

NACO post-AVC : POUR

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Conflits d'intérêt potentiels

Conférences	AZ, Bayer, BI, BMS, Pfizer, Sanofi, Servier
Fonds de recherche	Fondation des Gouverneurs de l'Espoir, Pfizer, Shire Human Genetics
Comités aviseurs	AZ, Bayer, BI, BMS, Covidien, Pfizer, Sanofi, Servier

Approche propose majoritairement basée sur mon simple avis

Les causes d'AVC sont variées

Artériolosclérose
(lacunaire; 20%)

Cause indéterminée (20%)

Causes
inhabituelle (5%)

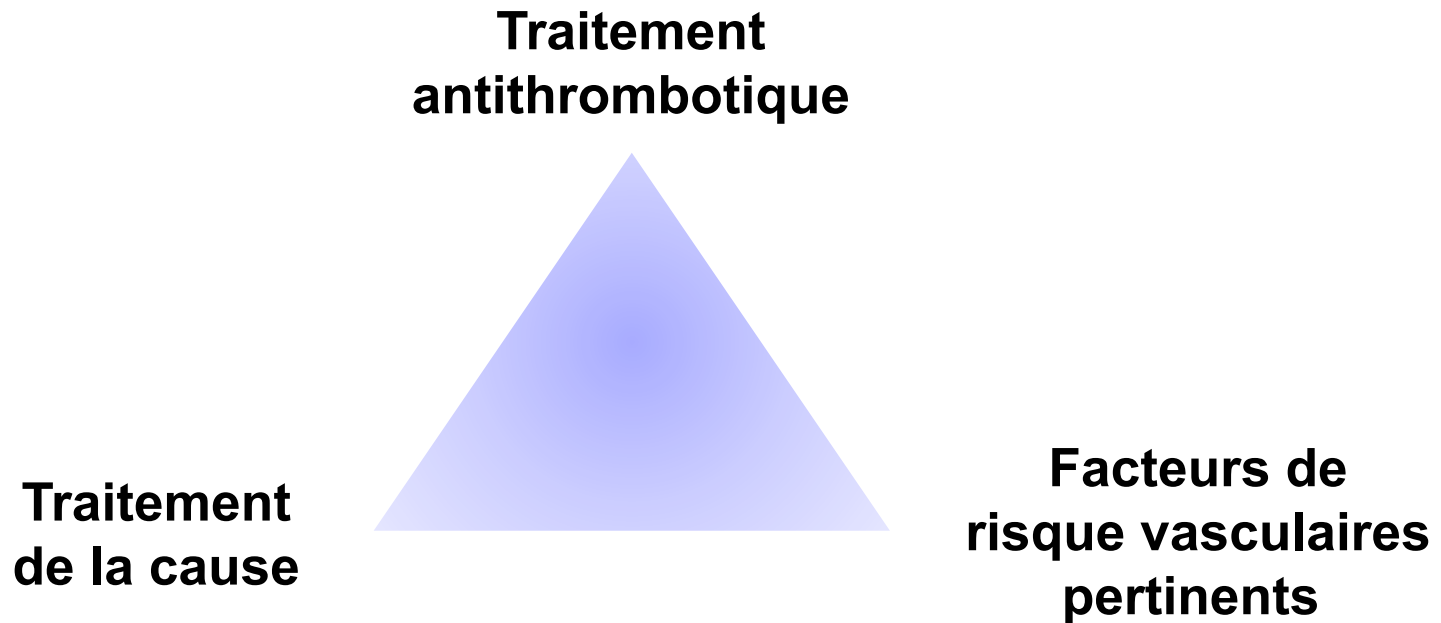
Athéromatose cervicale (20%) et
intracrânienne (5%)

Athéromatose aortique (5%)

Cardiopathies emboligènes (25%)



Cause → prévention secondaire



AVC lacunaire = aPIt + FR athéro

AVC athéro = aPIt + FR athéro + endartériectomie

Cardioembo = Anticoag + FR associés

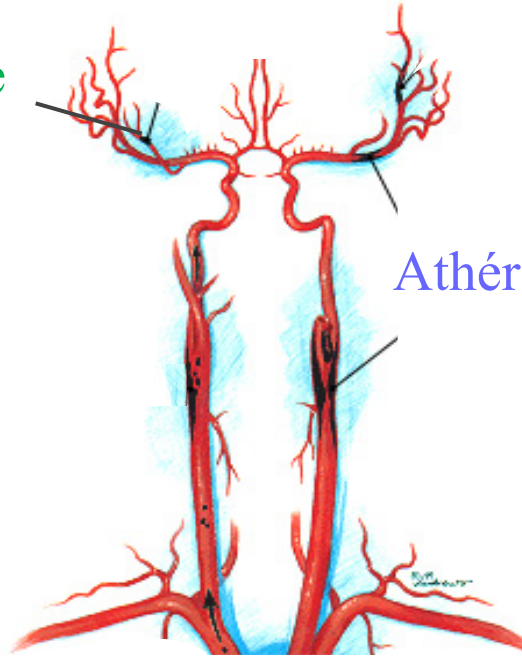
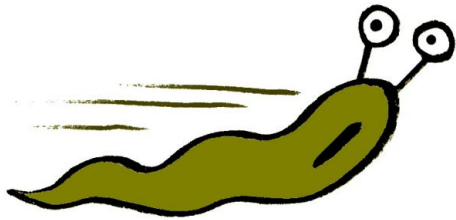
Cause inhabituelle = tx causal + antithrombo varié

Investigation étiologique

Artériolosclérose
(lacunaire; 20%)

Cause indéterminée (20%)

Athéromatose cervicale (20%) et
intracrânienne (5%)



Imagerie cérébrale
Imagerie vasculaire
Echocardi

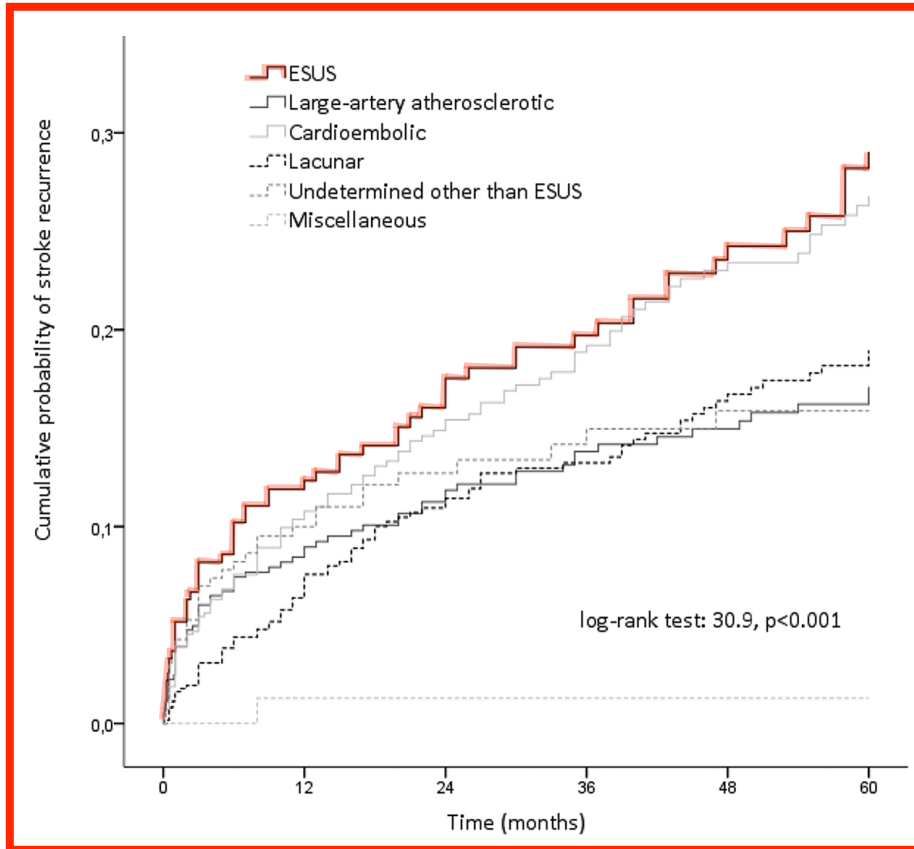
Wow! Wow! Pas si vite
monsieur Gérard!

Athéromatose aortique (5%)

Petit problème : ÇA FINIT PLUS !!!
Cardiopathies emboligènes (25%)



Pendant ce temps...



AVC récidivant

- Élevé
- Max dès les premiers jours
- Comparable à cardioembolique
- Différent des non-cardio

Approche actuelle

Post-AVC : aPlt pour tous

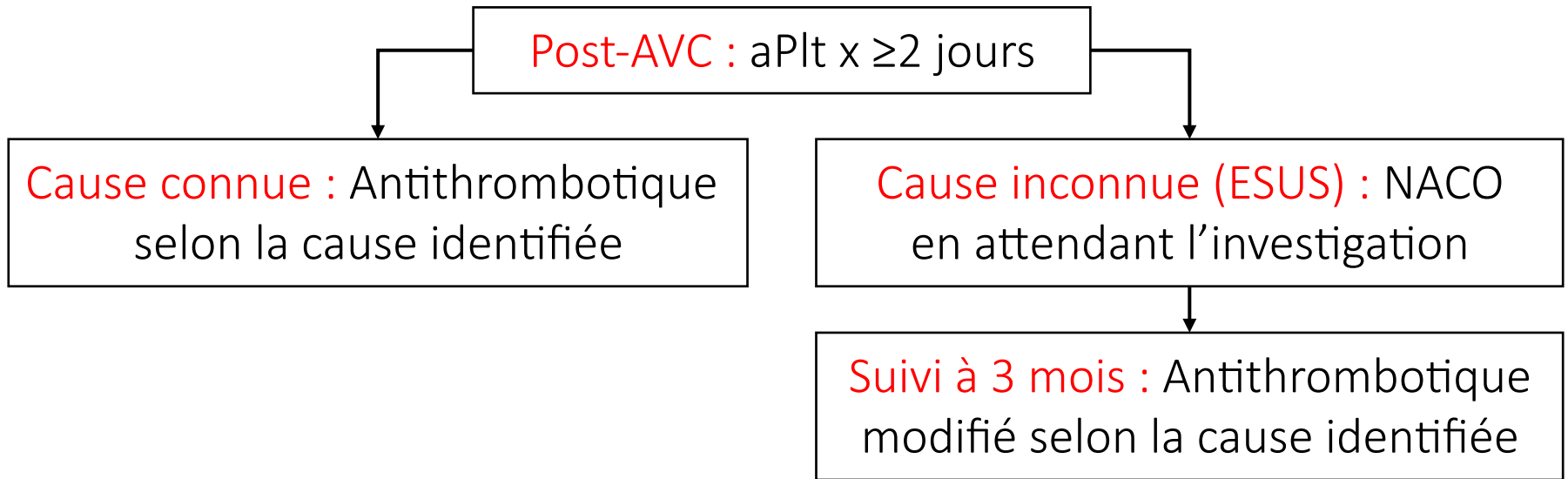
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graph TD; A[Post-AVC : aPlt pour tous] --> B[Cause connue : Antithrombotique  
Selon la cause identifiée]; A --> C[Cause inconnue (ESUS) : aPlt en  
attendant l\'investigation]; C --> D[Suivi à 3 mois : Antithrombotique  
modifié selon la cause identifiée];
```

Cause connue : Antithrombotique
Selon la cause identifiée

Cause inconnue (ESUS) : aPlt en
attendant l\'investigation

Suivi à 3 mois : Antithrombotique
modifié selon la cause identifiée

Approche basée sur l'évidence en attendant les études



Causes cardiaque d'ESUS (88,2%)

Mitral valve	
Myxomatous valvulopathy with prolapse	5 (1.8%)
Mitral annular calcification	8 (2.9%)
Aortic valve	
Aortic valve stenosis	3 (1.1%)
Calcific aortic valve	12 (4.4%)
Non-atrial fibrillation atrial dysrhythmias and stasis	
Atrial asystole and sick-sinus syndrome	3 (1.1%)
Atrial high-rate episodes	7 (2.6%)
Atrial appendage stasis with reduced flow velocities or spontaneous echodensities	6 (2.2%)
Atrial structural abnormalities	
Atrial septal aneurysm	10 (3.6%)
Chiari network	0
Left ventricle	
Moderate systolic or diastolic dysfunction (global or regional)	42 (15.4%)
Ventricular noncompaction	12 (4.4%)
Endomyocardial fibrosis	1 (0.4%)
Covert paroxysmal atrial fibrillation (detected during follow-up)	
Atrial fibrillation detected on stroke recurrence	30 (11.0%)
Atrial fibrillation detected on monitoring during follow-up	50 (18.3%)
Atrial fibrillation not confirmed but strongly suspected	38 (13.9%)
Paradoxical embolism	
Patent foramen ovale	11 (4.0%)
Atrial septal defect	3 (1.1%)

Causes non-cardiaques d'ESUS (15,1%)

Cancer-associated	
Covert nonbacterial thrombotic endocarditis	1 (0.4%)
Tumor emboli from occult cancer	2 (0.8%)
Arteriogenic emboli	
Aortic arch atherosclerotic plaques	9 (3.3%)
Cerebral artery nonstenotic plaques with ulceration	29 (10.6%)

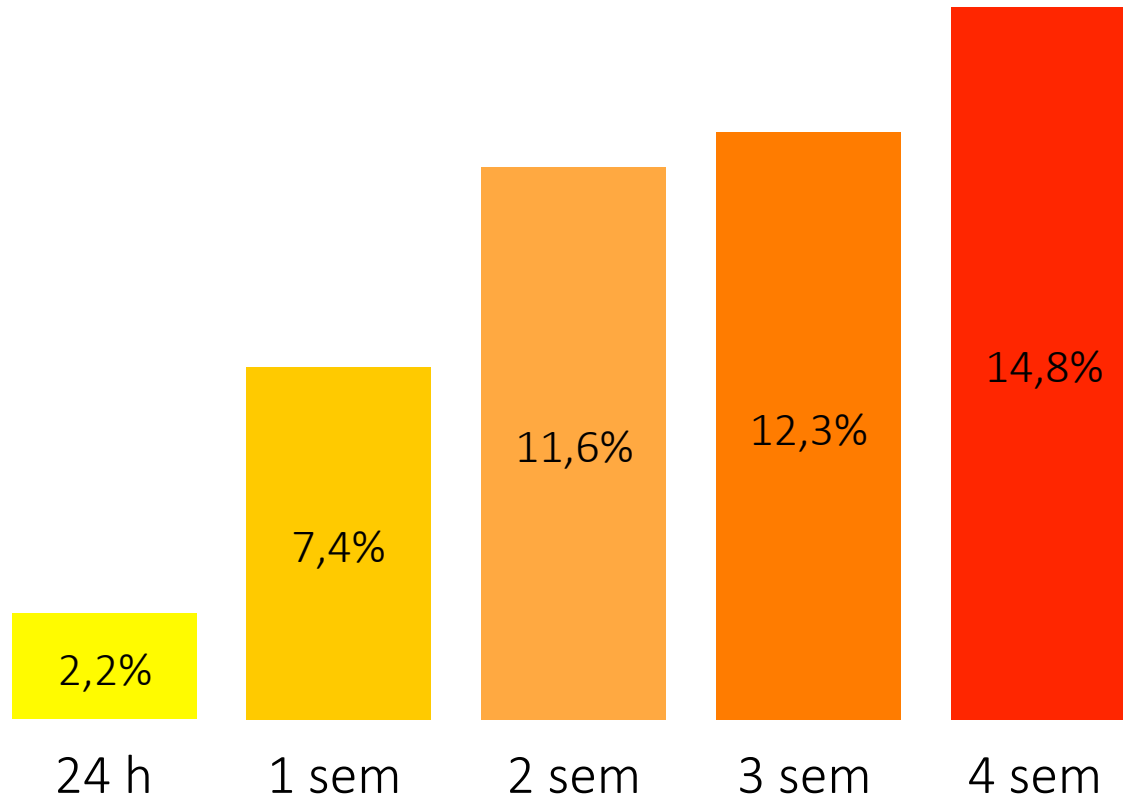
Focus sur les NACO dans la FA

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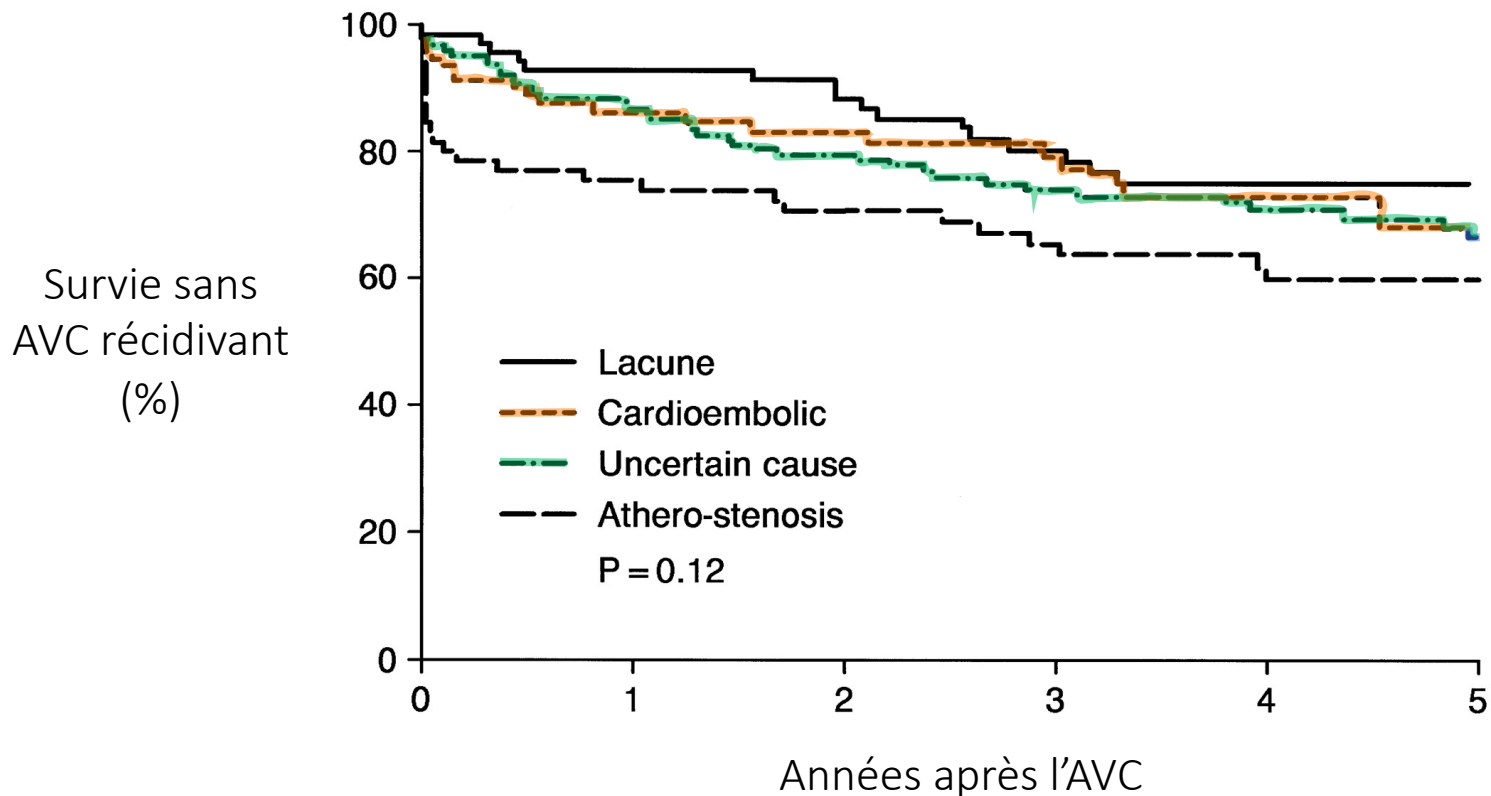
FA = 43,2% des ESUS !

Après un premier Holter : FA = 15% des ESUS



Risque de récurrence dans la FA

	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois	8,6%



	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois ¹	8,6%

	ESUS avec FA
Sem. 1-3 : Warfarin	4,3% → 1,5%

Warfarin dans la FA : RRR=64% ¹

	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois ¹	8,6%

	ESUS avec FA
Sem. 1-3 : 2 aPIt	1,5% → 2,2%

AAS + clopido dans la FA : RR=1,44 vs Warfarin

	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois	8,6%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : 1 aPlt	4,3% → 3,4%

AAS dans la FA : RRR=22%

	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois ¹	8,6%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : 1 aPlt	4,3% → 3,4%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : Anticoag.	4,3% → 1,5%

Warfarin dans la FA : RRR=64%

	ESUS avec FA
Sem. 1-3	4,3%
Sem. 4-13	4,3%
Récidive à 3 mois ¹	8,6%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : 1 aPlt	4,3% → 3,4%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : NACO	4,3% → 1,5%

NACO ≥ Warfarin dans la FA : RRR=64%

1. Connolly SJ et al. NEJM 2009;361:1139 3. Giugliano RP et al. NEJM 2013
2. Patel MR et al. NEJM 2011;365:883 4. Granger CB et al. NEJM 2011;365:981

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	ESUS avec FA
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Sem. 4-13 : 1 aPlt	4,3% → 3,4%

	ESUS avec FA
Sem. 1-3 : 2 aPlt	2,2%
Sem. 4-13 : NACO	4,3% → 1,5%

RRR = 55,9% !!!

RRA = 1,9% !!!

NNT = 53 patients avec FA masquée traités x 10 sem.

FA masquée : 43,2% des ESUS !!!

Averroes : Apixaban vs AAS dans la FA

- RR=0,45
- 3,4% → 1,5%

Outcome	Apixaban (N=2808)		Aspirin (N=2791)		Hazard Ratio with Apixaban (95% CI)	P Value
	<i>no. of patients with first event</i>	<i>%/yr</i>	<i>no. of patients with first event</i>	<i>%/yr</i>		
Bleeding event						
Major	44	1.4	39	1.2	1.13 (0.74–1.75)	0.57
Intracranial	11	0.4	13	0.4	0.85 (0.38–1.90)	0.69
Subdural‡	4	0.1	2	0.1	—	—
Other intracranial, excluding hemorrhagic stroke and subdural‡	1	<0.1	2	0.1	—	—
Extracranial or unclassified	33	1.1	27	0.9	1.23 (0.74–2.05)	0.42
Gastrointestinal	12	0.4	14	0.4	0.86 (0.40–1.86)	0.71
Non-gastrointestinal	20	0.6	13	0.4	1.55 (0.77–3.12)	0.22
Fatal	4	0.1	6	0.2	0.67 (0.19–2.37)	0.53
Clinically relevant nonmajor	96	3.1	84	2.7	1.15 (0.86–1.54)	0.35
Minor	188	6.3	153	5.0	1.24 (1.00–1.53)	0.05

Aucune différence statistiquement significative
NACO = AAS

Études en cours NACO vs aPlt dans le ESUS :

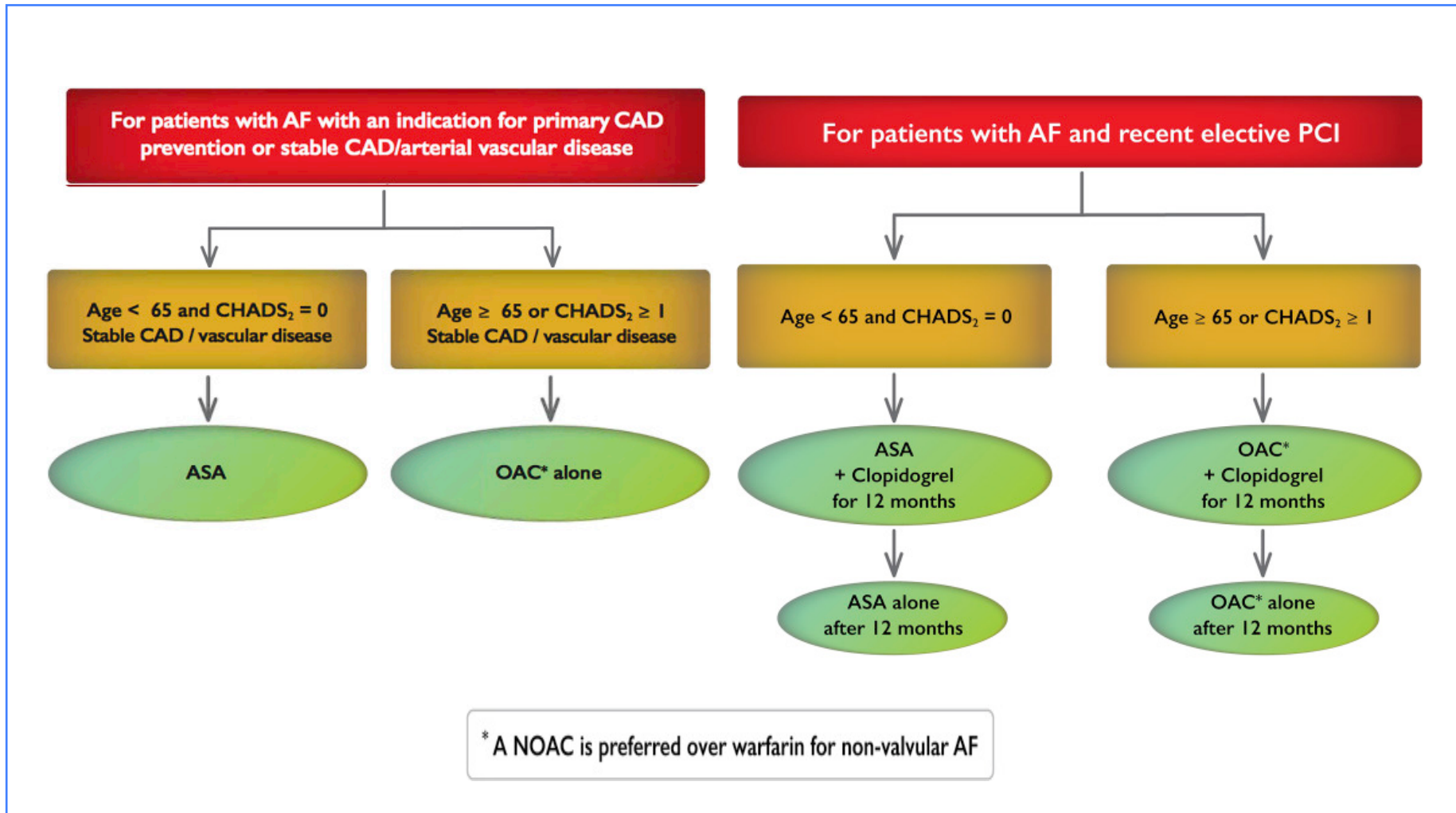
- Navigate-ESUS (Rivaroxaban)
- Respect-ESUS (Dabigatran)

Focus sur les NACO dans l'athéro

Mitral valve		Cancer-associated	
Myxomatous valvulopathy with prolapse	5 (1.8%)	Covert nonbacterial thrombotic endocarditis	1 (0.4%)
Mitral annular calcification	8 (2.9%)	Tumor emboli from occult cancer	2 (0.8%)
Aortic valve		Arteriogenic emboli	
Aortic valve stenosis		Aortic arch atherosclerotic plaques	9 (3.3%)
Calcific aortic valve	12 (4.4%)	Cerebral artery nonstenotic plaques with ulceration	29 (10.6%)
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Paradoxical embolism			
Patent foramen ovale	11 (4.0%)		
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Lignes directrices SCC : NACO seul (aPlt cessé) dans la FA chez le coronarien stable ou 1 an après PCI



NACO chez le coronarien instable

Riva + 2 aPlt = option efficace et sécuritaire

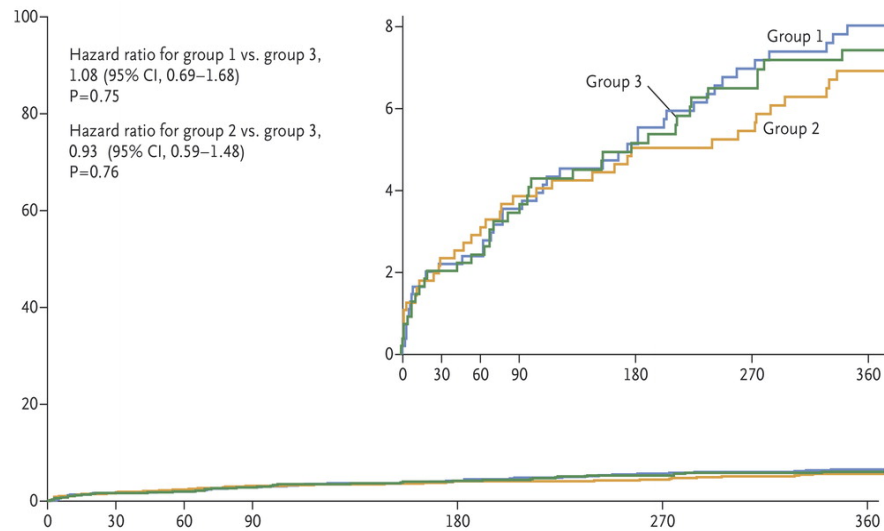
PIONEER AF-PCI : Individus avec FA subissant un PCI-stent

Groupe 1 : Warfarin + 2 aPlt

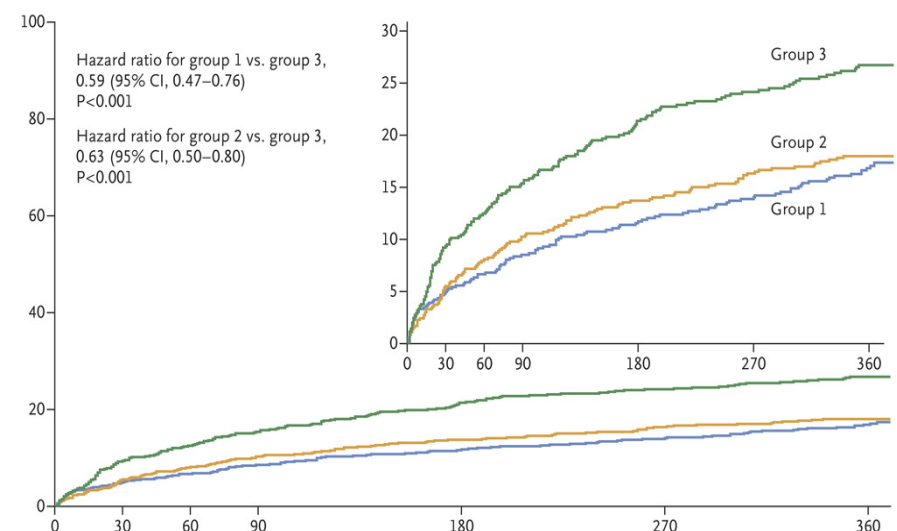
Groupe 2 : Riva 2,5 bid + 2 aPlt

Groupe 3 : Riva 15 die + 1 aPlt

Risque cumulatif d'événements
cardiovasc. majeurs (%)



Risque cumulatif de saignements
majeurs (%)



NACO dans l'athéromatose stable (carotidienne, coronarienne ou MI) sans FA

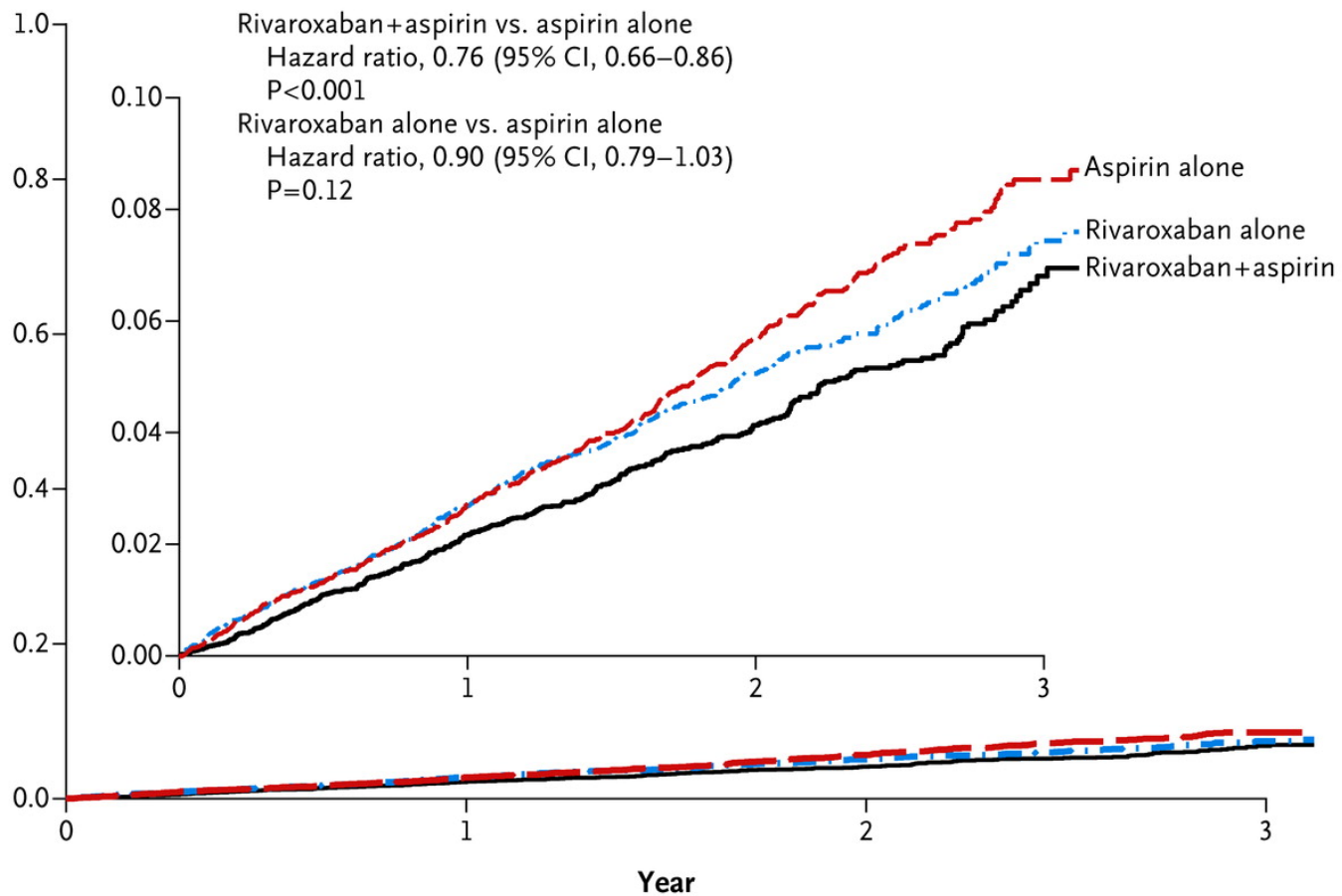
COMPASS :

Groupe 1 : AAS

Groupe 2 : Riva 5 bid

Groupe 3 : Riva 2,5 bid + AAS

Risque cumulatif de décès cardiovasc., AVC ou IM (%)



COMPASS

Outcome	Rivaroxaban plus Aspirin (N=9152)	Rivaroxaban Alone (N=9117)	Aspirin Alone (N=9126)	Rivaroxaban plus Aspirin vs. Aspirin Alone		Rivaroxaban Alone vs. Aspirin Alone	
	<i>number (percent)</i>			Hazard Ratio (95% CI)	P Value	Hazard Ratio (95% CI)	P Value
Major and minor bleeding							
Major bleeding	288 (3.1)	255 (2.8)	170 (1.9)	1.70 (1.40–2.05)	<0.001	1.51 (1.25–1.84)	<0.001
Fatal bleeding†	15 (0.2)	14 (0.2)	10 (0.1)	1.49 (0.67–3.33)	0.32	1.40 (0.62–3.15)	0.41
Nonfatal symptomatic ICH†	21 (0.2)	32 (0.4)	19 (0.2)	1.10 (0.59–2.04)	0.77	1.69 (0.96–2.98)	0.07
Nonfatal, non-ICH, symptomatic bleeding into critical organ†	42 (0.5)	45 (0.5)	29 (0.3)	1.43 (0.89–2.29)	0.14	1.57 (0.98–2.50)	0.06
Other major bleeding†	210 (2.3)	164 (1.8)	112 (1.2)	1.88 (1.49–2.36)	<0.001	1.47 (1.16–1.87)	0.001
Fatal bleeding or symptomatic ICH	36 (0.4)	46 (0.5)	29 (0.3)	1.23 (0.76–2.01)	0.40	1.59 (1.00–2.53)	0.05
Fatal bleeding or symptomatic bleeding into critical organ	78 (0.9)	91 (1.0)	58 (0.6)	1.34 (0.95–1.88)	0.09	1.58 (1.13–2.19)	0.006
Major bleeding according to ISTH criteria	206 (2.3)	175 (1.9)	116 (1.3)	1.78 (1.41–2.23)	<0.001	1.52 (1.20–1.92)	<0.001
Transfusion within 48 hr after bleeding	87 (1.0)	66 (0.7)	44 (0.5)	1.97 (1.37–2.83)	<0.001	1.50 (1.03–2.20)	0.03
Minor bleeding	838 (9.2)	741 (8.1)	503 (5.5)	1.70 (1.52–1.90)	<0.001	1.50 (1.34–1.68)	<0.001
Site of major bleeding							
Gastrointestinal	140 (1.5)	91 (1.0)	65 (0.7)	2.15 (1.60–2.89)	<0.001	1.40 (1.02–1.93)	0.04
Intracranial	28 (0.3)	43 (0.5)	24 (0.3)	1.16 (0.67–2.00)	0.60	1.80 (1.09–2.96)	0.02
Skin or injection site	28 (0.3)	28 (0.3)	12 (0.1)	2.31 (1.18–4.54)	0.01	2.34 (1.19–4.60)	0.01
Urinary	13 (0.1)	30 (0.3)	21 (0.2)	0.61 (0.31–1.23)	0.16	1.43 (0.82–2.50)	0.20
Net-clinical-benefit outcome: CV death, stroke, myocardial infarction, fatal bleeding, or symptomatic bleeding into critical organ	431 (4.7)	504 (5.5)	534 (5.9)	0.80 (0.70–0.91)	<0.001	0.94 (0.84–1.07)	0.36

Désavantage pour rivaroxaban et anticipé et edoxaban
pourrait disparaître avec dabigatran 110 bid ou apixaban

	AVC et embolie systémique	AVC ischémique	Saignements majeurs			Mortalité totale
			Total	GI	Intra-crânien	
Dabigatran 150 BID	0,66	0,76	0,93	1,50	0,40	0.88
Dabigatran 110 BID	0,91	1,11	0,80	1,10	0,31	0.91
Apixaban 5 BID	0,79	0,92	0,69	0,89	0,42	0.89
Rivaroxaban 20 die c repas	0,88	0,94	1,04	1,46	0,67	0.92
Edoxaban 60 die	0,87	1,00	0,80	1,23	0,47	0,92

1. Connolly SJ et al. NEJM 2009;361:1139

2. Patel MR et al. NEJM 2011;365:883

3. Granger CB et al. NEJM 2011;365:981

4. Giugliano RP et al. NEJM 2013

Saignements intracrâniens – incidence annuelle = 0,23-0,50%

- Dabigatran 110 bid : 0,23%
- Dabigatran 150 bid : 0,30%
- Apixaban : 0,33%
- Rivaroxaban : 0,50%
- Edoxaban : 0,39%

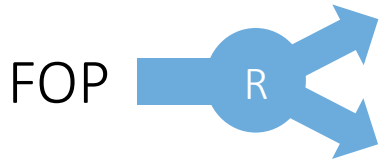
Focus sur les NACO dans le FOP

Mitral valve		Cancer-associated	
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Mitral annular calcification	8 (2.9%)	Tumor emboli from occult cancer	2 (0.8%)
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FOP : 50% des ESUS du jeune

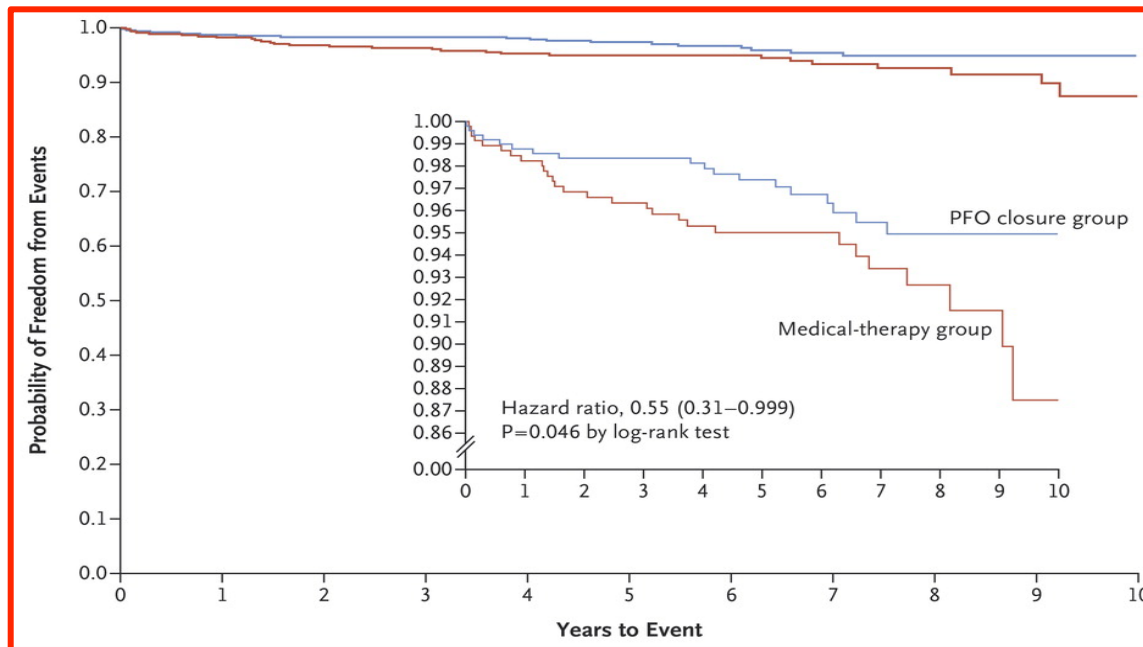
RESPECT



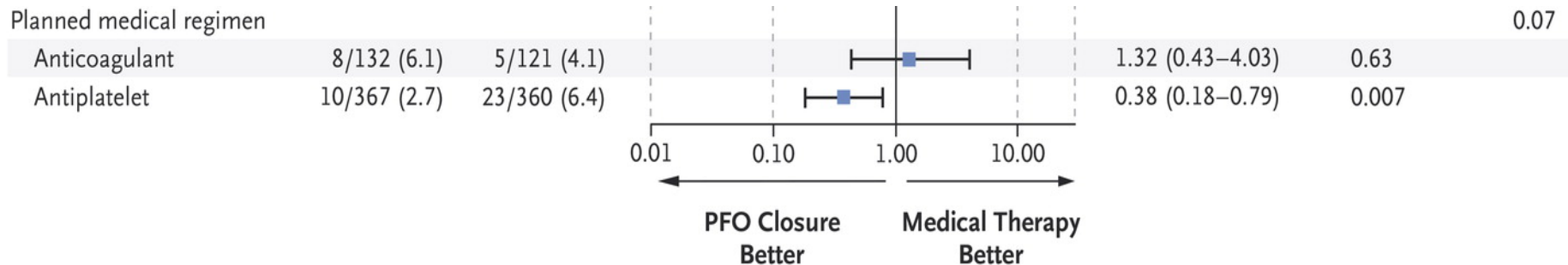
Antithrombotique au choix (AAS, clopido, Aggrenox, anticoag.)

Fermeture AAS-clopido x 1
mois AAS x 5 mois
Discrétionnaire

AVC ischémique ou décès précoce



AVC ischémique ou décès : Anticoag = Fermeture du FOP !!!



TEV : Anticoag > Fermeture du FOP !!!

Événements (% pts-années)	Fermeture	Médical (aPt ou anticoag)	HR (95%CI)	P-stat.
Embolie pulm.	0,41	0,11	3,48 (0,98-12,34)	P=0.04
TPP	0,16	0,04	4,44 (0,52-38,05)	P=0.14

Autres causes

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Conclusion

Il est temps de sortir de la préhistoire...

- NACO dans le ESUS : Sécuritaires et équivalents ou souvent supérieurs aux antiplaquettaires
- Imprudent de rester avec AAS (RRR = 22-25%)

Ne manquez pas à Montréal

10^e COLLOQUE NEUROVASCULAIRE

COLLOQUE
NEUROVASCULAIRE
10 ANS

SSVQ
Société des sciences vasculaires du Québec

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