

Un survol des dernières lignes directrices sur la cardio-oncologie

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CONFLITS D'INTÉRÊTS

- Aucun

OBJECTIF

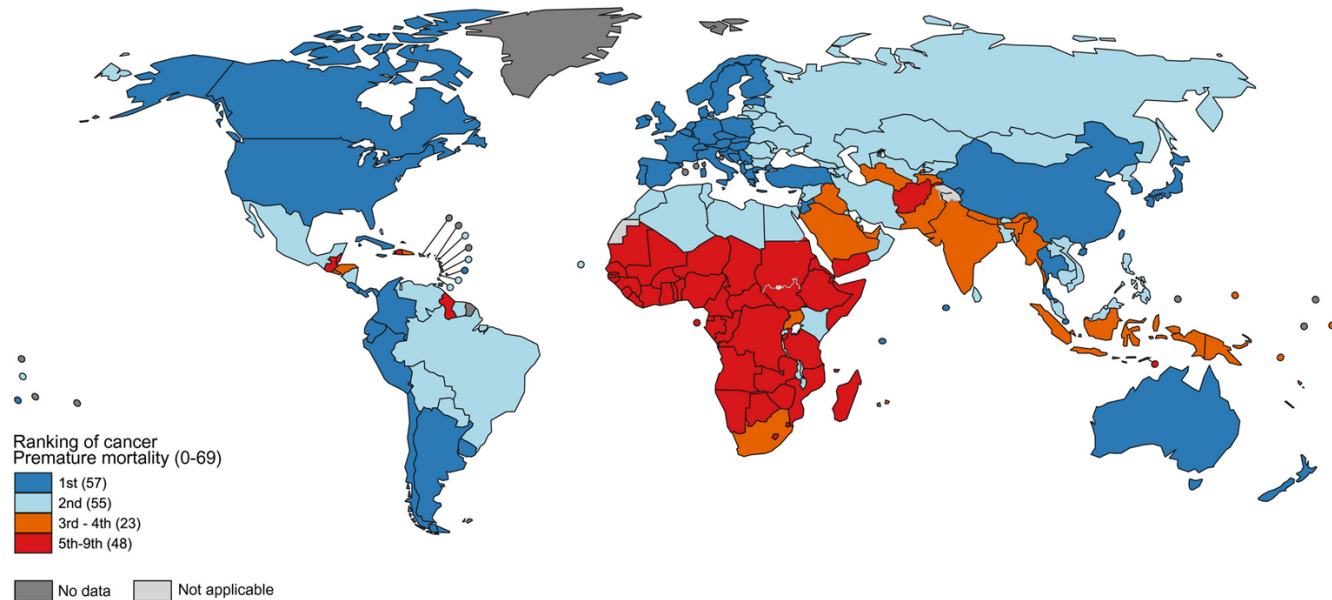
Établir qui devrait être suivi en cardio-oncologie et comment

Définir la cardio-toxicité

Prise en charge initiale d'une cardio-toxicité pour les chimiothérapies les plus courantes (anthracycline et HER2)

Inhibiteurs du point de contrôle immunitaire et myocardite

LA PROBLÉMATIQUE

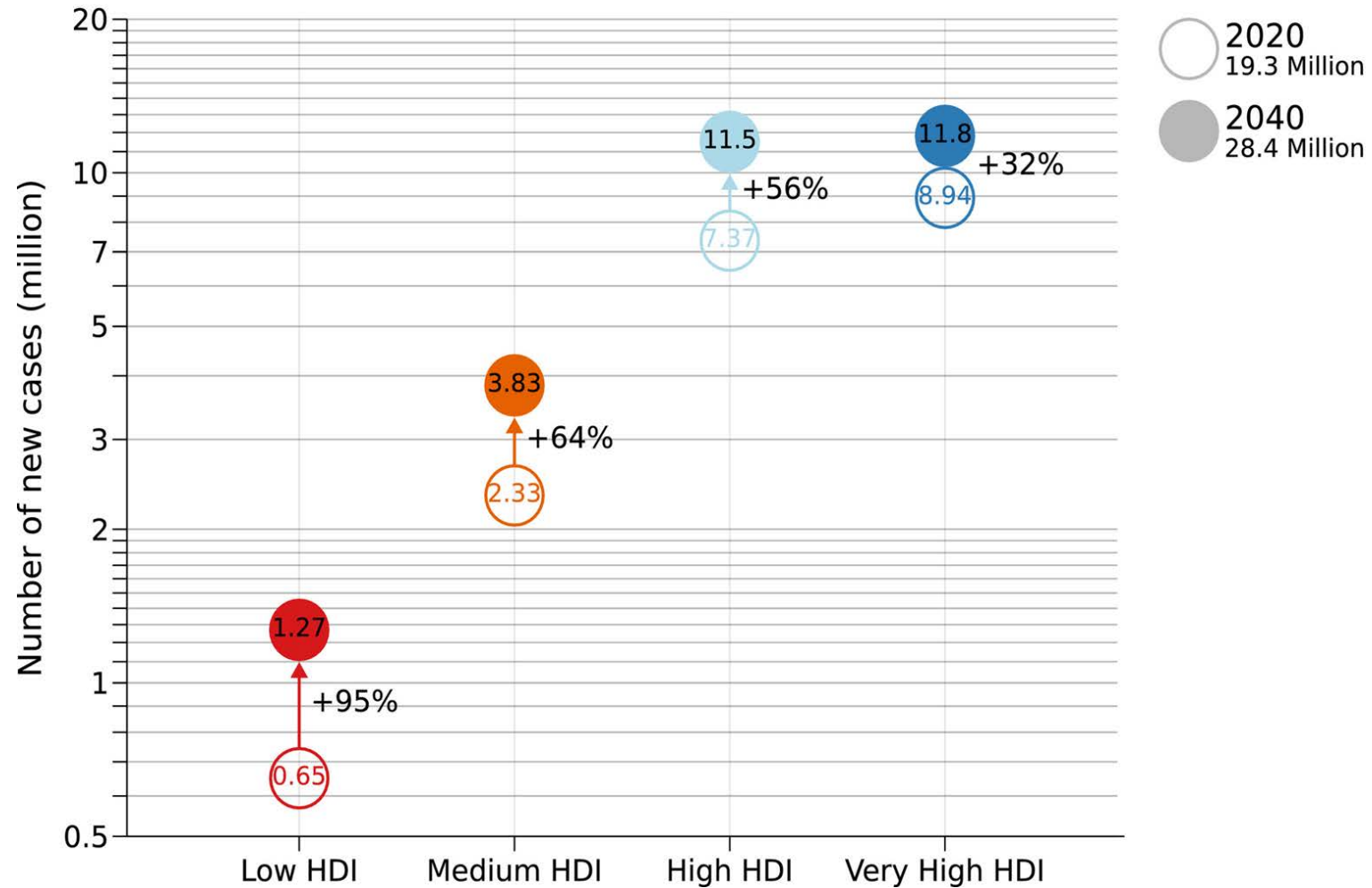


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Data source: GHE 2020
Map production: CSU
World Health Organization



Cancer prediction 2020 to 2040



INTRODUCTION

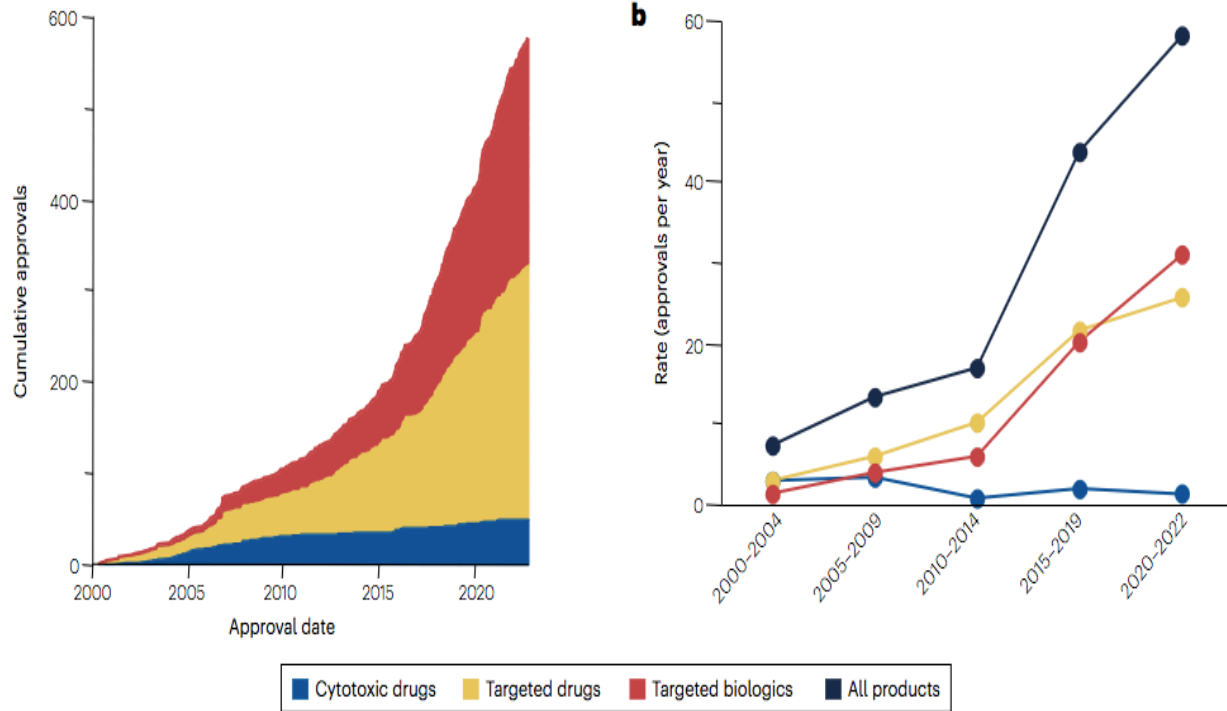
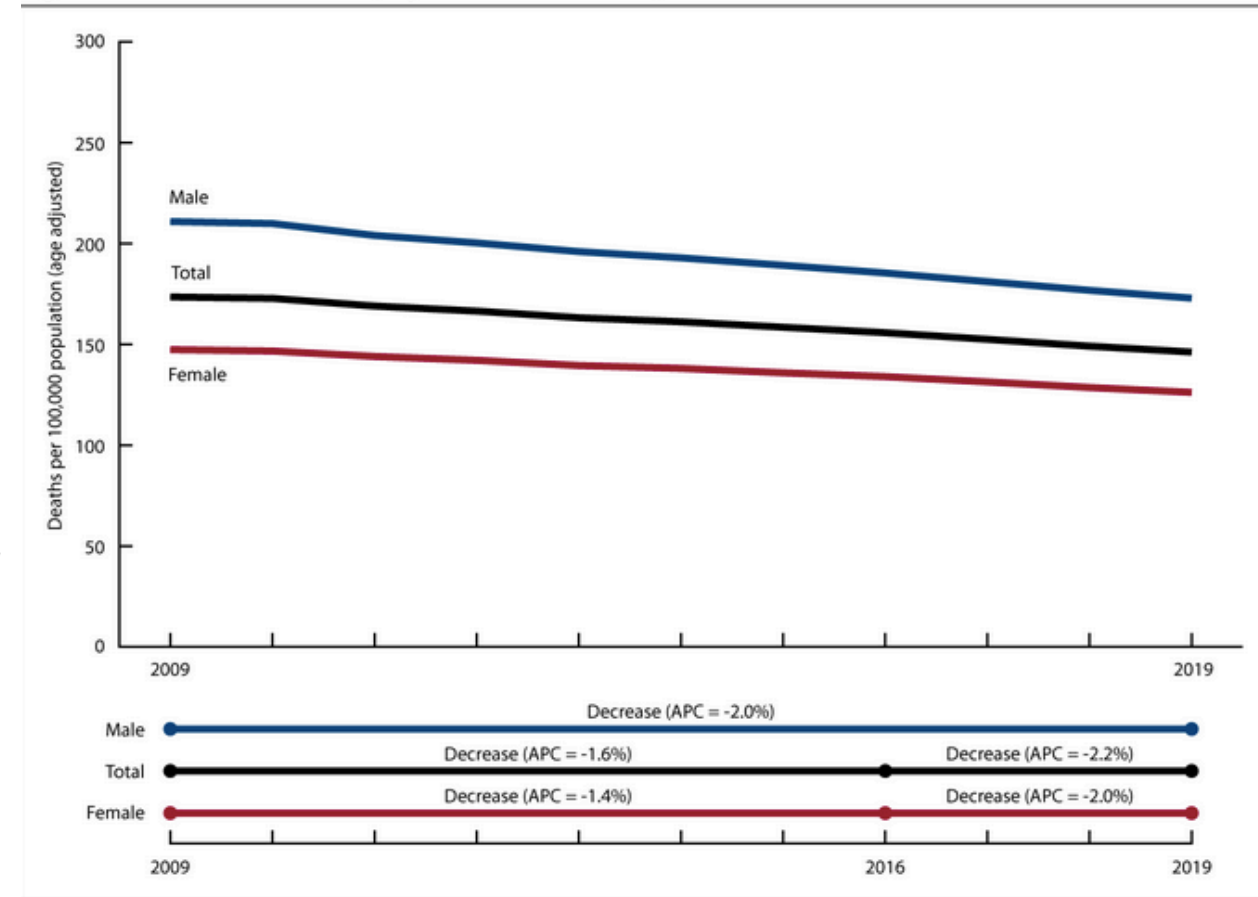
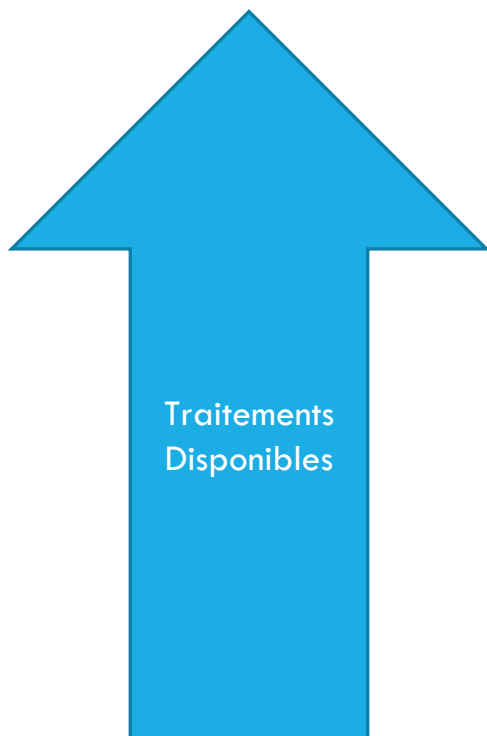


Figure 1. Cancer death rates, by sex: United States, 2009–2019



INTRODUCTION



CLINIQUE DE CARDIO-ONCOLOGIE

← Éviter l'interruption du traitement oncologique tout en empêchant les manifestations toxiques sur le système cardiovasculaire

← Traiter la cardio-toxicité

PRÉVENTION CARDIOVASCULAIRE

Traiter les facteurs de risques agressivement

Éviter bolus ou doses élevée anthracycline

Formulation spécial de doxorubicin liposomal

Dexrazoxane

BB/IECA ?

EFFET PROTECTEUR BB/IECA

Echocardiography Imaging Measures and Study Drug Hemodynamic Effect^a

| | NO. | Baseline unadjusted | Adjusted 3 Mo | 6 Mo | EOT | vs baseline |
|-----------------------------|-----|------------------------|-------------------------------------|-------------------------------------|-------------------------------------|-------------|
| 3D-LVEF, % | | | | | | |
| Placebo | 42 | 67.3 (66.0 to 68.5) | 64.1 (63.3 to 64.9) | 63.0 (62.0 to 64.0) | 63.5 (62.5 to 64.5) | −4.4 |
| Ramipril | 44 | 65.7 (64.7 to 66.7) | 65.4 (64.6 to 66.2) | 65.0 (64.0 to 65.9) ^b | 64.4 (63.4 to 65.5) | −3.0 |
| Bisoprolol | 45 | 66.5 (65.2 to 67.7) | 65.5 (64.7 to 66.3) | 65.1 (64.2 to 66.1) ^b | 65.2 (64.2 to 66.2) | −1.9 |
| Ramipril plus bisoprolol | 43 | 66.4 (65.5 to 67.4) | 65.9 (65.1 to 66.7) ^b | 64.9 (64.0 to 65.9) ^b | 65.6 (64.6 to 66.6) ^b | −1.3 |
| All | 174 | 66.5 (65.9 to 67.0) | NA | NA | NA | NA |

EFFET PROTECTEUR BB/IECA

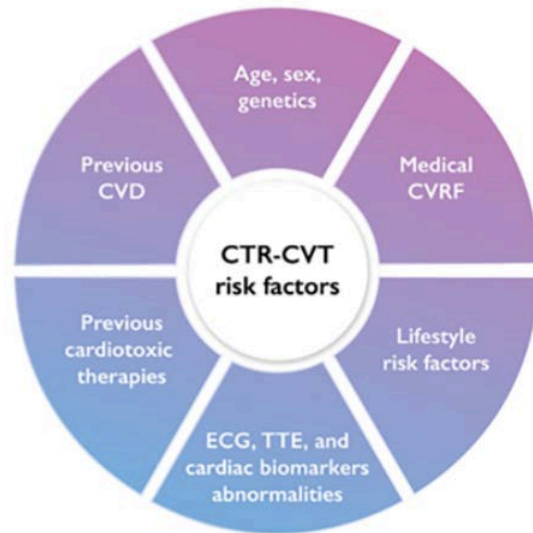
TABLE 2 Recent Randomized Controlled Trials on Cardioprotection During Trastuzumab Therapy

| Trial | Trial Design | Trial Intervention | Imaging Method | N | Result of Primary Endpoint | Result of Key Secondary Endpoints |
|------------------------------------|---|------------------------------------|--------------------------|-----|---|--|
| Pharmacologic intervention | | | | | | |
| MANTICORE 101-Breast ⁴⁴ | Randomized Placebo-controlled Double-blind Few were treated with anthracyclines | Bisoprolol/ perindopril/placebo | CMR | 99 | No between-group difference in LVEDVi | <ul style="list-style-type: none"> Bisoprolol attenuated the decline in LVEF Perindopril attenuated the decline in LVEF |
| Boekhout et al ⁴⁵ | Randomized Multicenter Placebo-controlled Double-blind All were treated with anthracycline in advance | Candesartan/placebo | MUGA | 210 | No between-group difference in incidence of cardiotoxicity, defined as decline in LVEF of $\geq 15\%$ or $\leq 15\%$ to an absolute value $< 45\%$ | No between-group differences in changes in LVEF, troponin T, or NT-proBNP |
| Guglin et al ⁴⁶ | Randomized Multicenter Placebo-controlled 189 were treated with anthracyclines | Lisinopril/carvedilol/ placebo | Echocardiography MUGA | 468 | No between-group difference in incidence of cardiotoxicity, defined as a reduction in LVEF of $\geq 10\%$ or a decrease of $\geq 5\%$ to a value $< 50\%$ | <ul style="list-style-type: none"> Reduction in the incidence of cardiotoxicity if patients treated with sequential anthracyclines in both lisinopril and carvedilol arms No between-group difference if no anthracycline exposure |

LVEDVi = left ventricular end-diastolic indexed volume; MANTICORE 101-Breast = Multidisciplinary Approach to Novel Therapies in Cardio-Oncology Research; MUGA = multigated acquisition; NT-proBNP = N-terminal pro-B-type natriuretic peptide; other abbreviations as in Table 1.

ÉVALUATION DU RISQUE DE TOXICITÉ CARDIAQUE

Baseline CV toxicity risk assessment checklist



Clinical assessment

- Cancer treatment history
- CV history
- CVRF
- Physical examination
- Vital signs measurement *

Complementary tests

- BNP or NT-proBNP^b
- cTn^b
- ECG
- Fasting plasma glucose / HbA1c
- Kidney function / eGFR
- Lipid profile
- TTE^c



HFA-ICOS Cardio-Oncology cardiovascular risk assessment tool

1. Select planned treatment:

Anthracycline chemotherapy

HER-2 targeted therapies

VEGF inhibitors

Combination RAF and MEK inhibitors

Multi-targeted kinase inhibitors for CML

Multiple myeloma therapies

Previous history of cardiovascular diseases

| |
|--------------------------------------|
| No history of cardiovascular disease |
| Heart failure or cardiomyopathy |
| Severe valvular heart disease |
| Myocardial infarction or CABG |
| Stable angina |
| Baseline LVEF < 50% |
| Baseline LVEF 50-54% |
| Arrhythmia |

Cardiovascular risk factors:

| |
|--------------------------------|
| No cardiovascular risk factors |
| Hypertension |
| Diabetes mellitus |
| Chronic kidney disease |

Current cancer treatment:

| |
|--|
| Does not include anthracycline before HER2 treatment |
| Includes anthracycline before HER2 treatment |

Cardiac biomarkers:

| |
|------------------------------------|
| Normal troponin and BNP |
| Elevated baseline troponin |
| Elevated baseline BNP or NT-proBNP |

Age:

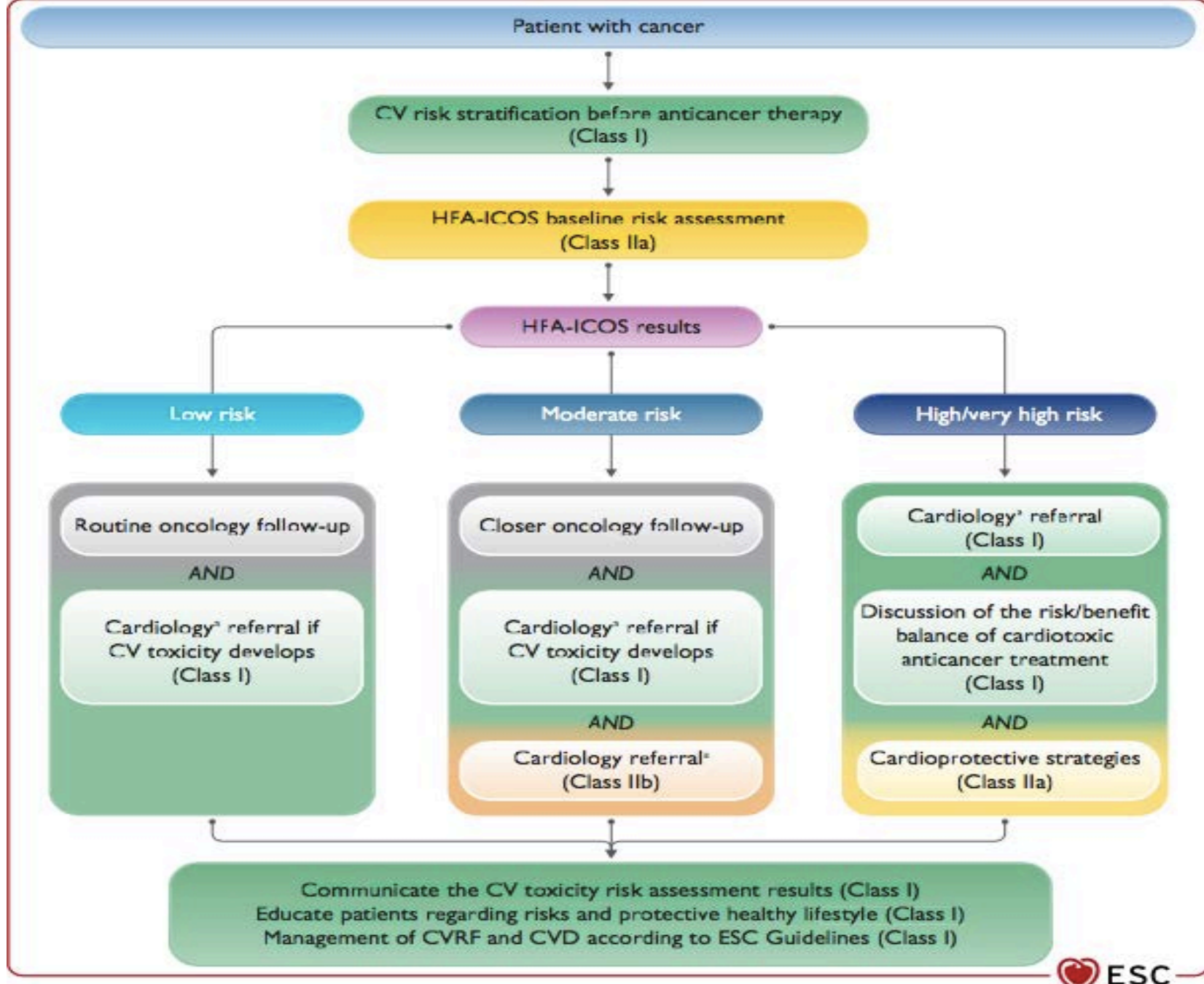
| |
|-------------|
| < 65 years |
| 65-79 years |
| ≥80 years |

Previous cardio-toxic treatment:

| |
|--|
| No previous cardio-toxic treatment |
| Prior trastuzumab cardiotoxicity |
| Prior (remote) anthracycline exposure |
| Previous radiotherapy to left chest or mediastinum |

Lifestyle risk factors:

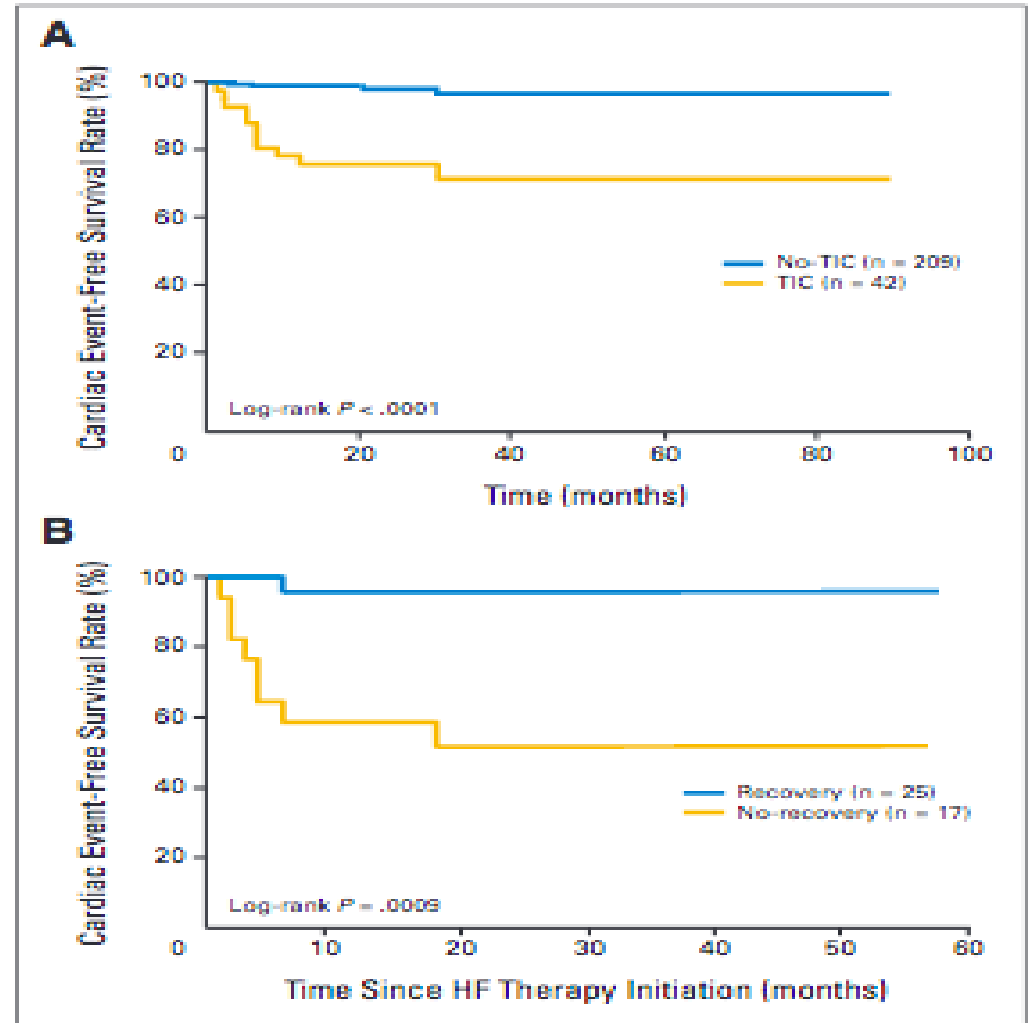
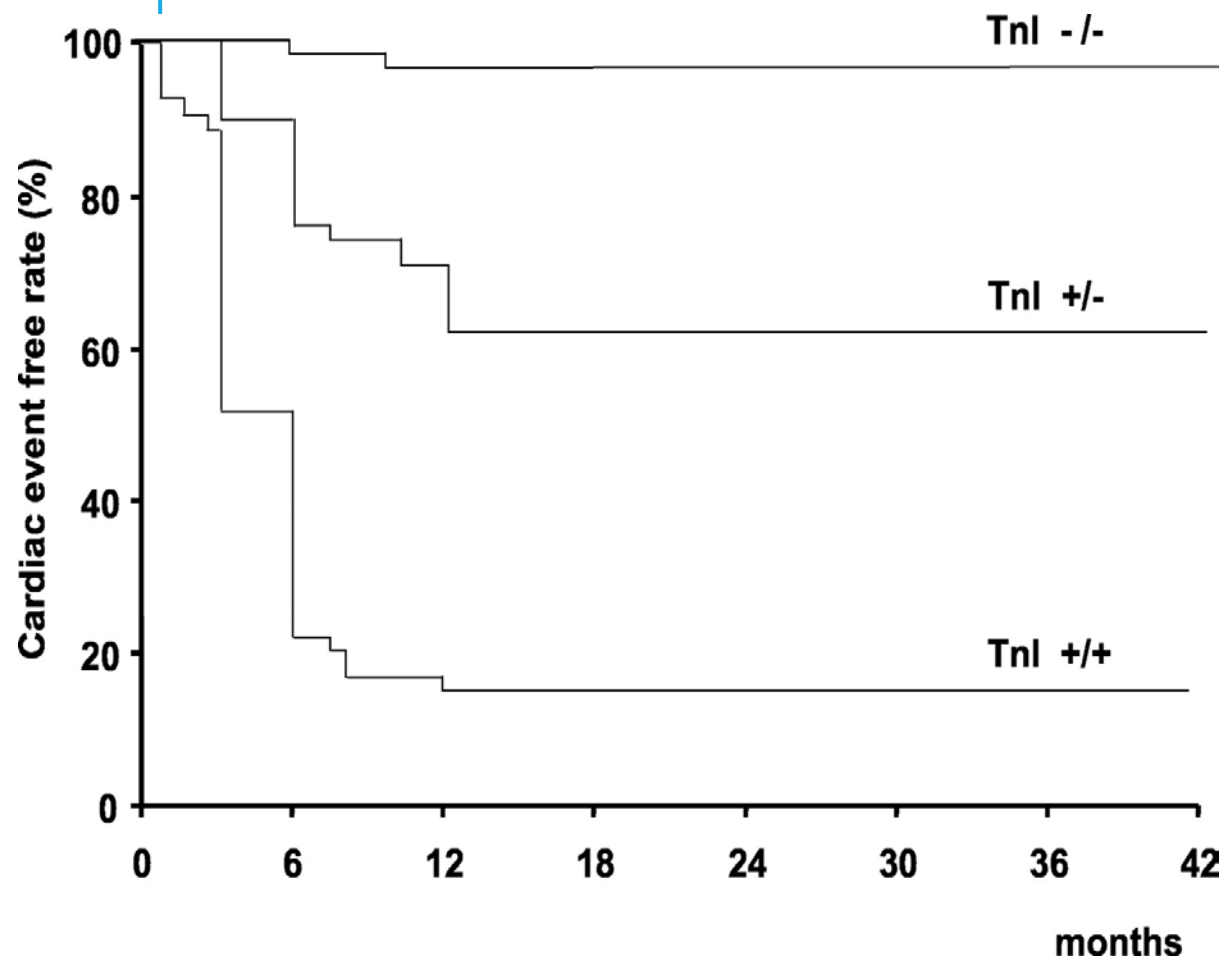
| |
|---|
| None |
| Current smoker or significant smoking history |
| Obesity |



OUTILS DE TRAVAIL

- ECG
- Troponine
- NT-ProBNP
- Imagerie
 - ← ETT (3D/strain)
 - ← IRM
 - ← Ventriculographie isotopique

TROPONINE



BNP

| Effect | HR (95% CI) | P |
|--|-------------------|--------|
| Carfilzomib v bortezomib | 3.0 (1.1 to 8.4) | .04 |
| Elevated baseline natriuretic peptide levels v normal levels | 4.1 (2.1 to 8.1) | < .001 |
| Normal baseline natriuretic peptide levels that became elevated mid–first cycle of treatment v normal levels | 9.5 (4.3 to 20.7) | < .001 |
| ≤ 1 traditional CV risk factor v ≥ 2 | 0.5 (0.3 to 0.9) | .02 |
| Time from myeloma diagnosis to enrollment in PROTECT | 0.98 (0.6 to 1.5) | .9 |

Abbreviations: CV, cardiovascular; CVAE, cardiovascular adverse event; HR, hazard ratio; PROTECT, Prospective Observation of Cardiac Safety With Proteasome Inhibitor.

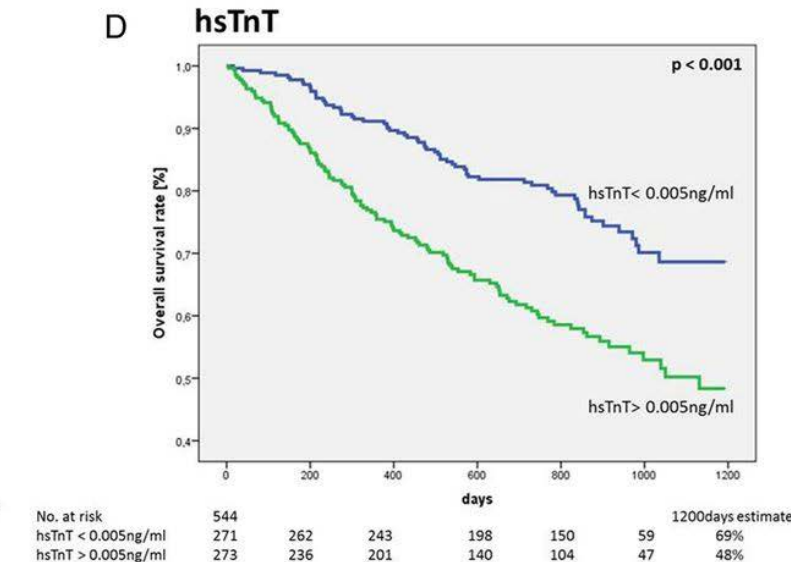
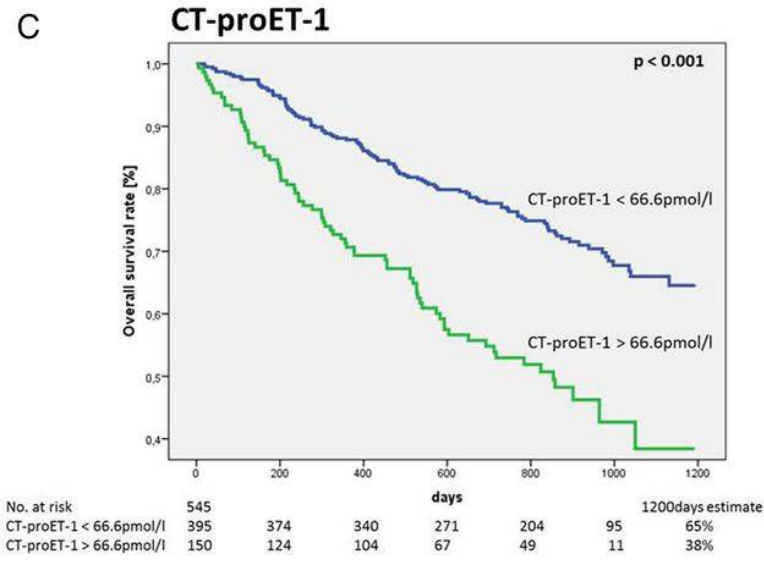
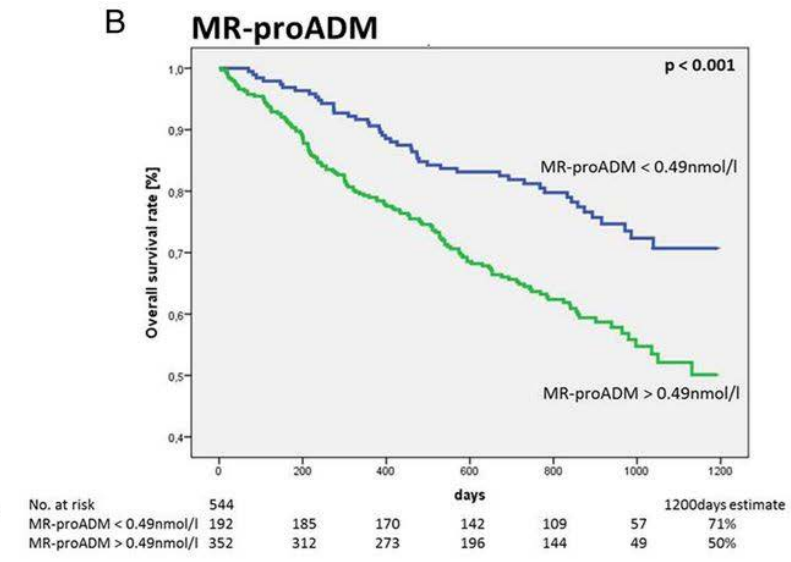
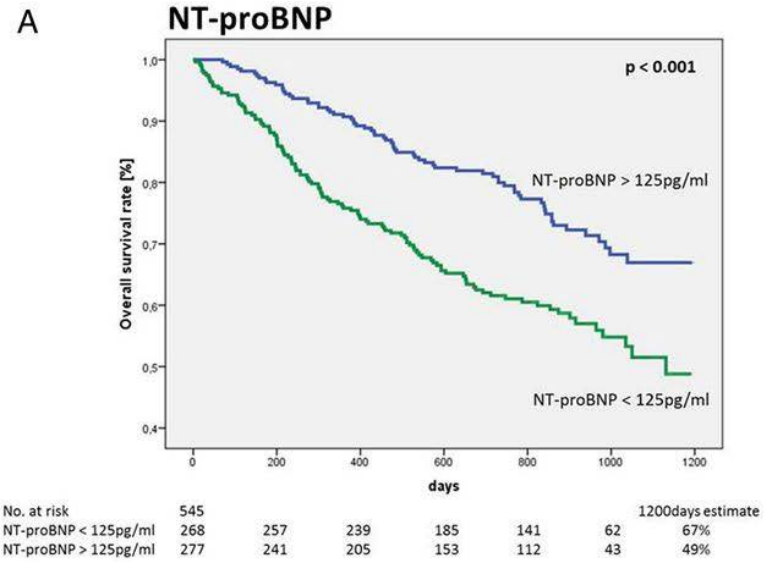
Table 2 Tumour entities and staging for patients with confirmed cancer (n=555)

| Patients with cancer (n=555) | |
|--------------------------------------|-------------|
| Tumour entity | |
| Lung cancer, n (%) | 61 (11.0%) |
| Breast cancer, n (%) | 146 (26.3%) |
| Brain tumour, n (%) | 23 (4.1%) |
| ENT tumour, n (%) | 33 (5.9%) |
| Gastrointestinal tumours, n (%) | 67 (12.1%) |
| Myelodysplastic malignancies, n (%) | 68 (12.3%) |
| Myeloproliferative neoplasias, n (%) | 99 (17.8%) |
| Oesophageal cancer, n (%) | 11 (2.0%) |
| Testicular cancer, n (%) | 2 (0.4%) |
| Neuroendocrine tumour, n (%) | 11 (2.0%) |
| Sarcoma, n (%) | 9 (1.6%) |
| Mesothelioma, n (%) | 3 (0.6%) |
| Prostate cancer, n (%) | 2 (0.4%) |
| Renal cell carcinoma, n (%) | 4 (0.7%) |
| Thymoma, n (%) | 1 (0.2%) |
| Skin cancer, n (%) | 2 (0.4%) |
| Urogenital tumours, n (%) | 2 (0.4%) |
| Oral cancer, n (%) | 1 (0.2%) |
| Other, n (%) | 10 (1.8%) |
| Tumour stage | |
| Stage 1, n (%) | 93 (16.7%) |
| Stage 2, n (%) | 49 (8.8%) |
| Stage 3, n (%) | 108 (19.5%) |
| Stage 4, n (%) | 177 (31.9%) |
| No staging, n (%) | 128 (23.1%) |

Counts are given as numbers and percentages.

Myelodysplastic malignancies: haematological malignancies with abnormal differentiation of myeloid or lymphoid cell lines (eg, AML, acute myeloid leukemia; ALL, acute lymphoid leukemia; lymphomas, multiple myeloma); myeloproliferative neoplasias: haematological neoplasias with normal cell differentiation (eg, essential thrombocytosis, polycythaemia vera, myelofibrosis).

ENT, ear, nose, throat.



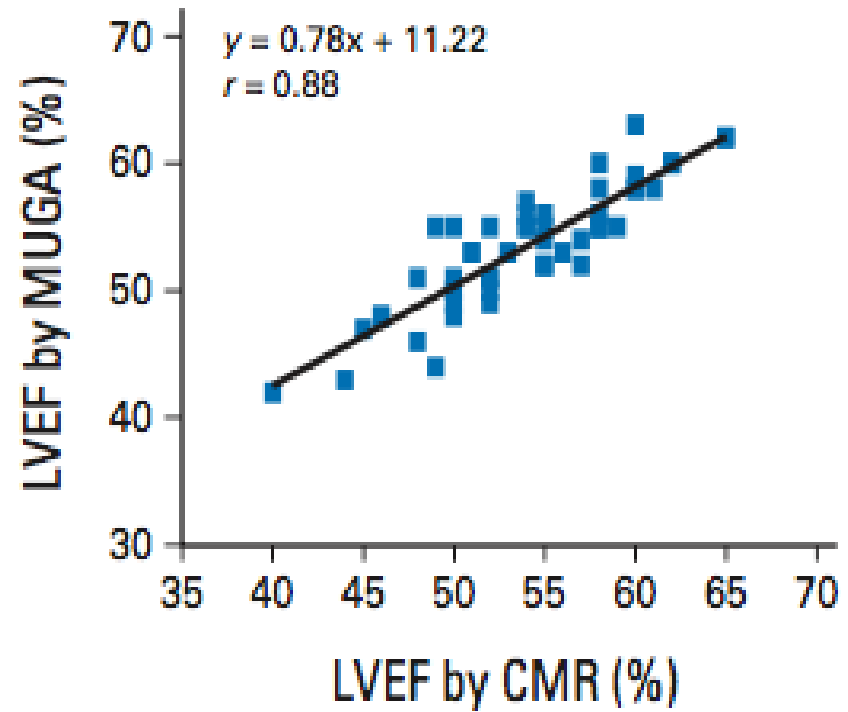
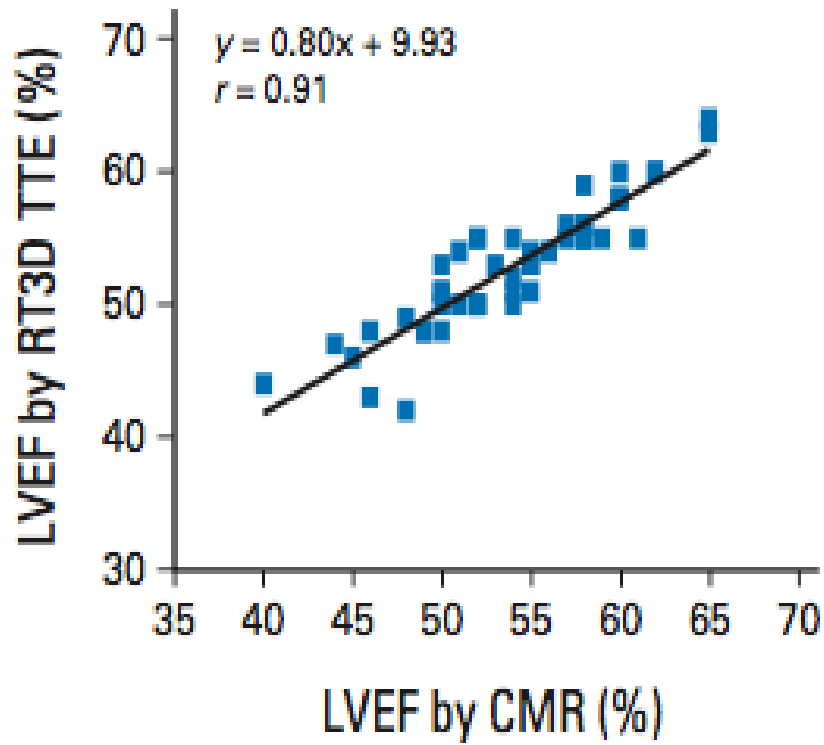
TROPONINE/NT-PROBNP

- Utile pour valeur de base
- Facteur de mauvais pronostic
- Moins de récupération de la FEVG si troponine de base augmentée
- Démontre possiblement une atteinte directe de la tumeur sur le système cardiovasculaire

IMAGERIE

- Règles
 1. Toujours utiliser le même type d'examen pour comparer la fonction ventriculaire

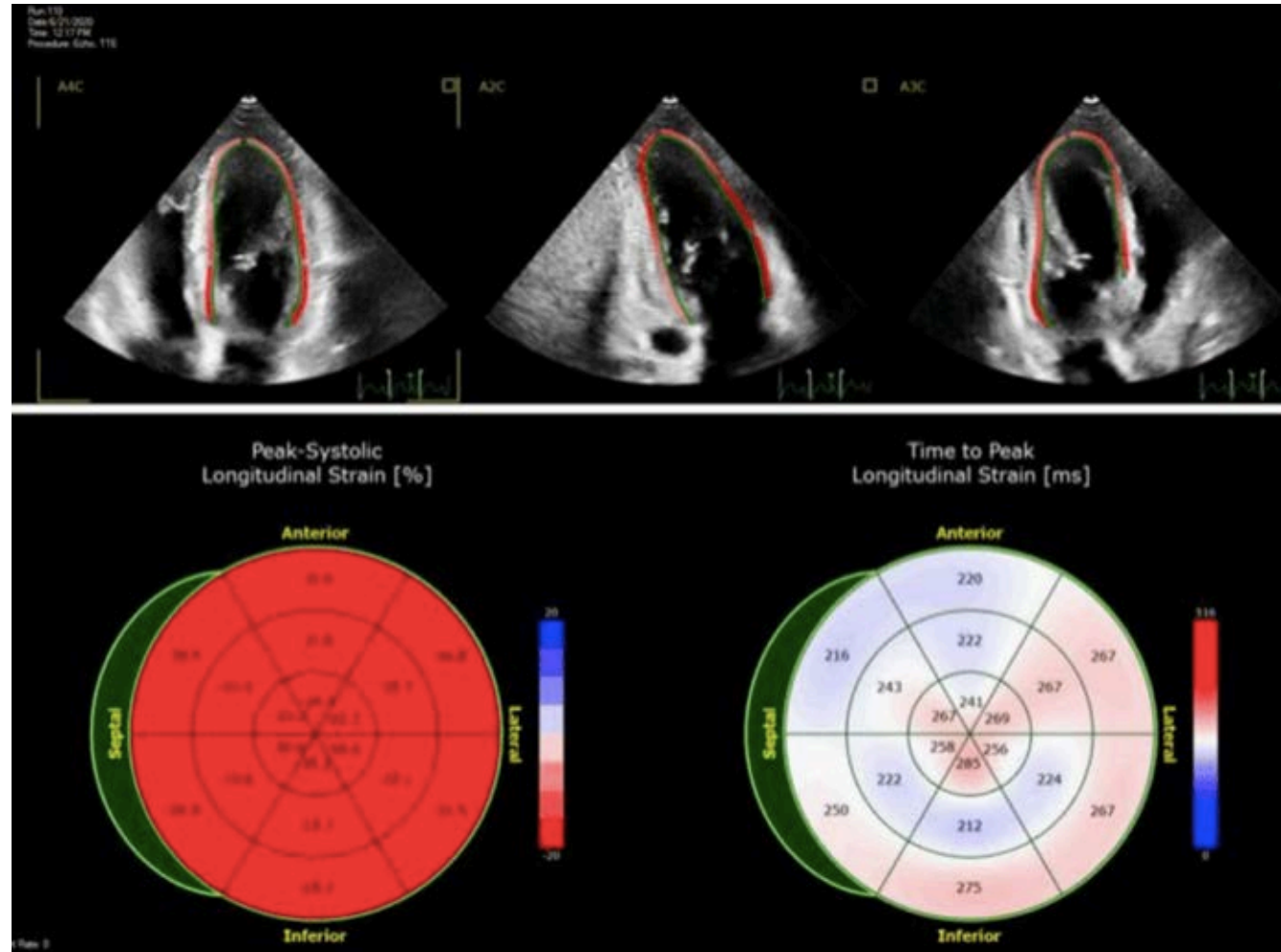
IMAGERIE



IMAGERIE

- Toujours utiliser le même type d'examen pour comparer la fonction ventriculaire
- En ordre de priorité
 - ←ETT
 - ←IRM
 - ←Ventriculographie isotopique
- Utiliser le 3D pour la FEVG
- Agent de contraste au besoin

STRAIN



Myocardial Strain Is Associated with Adverse Clinical Cardiac Events in Patients Treated with Anthracyclines

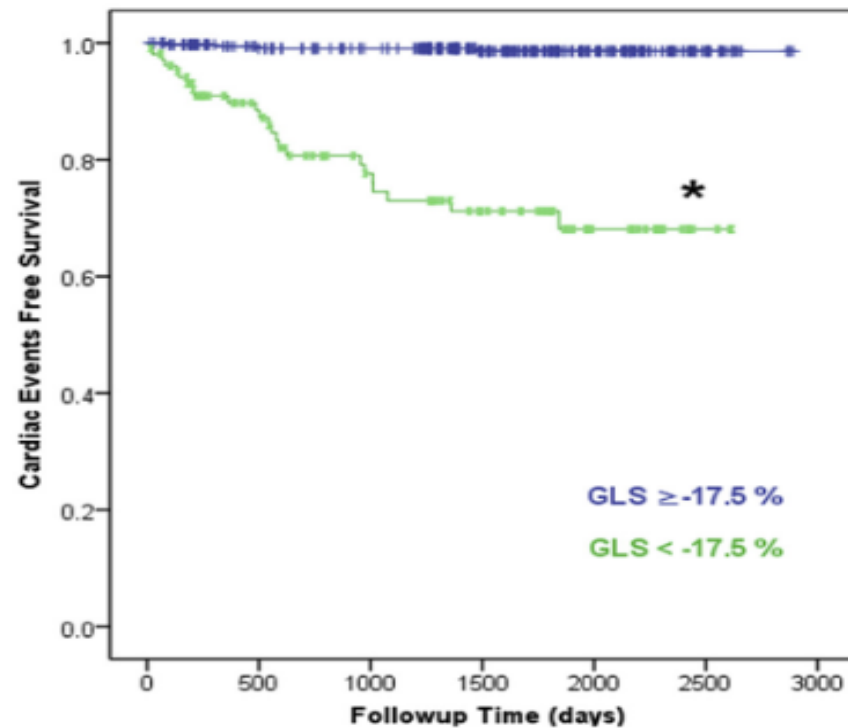
Mohammed T. Ali, MD, Evin Yucel, MD, Souhila Bouras, MD, Lin Wang, MD, Hong-wen Fei, MD, Elkan F. Halpern, PhD, and Marielle Scherrer-Crosbie, MD, PhD. Boston, Massachusetts

Table 2 Echocardiographic variables in patients who did or did not develop CEs

| Variable | Total (n = 450) | No CEs (n = 422) | CEs (n = 28) | P |
|---|--------------------|---------------------|-----------------|------|
| Baseline LVEF (%) | 62 ± 8 | 62 ± 7 | 58 ± 10 | .005 |
| LV EDV (mL) | 114 ± 32 | 114 ± 33 | 111 ± 32 | .640 |
| LV EDVI (mL/m ²) | 59 ± 14 | 59 ± 14 | 60 ± 12 | .890 |
| LV ESV (mL) | 45 ± 16 | 45 ± 16 | 48 ± 20 | .340 |
| LV ESVI (mL/m ²) | 24 ± 7 | 23 ± 7 | 26 ± 13 | .072 |
| GLS (%) | -19.4 ± 2.9 | -19.7 ± 2.7 | -15.0 ± 2.8 | .000 |
| Average segmental longitudinal strain (%) | -19.9 ± 3.1 | -20.3 ± 2.4 | -13.2 ± 2.3 | .000 |

EDV, End-diastolic volume; EDVI, end-diastolic volume indexed to body surface area; ESV, end-systolic volume; ESVI, end-systolic volume indexed to body surface area.

Data are expressed as mean ± SD.



| | | | | | | | |
|----------------------|-----|-----|-----|-----|-----|----|---|
| Pts with GLS ≥ -17.5 | 345 | 298 | 275 | 203 | 100 | 27 | 0 |
| Pts with GLS < -17.5 | 105 | 72 | 52 | 37 | 17 | 3 | 0 |

Figure 2 CE-free survival according to GLS. Kaplan-Meier curves depicting event-free survival in patients with GLS above or below the absolute value of -17. %. Pts, Patients. *P < .0001.

Echocardiographic predictors of overall mortality in patients with heart failure and left ventricular ejection fraction of 50–59% treated with anthracyclines

Negareh Mousavi¹, Timothy C. Tang¹, and Marielle Scherrer-Crosbie^{1*}

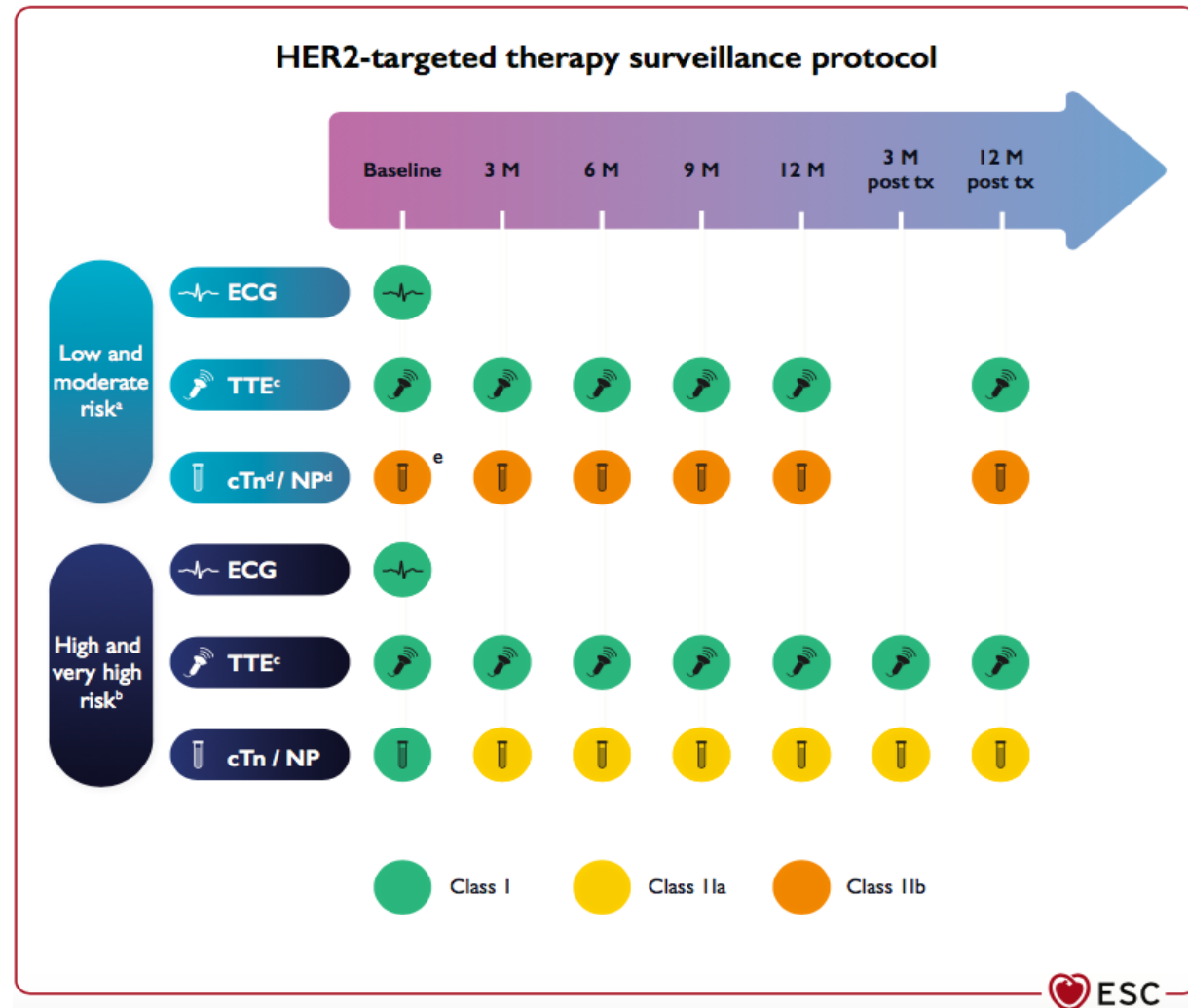
Un détérioration de plus que 15% du GLS initial prédit une chute de FEVG d'au moins 10% dans 65% à 93% des cas

Table 5 Univariable clinical and echocardiographic predictors of overall mortality in patients with an LVEF of 50–59% treated with anthracyclines

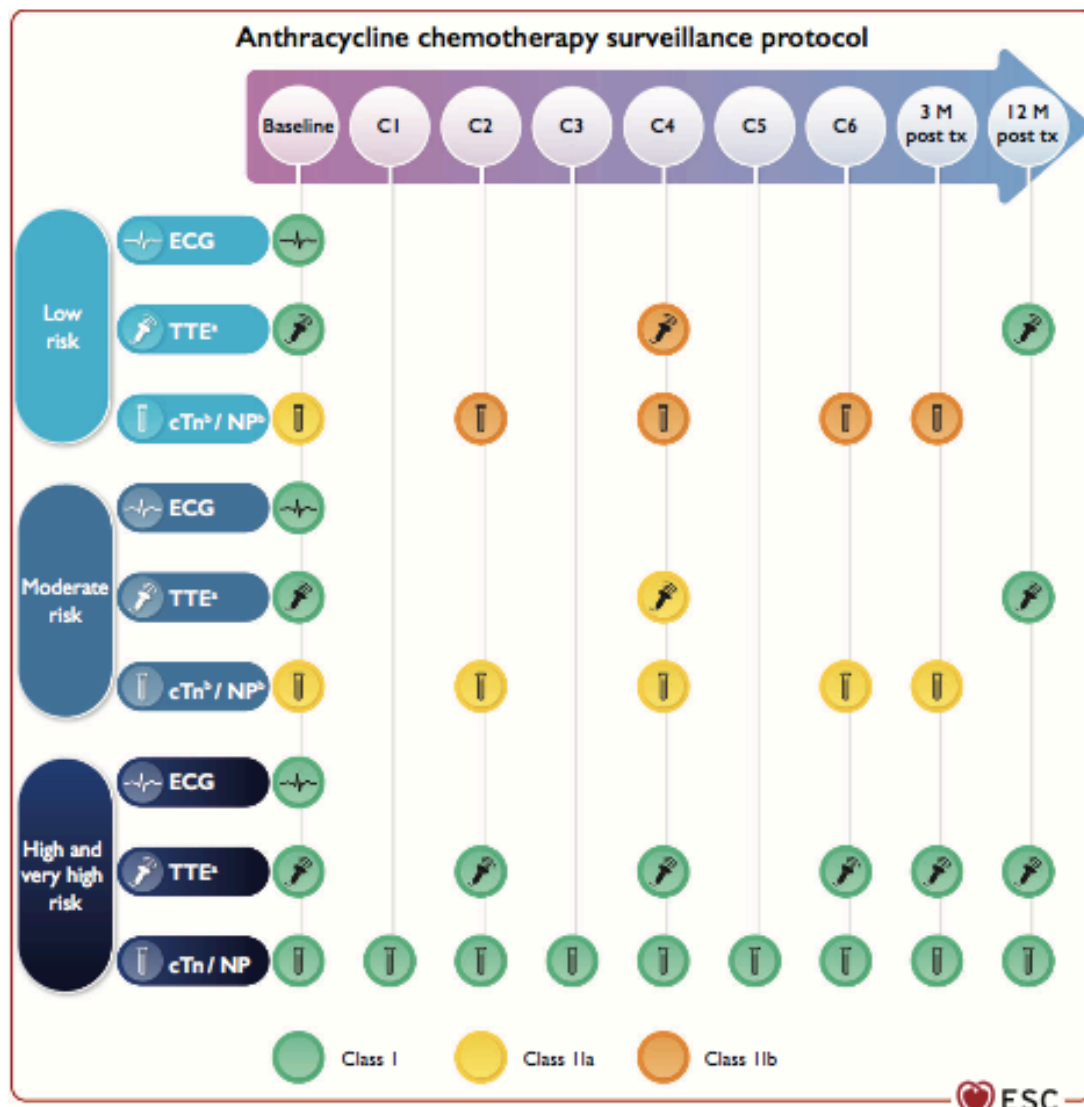
| Variable | Hazard ratio | 95% CI | P-value |
|---|--------------|-------------|---------|
| Age (per year increase) | 1.03 | 1.01–1.05 | <0.0001 |
| Gender (Male) | 1.34 | 0.80–2.29 | 0.267 |
| Cancer type | | | |
| Other vs. breast | 3.75 | 1.75–8.53 | 0.0006 |
| Other vs. blood | 2.23 | 1.21–3.98 | 0.0105 |
| Baseline LVEF (per % increase) | 0.90 | 0.82–0.98 | 0.018 |
| LVEDV (per mL increase) | 0.99 | 0.98–1.00 | 0.26 |
| LVEDVI (per mL/m ² increase) | 0.98 | 0.96–1.01 | 0.123 |
| LVESV (per mL increase) | 0.988 | 0.961–1.014 | 0.35 |
| LVESVI (per mL/m ² increase) | 0.99 | 0.95–1.04 | 0.715 |
| GLS (per % decrease) | 1.13 | 1.03–1.25 | 0.0105 |

LVEF, left ventricular systolic function; LV, left ventricle; LVEDV, left ventricular end-diastolic volume; LVEDVI, left ventricular end-diastolic volume indexed to BSA; LVESV, left ventricular end-systolic volume; LVESVI, left ventricular end-systolic volume indexed to BSA; LVEF, left ventricular function, GLS, global longitudinal strain.

SUIVIT: THÉRAPIE CIBLÉ HER2



SUVIT: ANTHRACYCLINE



TOXICITÉ CARDIAQUE

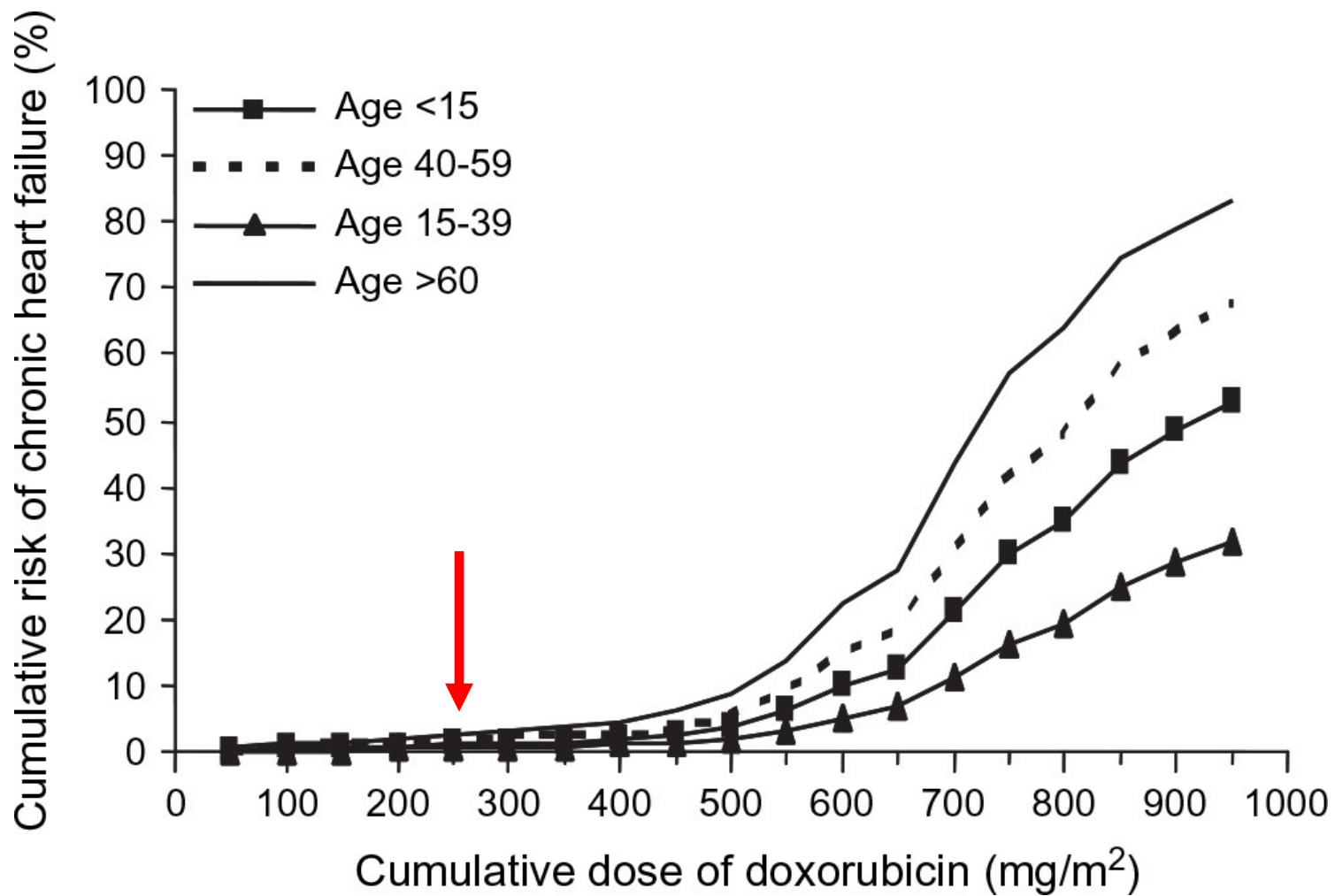
Asymptomatique

- Sévère:
 - diminution de FEVG en dessous de 40%
- Modérée:
 - Diminution de FEVG $> 10\%$ pour une FEVG entre 40-49% ou
 - Diminution de FEVG $< 10\%$ pour FEVG entre 40-49% **ET**
 - Baisse de GLS de plus que 15% de valeur de base ou augmentation des biomarqueurs
- Légère:
 - FEVG plus que 50% **ET**
 - Baisse de GLS de plus que 15% de valeur de base ou augmentation des biomarqueurs

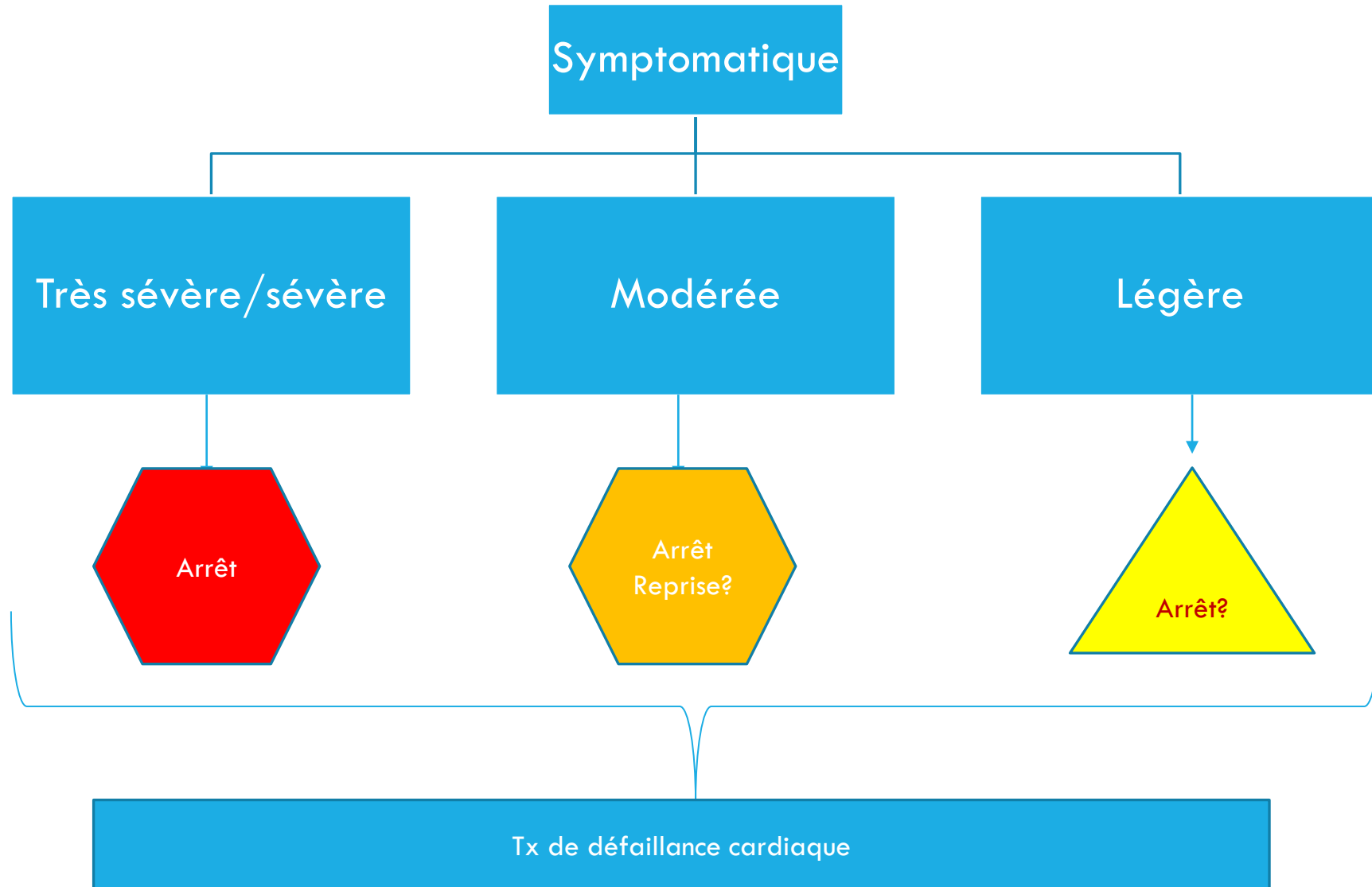
Symptomatique

- Très sévère:
 - Support inotrope ou mécanique
- Sévère:
 - Nécessitant hospitalisation
- Modérée:
 - Nécessitant intensification du traitement de la défaillance cardiaque
- Légère:
 - symptômes de défaillance cardiaque léger ne nécessitant pas d'intensification du traitement

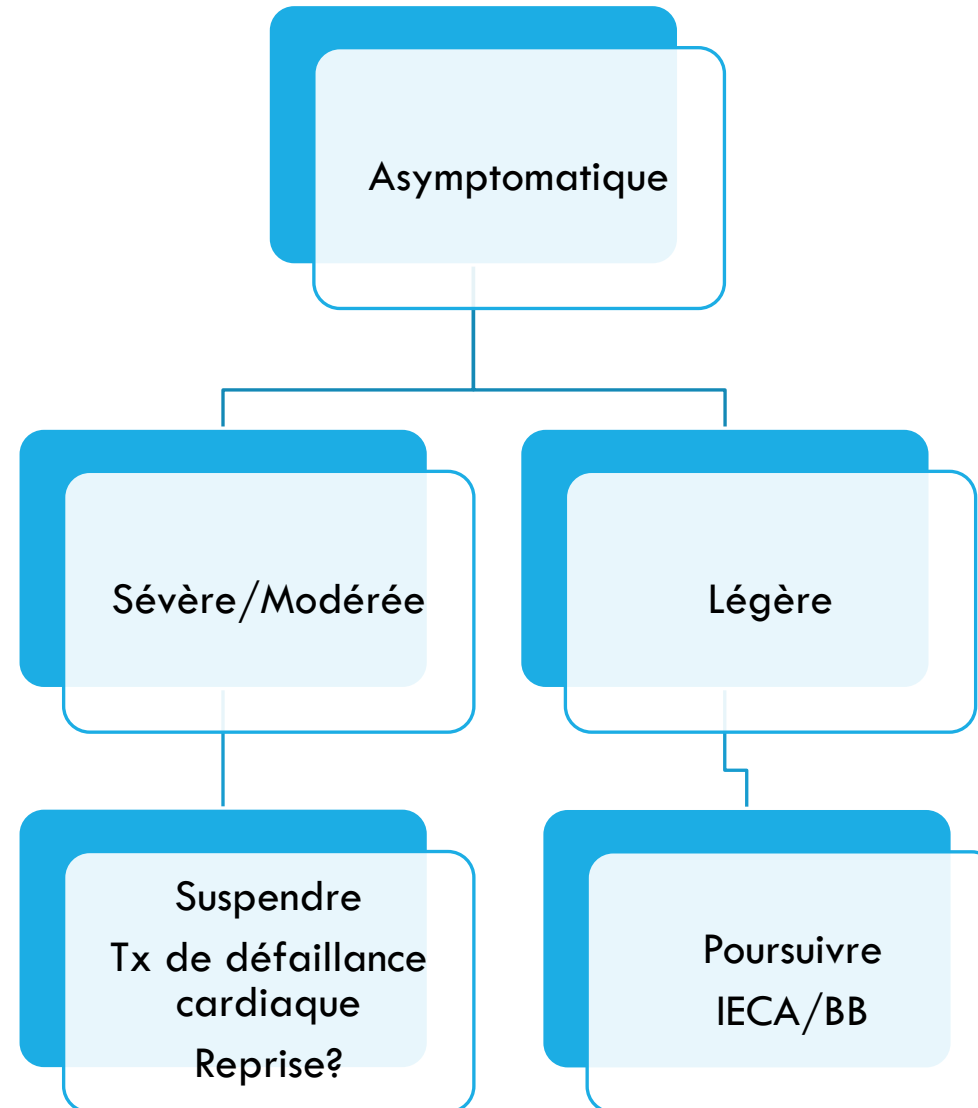
TOXICITÉ ANTHRACYCLINE



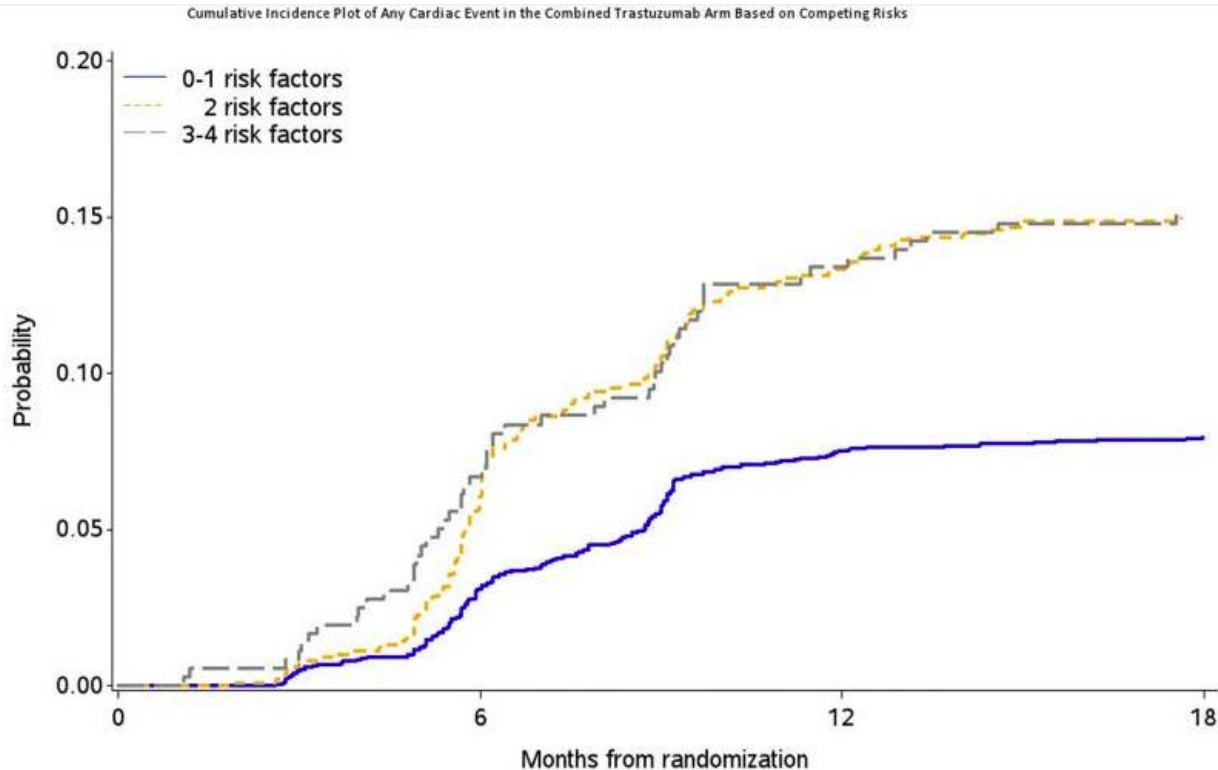
TOXICITÉ ANTHRACYCLINE PRISE EN CHARGE-SYMPATOMATIQUE



TOXICITÉ ANTHRACYCLINE : PRISE EN CHARGE-ASYMPTOMATIQUE



TOXICITÉ HER-2



| No. at Risk | 0 | 6 | 12 | 18 |
|------------------|------|------|------|------|
| 0-1 risk factors | 2652 | 2515 | 2328 | 2236 |
| 2 risk factors | 980 | 901 | 805 | 766 |
| 3-4 risk factors | 361 | 328 | 301 | 287 |

- Dysfonction du VG jusqu'à 15-20%
- Dysfonction de Type II
- Lien avec:
 - ← Facteurs de risques
 - ← Utilisation concomitante d'anthracycline

TOXICITÉ HER-2

Symptomatique

Modérée/Sévère

- Interruption du traitement
- Tx de l'insuffisance cardiaque
- ?Reprise du traitement (discussion avec EMD)

Légère

- Tx de défaillance cardiaque
- Interruption du traitement selon discussion EMD

Asymptomatique

Sévère

- Interruption du traitement
- Tx de insuffisance cardiaque
- ?Reprise du traitement (discussion avec EMD)

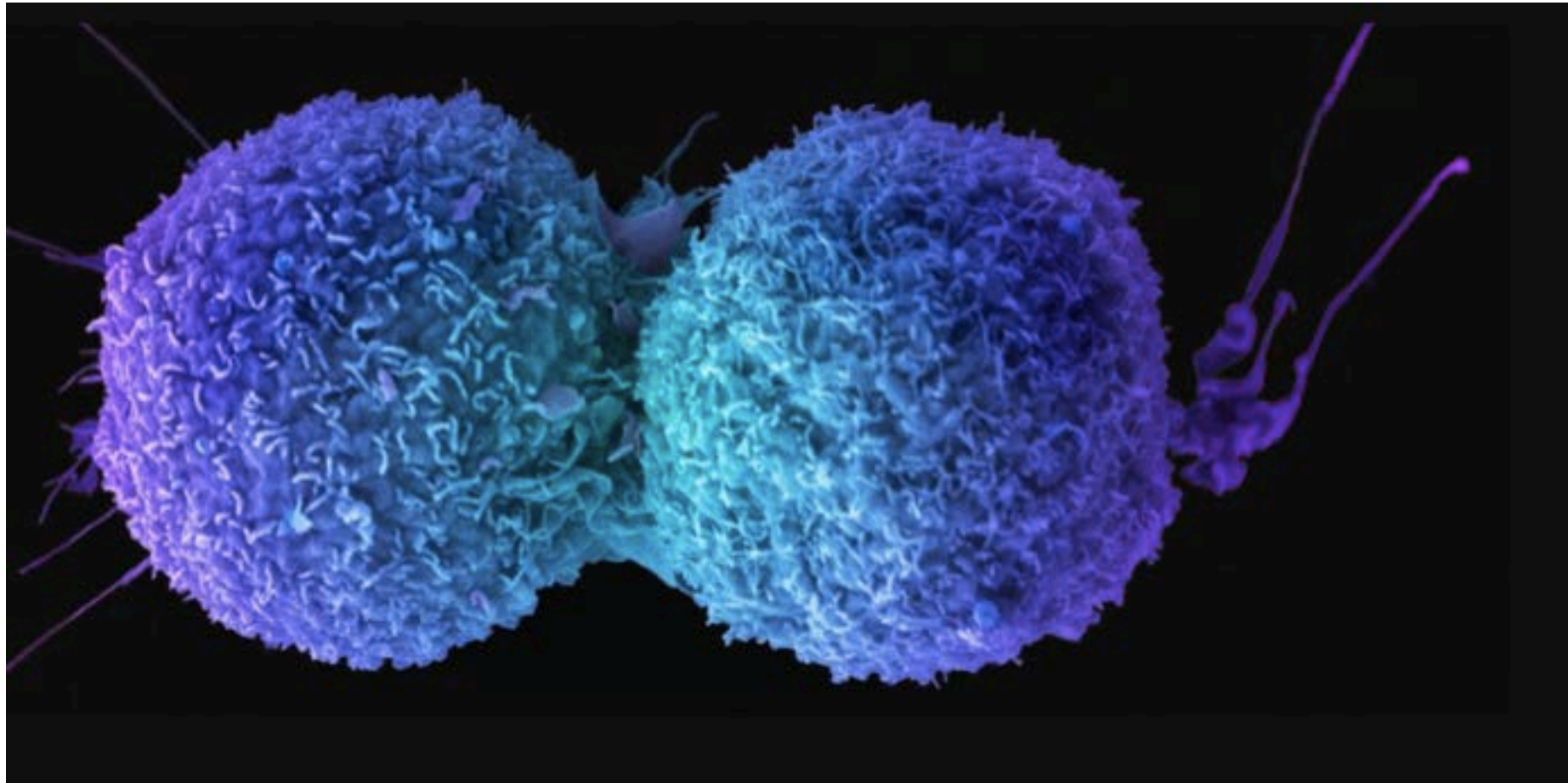
Modérée

- Tx de insuffisance cardiaque
- Poursuivre TX (Classe IIa)

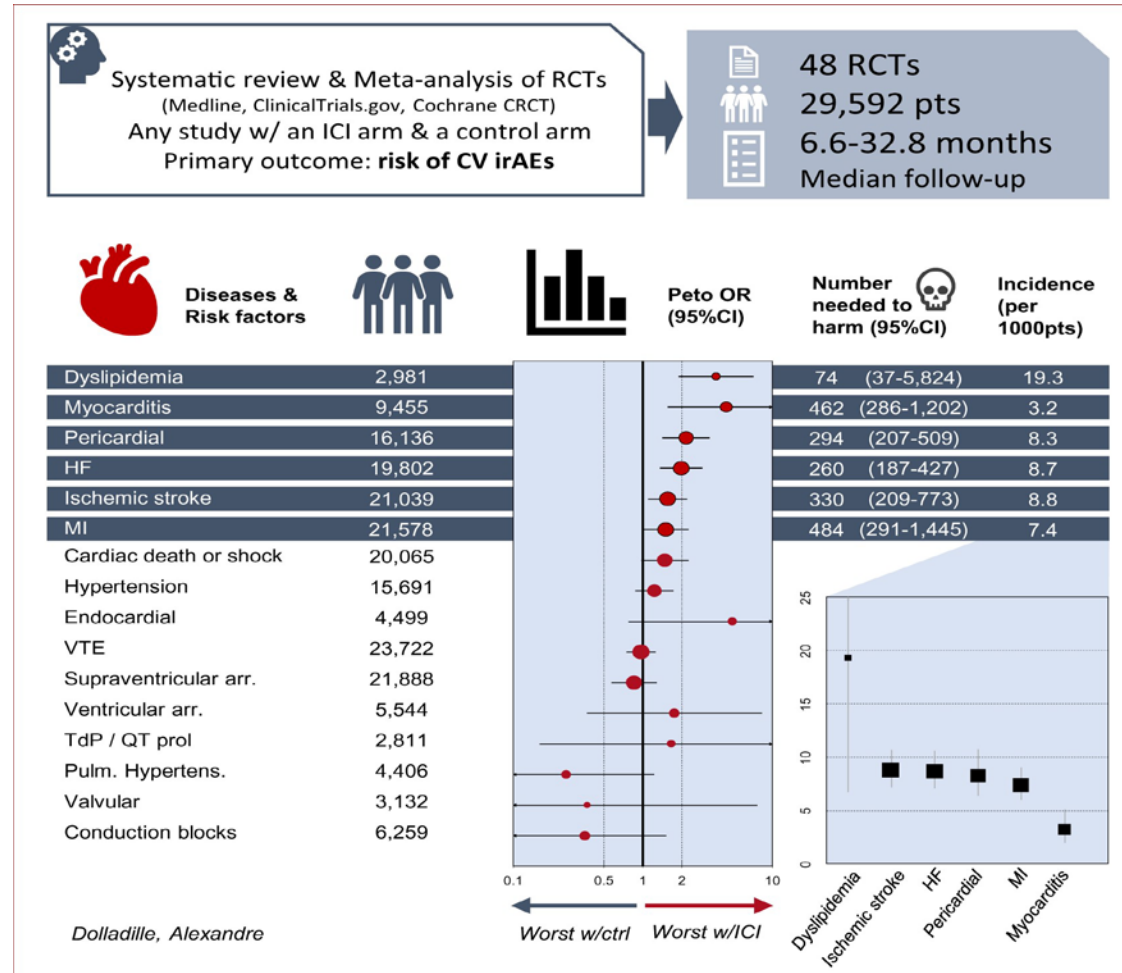
Légère

- Poursuivre tx
- IECA/BB? (Classe IIa)

INHIBITEURS DU POINT DE CONTRÔLE IMMUNITAIRE



CARDIOVASCULAR IMMUNOTOXICITIES (RISK AND INCIDENCE) OF IMMUNE CHECKPOINT INHIBITORS FROM RANDOMIZED ...

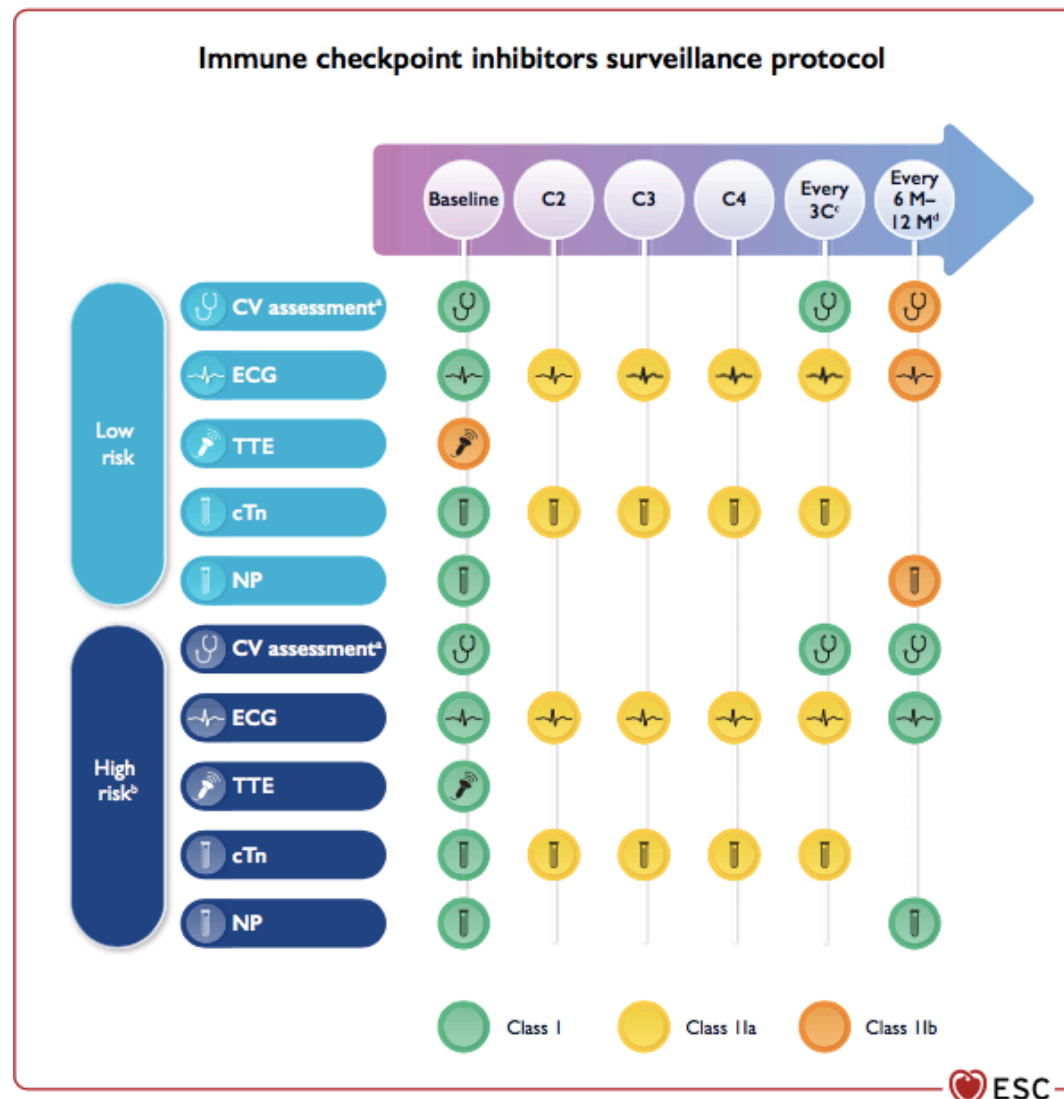


- taux de myocardite est faible avec une incidence de 0.04% à 1.14%
- Mais taux de mortalité est élevé (25 à 50%)
- Premier 3 mois de traitement dans la majorité des cas

MYOCARDITE-DIAGNOSTIC

1. Augmentation des troponines+
 - a) Images compatibles de myocardite à l'IRM cardiaque ou
 - b) 2 des critères suivants
 - a) Symptômes cliniques
 - b) Arythmie ventriculaire
 - c) Diminution de la FEVG
 - d) Autres manifestation immunitaires (myosite, myopathie, myasthénie grave)

SURVEILLANCE



MYOCARDITE-SÉVÉRITÉ

Fulminante

- Instabilité hémodynamique
- Arythmie ventriculaire importante
- Bloc AV

Non Fulminante

- Pas d'instabilité hémodynamique, arythmie ventriculaire importante ou bloc AV
- Avec ou sans chute de la FEVG

Réfractaire au Stéroïde

- État clinique qui ne s'améliore pas malgré methylprednisolone

MYOCARDITE- RÉCUPÉRATION

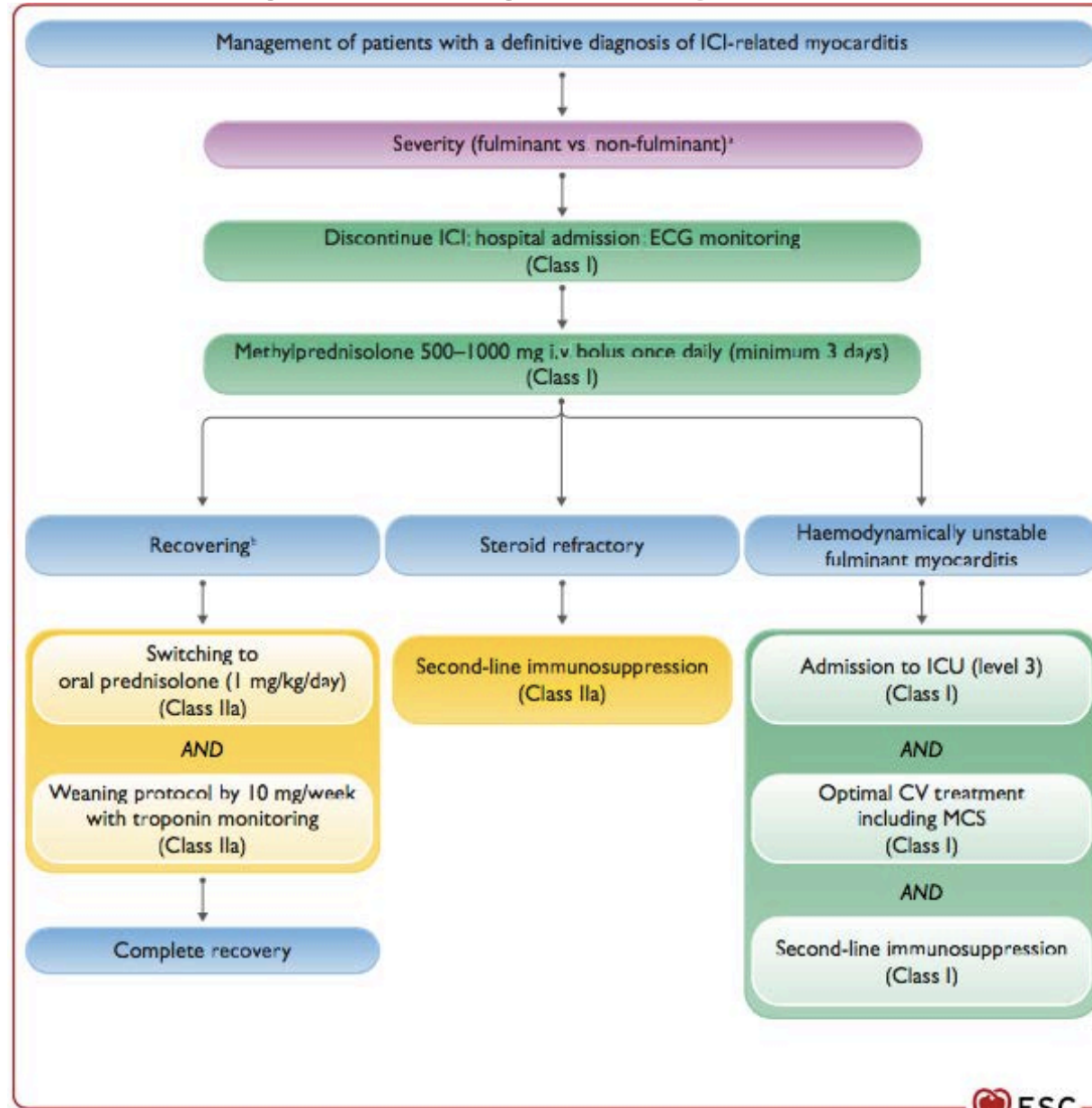
Complète

- Tx sevré
- Plus de symptômes, FEVG normal, biomarqueurs normaux

En Récupération

- Amélioration de l'état clinique, biomarqueurs et imagerie avec traitement en sevrage

MYOCARDITE-PRISE EN CHARGE



CONCLUSION

Premier objectif est de prévenir la cardiotoxicité

- Adresser les facteurs de risque
- Rôle BB/IECA pas certain
- Évaluer le niveau de risque individuel

Type et fréquence des suivis vas dépendre du risque ainsi que du type de traitement

Patient haut risque- suivi étroit en cardiologie avec tropono/NTproBNP/imagerie

L'arrêt du traitement de chimio est le dernier recours et implique une discussion entre EMD

Si myocardite suspecté, cesser immédiatement le tx. La reprise vas dépendre de la sévérité de la myocardite et du bénéfice du traitement

Le traitement de la défaillance cardiaque est celui recommandé par les lignes directrices

MERCI!

