

Durée de la double inhibition antiplaquettaire après un syndrome coronarien aigu ou une angioplastie coronarienne

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CENTRE CARDIOVASCULAIRE
DU CHUM

CRCHUM

CENTRE DE RECHERCHE
Centre hospitalier
de l'Université de Montréal

Conflits d'intérêts

- Subvention de formation:
 - Boston Scientific
- Conférenciers:
 - Pfizer, AstraZeneca

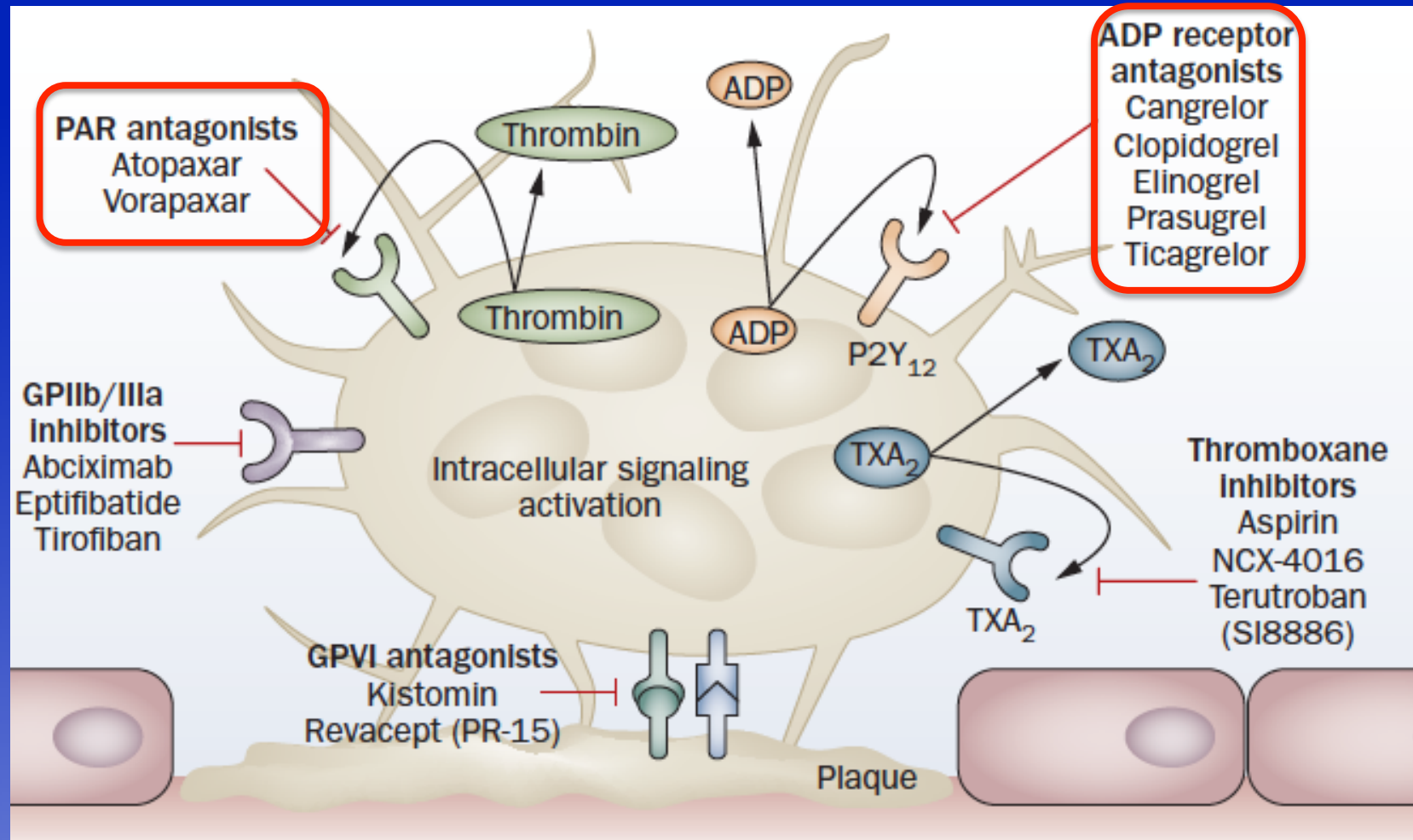
Objectifs

1. Réviser la **littérature récente** concernant la durée de la double thérapie antiplaquettaire
2. Déterminer quels patients peuvent bénéficier d'une **double thérapie antiplaquettaire prolongée**
3. Comprendre les **risques** associés à la double thérapie antiplaquettaire

Le bon vieux temps...



Nouvelles thérapies



Antagonistes récepteur ADP P2Y₁₂

	Clopidogrel	Prasugrel	Ticagrelor
Blocage récepteur	Irréversible	Irréversible	Réversible
Prodrogue	Oui	Oui	Non
T _{1/2}	6 heures	7 heures	8-12 heures
Administration	Die	Die	Bid
Début action	2-8 heures	30 min – 4 hres	30 min – 4 hres
Arrêt action	7 jours	7-10 jours	3-5 jours
Recommandation chirurgie	7 jours	7 jours	5 jours

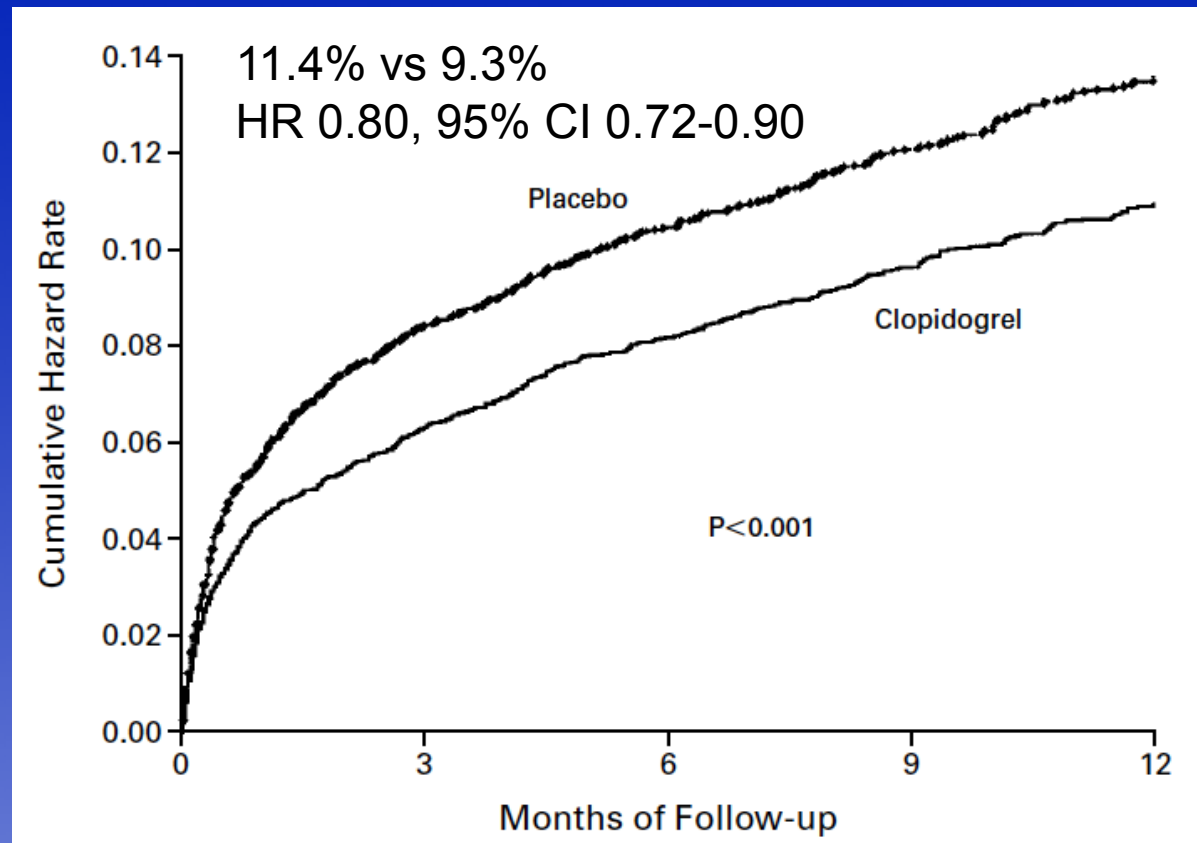
Santé Canada

Clopidogrel	Prasugrel	Ticagrelor
Prévention secondaire -MCAS -MVAS -AVC		
Syndrome coronarien aigu (1 an) -Tx médical -PCI -PAC	Syndrome coronarien aigu (1 an) -PCI	Syndrome coronarien aigu (1 an) -Tx médical -PCI -PAC
Fibrillation auriculaire		

EFFECTS OF CLOPIDOGREL IN ADDITION TO ASPIRIN IN PATIENTS WITH ACUTE CORONARY SYNDROMES WITHOUT ST-SEGMENT ELEVATION

THE CLOPIDOGREL IN UNSTABLE ANGINA TO PREVENT RECURRENT EVENTS TRIAL INVESTIGATORS*

- 12562 patients
 - PCI: 2658 pts (21%)
 - PAC: 2072 pts (16%)
- Clopidogrel
 - 300 mg bolus
 - 75 mg die X 12 mois



The NEW ENGLAND JOURNAL of MEDICINE

ESTABLISHED IN 1812

NOVEMBER 15, 2007

VOL. 357 NO. 20

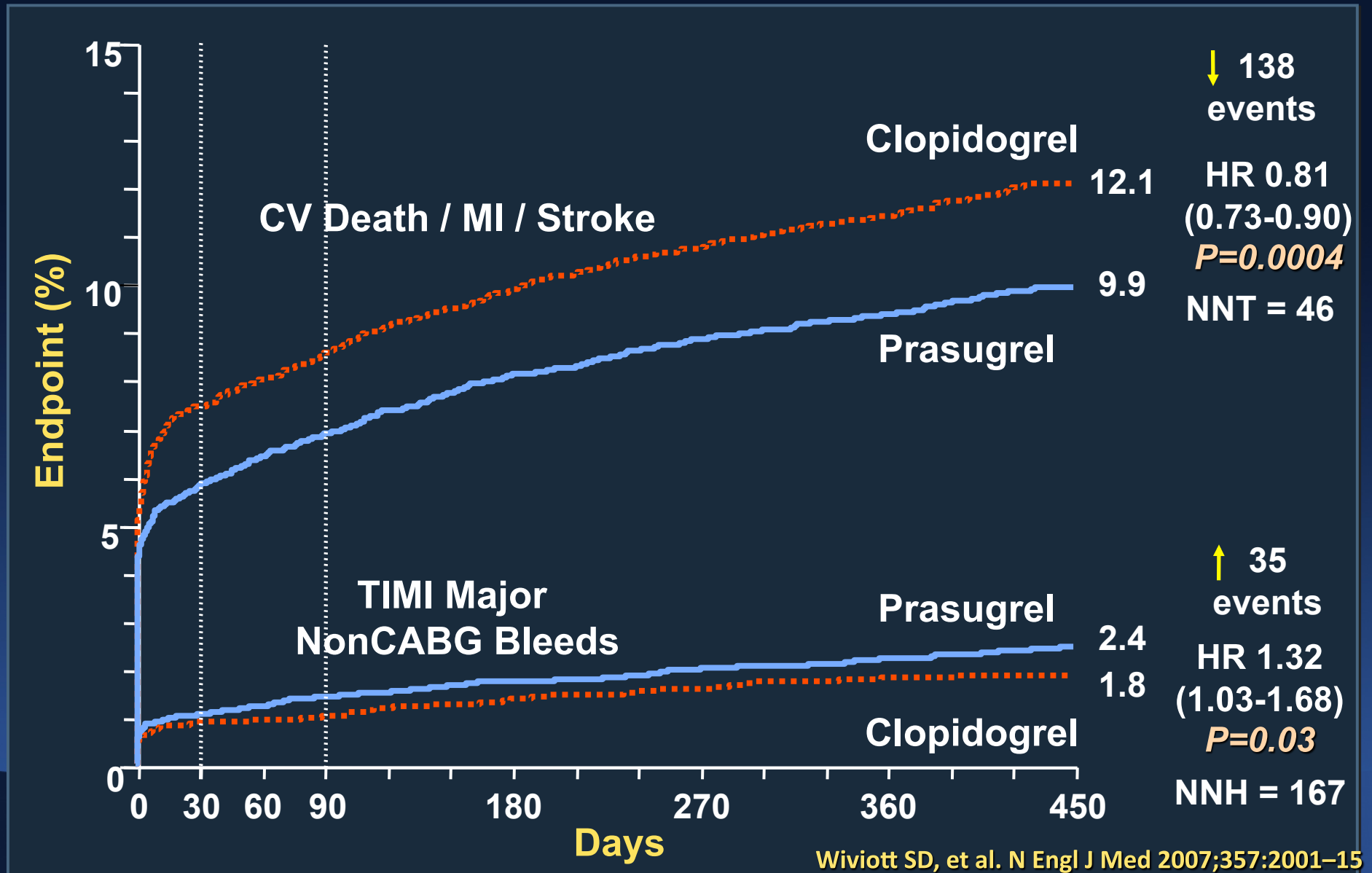
Prasugrel versus Clopidogrel in Patients with Acute Coronary Syndromes

Stephen D. Wiviott, M.D., Eugene Braunwald, M.D., Carolyn H. McCabe, B.S., Gilles Montalescot, M.D., Ph.D., Witold Ruzyllo, M.D., Shmuel Gottlieb, M.D., Franz-Joseph Neumann, M.D., Diego Ardissino, M.D., Stefano De Servi, M.D., Sabina A. Murphy, M.P.H., Jeffrey Riesmeyer, M.D., Govinda Weerakkody, Ph.D., C. Michael Gibson, M.D., and Elliott M. Antman, M.D., for the TRITON–TIMI 38 Investigators*

- 13608 patients SCA et angioplastie planifiée
 - 10074 pts AI/NSTEMI
 - 3534 pts STEMI
- Administration après coronaro diagnostique, angioplastie choisie (sauf STEMI)

N Eng J Med 2007

Balance of Efficacy and Safety



Attention...

End Point	Prasugrel (N=6741)	Clopidogrel (N=6716)	Hazard Ratio for Prasugrel (95% CI)	P Value
	<i>no. of patients (%)</i>			
Non-CABG-related TIMI major bleeding (key safety end point)	146 (2.4)	111 (1.8)	1.32 (1.03–1.68)	0.03
Related to instrumentation	45 (0.7)	38 (0.6)	1.18 (0.77–1.82)	0.45
Spontaneous	92 (1.6)	61 (1.1)	1.51 (1.09–2.08)	0.01
Related to trauma	9 (0.2)	12 (0.2)	0.75 (0.32–1.78)	0.51
Life-threatening†	85 (1.4)	56 (0.9)	1.52 (1.08–2.13)	0.01
Related to instrumentation	28 (0.5)	18 (0.3)	1.55 (0.86–2.81)	0.14
Spontaneous	50 (0.9)	28 (0.5)	1.78 (1.12–2.83)	0.01
Related to trauma	7 (0.1)	10 (0.2)	0.70 (0.27–1.84)	0.47
Fatal‡	21 (0.4)	5 (0.1)	4.19 (1.58–11.11)	0.002
Nonfatal	64 (1.1)	51 (0.9)	1.25 (0.87–1.81)	0.23
Intracranial	19 (0.3)	17 (0.3)	1.12 (0.58–2.15)	0.74

- ICT/AVC: Augmentation décès/IM/AVC ET saignement majeur
- Poids < 60 kg ou âge > 75 ans: Bénéfice incertain et risque de saignement

The NEW ENGLAND JOURNAL *of* MEDICINE

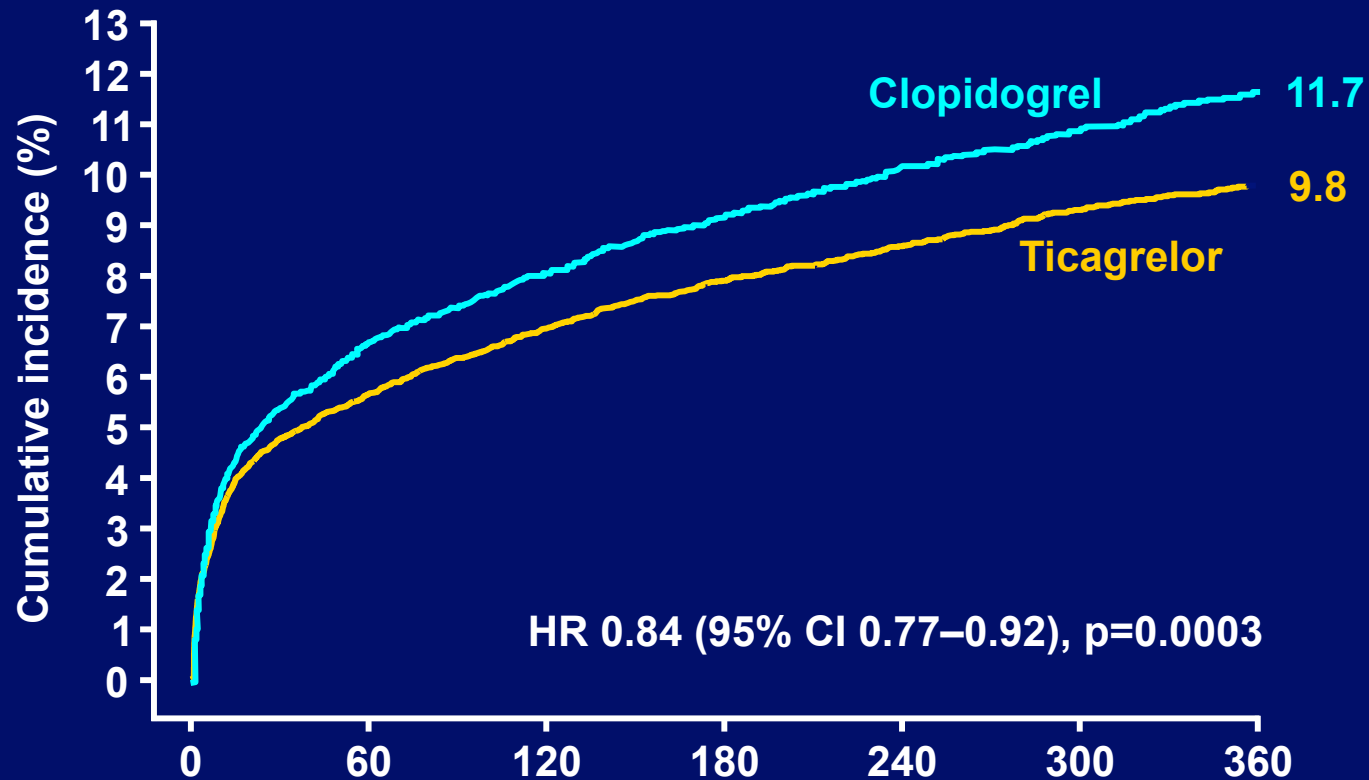
Ticagrelor versus Clopidogrel in Patients with Acute Coronary Syndromes

Lars Wallentin, M.D., Ph.D., Richard C. Becker, M.D., Andrzej Budaj, M.D., Ph.D., Christopher P. Cannon, M.D., Håkan Emanuelsson, M.D., Ph.D., Claes Held, M.D., Ph.D., Jay Horrow, M.D., Steen Husted, M.D., D.Sc., Stefan James, M.D., Ph.D., Hugo Katus, M.D., Kenneth W. Mahaffey, M.D., Benjamin M. Scirica, M.D., M.P.H., Allan Skene, Ph.D., Philippe Gabriel Steg, M.D., Robert F. Storey, M.D., D.M., and Robert A. Harrington, M.D., for the PLATO Investigators*

- 18624 patients SCA < 24 heures
 - 11598 pts AI/NSTEMI
 - 7026 pts STEMI
- Administration avant ou après coronaro diagnostique

N Eng J Med 2009

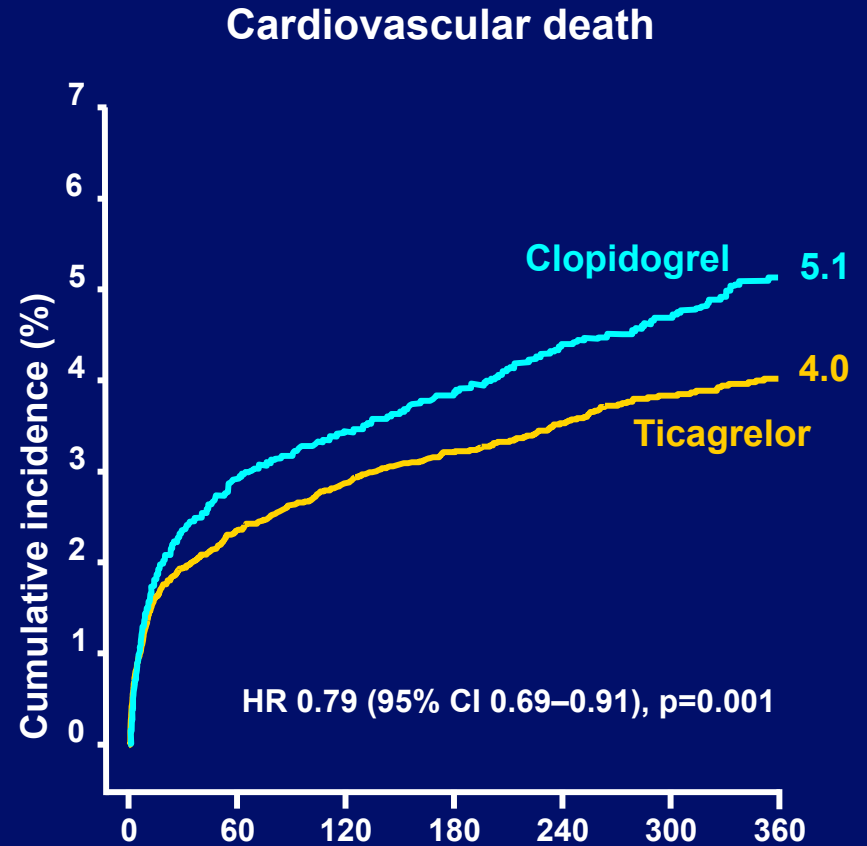
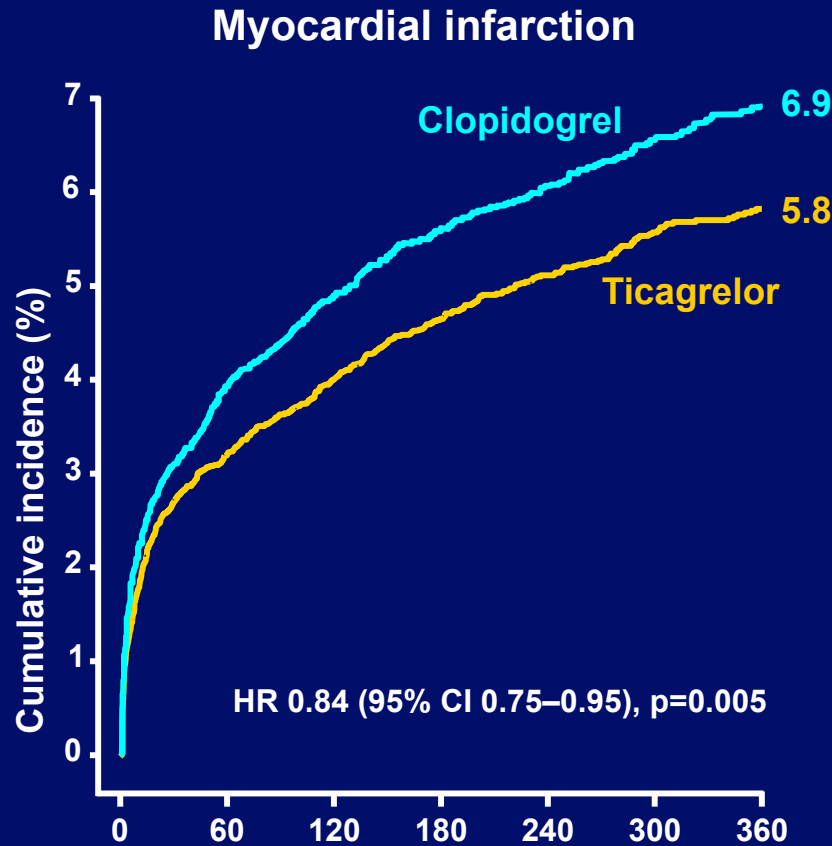
K-M estimate of time to first primary efficacy event (composite of CV death, MI or stroke)



No. at risk	Days after randomisation						
	0	60	120	180	240	300	360
Ticagrelor	9,333	8,628	8,460	8,219	6,743	5,161	4,147
Clopidogrel	9,291	8,521	8,362	8,124	6,743	5,096	4,047

K-M = Kaplan-Meier; HR = hazard ratio; CI = confidence interval

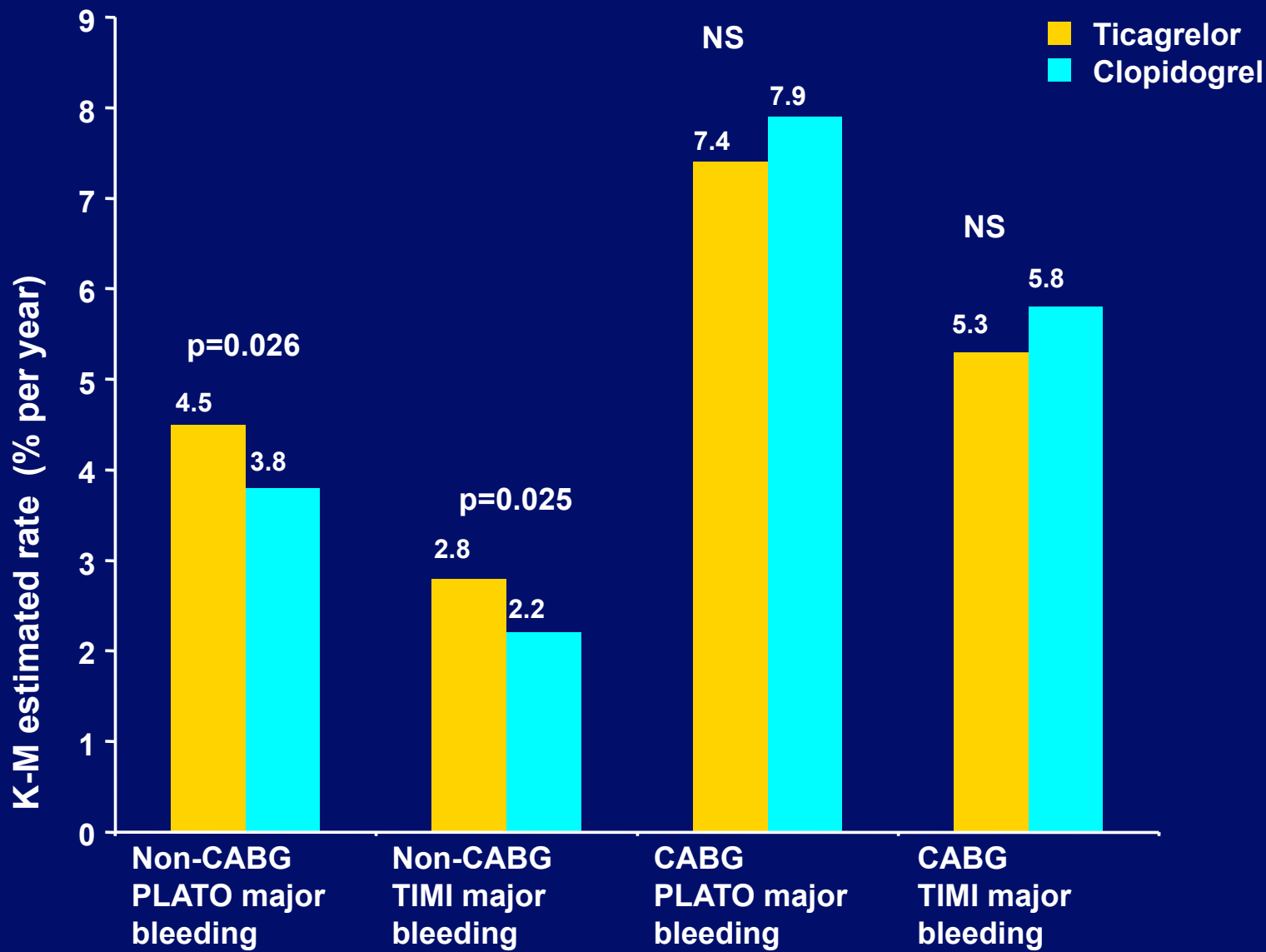
Secondary efficacy endpoints over time



No. at risk	Days after randomisation						
	0	60	120	180	240	300	360
Ticagrelor	9,333	8,678	8,520	8,279	6,796	5,210	4,191
Clopidogrel	9,291	8,560	8,405	8,177	6,703	5,136	4,109

No. at risk	Days after randomisation						
	0	60	120	180	240	300	360
Clopidogrel	9,333	8,294	8,822	8,626	7,119	5,482	4,419
Ticagrelor	9,291	8,865	8,780	8,589	7,079	5,441	4,364

Non-CABG and CABG-related major bleeding **PLATO**

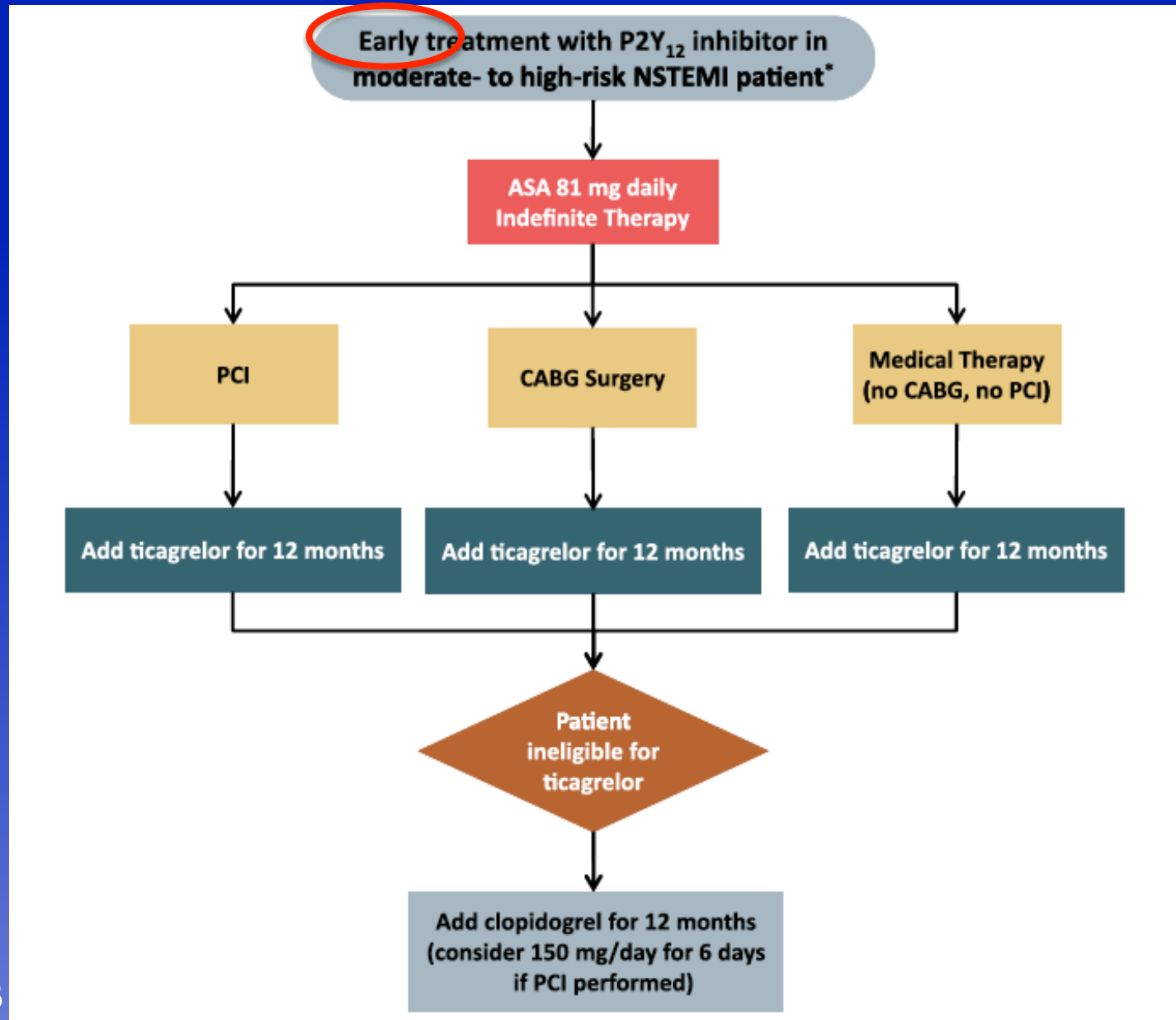


Society Guidelines

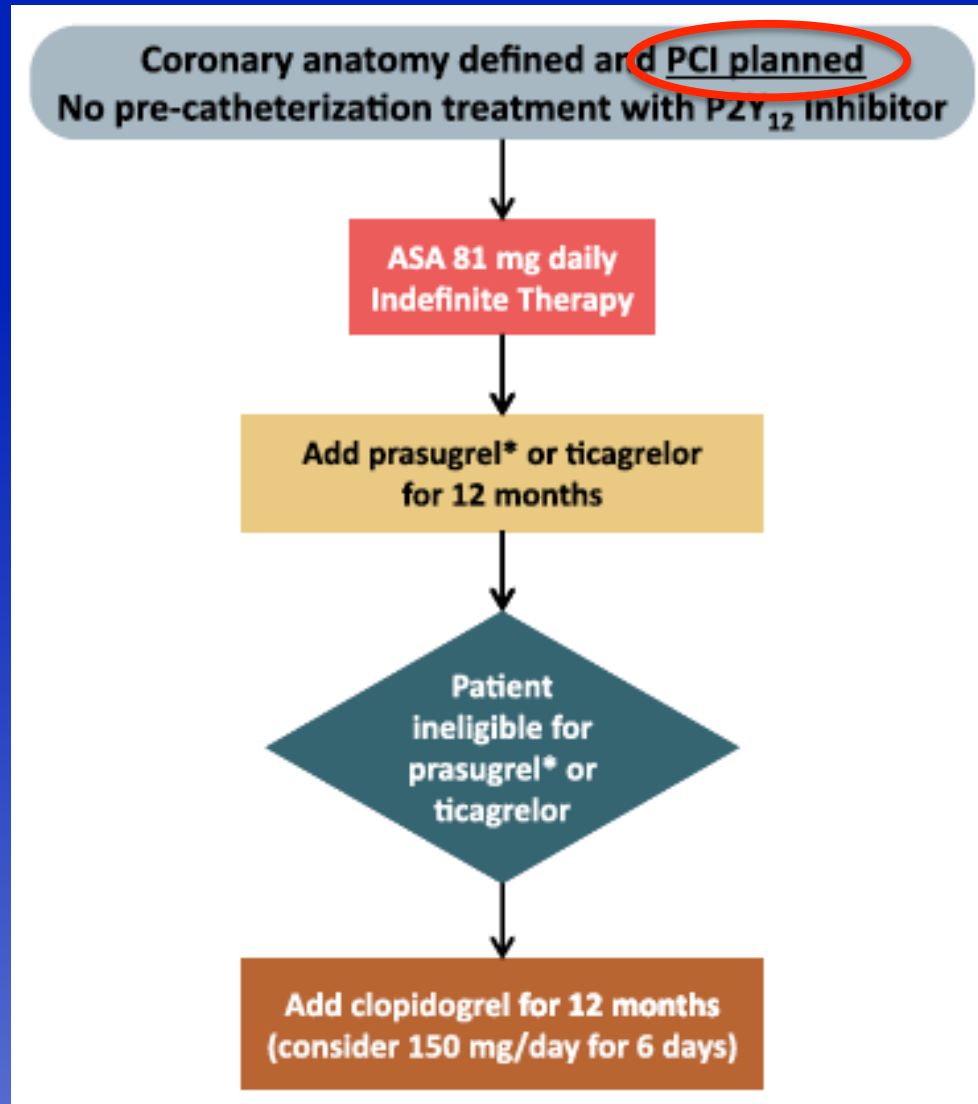
Focused 2012 Update of the Canadian Cardiovascular Society Guidelines for the Use of Antiplatelet Therapy

Jean-François Tanguay, MD, CSPQ, FRCPC, FACC, FAHA, FESC,^a Alan D. Bell, MD, CCFP,^b Margaret L. Ackman, BSc(Pharm), PharmD, ACPR, FCSHP,^c Robert D.C. Bauer, MD, FRCPC, FACC,^d Raymond Cartier, MD, FRCPC,^e Wee-Shian Chan, MD, FRCPC,^f James Douketis, MD, FRCPC,^g André Roussin, MD, FRCPC,^h Gregory Schnell, BSP, MD, FRCPC,ⁱ Subodh Verma, MD, PhD, FRCSC,^j Graham Wong, MD, MPH, FRCPC, FACC,^k and Shamir R. Mehta, MD, MSc, FRCPC, FACC, FESC^l

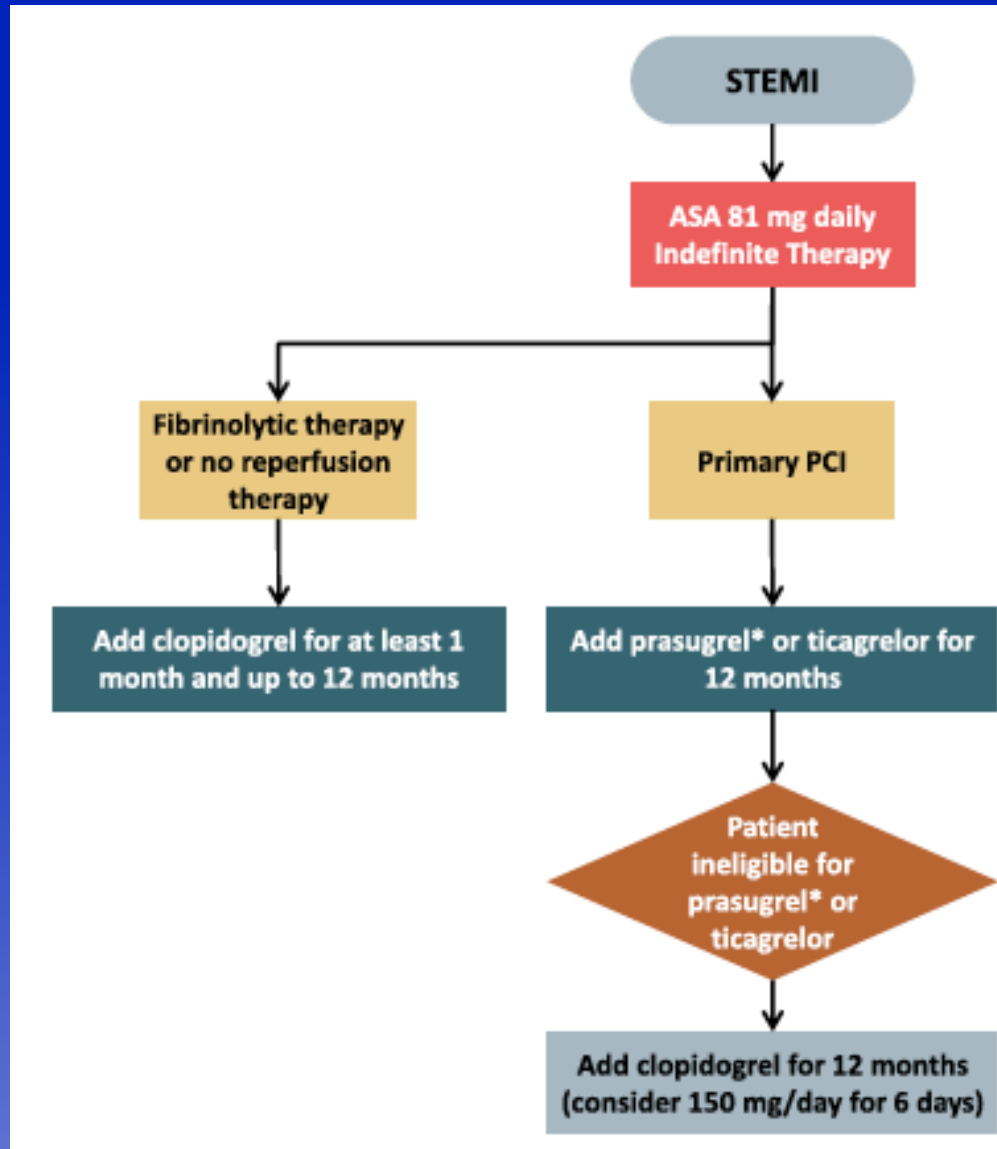
Recommandations CCS antiplaquettaires 2012



Recommandations CCS antiplaquettaires 2012



Recommandations CCS antiplaquettaires 2012

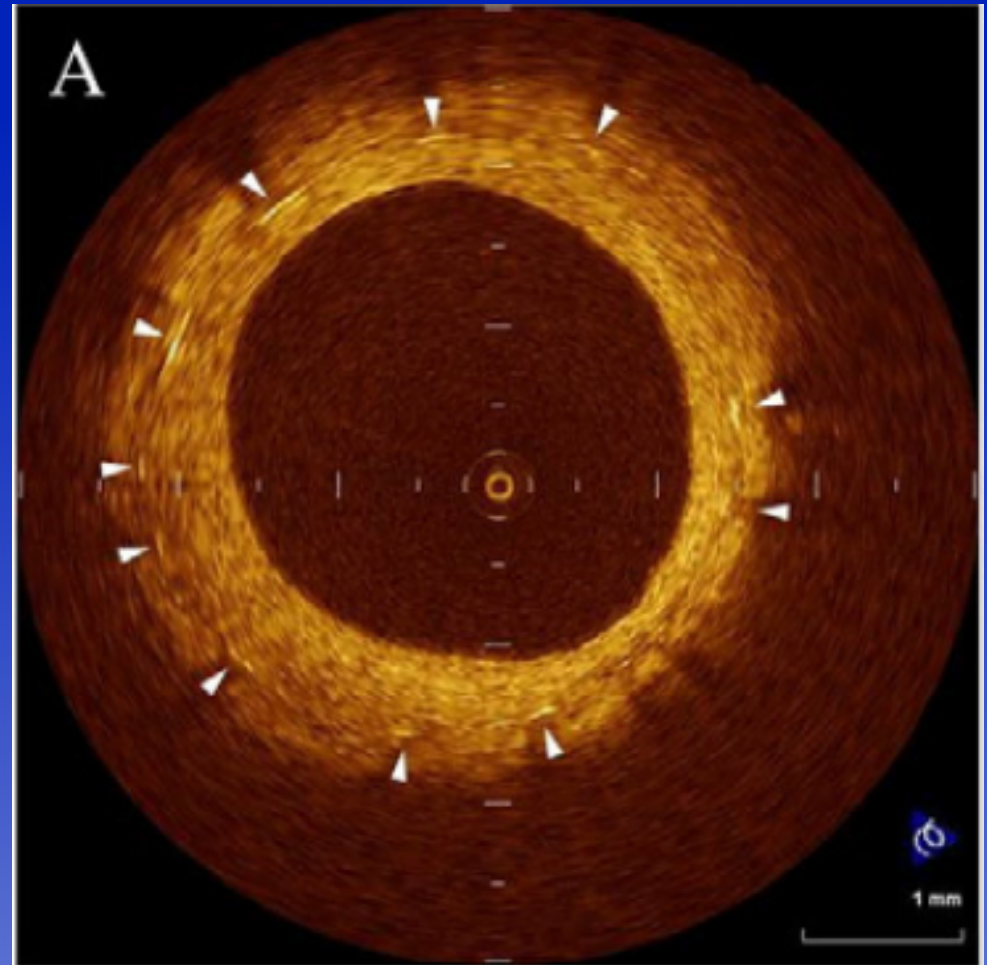


Quelles sont les données après
une angioplastie coronarienne
avec *stent* ?



Stent non-médicamenté

- Formation d'une couche de néointima rapide
 - Durée minimale: 1 mois
- (2 semaines en cas de nécessité clinique ++)



Stent médicamenté

- Situation devient plus complexe...
- DES pour un SCA?
- DES pour MCAS stable?
- Durée minimale versus durée idéale?
- Matrice biorésorbable versus *stent*

Une avalanche arrive!

ARCTIC-Interruption

DES-LATE

ITALIC

ISAR-SAFE

RESET

DAPT

PEGASUS

PRODIGY

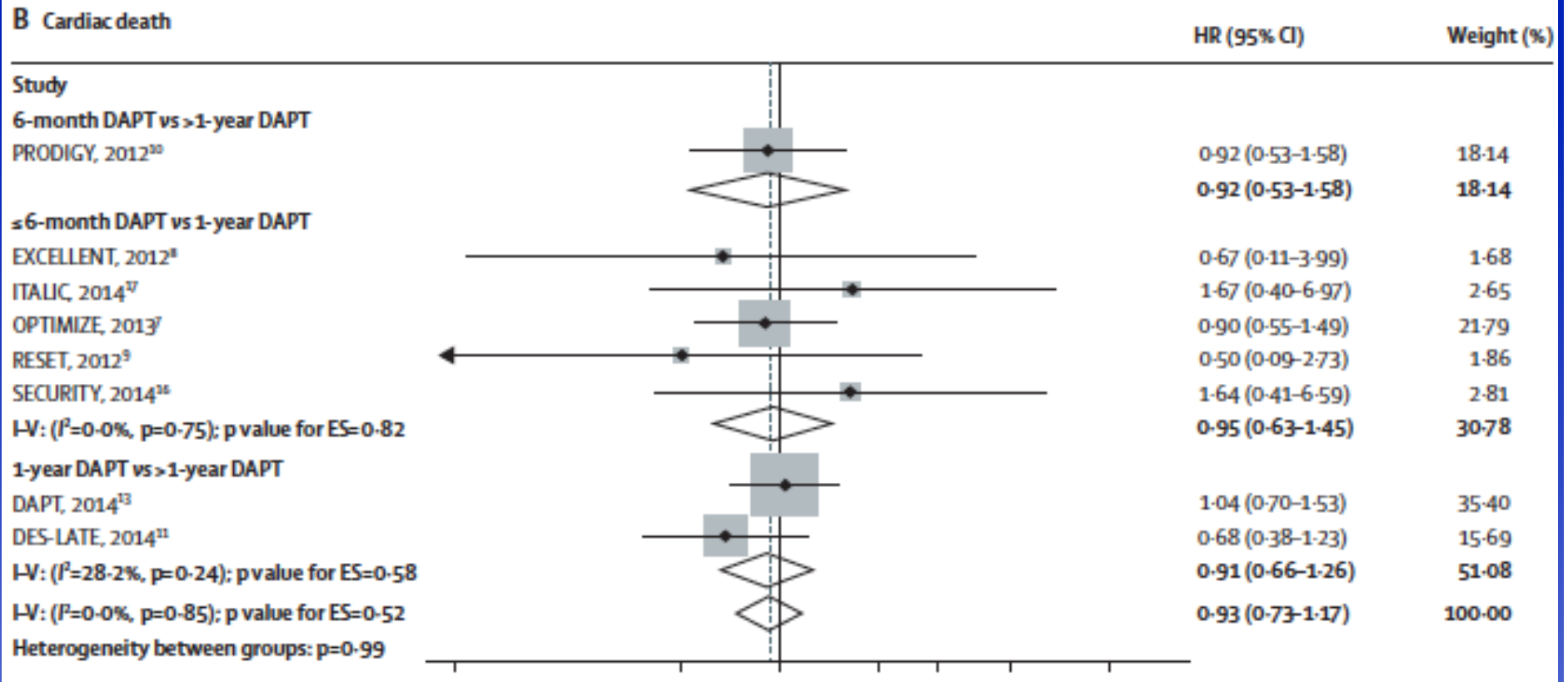
OPTIMIZE

SECURITY

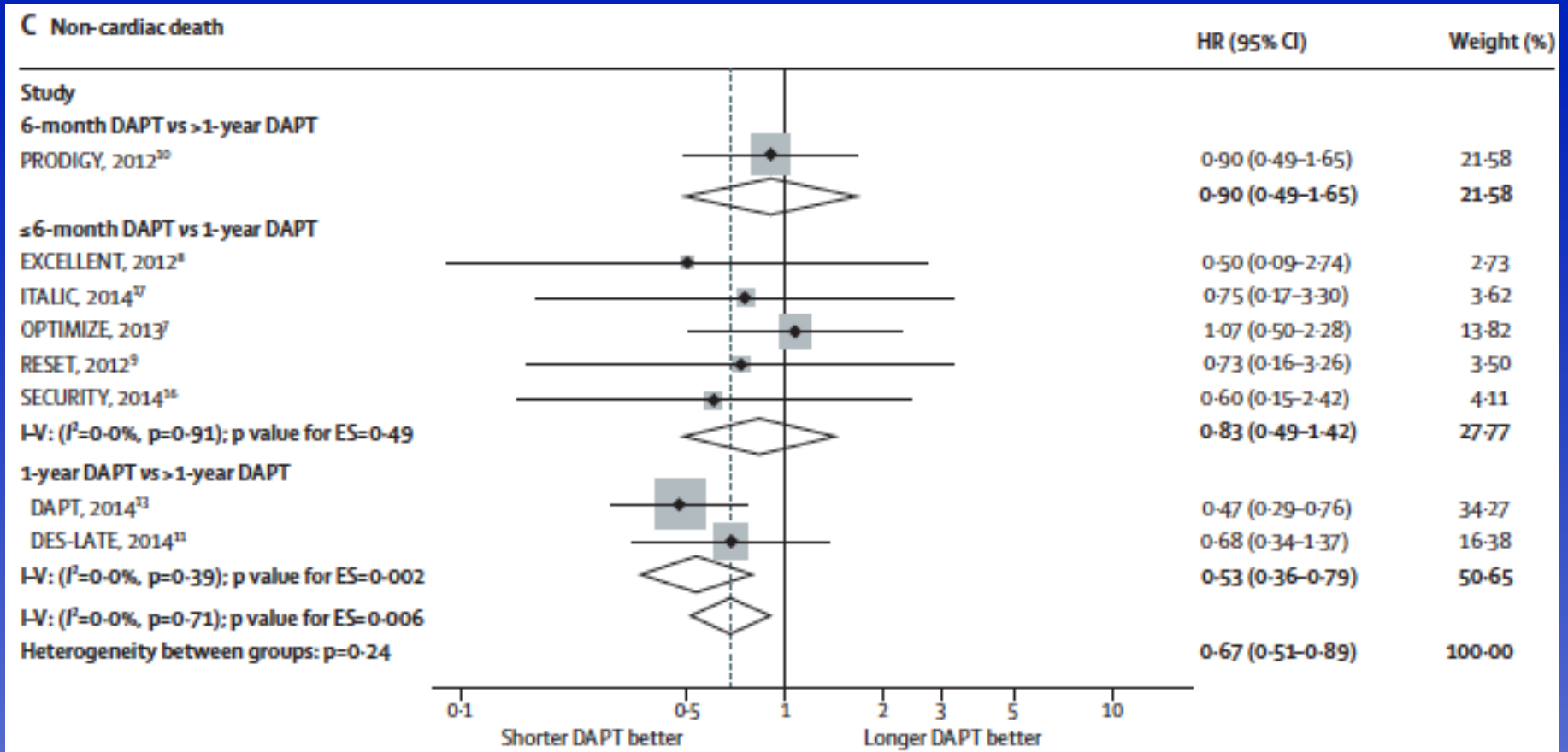
EXCELLENT

	Pub	N	Population	SCA	Durée
EXCELLENT	2012	1443	100% DES	50%	6 vs 12
PRODIGY	2012	1501	25% BMS 25%zota/25%pacli/25% evero	75%	6 vs 24
RESET	2012	2117	50% zota 50% autres DES	55%	3 vs 12
OPTIMIZE	2013	3119	100% zotarolimus	40%	3 vs 12
DES-LATE	2013	5045	100% DES	60%	12 vs 36
SECURITY	2014	1399	100% DES	40% (AI)	6 vs 12
ITALIC	2014	1894	100%DES	25%	6 vs 12
ISAR-SAFE	2014	4000	100% DES	40%	6 vs 12
ARCTIC- INTERRUPTION	2014	1259	100% DES	25%	12 vs 18-24
DAPT	2014	9961	100% DES	40%	12 vs 30

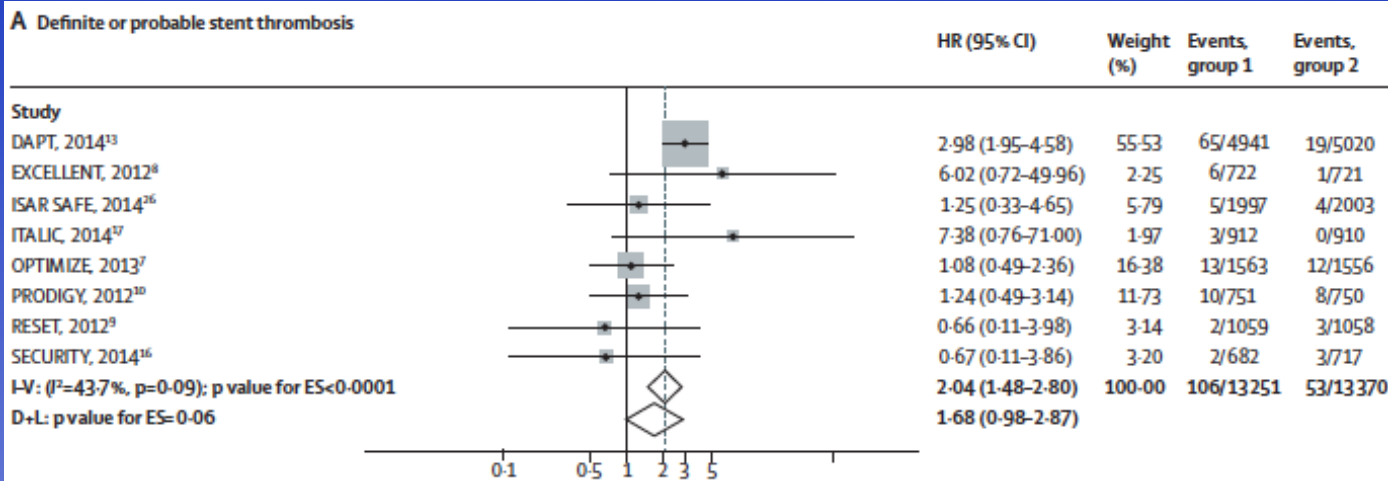
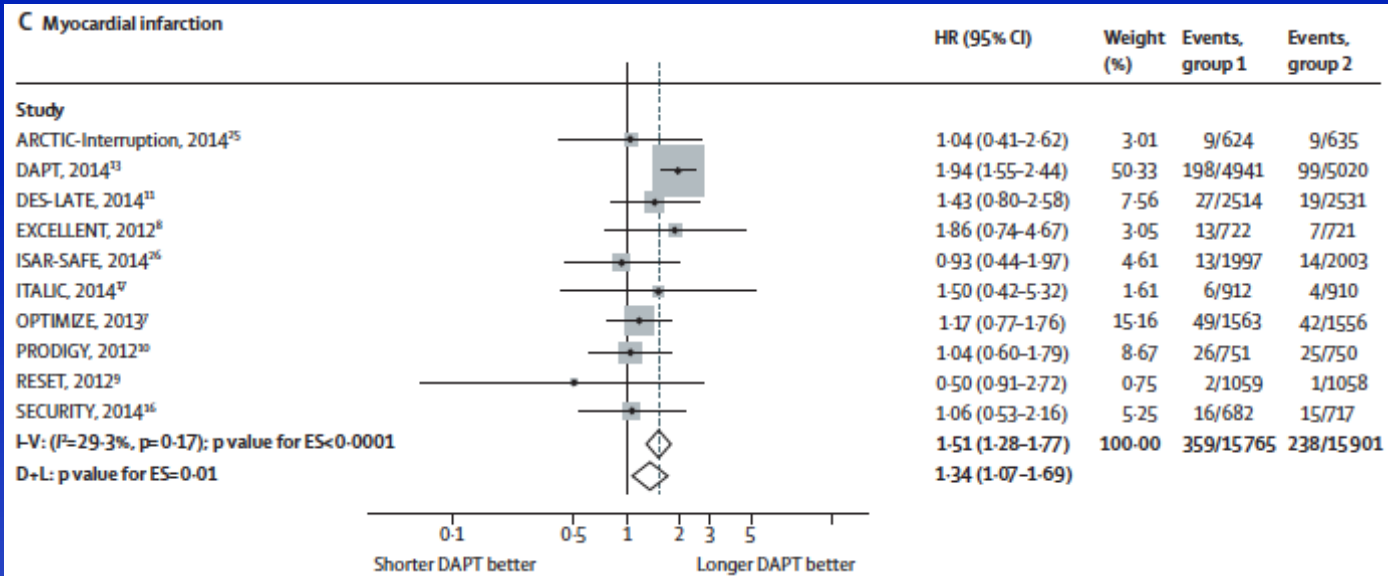
Mortalité CV similaire



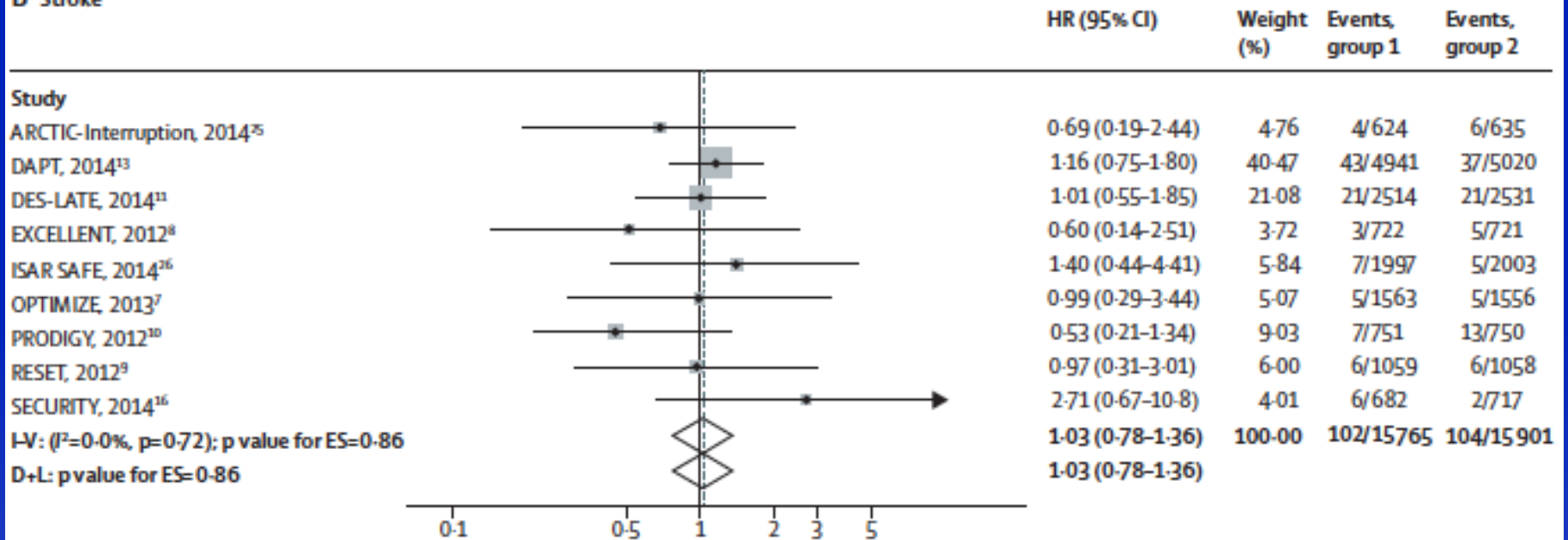
Signal au niveau de la mortalité non-cardiovasculaire



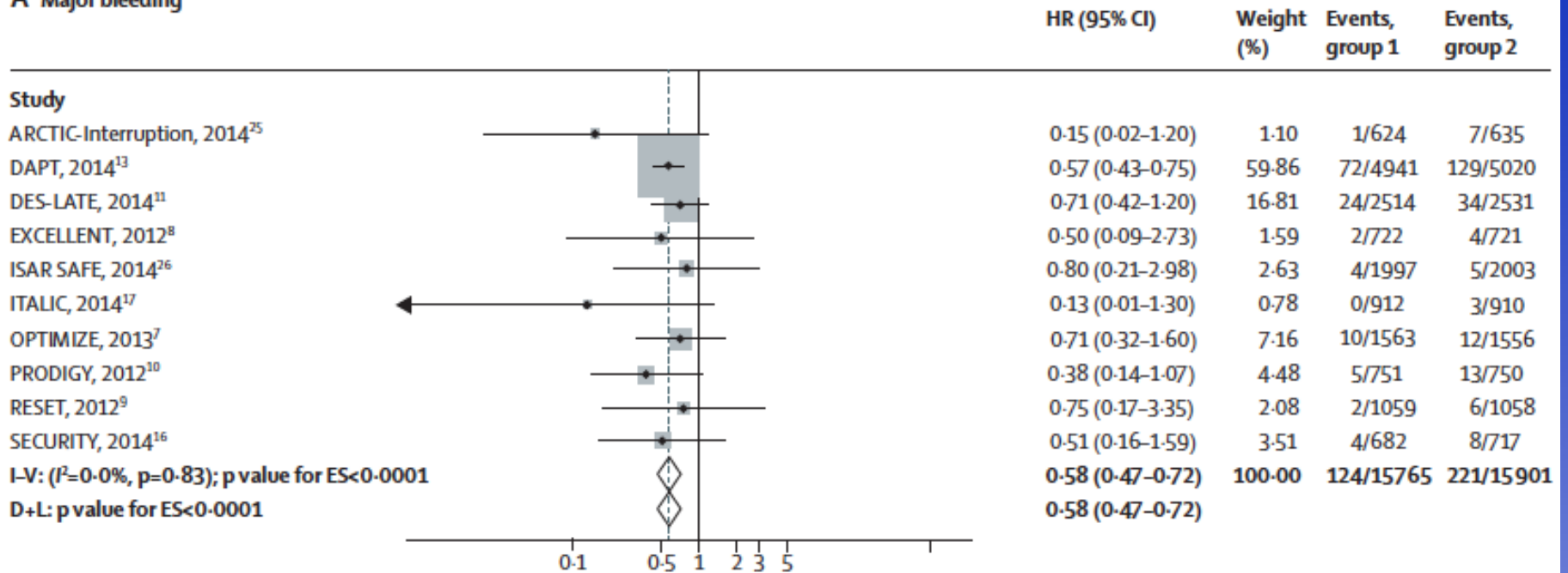
Bénéfice au niveau coronarien, mais risque associé



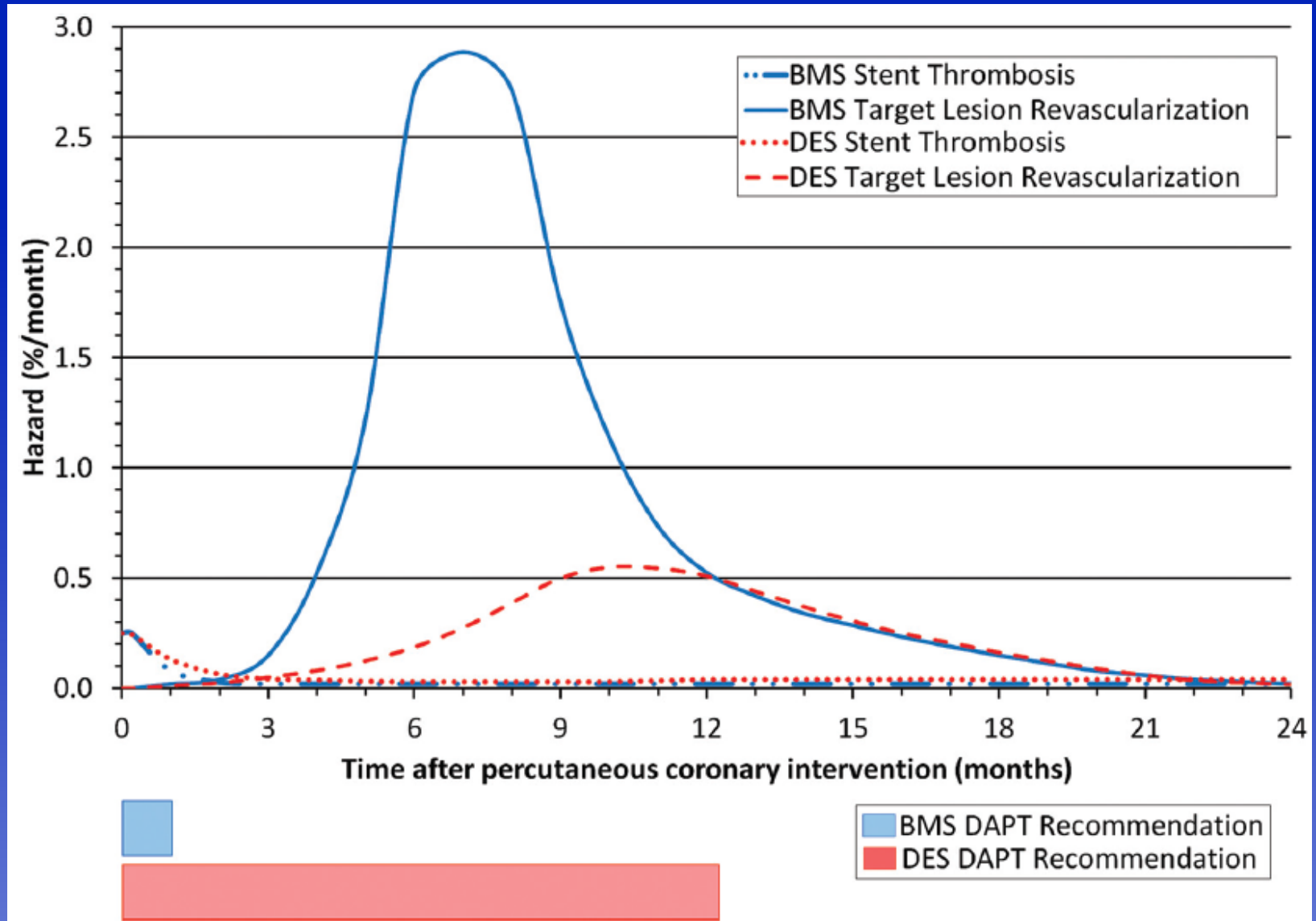
B Stroke



A Major bleeding



Comprendre les risques



De façon générale avec *stent* médicamenté

- Durée minimale sécuritaire: 3-6 mois
- Durée idéale \neq universel
- Durée $>$ 12 mois de routine
 - Non-recommandé

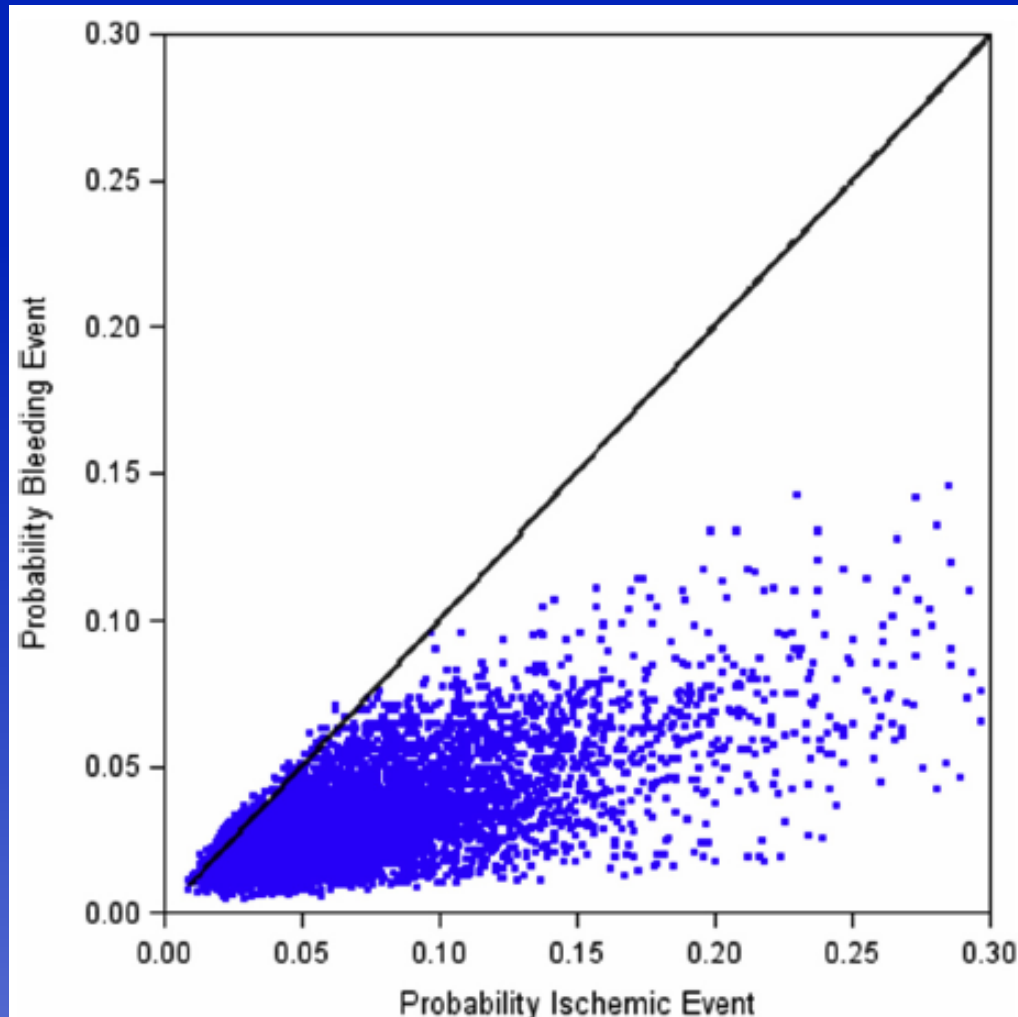
Est-ce que la double thérapie
antiplaquettaire est donnée
pour le *stent* ou pour le patient?

Prédiction du risque à long terme (4 ans) post-PCI

Variable	ISCHEMIC ENDPOINT		BLEEDING ENDPOINT	
	Odds ratio	95% confidence interval	Odds ratio	95% confidence interval
Age, per 10 years	1.37	1.25 – 1.50	1.38	1.22 – 1.56
Male	1.36	1.12 – 1.66	-	-
Body mass index, per kg/m ²	1.03	1.01 – 1.04	-	-
Active smoking	1.49	1.22 – 1.81	1.34	1.03 – 1.75
Diabetes mellitus	1.77	1.50 – 2.09	1.24	1.00 – 1.55
Prior myocardial infarction	1.47	1.23 – 1.76	-	-
Prior coronary artery bypass graft surgery	1.41	1.06 – 1.87	-	-
Prior congestive heart failure	1.75	1.27 – 2.39	1.73	1.15 – 2.60
Creatinine clearance, mL/min				
≥ 60	Reference	Reference	Reference	Reference
30-59	1.93	1.55 – 2.41	1.61	1.23 – 2.11
< 30	5.41	3.14 – 9.32	2.79	1.43 – 5.41
Missing	1.61	1.19 – 2.18	0.56	0.30 – 1.07
Presentation				
Stable angina	Reference	Reference	-	-
Non-ST elevation acute coronary syndrome	1.14	0.96 – 1.35		
ST elevation myocardial infarction	1.71	1.29 – 2.26		
E-ZES	0.80	0.68 – 0.93	-	-
Total stent length, per 10 mm	1.07	1.03 – 1.10	-	-

- Facteurs de risque de saignement sont aussi des facteurs de risque d'événements ischémiques

Corrélation des risques



- 97% risques ischémiques > saignements majeurs

Am J Cardiol 2015

Prévention secondaire à long terme

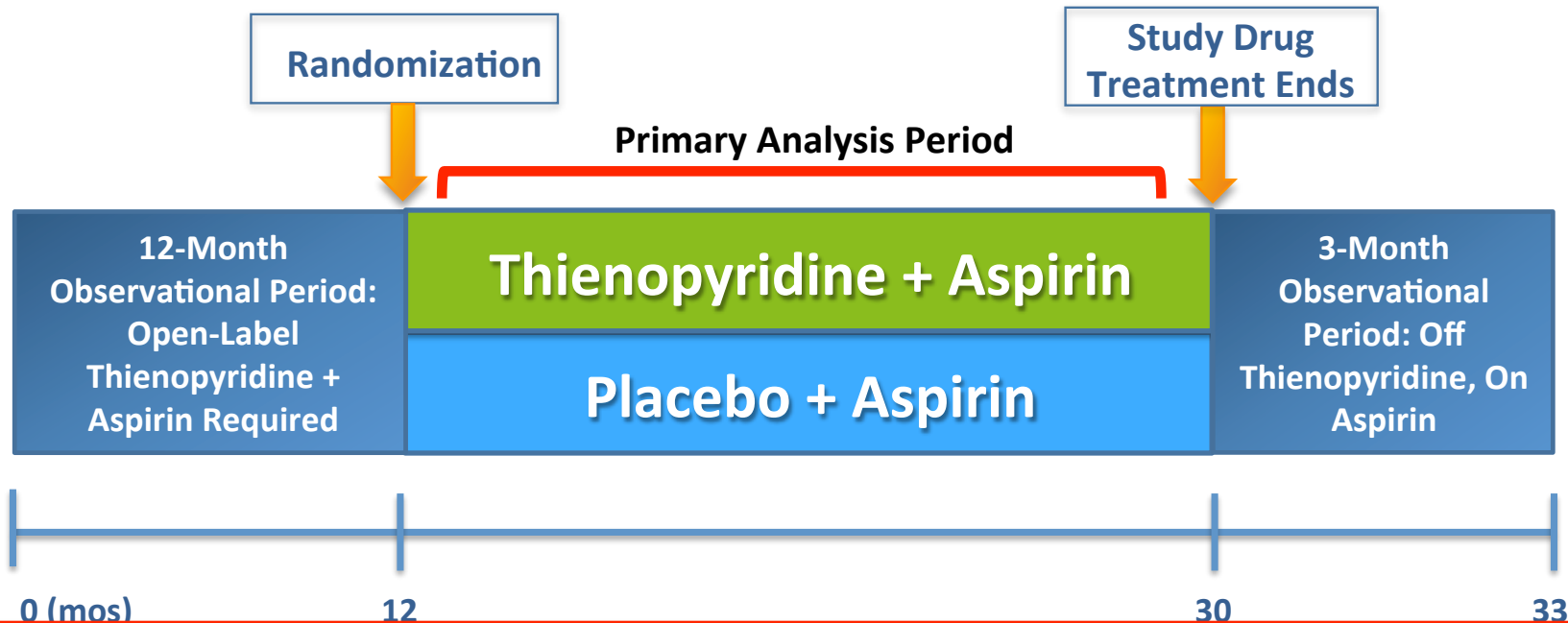




Dual Antiplatelet Therapy Beyond One Year After Drug-eluting Coronary Stent Procedures

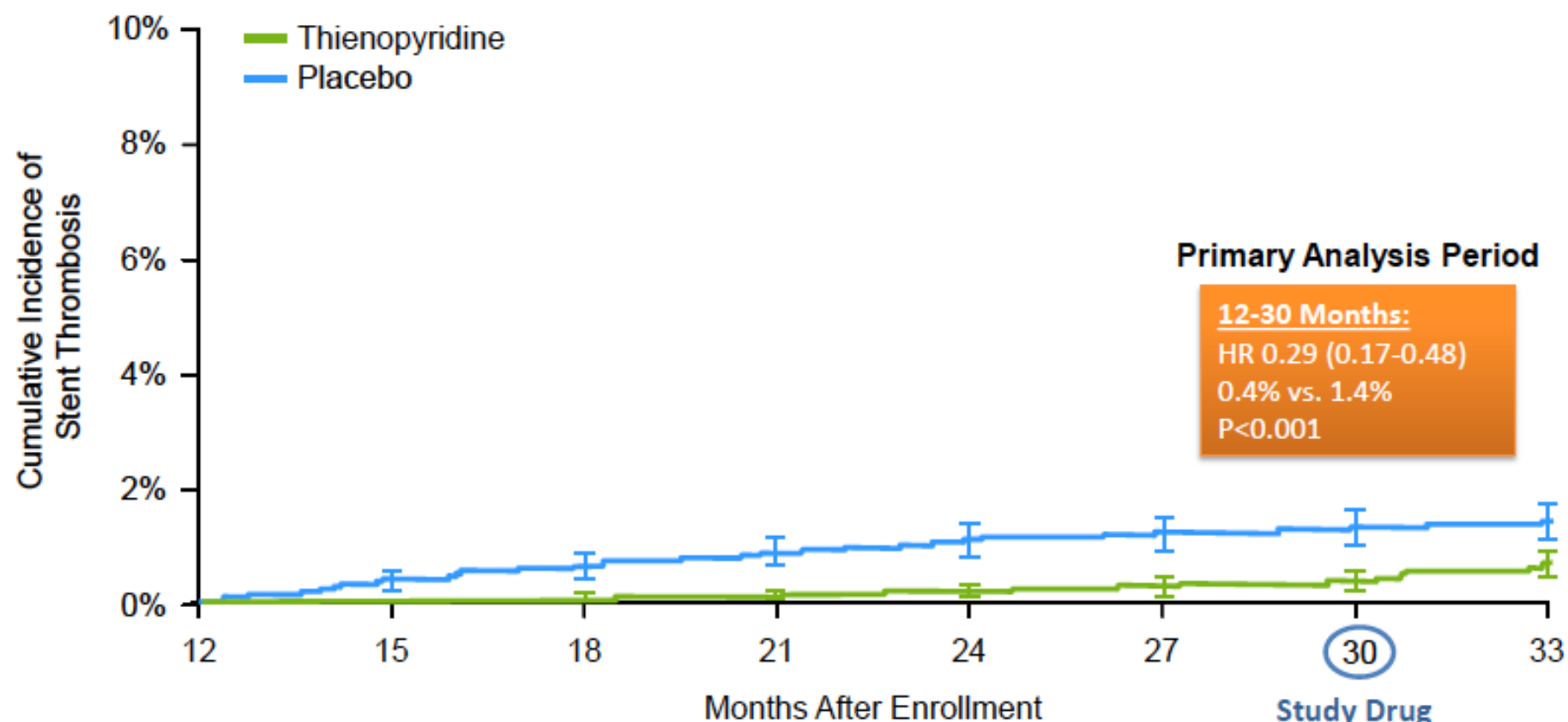
Laura Mauri, Dean J. Kereiakes, Robert W. Yeh, Priscilla Driscoll-Shempp,
Donald E. Cutlip, P. Gabriel Steg, Sharon-Lise T. Normand, Eugene Braunwald,
Stephen D. Wiviott, David J. Cohen, David R. Holmes, Mitchell W. Krucoff,
James Hermiller, Harold L. Dauerman, Daniel I. Simon, David E. Kandzari,
Kirk N. Garratt, David P. Lee, Thomas K. Pow, Peter Ver Lee,
Michael J. Rinaldi, and Joseph M. Massaro
on behalf of the Dual Antiplatelet Therapy (DAPT) Study Investigators

Design



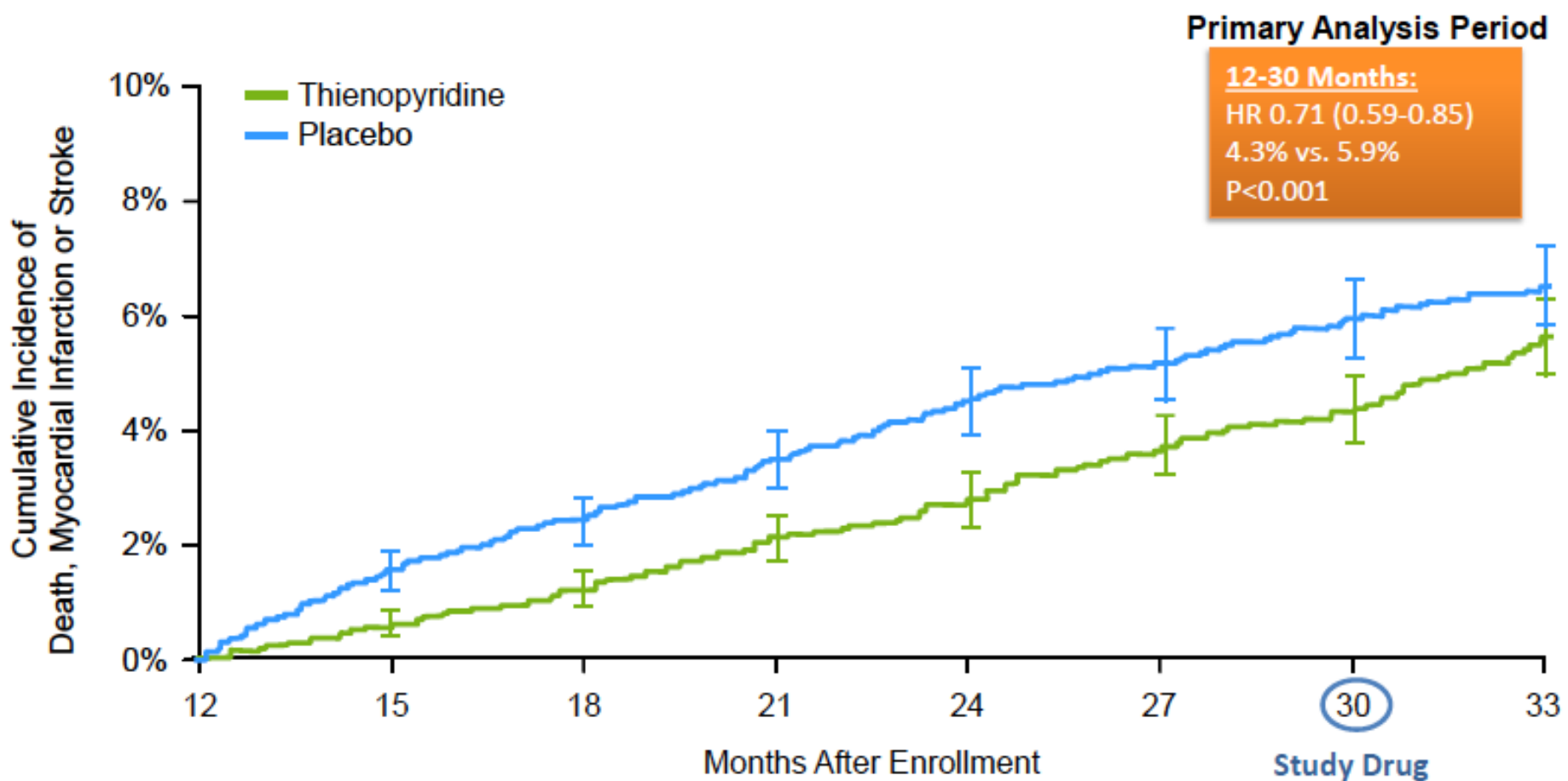
Inclusion: FDA-approved DES or BMS, candidates for thienopyridine
Excluded: Oral anticoagulant therapy; life expectancy < 3y
Randomized: Free from MI, stroke, repeat revascularization, moderate/severe bleeding, and adherent with therapy at 12 months

Co-Primary Effectiveness End Point Stent Thrombosis



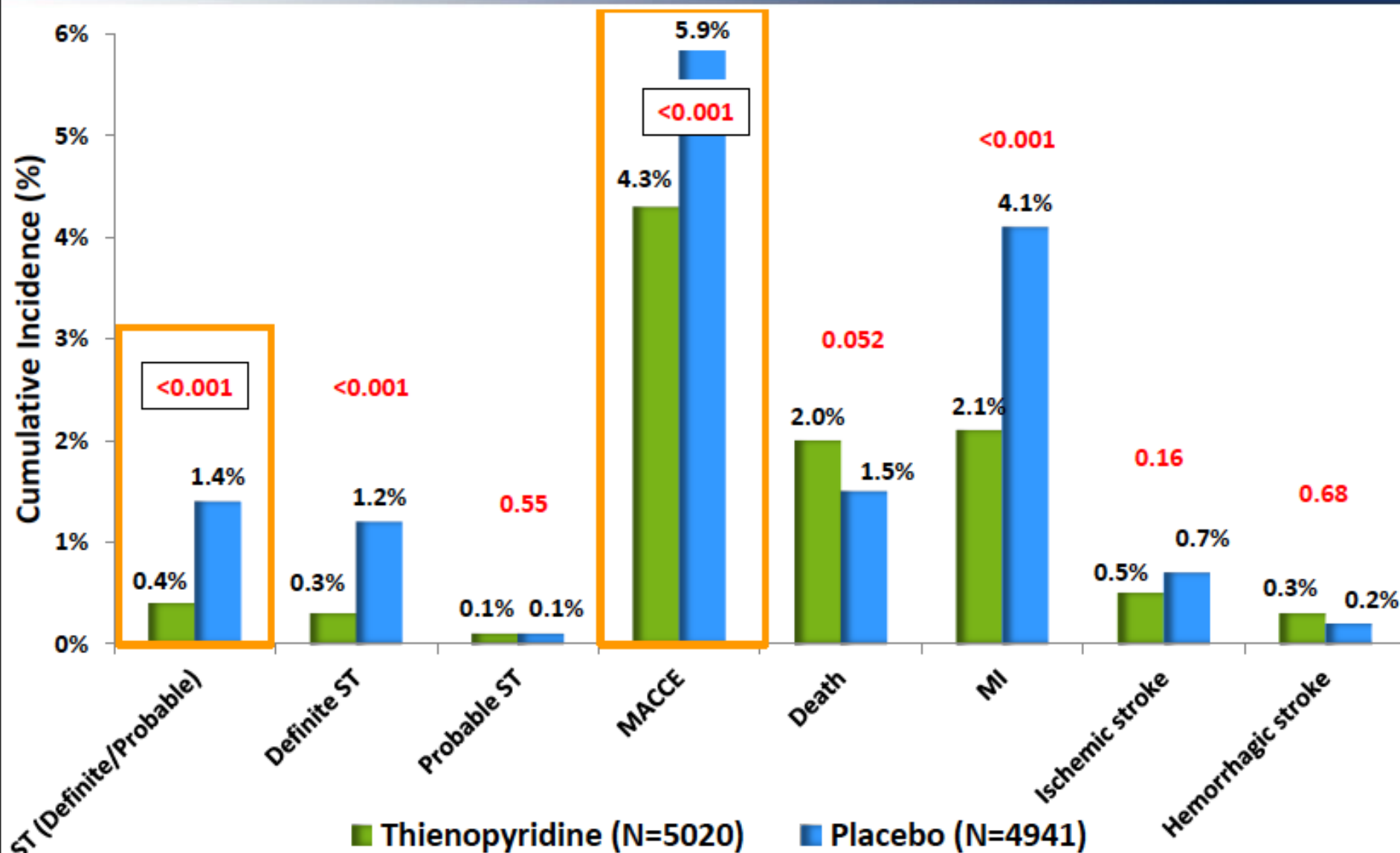
	# At Risk							
	12	15	18	21	24	27	30	33
Thienopyridine	5020	4934	4870	4828	4765	4686	4642	3110
Placebo	4941	4845	4775	4721	4651	4603	4556	3105

Co-Primary Effectiveness End Point MACCE

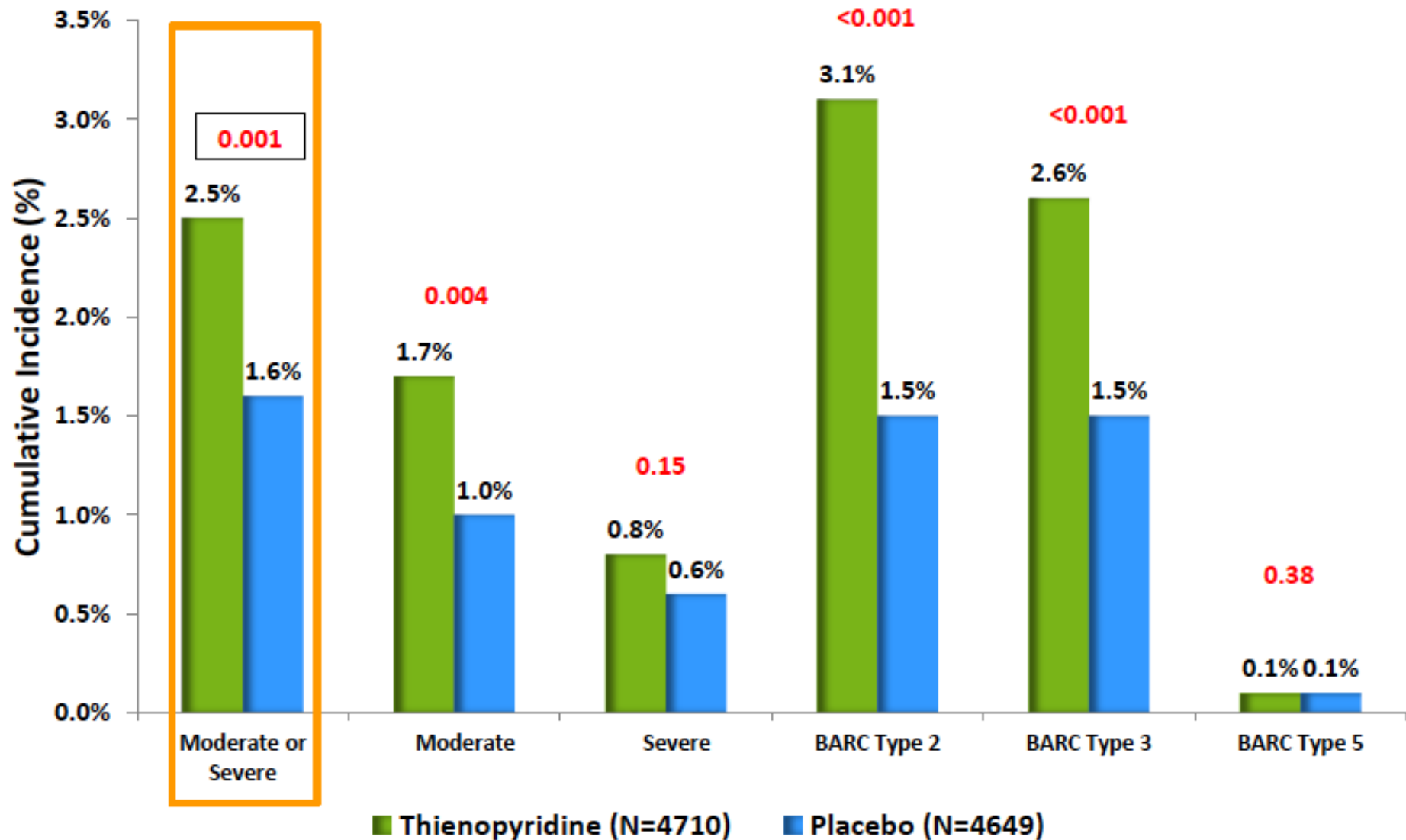


	# At Risk							
Thienopyridine	5020	4917	4840	4778	4702	4611	4554	3029
Placebo	4941	4799	4715	4635	4542	4476	4412	2997

Co-Primary Effectiveness End Points & Components: 12-30 Months



Primary Safety End Point (Moderate or Severe Bleeding): 12-30 Months

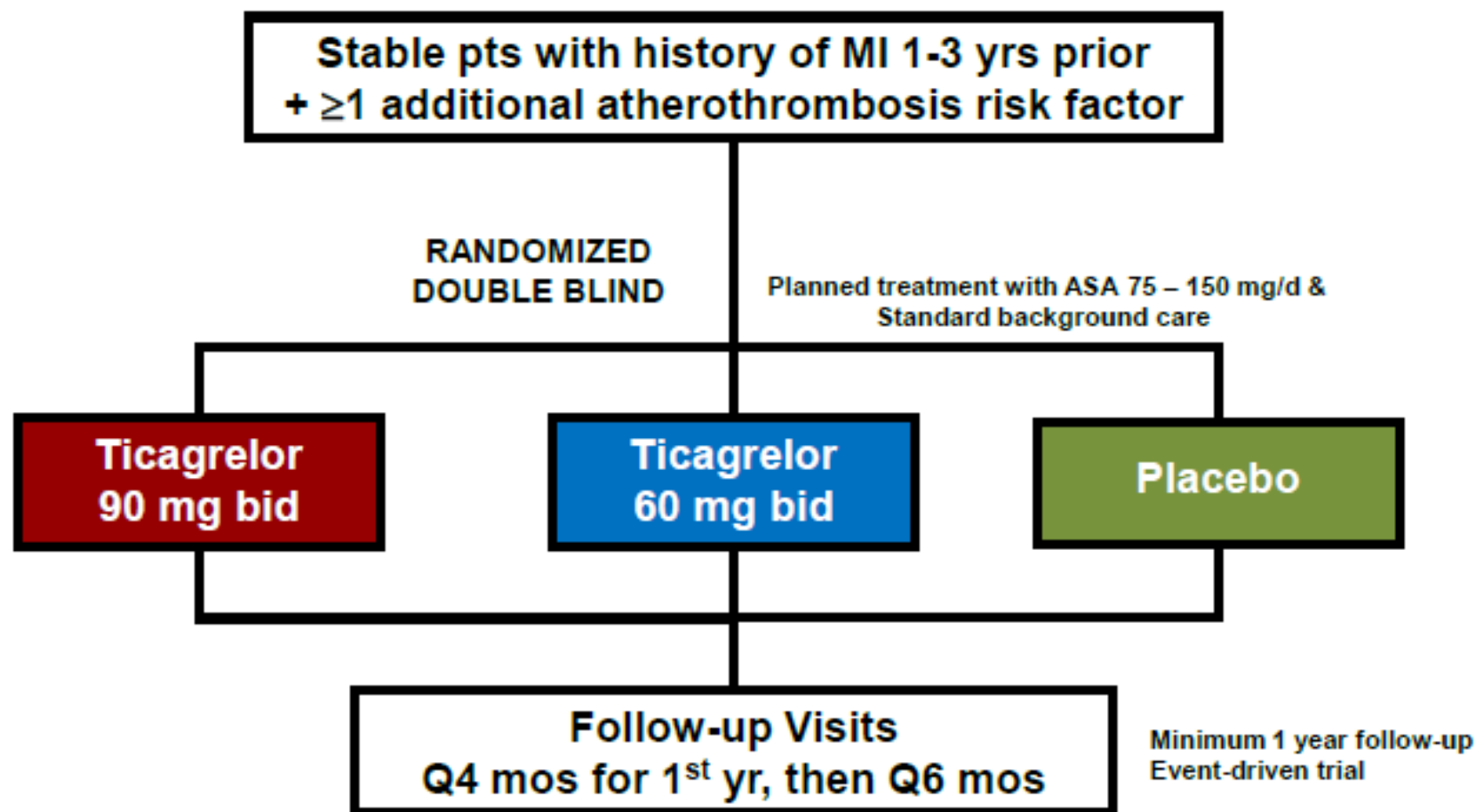




**Prevention of Cardiovascular Events
in Patients With Prior Heart Attack Using
Ticagrelor Compared to Placebo on a
Background of Aspirin**

**Marc S. Sabatine, MD, MPH
on behalf of the PEGASUS-TIMI 54
Executive & Steering Committees and Investigators**

NCT00526474



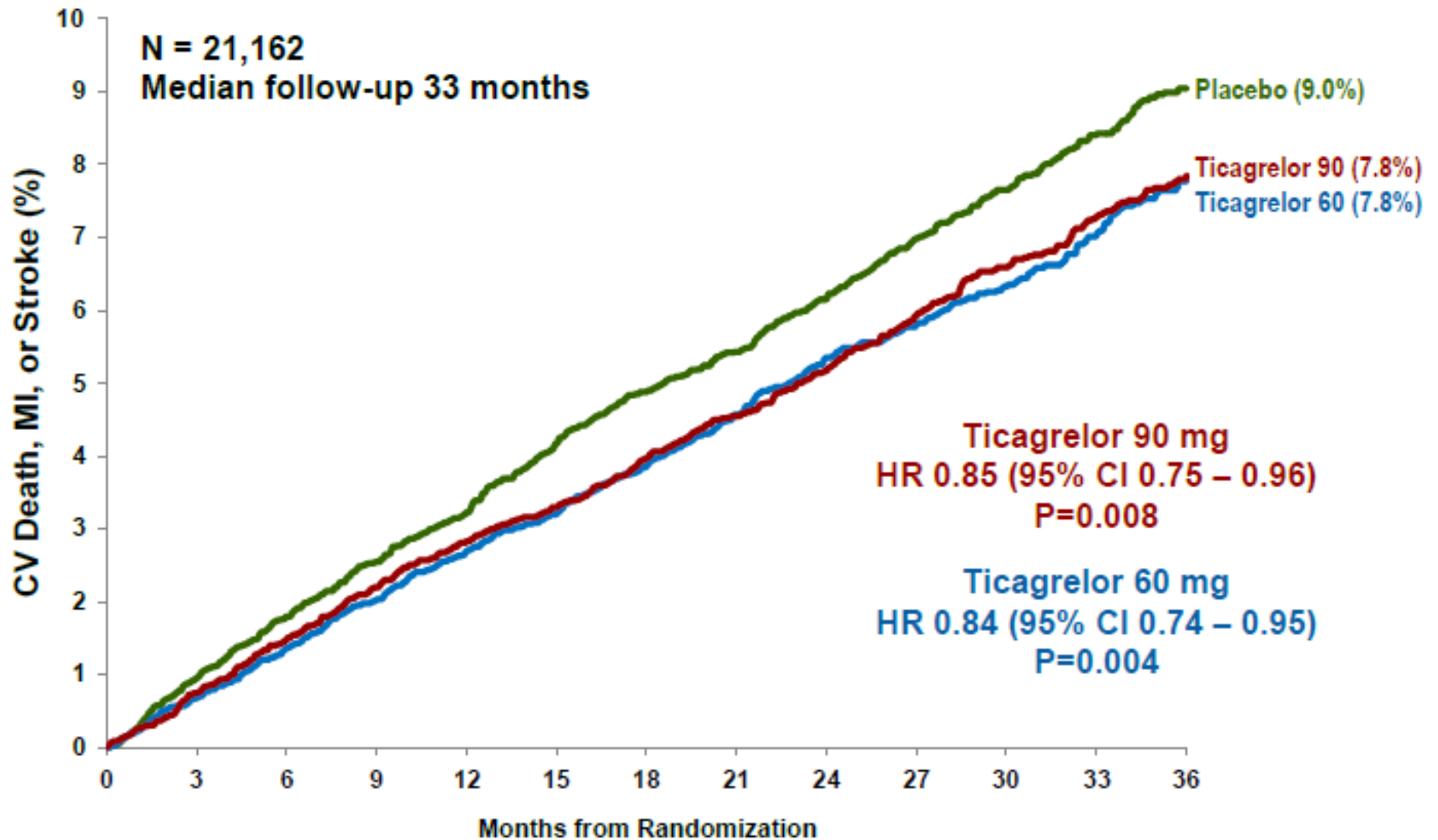
KEY INCLUSION

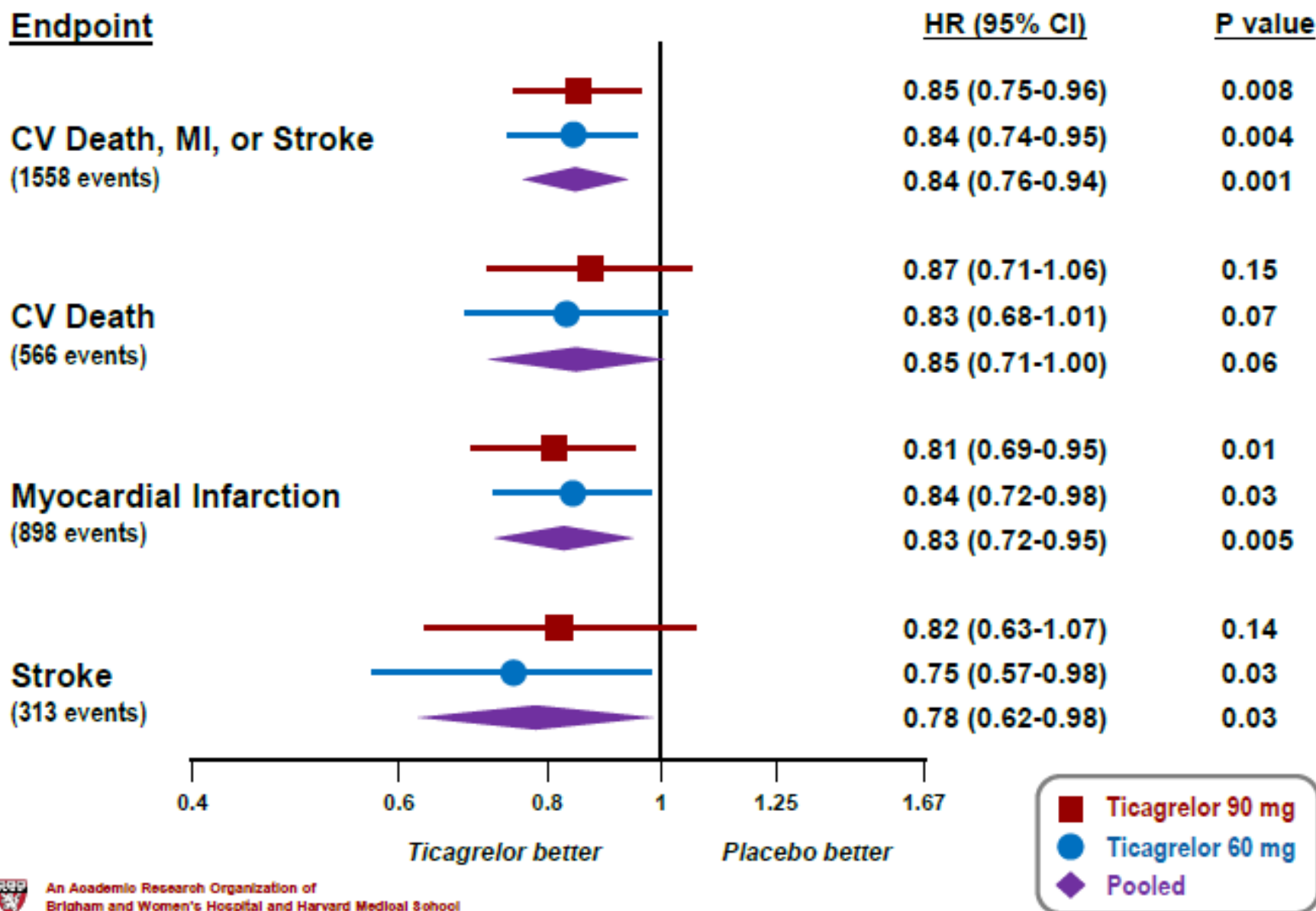
- Age ≥ 50 years
- At least 1 of the following:
 - Age ≥ 65 years
 - Diabetes requiring medication
 - 2nd prior MI (>1 year ago)
 - Multivessel CAD
 - CrCl <60 mL/min
- Tolerating ASA and able to be dosed at 75-150 mg/d

KEY EXCLUSION

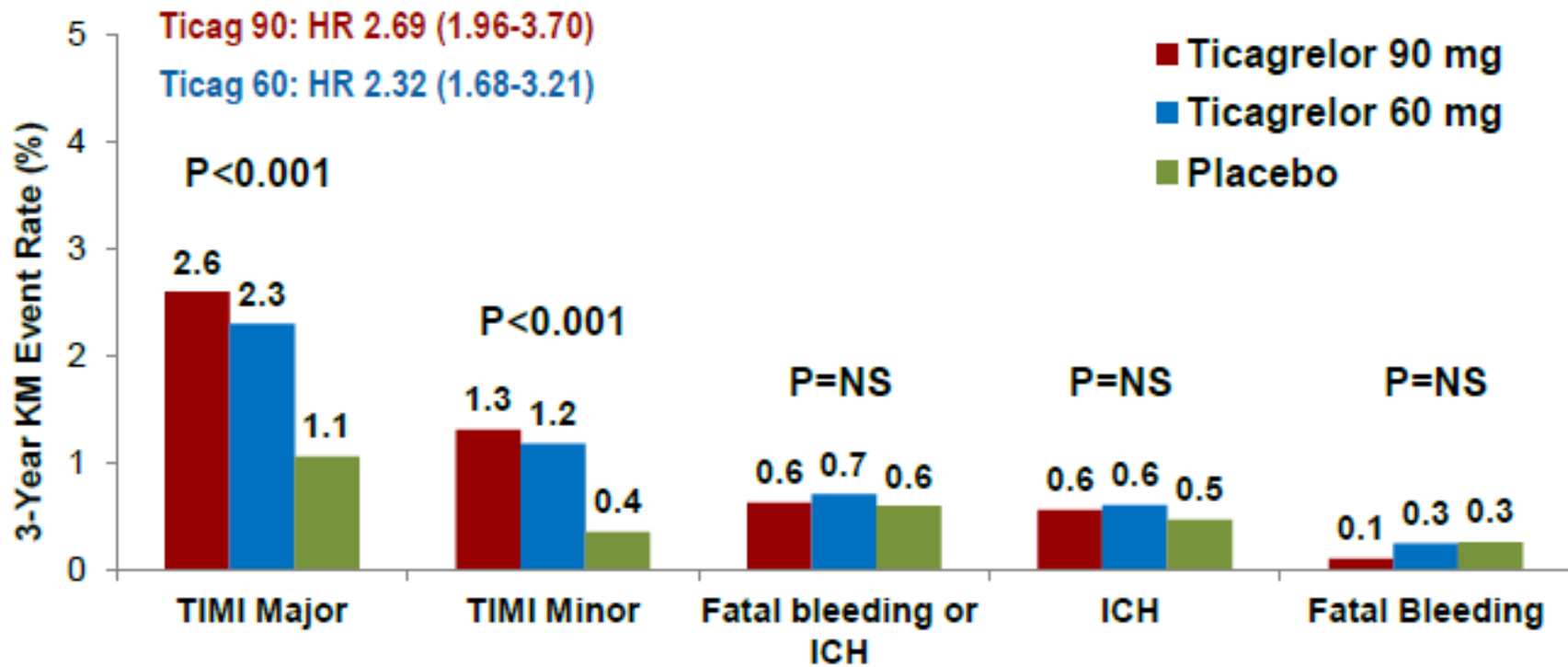
- Planned use of P2Y₁₂ antagonist, dipyridamole, cilostazol, or anticoag
- Bleeding disorder
- History of ischemic stroke, ICH, CNS tumor or vascular abnormality
- Recent GI bleed or major surgery
- At risk for bradycardia
- Dialysis or severe liver disease

Primary Endpoint





Bleeding





Drug discontinuation by Treatment Arm

First Year

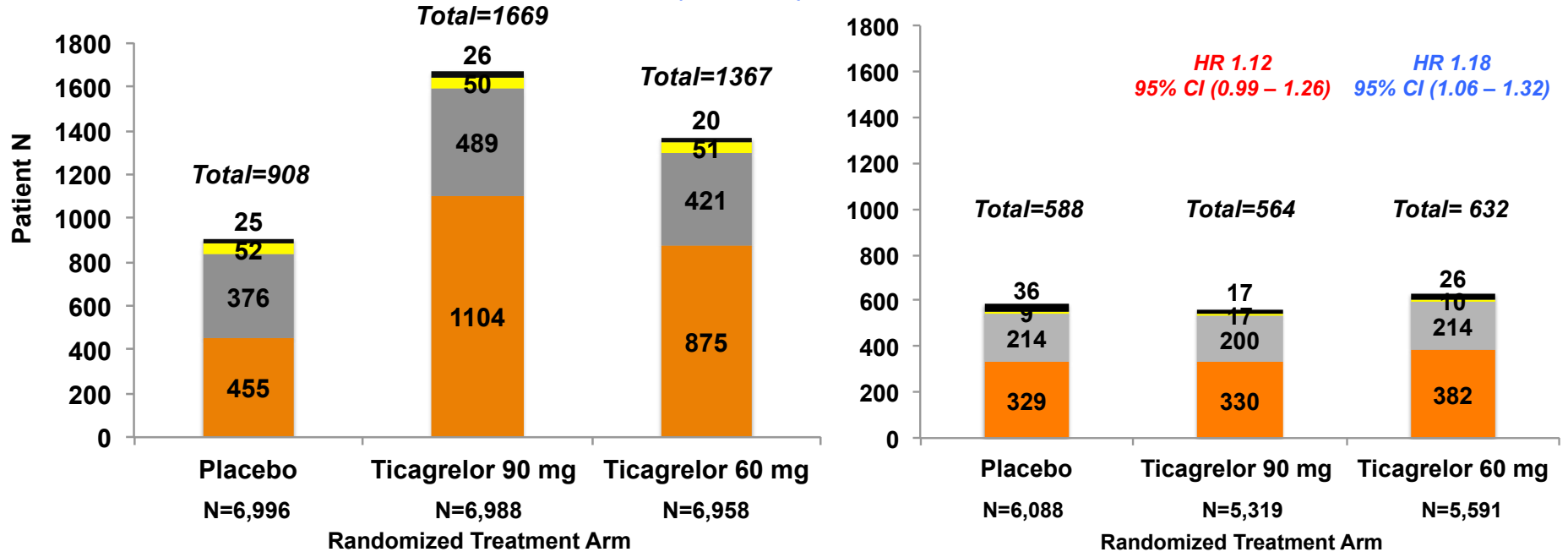


Years 2 + 3

■ AE/SAE ■ Patient Decision ■ Administrative ■ Other

HR 1.91
95% CI (1.77 – 2.07)

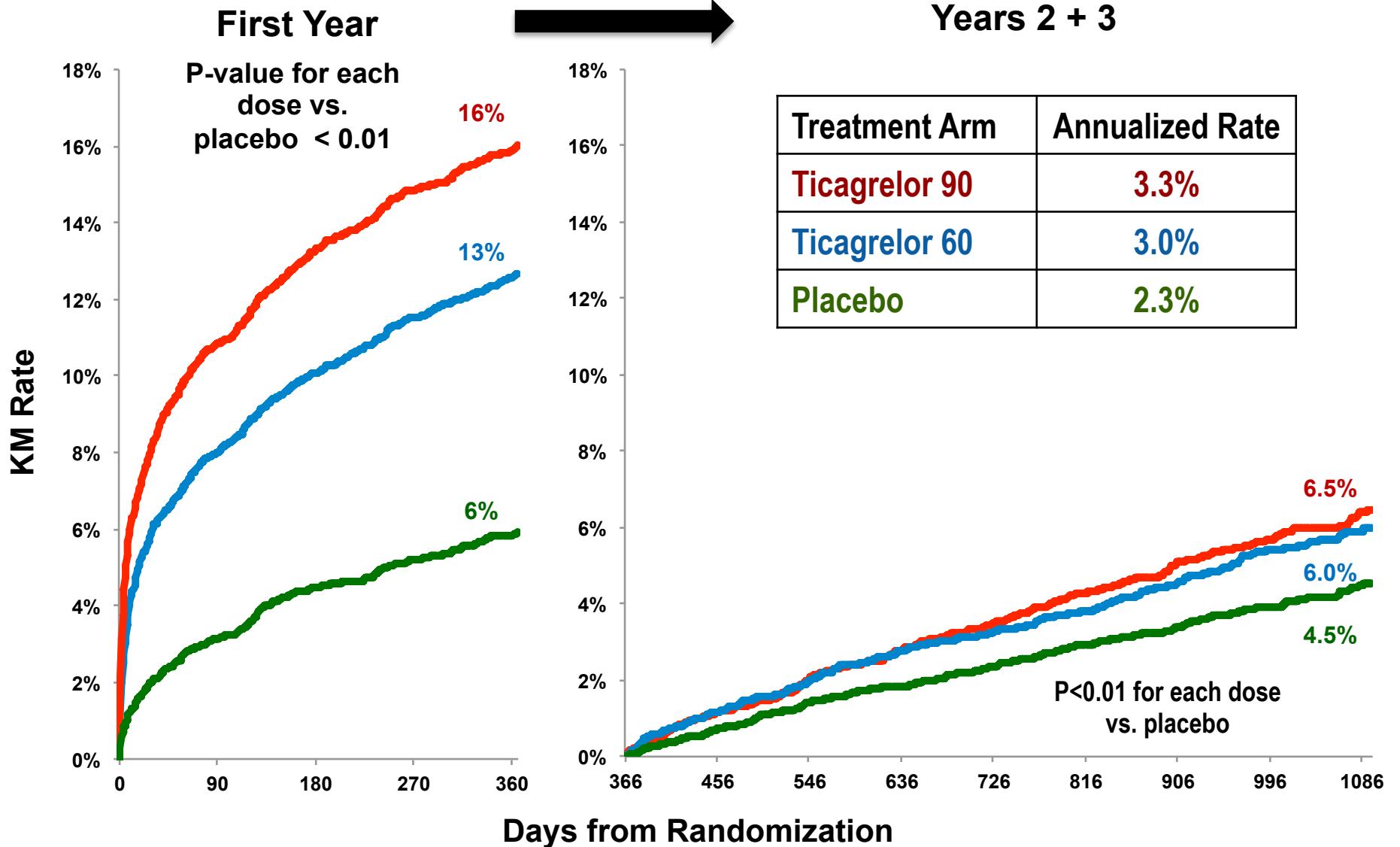
HR 1.57
95% CI (1.44 – 1.70)





Drug discontinuation for AE by Treatment

■ Ticagarelor 90 mg twice daily
 ■ Ticagarelor 60 mg twice daily
 ■ Placebo

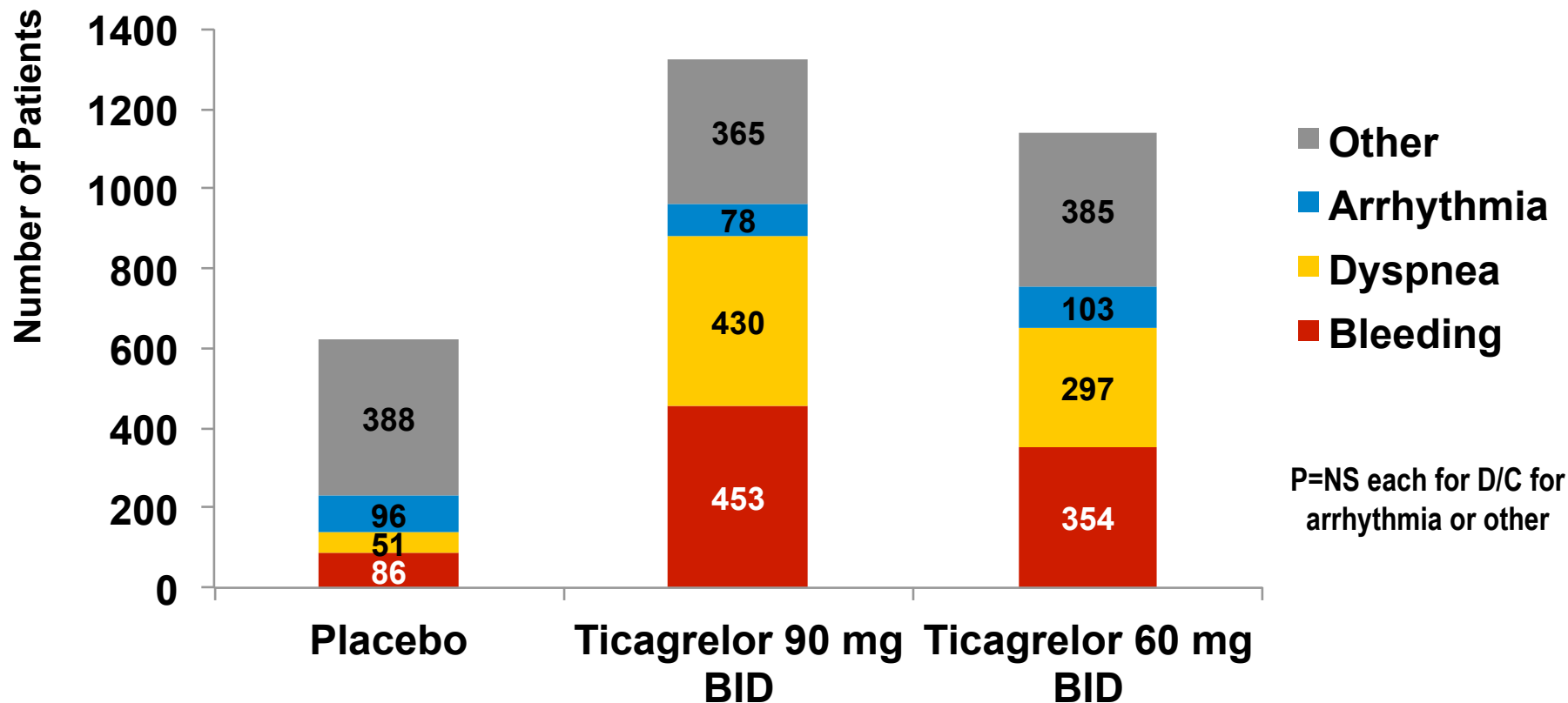




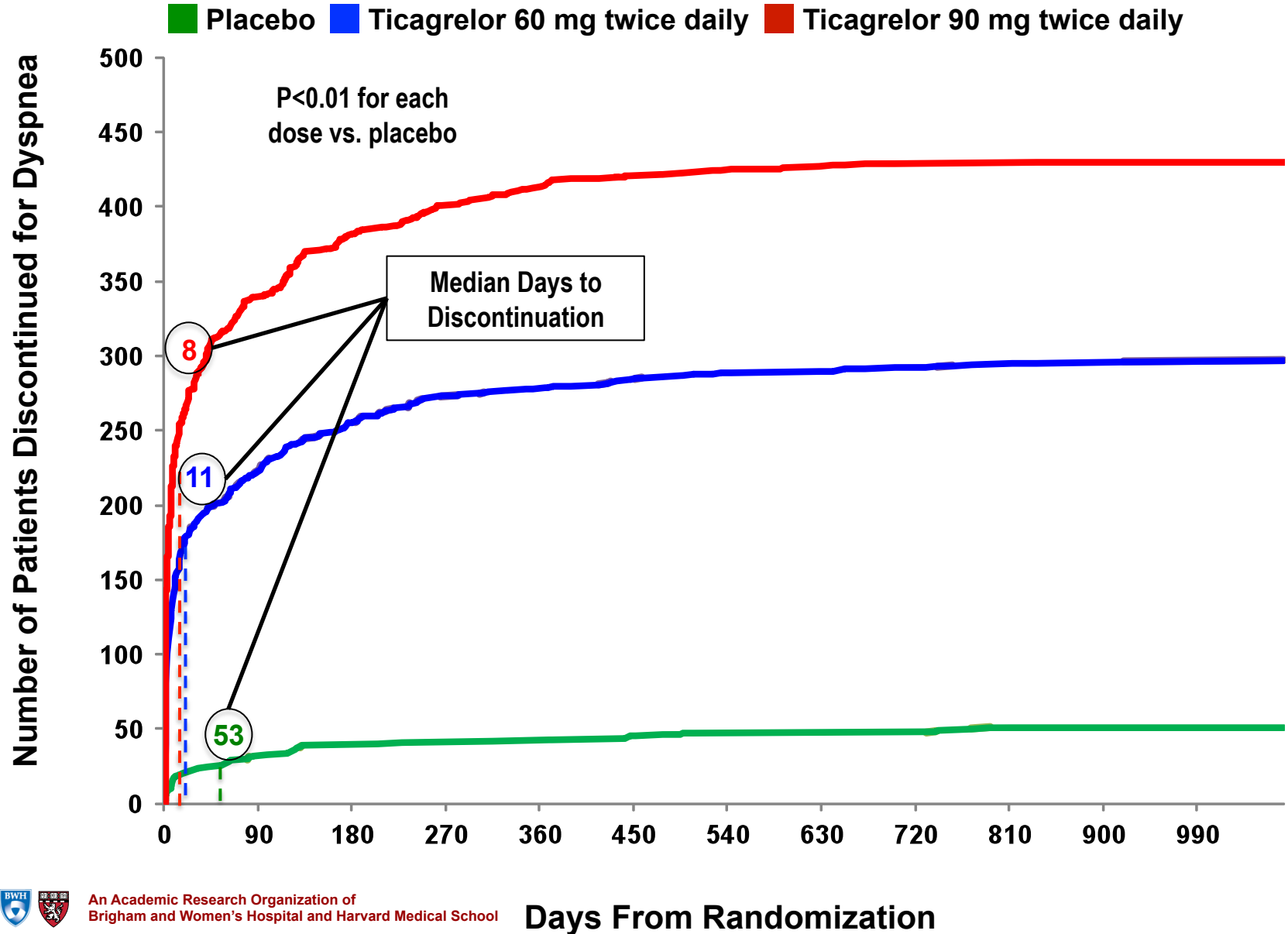
Adverse Events Leading to Discontinuation

3 Year KM Rate (%) – p-value for each dose vs. placebo <0.001

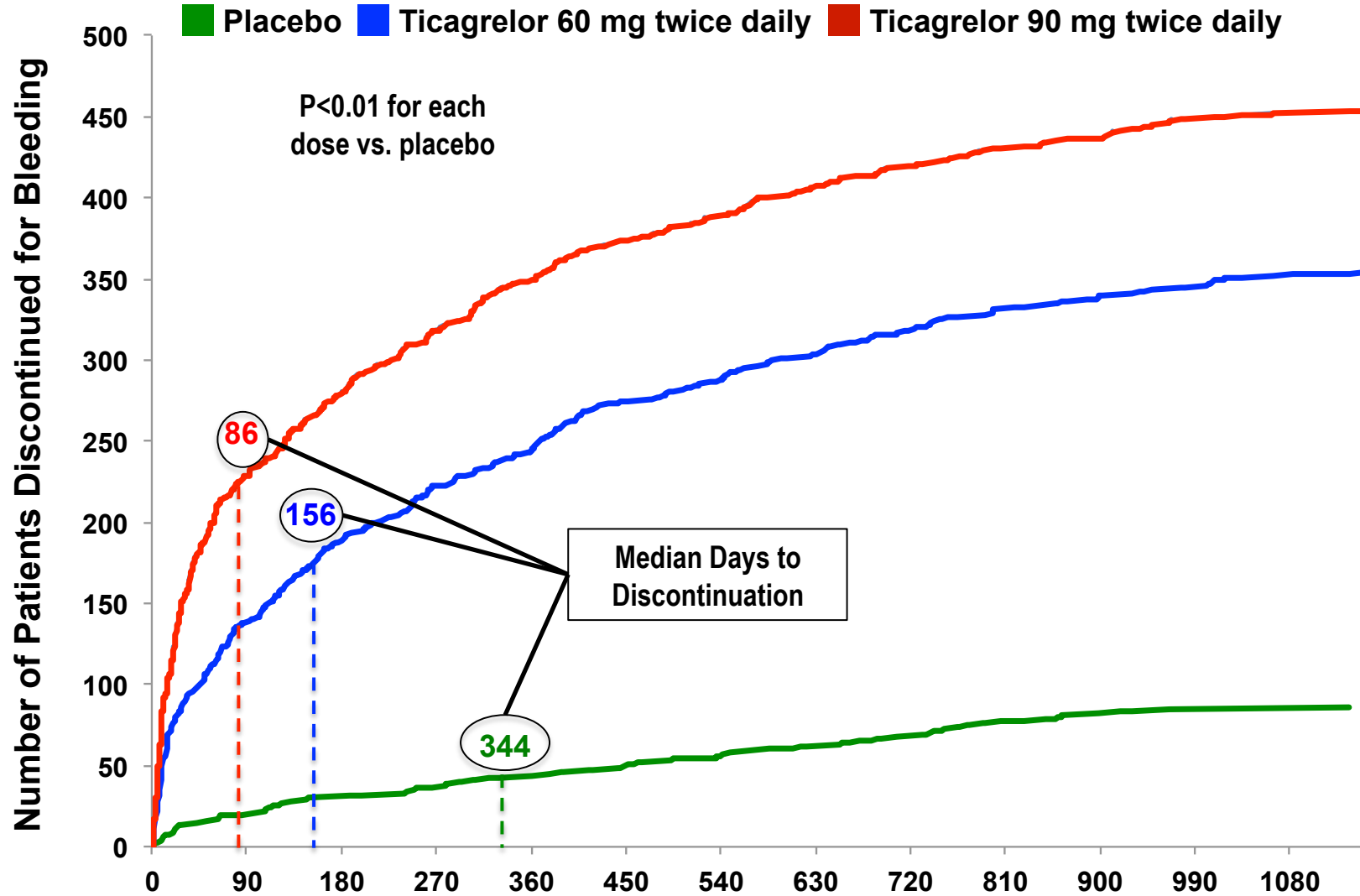
Treatment Arm	Any AE	Bleeding	Dyspnea
Ticagrelor 90	19.0%	7.8%	6.5%
Ticagrelor 60	16.4%	6.2%	4.6%
Placebo	8.9%	1.5%	0.8%



Discontinuation over time for Dyspnea by Randomization Group



Discontinuation over time for Bleeding by Randomization Group

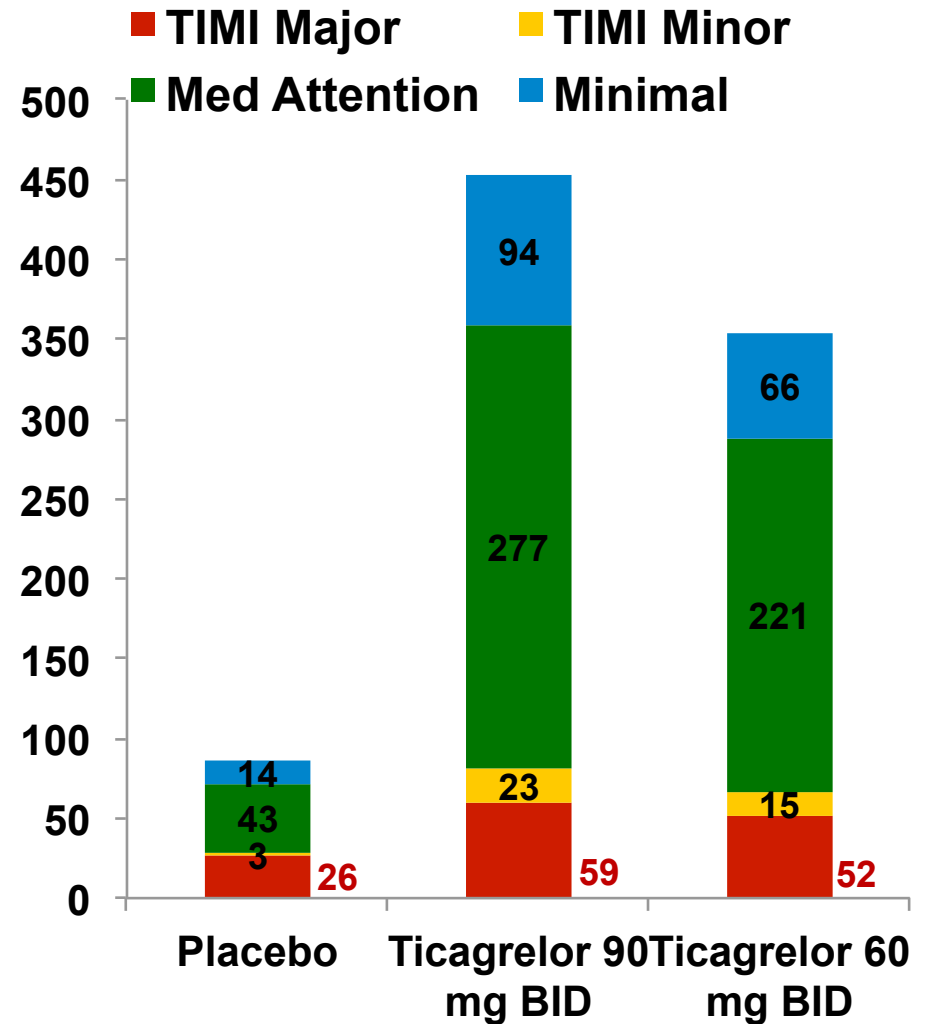
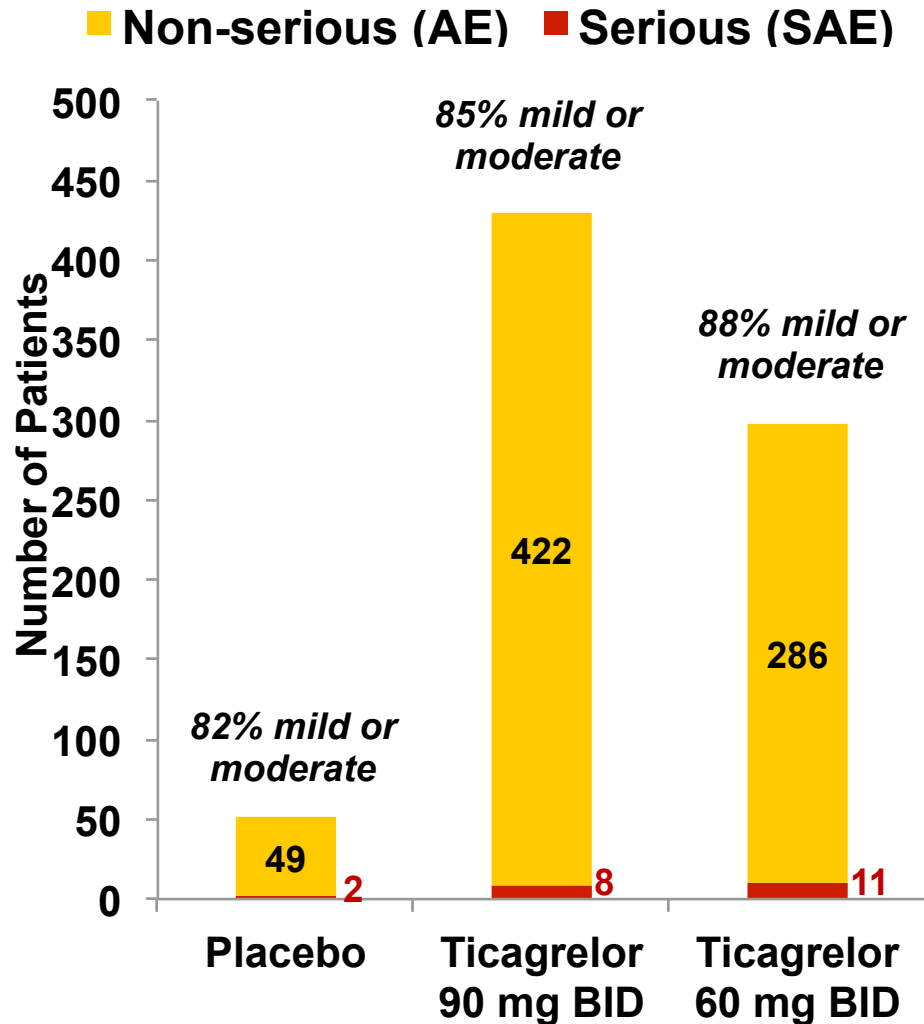




Dyspnea and Bleeding

Dyspnea

Bleeding



Reduction in MACE with Ticagrelor by Time from P2Y₁₂ Inhibitor Withdrawal

Time from P2Y₁₂ Inhibitor withdrawal to randomization

≤ 30 days
N=7,181

27% RRR

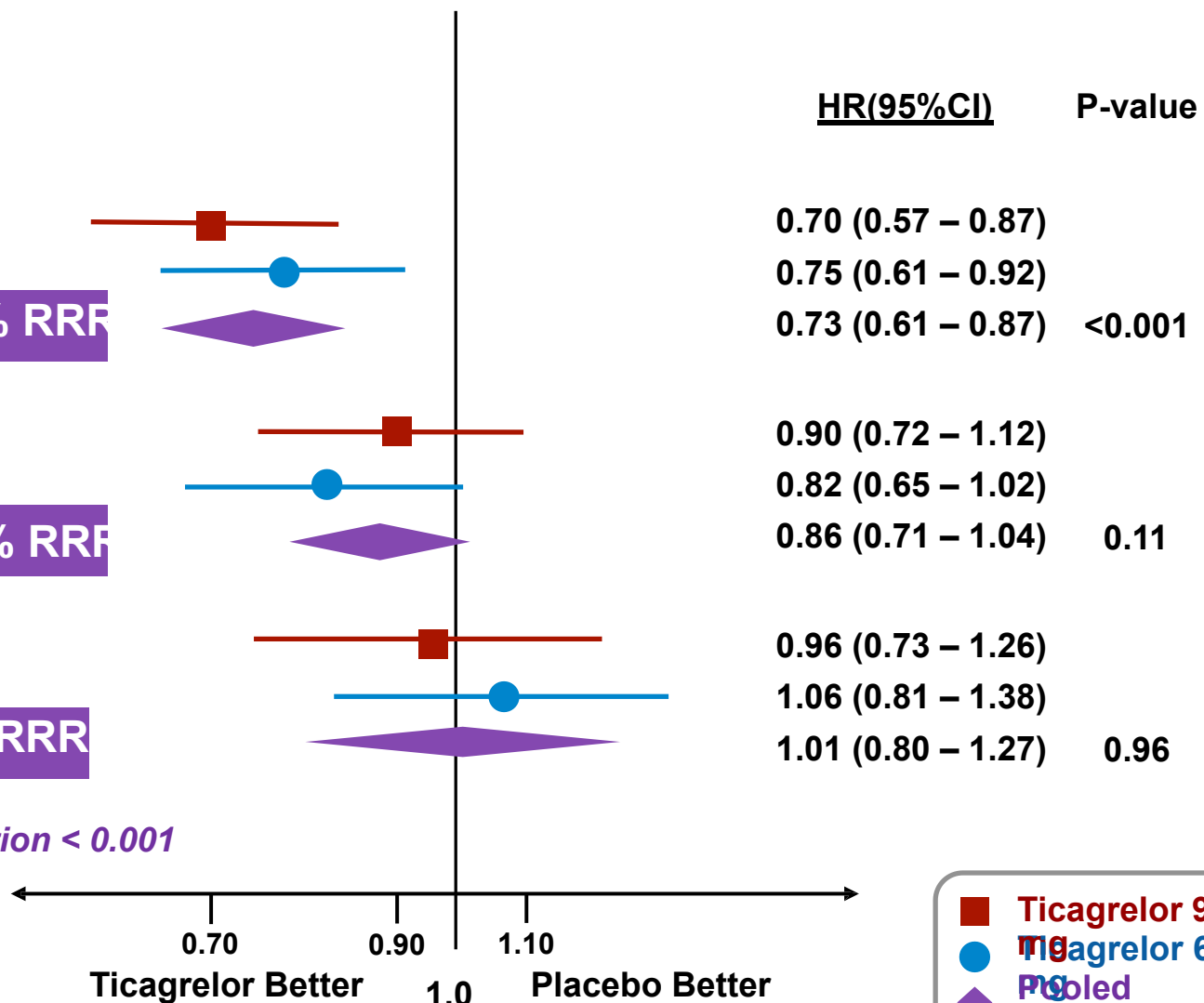
>30 days to 1 year
N=6,501

14% RRR

>1 year
N=5079

∅ RRR

P-interaction < 0.001





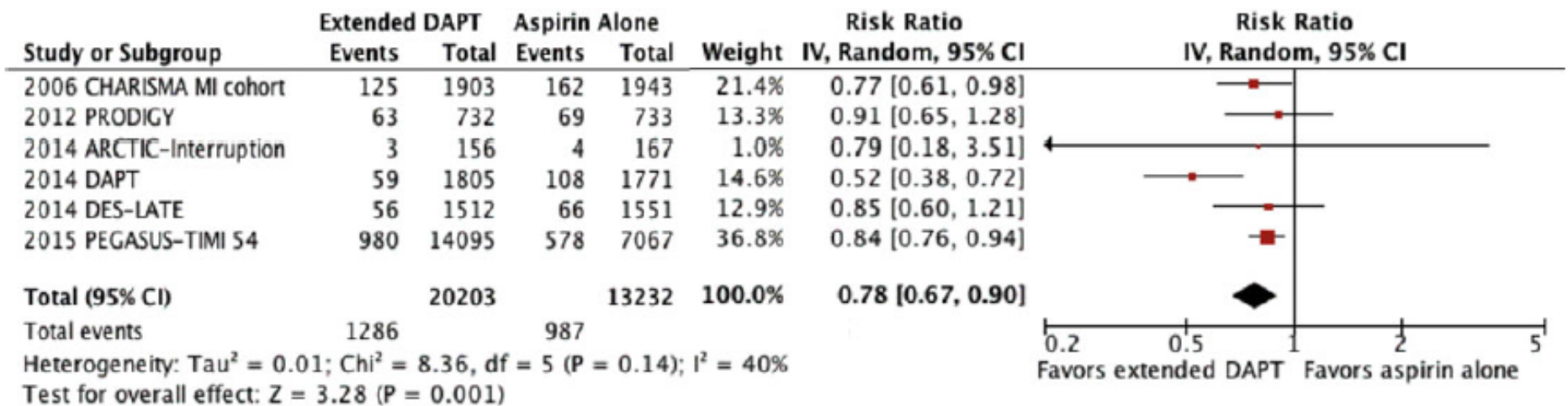
European Heart Journal
doi:10.1093/eurheartj/ehv443

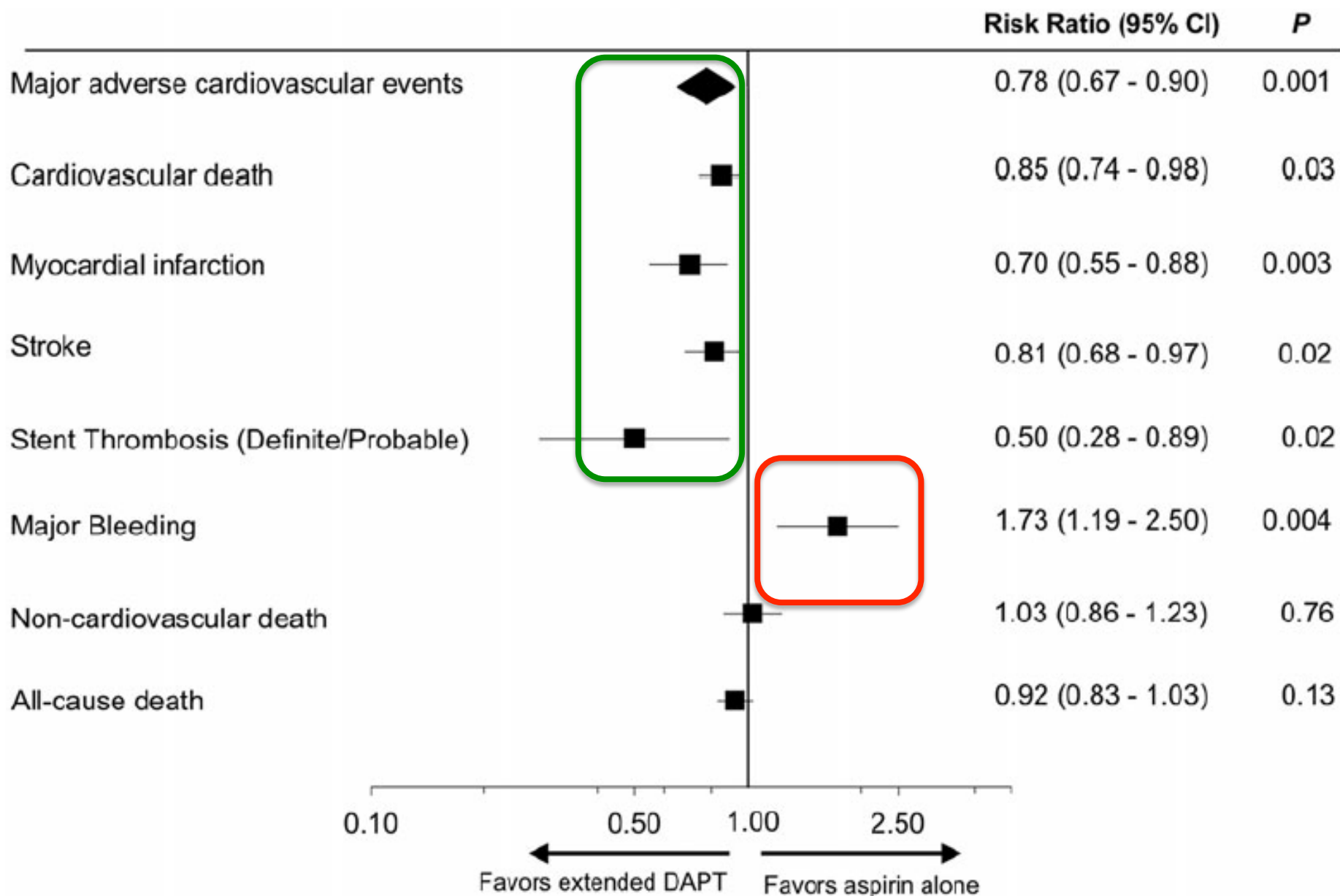
FASTTRACK
ESC Clinical Trial Update

Long-term dual antiplatelet therapy for secondary prevention of cardiovascular events in the subgroup of patients with previous myocardial infarction: a collaborative meta-analysis of randomized trials

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- 6 études randomisées prévention secondaire
 - ASA versus DAPT prolongée > 12 mois
 - Suivi > 12 mois
 - Présentation ou ATCD infarctus du myocarde







Individualizing Treatment Duration of Dual Antiplatelet Therapy after Percutaneous Coronary Intervention: An Analysis from the DAPT Study

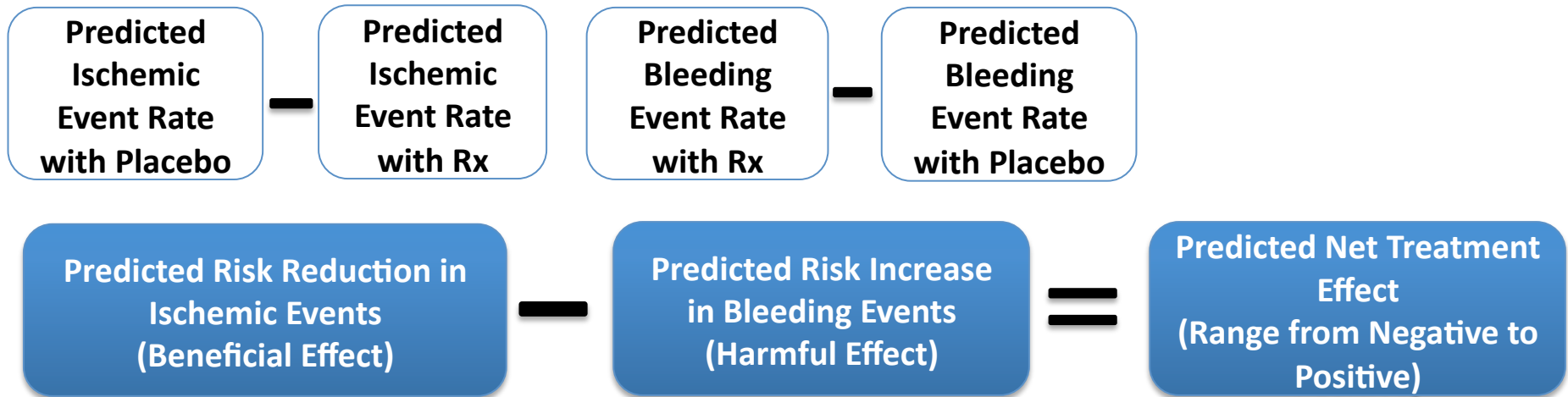
Robert W. Yeh, Eric A. Secemsky, Dean J. Kereiakes, Sharon-Lise T. Normand, Anthony H. Gershlick, David J. Cohen, John A. Spertus, P. Gabriel Steg, Donald E. Cutlip, Michael J. Rinaldi, Edoardo Camenzind, William Wijns, Patricia K. Apruzzese, Yang Song, Joseph M. Massaro, and Laura Mauri, for the Dual Antiplatelet Therapy (DAPT) Study Investigators

Objective

- To develop a decision tool to identify whether an individual patient is more likely to derive benefit or harm from continuation of dual antiplatelet therapy beyond 1 year.
 - *Simultaneously* accounting for risks of ischemia AND bleeding with continued therapy.



Methods – Predicting Net Treatment Effect



- Predictors of net treatment effect with continued thienopyridine determined from linear regression and simplified to an integer point score (**DAPT Score**)
- Actual outcomes presented by randomized treatment arm stratified by DAPT Score. Sensitivity analysis without paclitaxel-eluting stent-treated subjects.

Multivariable Prediction Models



Predictors of Events	Predictors of Myocardial Infarction or Stent Thrombosis		Predictors of Moderate/ Severe Bleeding	
	HR (95% CI)	P	HR (95% CI)	P
Continued Thienopyridine vs. Placebo	0.52 (0.42 – 0.65)	<0.001	1.66 (1.26 - 2.19)	<0.001
MI at Presentation	1.65 (1.31 – 2.07)	<0.001	-	-
Prior PCI or Prior MI	1.79 (1.43 – 2.23)	<0.001	-	-
CHF or LVEF < 30%	1.88 (1.35 – 2.62)	<0.001	-	-
Vein Graft PCI	1.75 (1.13 – 2.73)	0.01	-	-
Stent Diameter < 3 mm	1.61 (1.30 – 1.99)	<0.001	-	-
Paclitaxel-Eluting Stent	1.57 (1.26 – 1.97)	<0.001	-	-
Cigarette Smoker	1.40 (1.11 – 1.76)	0.01	-	-
Diabetes	1.38 (1.10 – 1.72)	0.01	-	-
Peripheral Arterial Disease	1.49 (1.05 – 2.13)	0.03	2.16 (1.46, 3.20)	<0.001
Hypertension	1.37 (1.03 – 1.82)	0.03	1.45 (1.00, 2.11)	0.05
Renal Insufficiency	1.55 (1.03 – 2.32)	0.04	1.66 (1.04, 2.66)	0.03
Age (per 10 years)	-	-	1.54 (1.34, 1.78)	<0.001

*The ischemia model C-statistic: 0.70 in DAPT Study; 0.64 in PROTECT

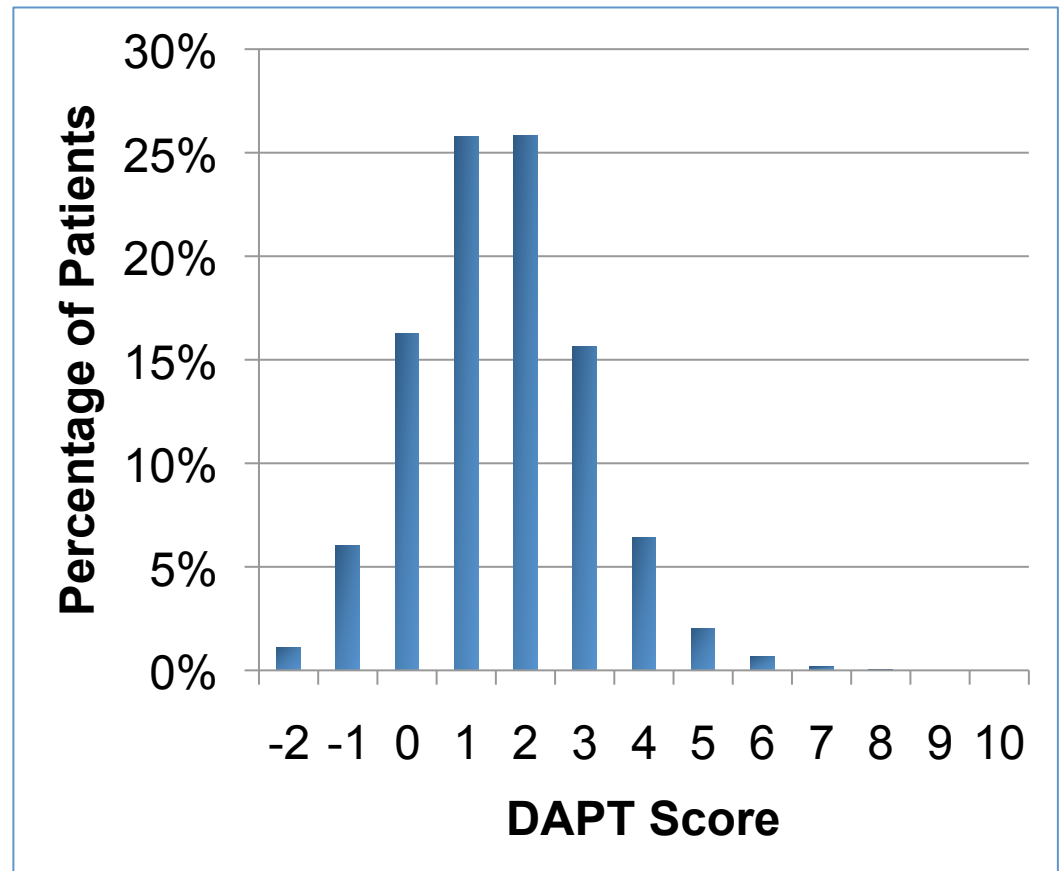
**The bleeding model C-statistic: 0.68 in DAPT Study; 0.64 in PROTECT

The DAPT Score



Variable	Points
Patient Characteristic	
Age	
≥ 75	-2
65 - <75	-1
< 65	0
Diabetes Mellitus	1
Current Cigarette Smoker	1
Prior PCI or Prior MI	1
CHF or LVEF < 30%	2
Index Procedure Characteristic	
MI at Presentation	1
Vein Graft PCI	2
Stent Diameter < 3mm	1

Distribution of DAPT Scores among all randomized subjects in the DAPT Study



Continued Thienopyridine vs. Placebo Treatment Effect by DAPT Score Quartile (N = 11,648)

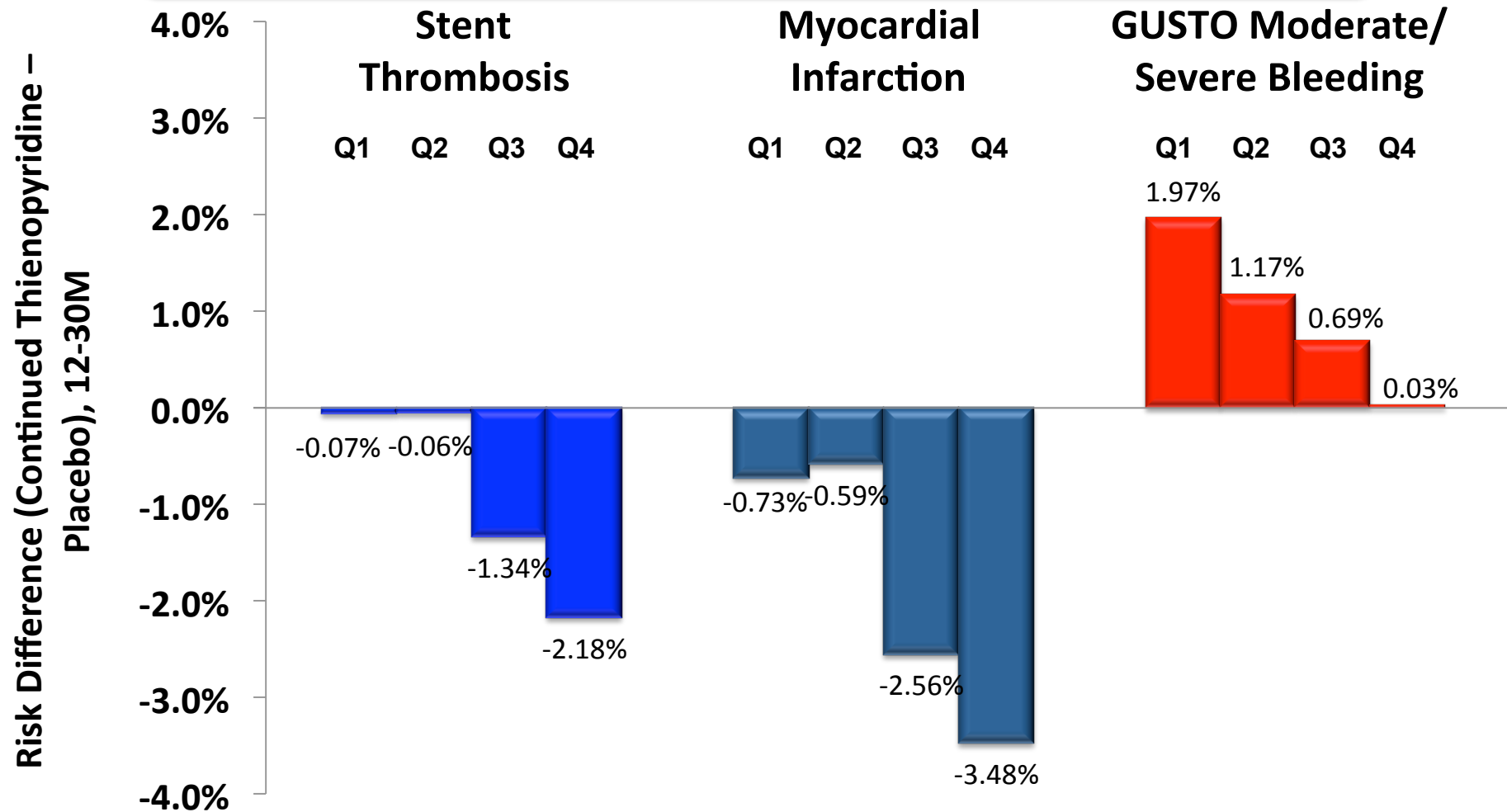


Q1 = DAPT Score -2 to 0

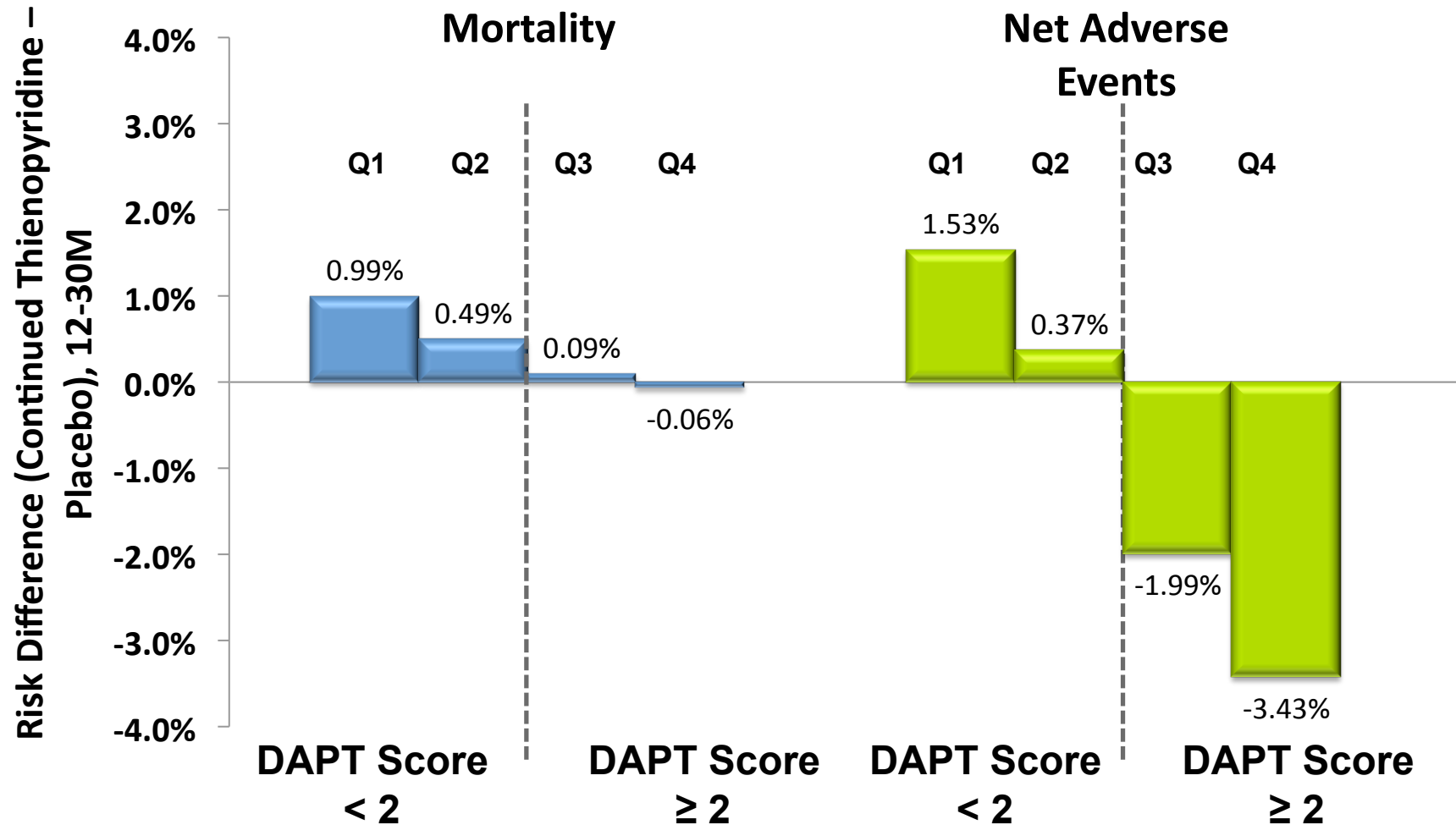
Q3 = DAPT Score 2

Q2 = DAPT Score 1

Q4 = DAPT Score > 2



Continued Thienopyridine vs. Placebo Treatment Effect by DAPT Score Quartile (N = 11,648)

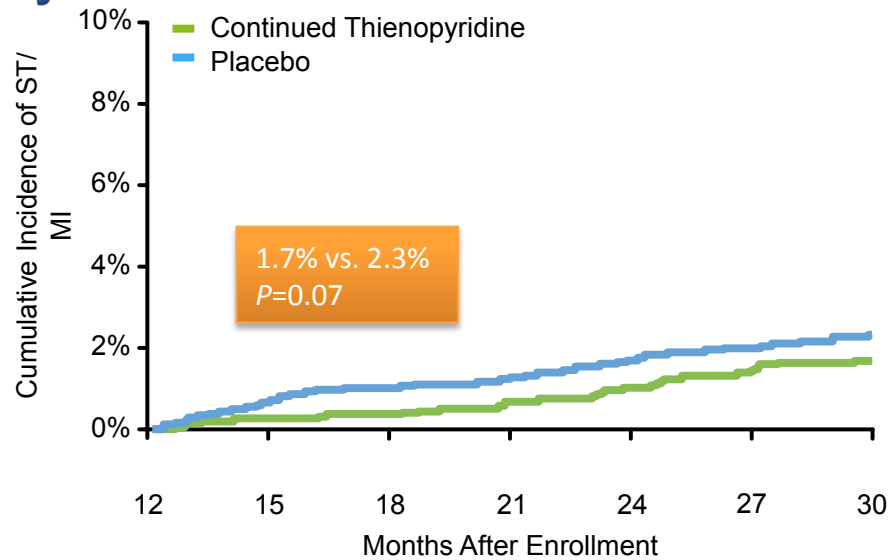


Continued Thienopyridine vs. Placebo

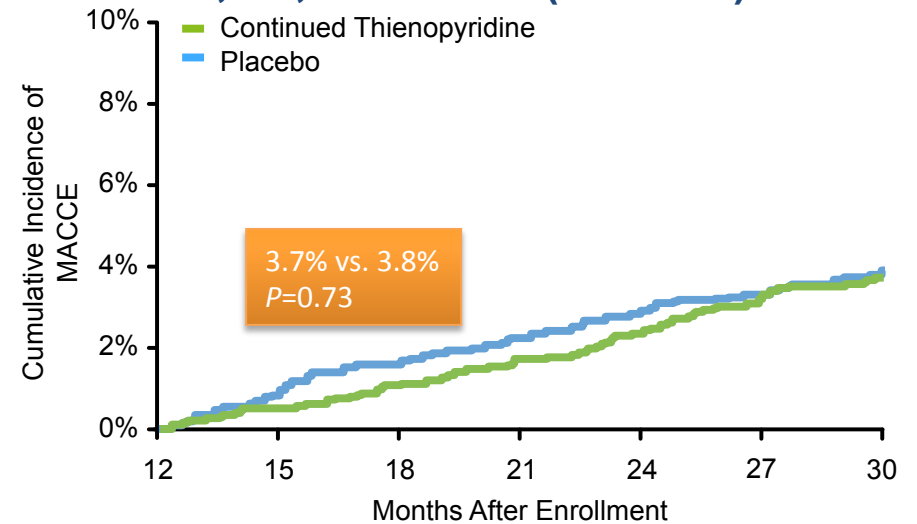
DAPT Score <2 (Low); N=5731



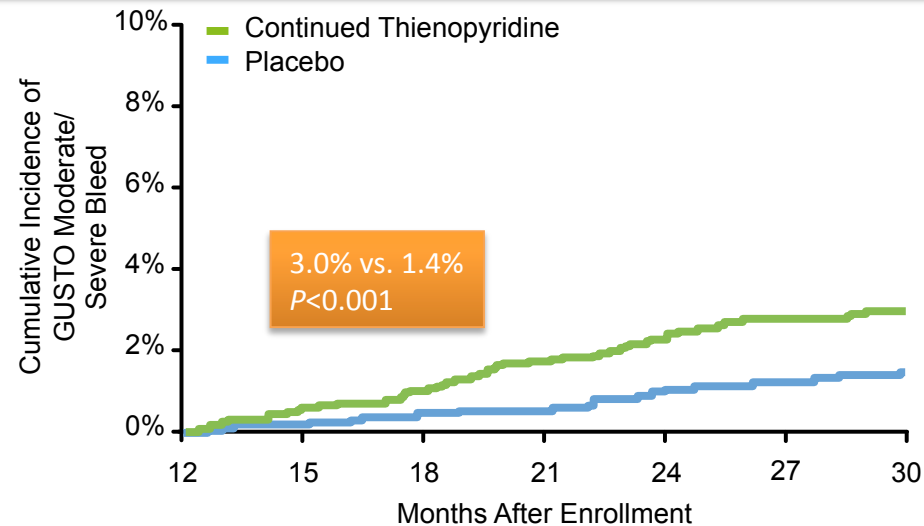
Myocardial Infarction or Stent Thrombosis



Death, MI, or Stroke (MACCE)



GUSTO Moderate/Severe Bleeding

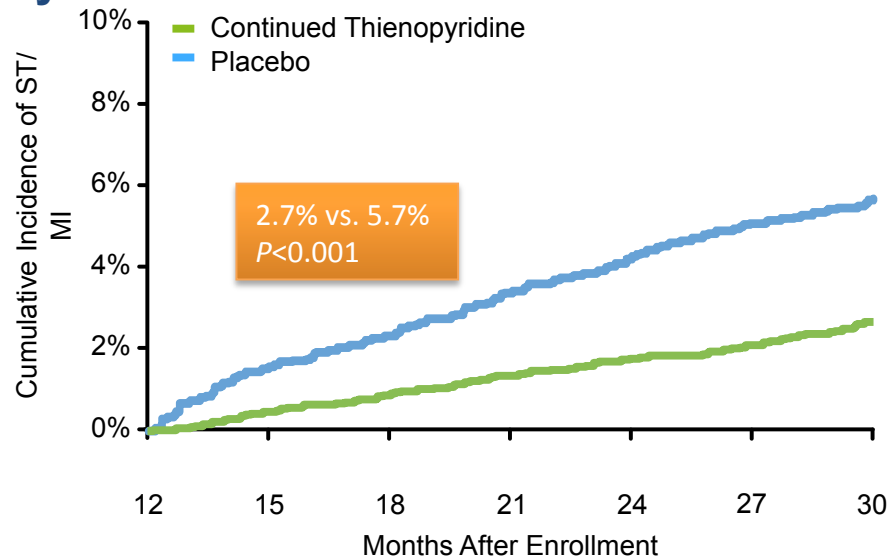


Continued Thienopyridine vs. Placebo

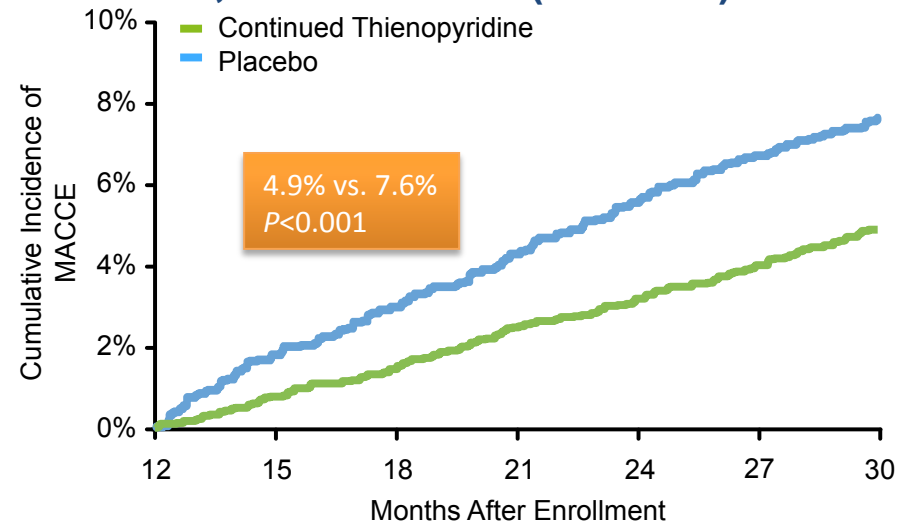
DAPT Score ≥ 2 (High); N=5917



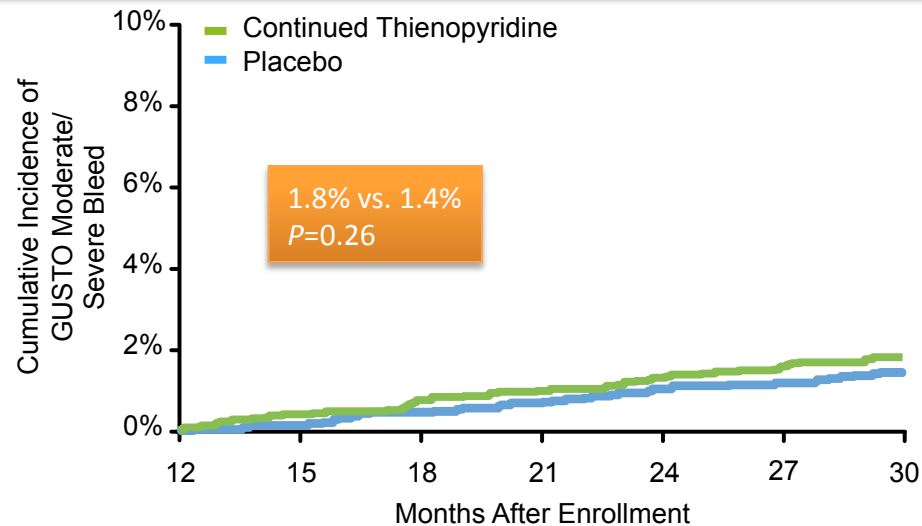
Myocardial Infarction or Stent Thrombosis



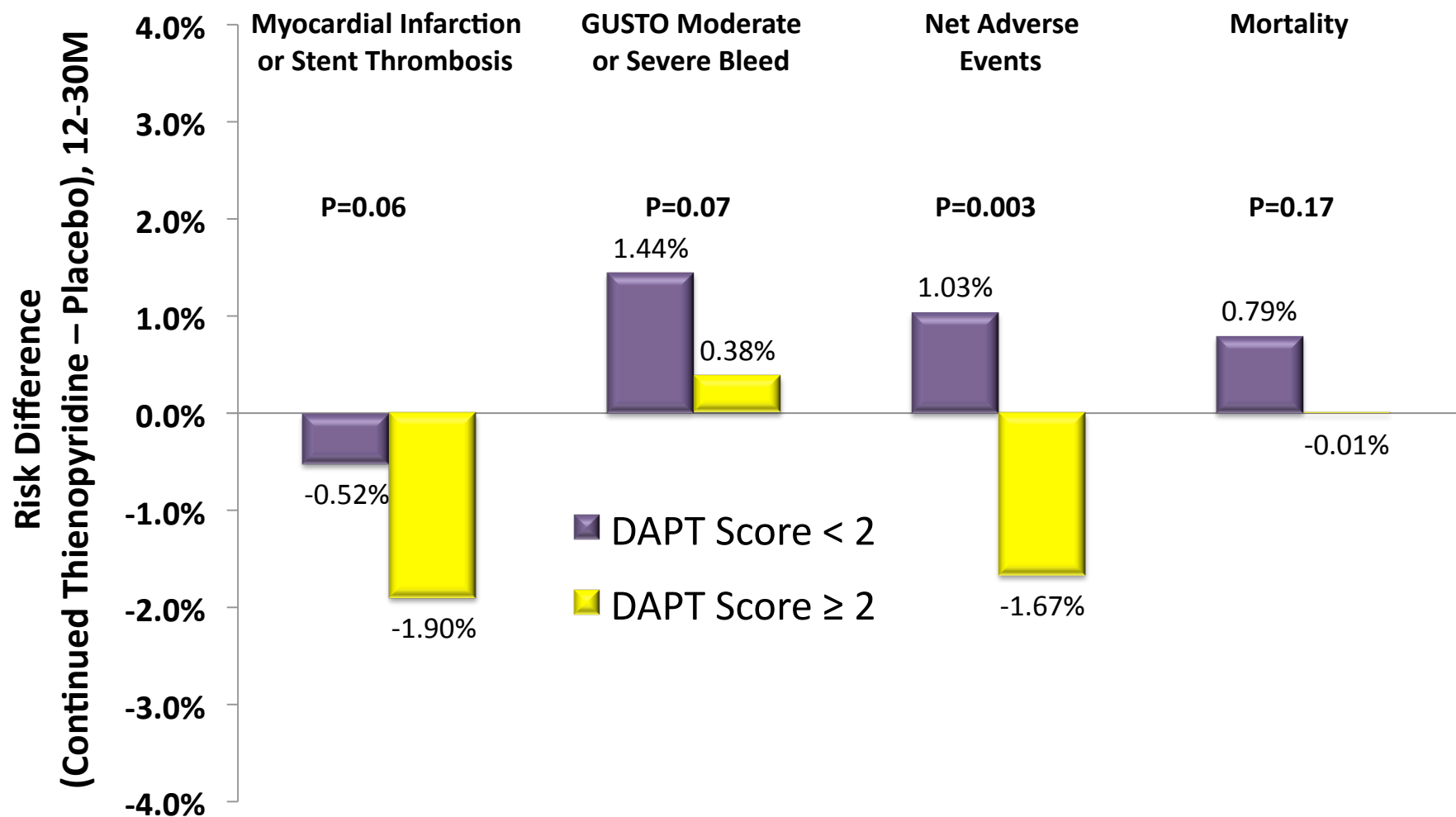
Death, MI or Stroke (MACCE)



GUSTO Moderate/Severe Bleeding



Continued Thienopyridine vs. Placebo, by DAPT Score, Excluding PES



P values are for comparison of risk differences across DAPT Score category (interaction).

Conclusions

Among patients who have not had a major ischemic or bleeding event within the first year after PCI:

The DAPT Score identified patients for whom ischemic benefits outweighed bleeding risks, and patients for whom bleeding risks outweighed ischemic benefits.

Low DAPT Score (< 2)

NNT to prevent ischemia = 153

NNH to cause bleeding = 64

High DAPT Score ≥ 2

NNT to prevent ischemia = 34

NNH to cause bleeding = 272



DAPT Score may help clinicians decide who should, and who should not be treated with extended DAPT

- **Syndrome coronarien aigu**

- Recommandations CCS
 - 12 moisPeu importe tx médical, PCI ou PAC (clopido ou ticagrelor)

- **Après mise en place de *stent* médicamenté**

- Clopidogrel (MCAS stable)
 - Durée minimale: 3-6 mois
 - Durée idéale: 12 mois
- Considérer DAPT Score

- **Prévention secondaire à long terme après infarctus du myocarde**

- Pts tolérant 12 mois DAPT
- Clopidogrel ou ticagrelor 60
 - Évaluer risque versus bénéfice
- Considérer DAPT Score