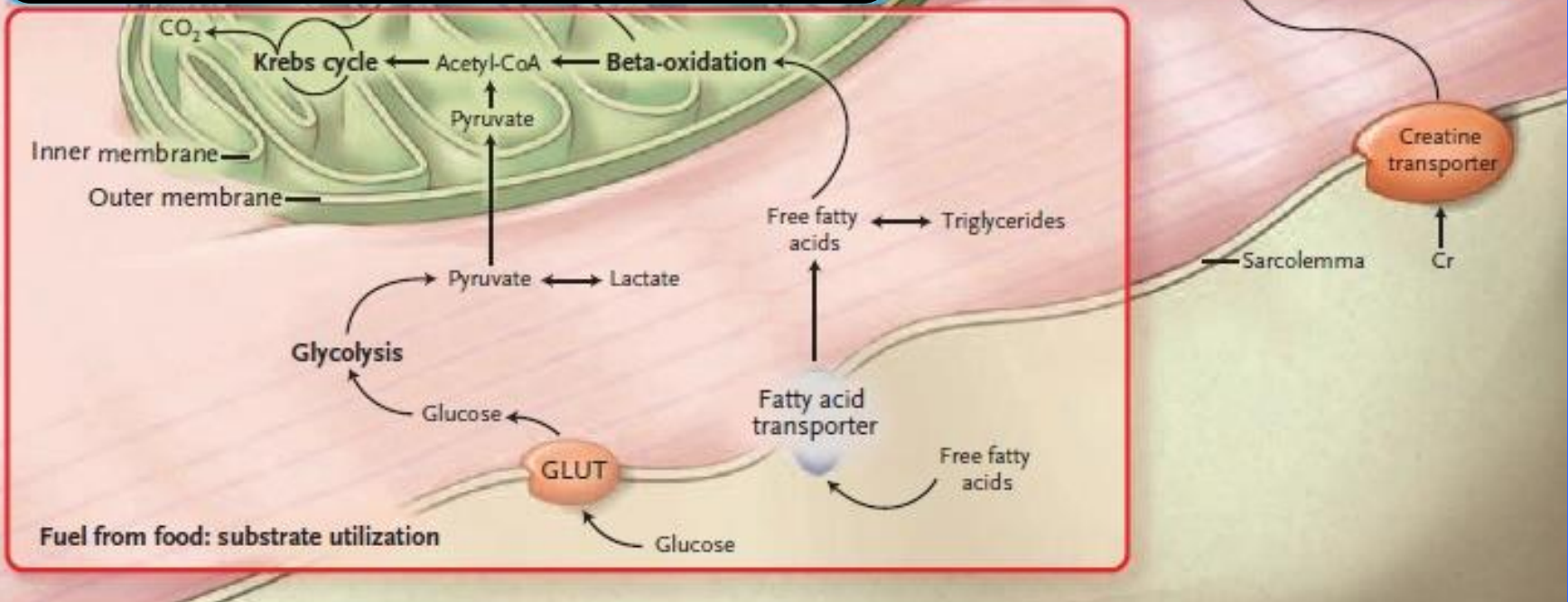
Essai parallèle, prospectif, multicentrique, randomisé (1:1), double-insu, contrôlé avec groupe témoin à procédure fictive

THE MITOCHONDRIAL ANGINA

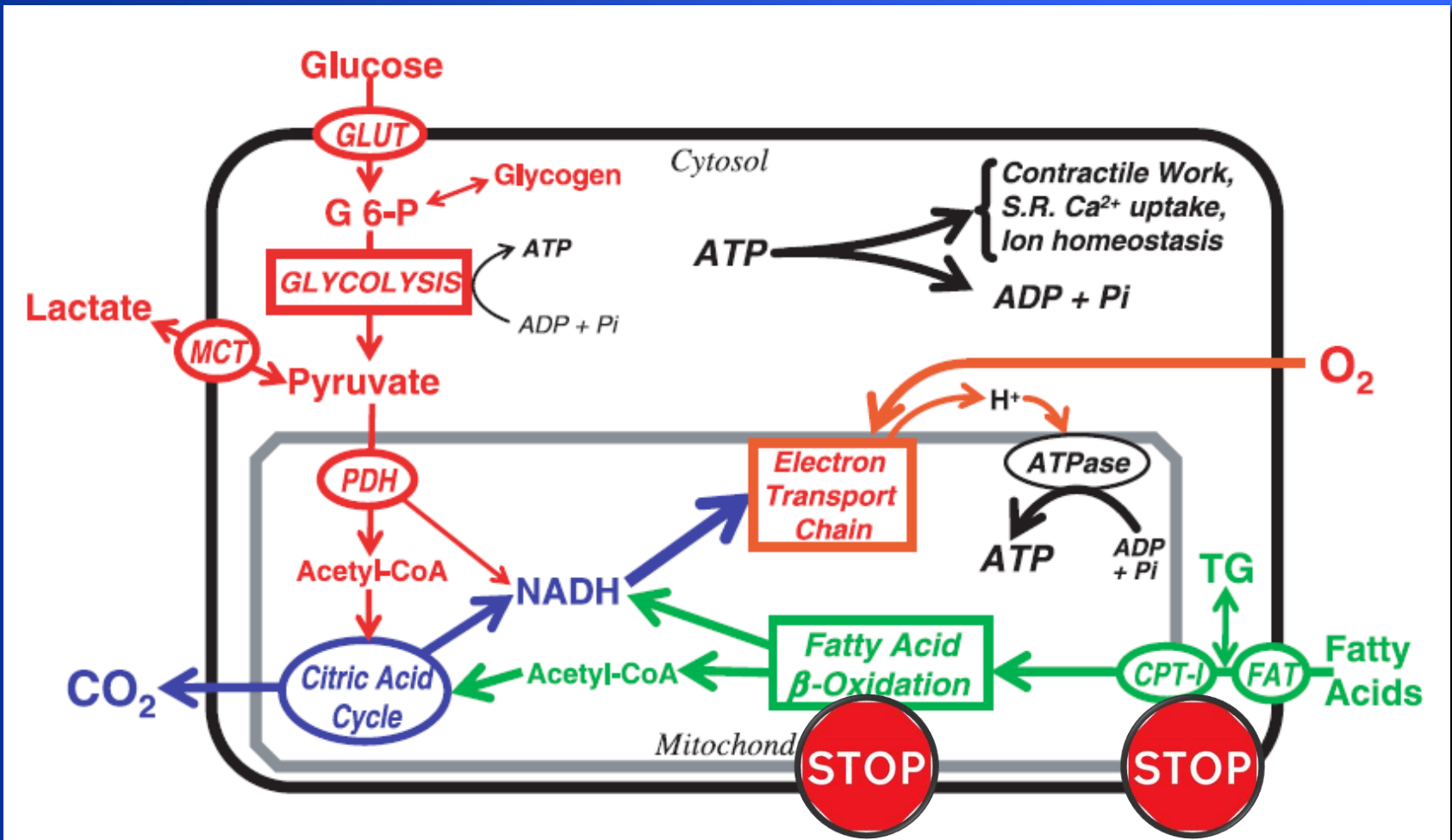
Figure 5



1. The diseased myocardium loses its metabolic flexibility, with a pan-metabolic down-regulation
2. Glucosis oxidation will yield twice as much ATP for a given amount of O_2 .
3. Performance of the heart at a given $MV \cdot O_2$ is greater when the heart is oxidizing more glucose and lactate, and less fatty acids



Cardiac metabolism



**Trimetazidine
(LC 3-KAT)**

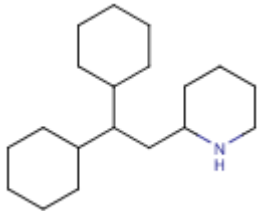
**Perhexiline
2 (carnitine-palmitoyl-
transferase)**

Mitochondrial agents

Metabolic modulators

Ranexa[®]
ranolazine extended-release tablets

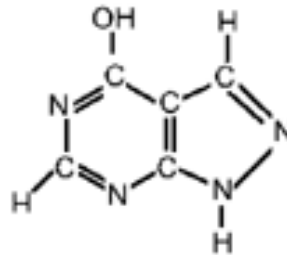
Ranolazine



Perhexiline

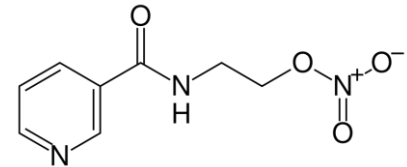


Trimetazidine



Allopurinol

Conditionners



Niconrandil



Angina/ischæmia ^d relief		
Short-acting nitrates are recommended.	I	B
First-line treatment is indicated with β -blockers and/or calcium channel blockers to control heart rate and symptoms.	I	A
For second-line treatment it is recommended to add long-acting nitrates or ivabradine or nicorandil or ranolazine, according to heart rate, blood pressure and tolerance.	IIa	B
For second-line treatment, trimetazidine may be considered.	IIb	B
According to comorbidities/tolerance it is indicated to use second-line therapies as first-line treatment in selected patients.	I	C
In asymptomatic patients with large area of ischaemia (>10%) β -blockers should be considered.	IIa	C
In patients with vasospastic angina calcium channel blockers and nitrates should be considered and beta-blockers avoided.	IIa	B



Great drugs because can be added on top of optimal doses of negative chronotropic agents



PROGRAMME D'ACCÈS SPÉCIAL
FORMULAIRE A - DEMANDE AXÉE SUR LE PATIENT

SECTION A : INFORMATION SUR LE PRATICIEN

Nom du praticien : _____

Nom de l'hôpital ou clinique : (si applicable) _____

Adresse : (adresse d'expédition seulement) _____

Province : _____ Code postal : _____

Ville : _____

Personne-ressource : (si autre que le praticien) _____

Téléphone : _____

Télécopieur : _____

Adresse électronique : (optionnel) _____

Adresse électronique du praticien : (optionnel) _____

Médicament envoyé a/s de :
 Pharmacie d'hôpital
 Bureau du praticien
 Médecine nucléaire
 Banque de sang

SECTION B : INFORMATION SUR LE MÉDICAMENT ET LE FABRICANT

Autre nom : _____

Appellation commerciale : _____ N° de commande : _____

Nom du fabricant : _____

Voie d'administration : ORALE I.V. I.M. TOPIQUE S.C. AUTRE : _____

Forme posologique : COMPRIMÉ CAPSULE LIQUIDE POUDRE CRÈME ONGUENT TIMBRE AUTRE : _____

SECTION C : INFORMATION SUR LE PATIENT

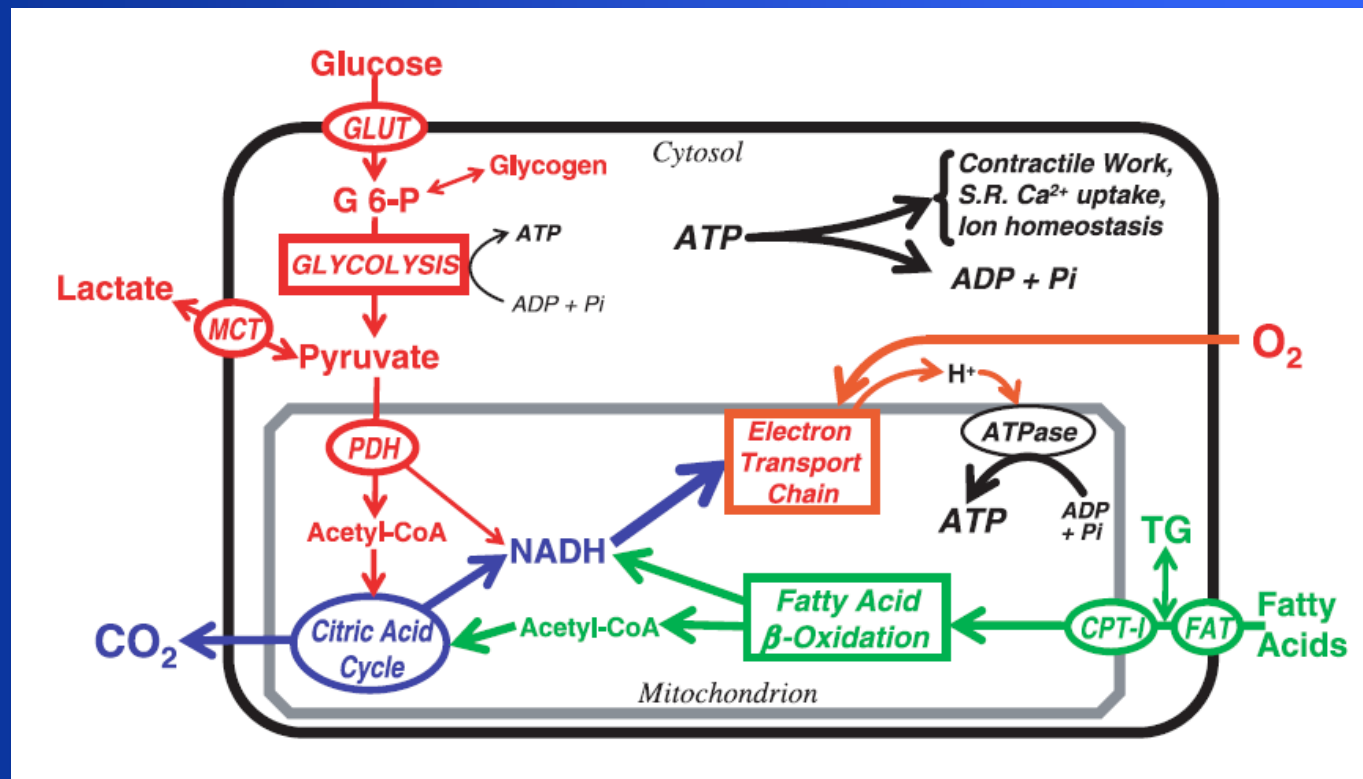
Si vous disposez d'approvisionnement en médicament et souhaiteriez le transférer à un autre patient, veuillez demander une autorisation seulement. Veuillez cocher la case suivante et compléter le tableau ci-après. Précisez la quantité de médicament transférée dans la section à cet effet.

Initiales du patient (p. ex. A.B.C.)	Date de naissance (JJMM/AAAA)	Sexe	Indications thérapeutiques du médicament	Première demande?	Posologie et durée du traitement (p. ex. 100 mg bid x 7 jours)	Concentration (p. ex. en mg)	Quantité (en unités de comprimés)
		H <input type="checkbox"/> F <input type="checkbox"/>		O <input type="checkbox"/> N <input type="checkbox"/>			
		H <input type="checkbox"/> F <input type="checkbox"/>		O <input type="checkbox"/> N <input type="checkbox"/>			
		H <input type="checkbox"/> F <input type="checkbox"/>		O <input type="checkbox"/> N <input type="checkbox"/>			
		H <input type="checkbox"/> F <input type="checkbox"/>		O <input type="checkbox"/> N <input type="checkbox"/>			
Veuillez préciser la QUANTITÉ EXACTE de produit requise (p. ex. nombre de comprimés, de flacons, d'unités, etc.). Le PAS ne calculera pas la quantité.							Total :

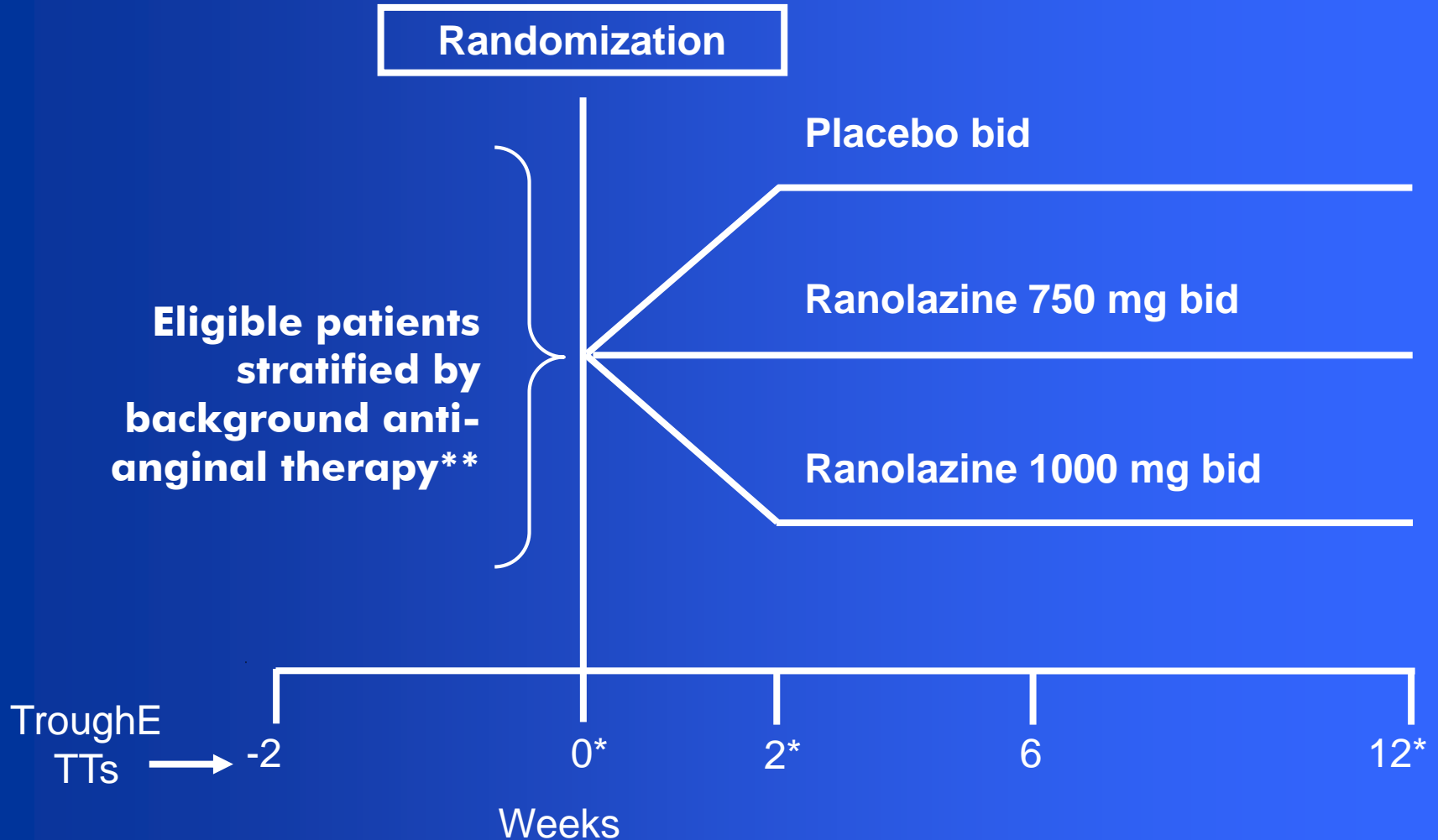
Veuillez préciser le moment où le médicament sera administré (c.-à-d. une date) :

Ranolazine (ranexa™)

- Inhibitor of Late I_{Na+} channels
- Inhibitor of the fatty acid β -oxidation



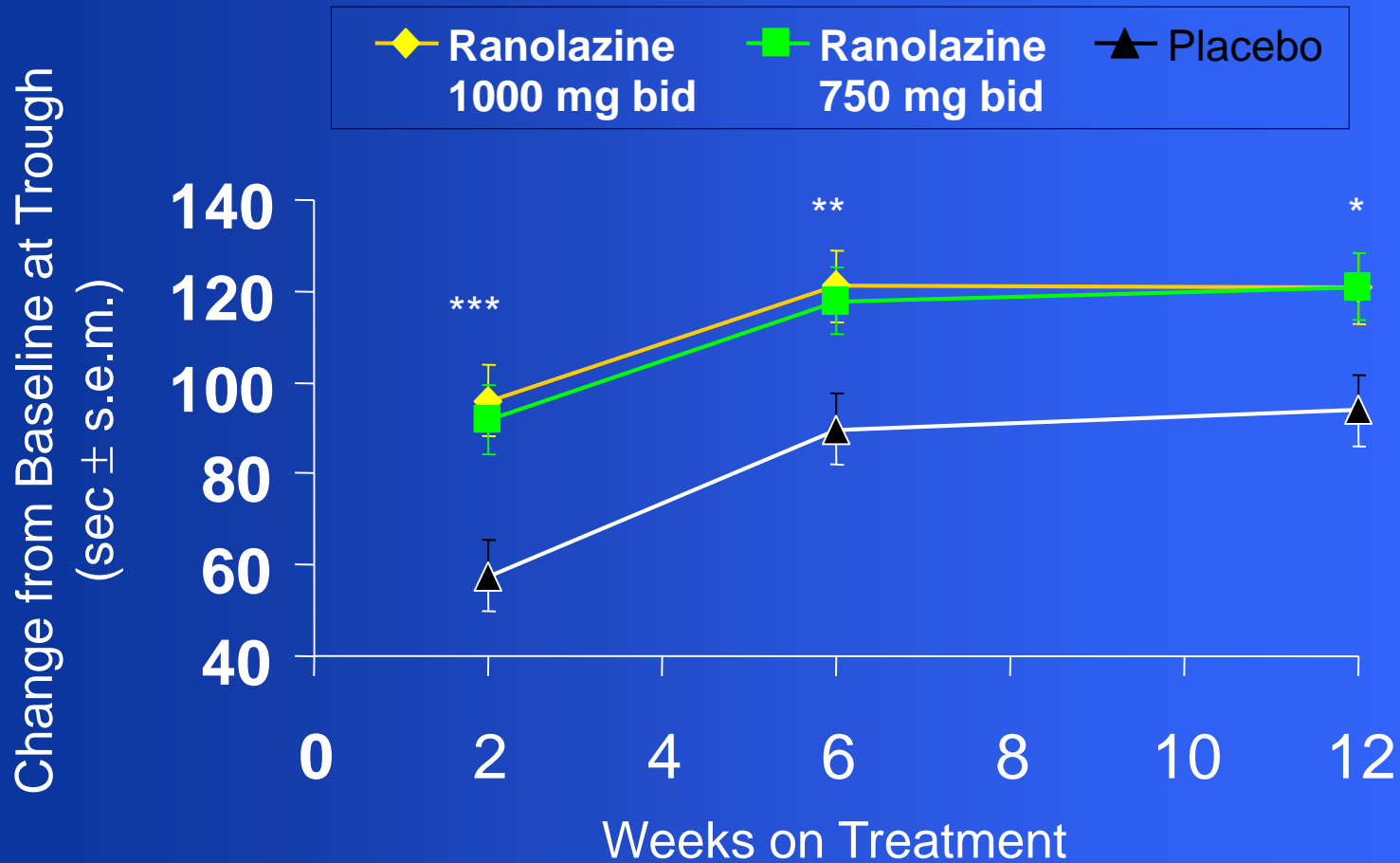
CARISA



*Additional Peak ETTs

**amlodipine 5 mg qd, or
atenolol 50 mg qd, or diltiazem
CD 180 mg qd

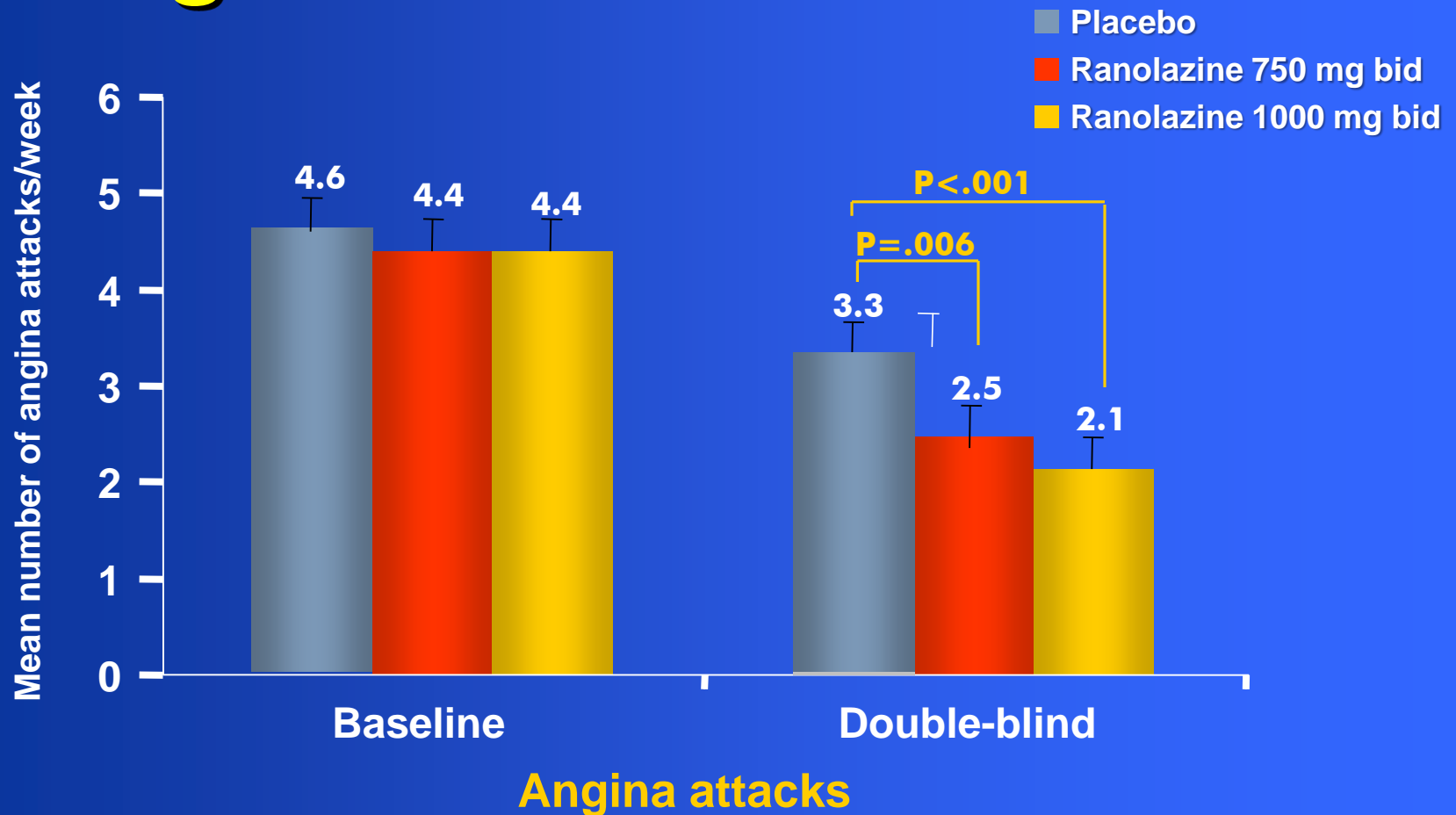
Total exercise time at 12 weeks



For both ranolazine doses vs. placebo:

* $p \leq 0.02$, ** $p < 0.01$ and *** $p < 0.001$.

Ranolazine: effet sur l'angine hebdomadaire



n=791, ITT/LOCF; LS mean \pm SE.

Chaitman BR, et al. *JAMA*. 2004.

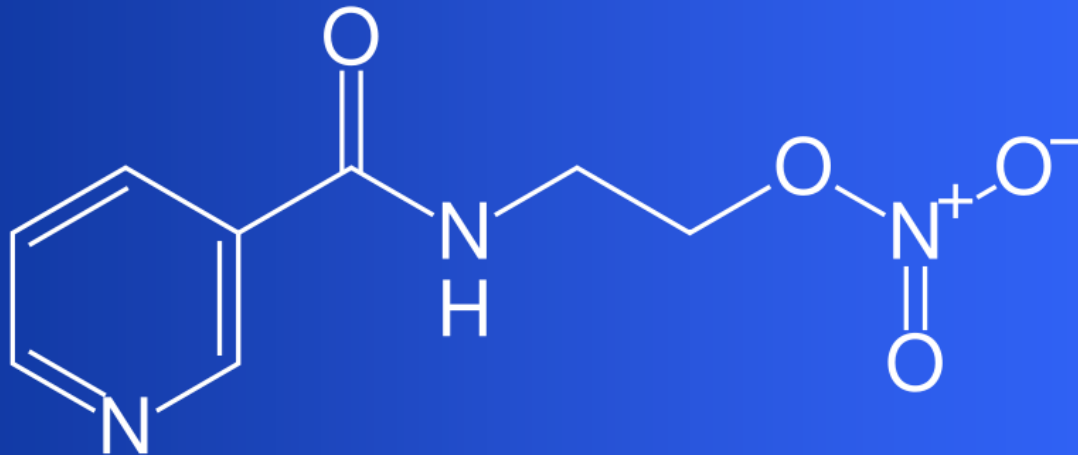
Chaitman et al *JAMA* 2004; 291:309-16

Ranolazine (ranexa™)

- **Nouveau mécanisme d'action**
- **Pas d'effet sur fréquence cardiaque et tension artérielle**
- **Peu de donnée chez le patient avec MCAS avancée**
- **Pas encore disponible au Canada**

K-ATP Channel Openers

- **Nicorandil has both an anti-anginal and a disease-modifying effect**



IONA

Primary Hypothesis :

Treatment with nicorandil will reduce
the incidence of the primary endpoint by 25%

Primary End Point :

Coronary Heart Disease Death

+

Non fatal Myocardial Infarction

+

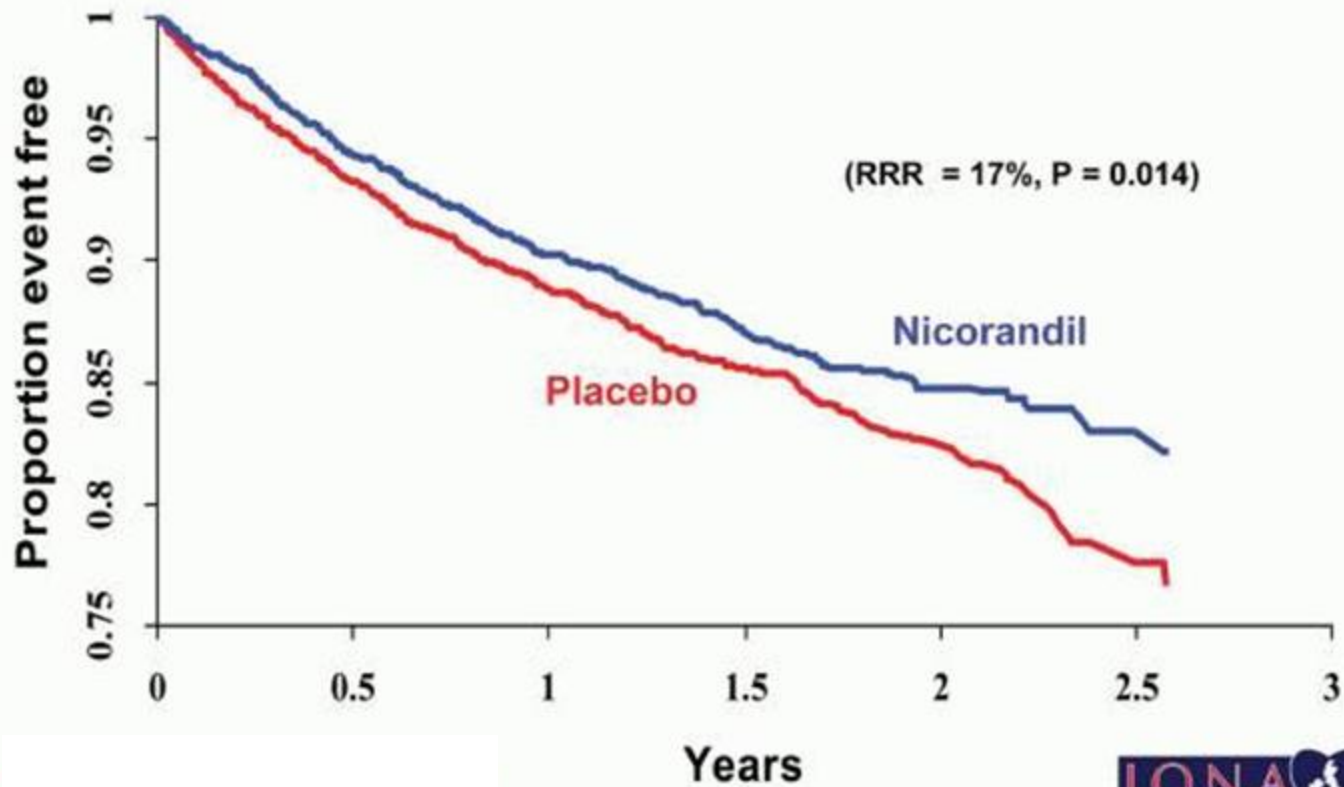
Unplanned Hospitalisation for Cardiac Chest Pain

Preliminary results AHA 2001



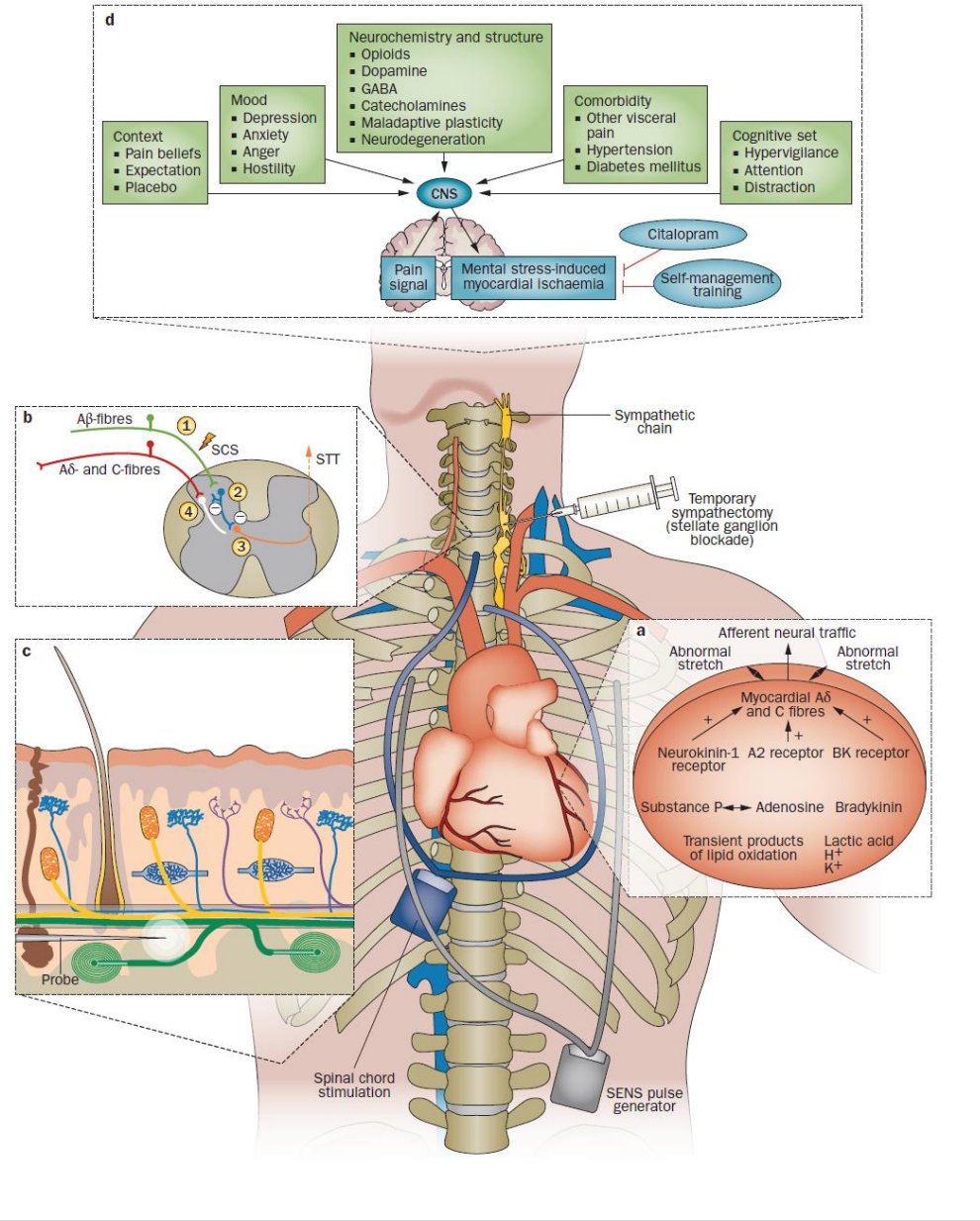
Lancet 2002;359:1269

CHD death, non-fatal MI or unplanned hospitalisation for cardiac chest pain

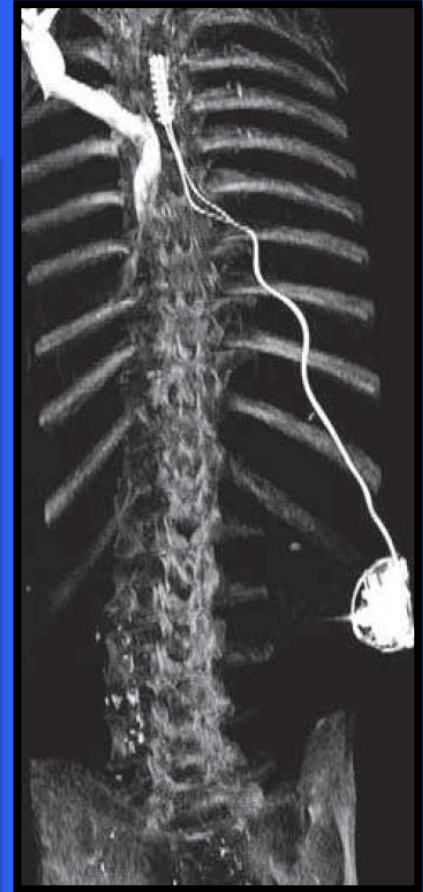
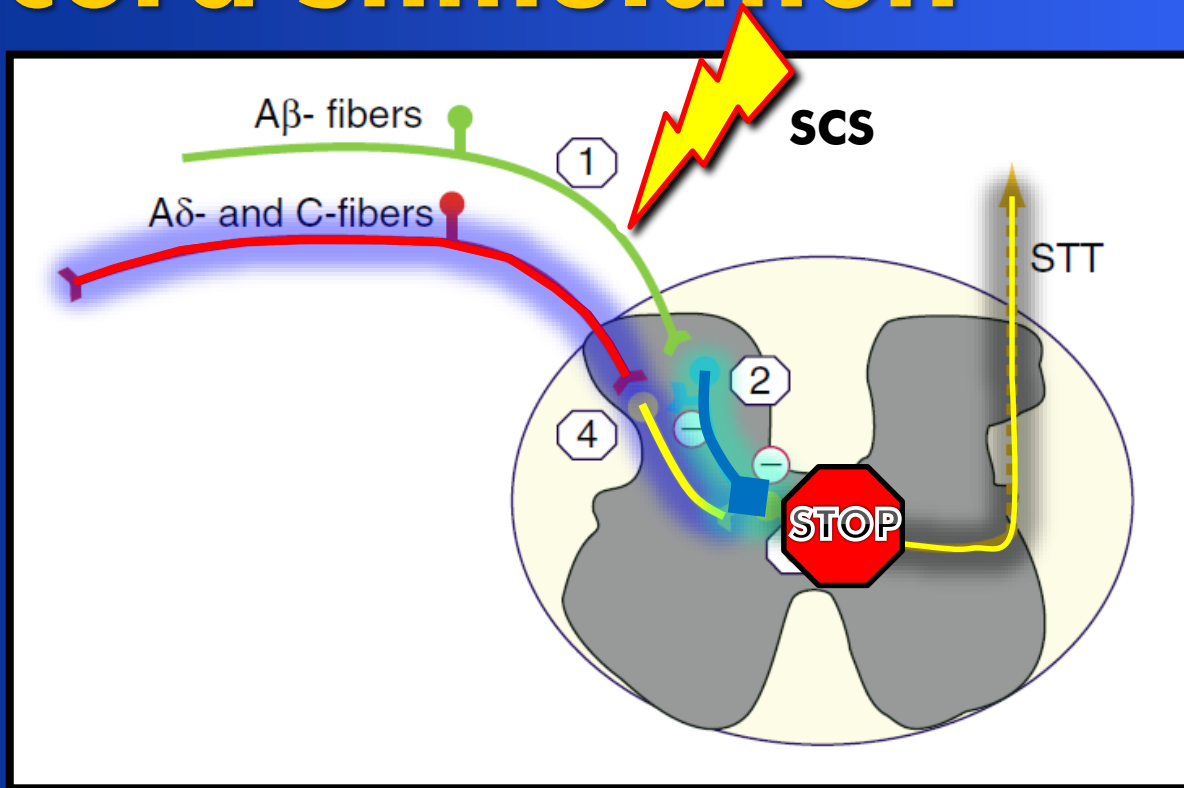


THE NEUROGENIC AND PSYCHOGENIC ANGINA

Figure 8



Neuromodulation: spinal cord stimulation



The contemporary view of the gate control theory assumes that the stimulation of the large afferent non-nociceptive A-alpha and A-beta fibers by spinal cord stimulation can stop the transmission of the nociceptive impulse in the small afferent A-delta and C fibers to the central nervous system.

How Does Neurostimulation reduce angina?

SCS may alleviate angina by two ways:

- **Direct pain-inhibiting effect**
- **Affecting underlying ischemia, as shown by:**
 - **reduced ST segment depression²**
 - **increased time to ST segment depression²**
 - **reduced total ischaemic burden during Holter monitoring²**

CANADIAN CARDIOVASCULAR SOCIETY POSITION STATEMENT

Recommendations for advancing the care of
Canadians living with refractory angina pectoris:
A Canadian Cardiovascular Society position statement

Michael McGillion RN PhD¹, Philippe L'Allier MD FRCPC², Heather Arthur PhD MFESC³,
Judy Watt-Watson RN PhD¹, Nelson Svorkdal MD FRCPC⁴, Tammy Cosman RN MNP⁵, Paul Taenzer PhD⁶,
Anil Nigam MD MSc FRCPC², Louise Malysz RN MSN⁷

Refractory angina (RFA) is a debilitating disease characterized by
recurrent, exertional chest pain (1,2). This pain or discomfort, by
definition, is resistant to all conventional treatments for coronary artery
disease (CAD) including nitrate, calcium channel and beta-adrenergic
blockade, vascular protective agents, percutaneous coronary interventions
and coronary artery bypass grafting (3). Patients living with RFA have
a low annual mortality rate (4), a low quality of life (5),
sustained pain, poor functional capacity (6), and a high prevalence of
depression (7). As more patients survive, the global prevalence of RFA
is expected to increase (8).

are also increased in continental Europe (1). Canadian Community
Health Survey (2000/2001) data (www.statcan.gc.ca) suggest that
approximately 500,000 Canadians are living with unrelieved angina,
but these data are limited by their reliance on self-report. The propor-
tion of these patients living with true RFA is not known (8). Despite
wide variation in methods used to derive population estimates, there is
a general consensus that the incidence and prevalence of RFA will continue to
increase with age (6,8,9). The European Society of Cardiology (10)
and the American College of Cardiology/American Heart Association (11)
Group on the Treatment of Refractory Angina (12) have issued
recommendations for the systematic evaluation of the efficacy and
safety of systemic disease-modifying therapies.

**Joint Canadian Cardiovascular Society-Canadian Pain
Society Guidelines for the Management of Patients with
Refractory Angina. Canadian Journal of Cardiology**

**McGillion M, Arthur HM, Cook A, Carroll SL, Victor JC, L'Allier PL,
Jolicoeur EM, Svorkdal N, Niznick J, Teoh K, Cosman T, Sessle B, Watt-
Watson J, Clark A, Taenzer P, Coyte P, Malysz L, Galte C, Suskin
N, Natarajan, M, Lynch M, Parry M, Stone J.**

Canadian Journal of Cardiology 2012

Recommendation 1: Collect data on the incidence and prevalence of RFA. Available estimates suggest that RFA affects between 20,000 and 50,000 people in the United States (3), with as many as 50,000 new cases per year (1,8 million people in the United States) (3), with as many as 50,000 new cases per year (14). Approximately 20,000 to 50,000 new cases per year (14).
¹University of Toronto, Toronto, Ontario; ²Hamilton Health Sciences, Hamilton, Ontario; ³McMaster University, Hamilton, Ontario; ⁴McMaster University, Hamilton, Ontario; ⁵McMaster University, Hamilton, Ontario; ⁶McMaster University, Hamilton, Ontario; ⁷McMaster University, Hamilton, Ontario; ⁸McMaster University, Hamilton, Ontario; ⁹McMaster University, Hamilton, Ontario; ¹⁰McMaster University, Hamilton, Ontario; ¹¹McMaster University, Hamilton, Ontario; ¹²McMaster University, Hamilton, Ontario.

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