

# Prehospital and Endovascular Care in the New Era of Ischemic Stroke Treatment

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Jeffrey L. Saver, MD,  
Director, UCLA Comprehensive Stroke Center  
SA Vice-Chair and Professor of Neurology, DGSOM

# JLS Disclosures

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- Employee of the University of California. The University of California has patent rights in retrieval devices for stroke.
- Unpaid site investigator in multicenter trials run by Medtronic, Stryker, and Lundbeck, for which the UC Regents received payments on the basis of clinical trial contracts for the number of subjects enrolled.
- Receives funding for services as a scientific consultant regarding trial design and conduct to Medtronic/Covidien, Stryker, Neuravi, BrainsGate, Pfizer, Boehringer Ingelheim (prevention only), and St. Jude Medical.
- Serves as an unpaid consultant to Genentech advising on the design and conduct of the PRISMS trial; neither the University of California nor Dr. Saver received any payments for this voluntary service.

# Talk Outline

- Fast - Time and Intravenous Therapies
  - » IV TPA
  - » Prehospital treatment
- Furious
  - » Endovascular Therapies
  - » Systems of Care
- Future



Montreal Reflections: Eleanor Young

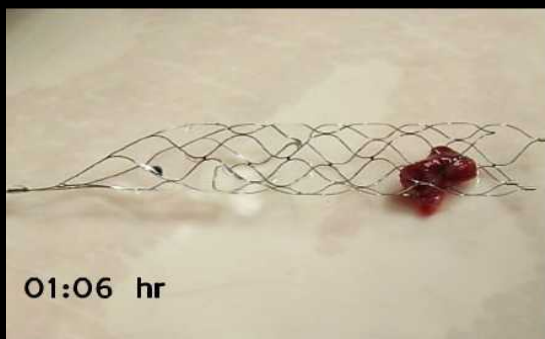
# Strategies in Acute Ischemic Stroke Therapy

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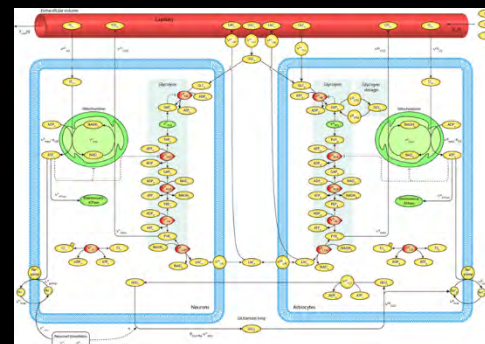
- Proven
  - » Recanalization
  - » Supportive Care
  - » Prevent Clot Propagation
- Experimental
  - » Neuroprotection
  - » Collateral Enhancement

# Two Major Strategies in Acute Ischemic Stroke Treatment

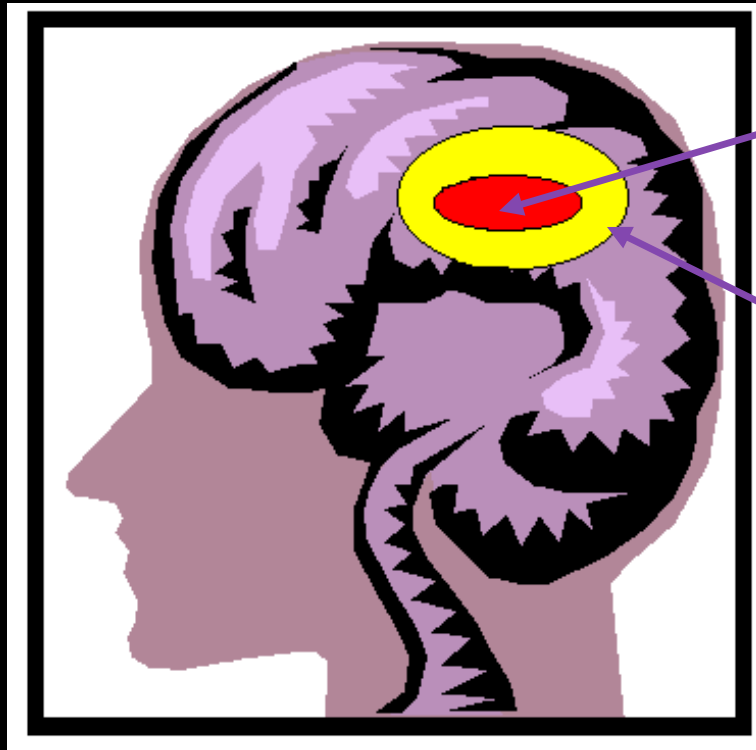
## Reperfusion



## Neuroprotection



# The Ischemic Penumbra

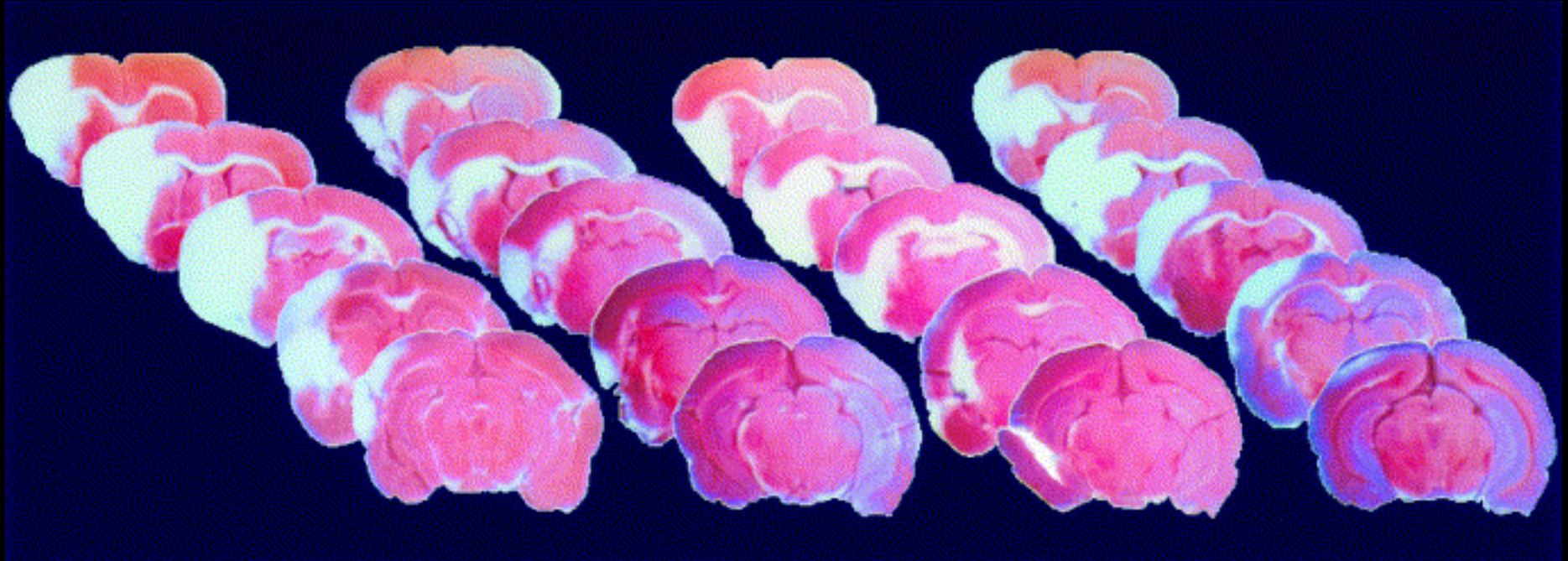


Irreversible  
Core Infarct

Ischemic Penumbra  
zone of salvageable  
tissue surrounding  
core infarct



# Brief Time Window in Animal Stroke Models



Permanent

Early

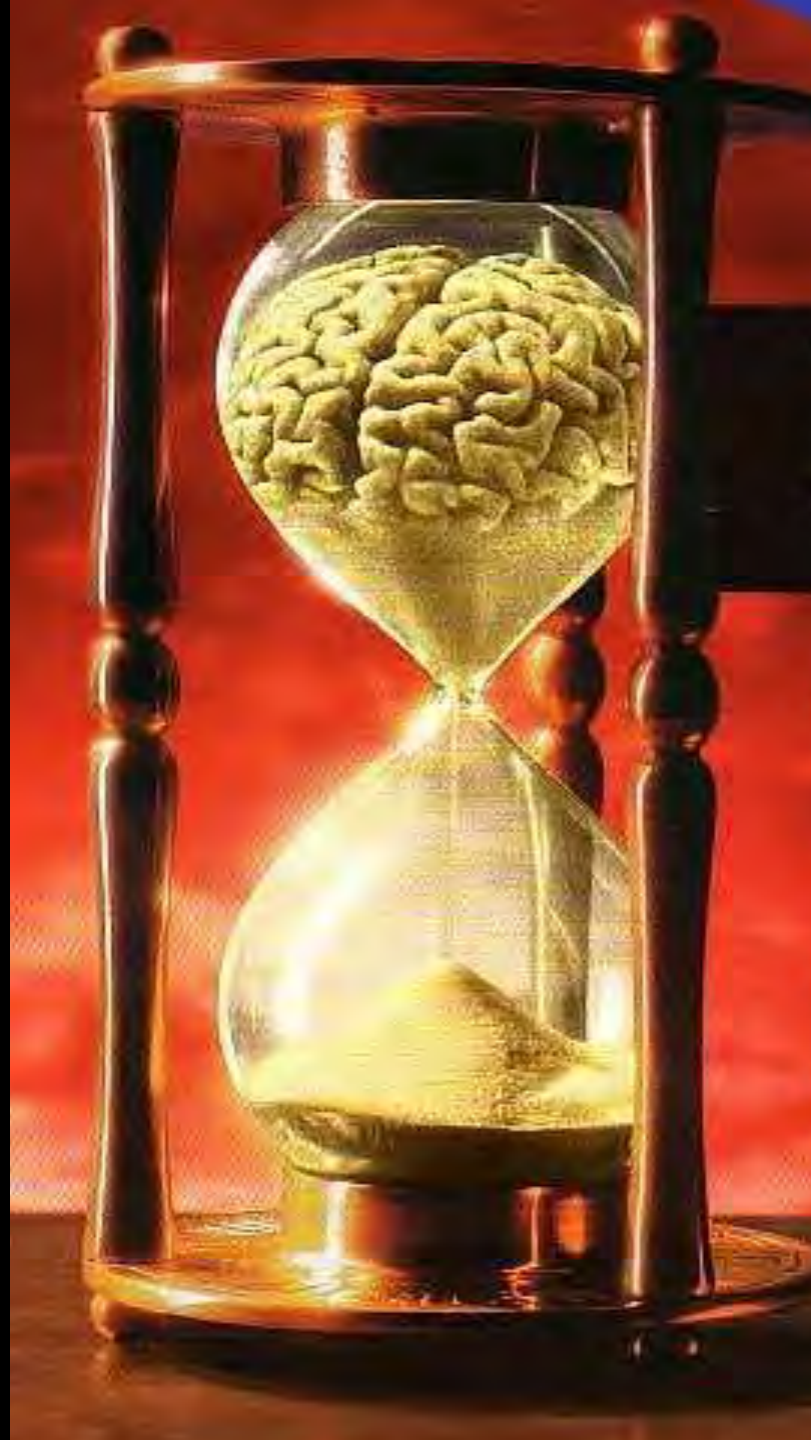
Medium

Late

In a typical acute ischemic stroke, every minute the brain loses

- 1.9 million neurons
- 14 billion synapses
- 7.5 miles myelinated fibers

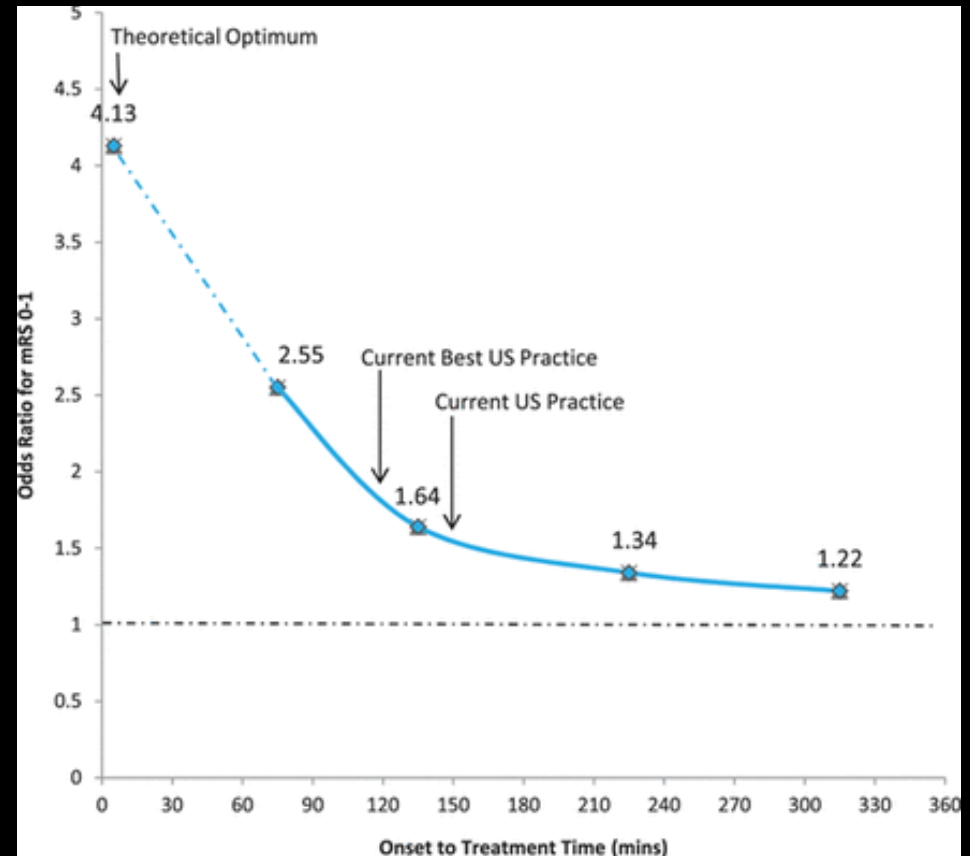
-- Saver, Stroke 2006





# Onset to Treatment Time for IV TPA and Odds of Excellent Outcome

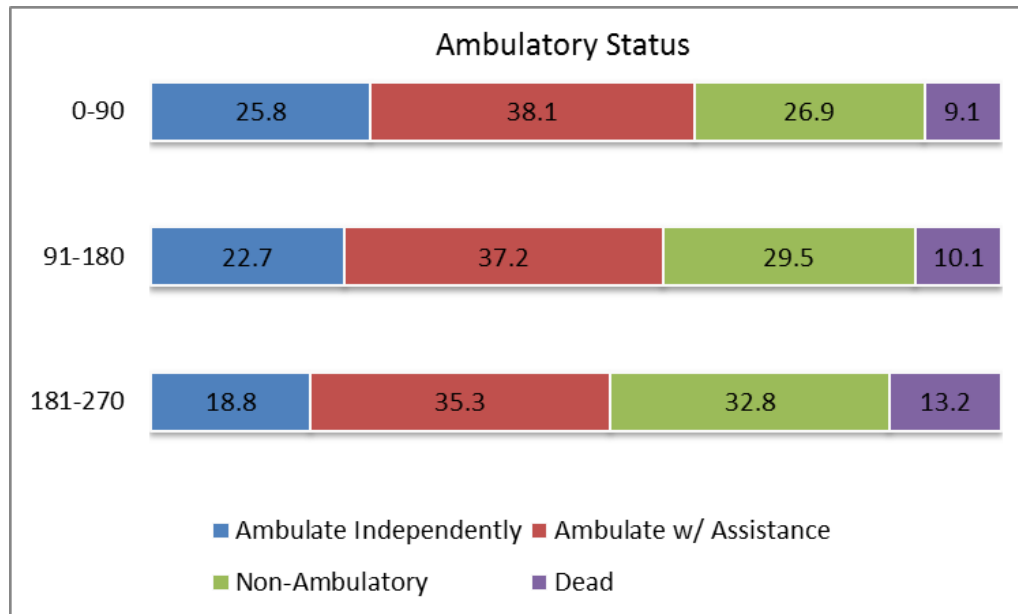
- Pooled, patient level analysis
- 8 trials
  - » NINDS 1 and 2
  - » ATLANTIS A and B
  - » ECASS 1, 2, and 3
  - » EPITHET
- 3670 patients



# TPA Treatment Time and Benefit Magnitude

## 58,353 Patients from 1395 GWTG-Stroke Hospitals

--Saver et al, JAMA 2013



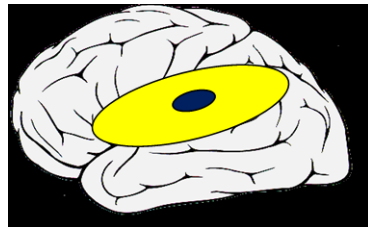
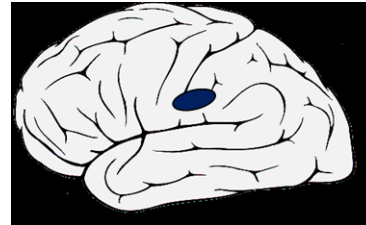
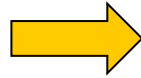
**Among 1000 patients, for every 15 min acceleration of tPA treatment**

- **18 more will have improved ambulation at discharge**
  - Including 8 more who will ambulate fully independently
- **13 more will be discharged to a more independent environment**
  - Including 7 more discharged to home
- **4 fewer patients will die prior to discharge**

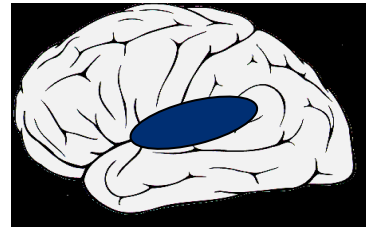
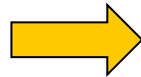
# A Drop of Brain (1cc), A Week of Healthy Life Quality Adjusted Life-Years (QALYs)



EARLY REPERFUSION +  
LARGE PENUMBRA  
SALVAGE

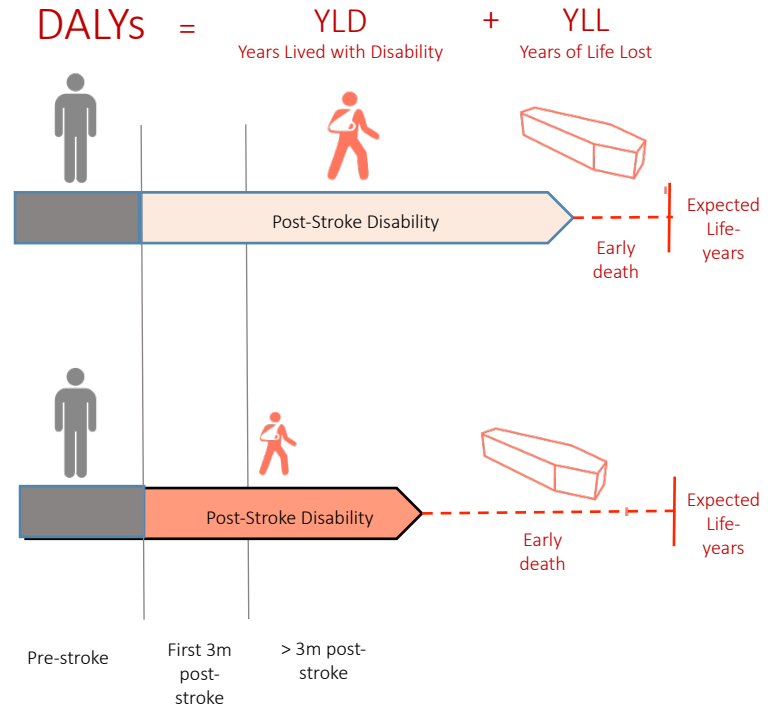


LATE REPERFUSION +  
SMALL PENUMBRA  
SALVAGE



Penumbra (yellow) and core (blue)  
volumes on perfusion CT pre-tPA

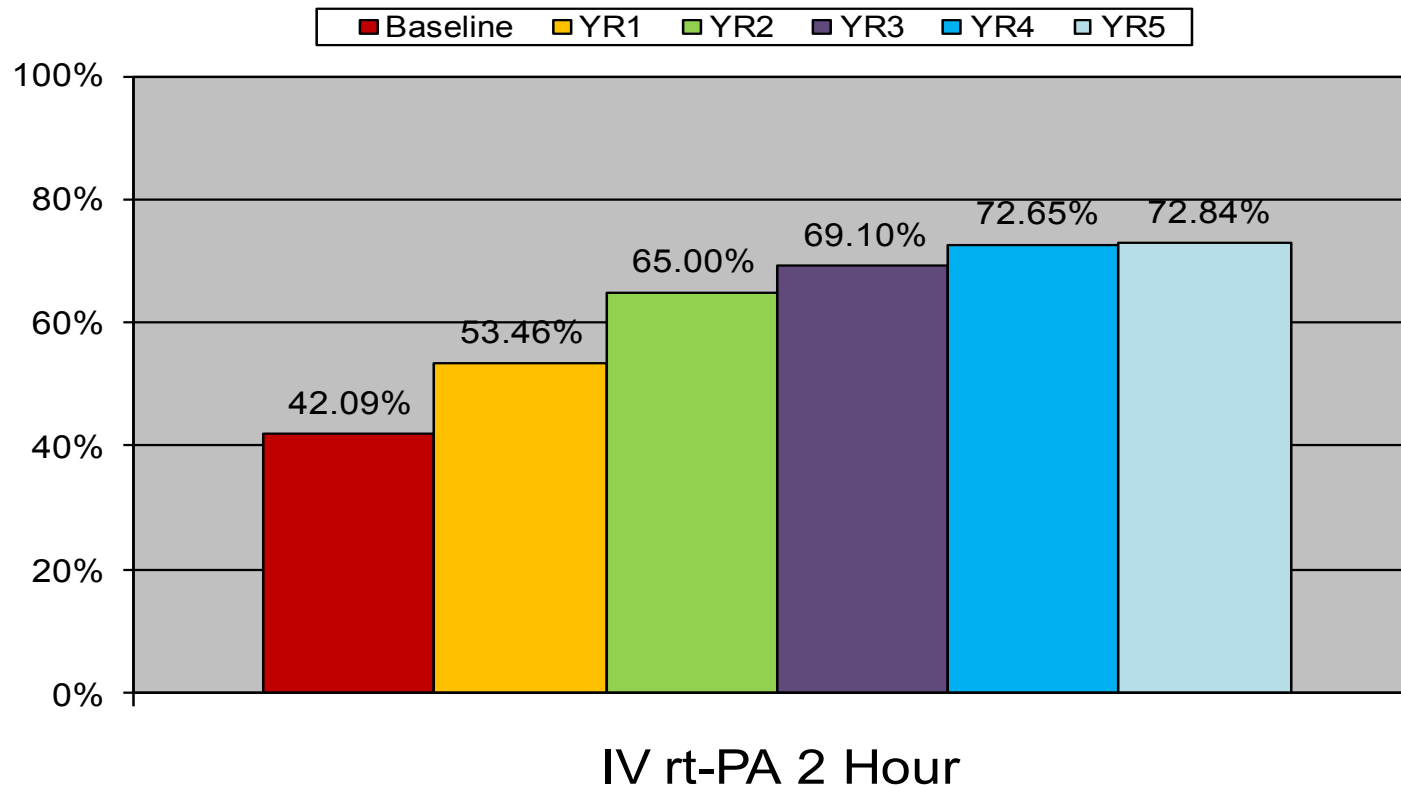
Final infarct volume on 24h MRI



--Saver, Brain 2017

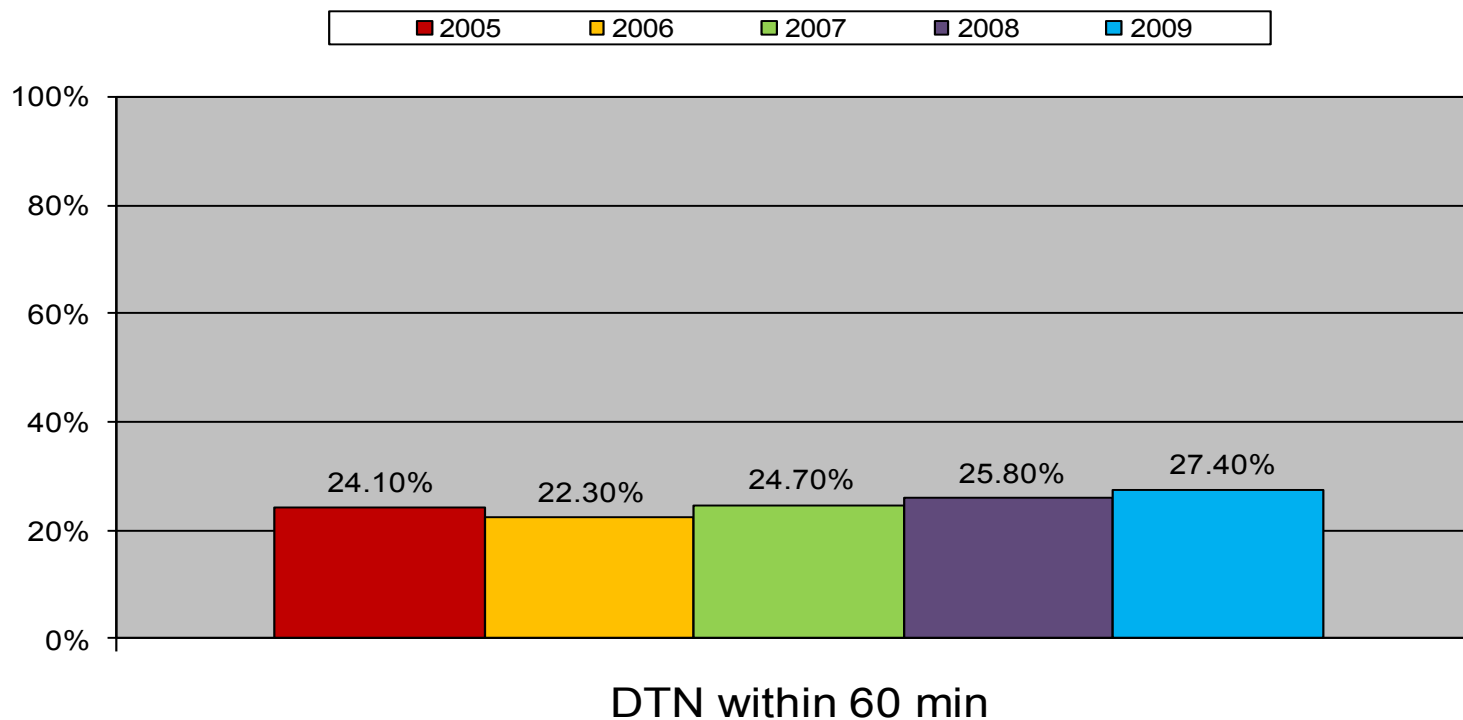
--Kawano et al, Brain 2017

## Improvement Over Time in GWTG-Stroke in the Use of IV rt-PA in Eligible Patients



# Substantial Opportunity to Improve Timeliness of IV rt-PA in Ischemic Stroke

## Door-to-IV rt-PA within 60 minutes



# TARGET: STROKE<sup>SM</sup>

TIME LOST IS BRAIN LOST.

[STROKEASSOCIATION.ORG/TARGETSTROKE](http://STROKEASSOCIATION.ORG/TARGETSTROKE)

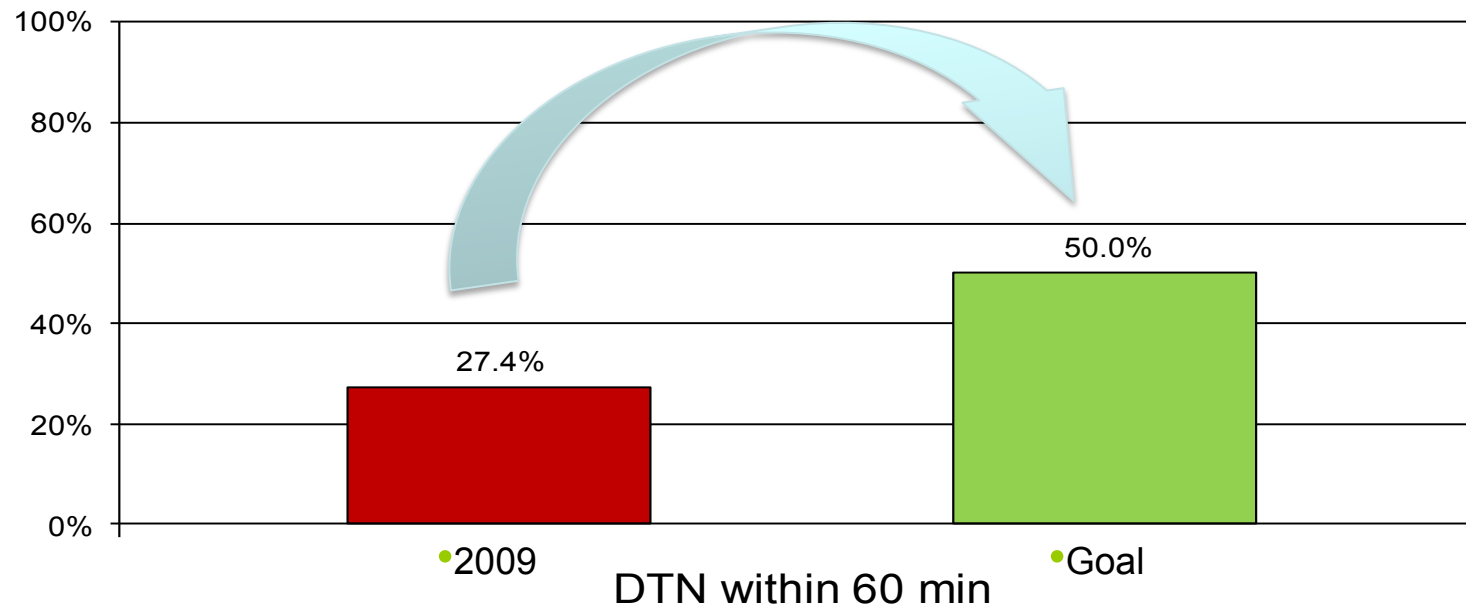


American Heart Association | American Stroke Association  
*Learn and Live.*



## Target: Stroke The Time is Now

### Door-to-IV rt-PA within 60 minutes

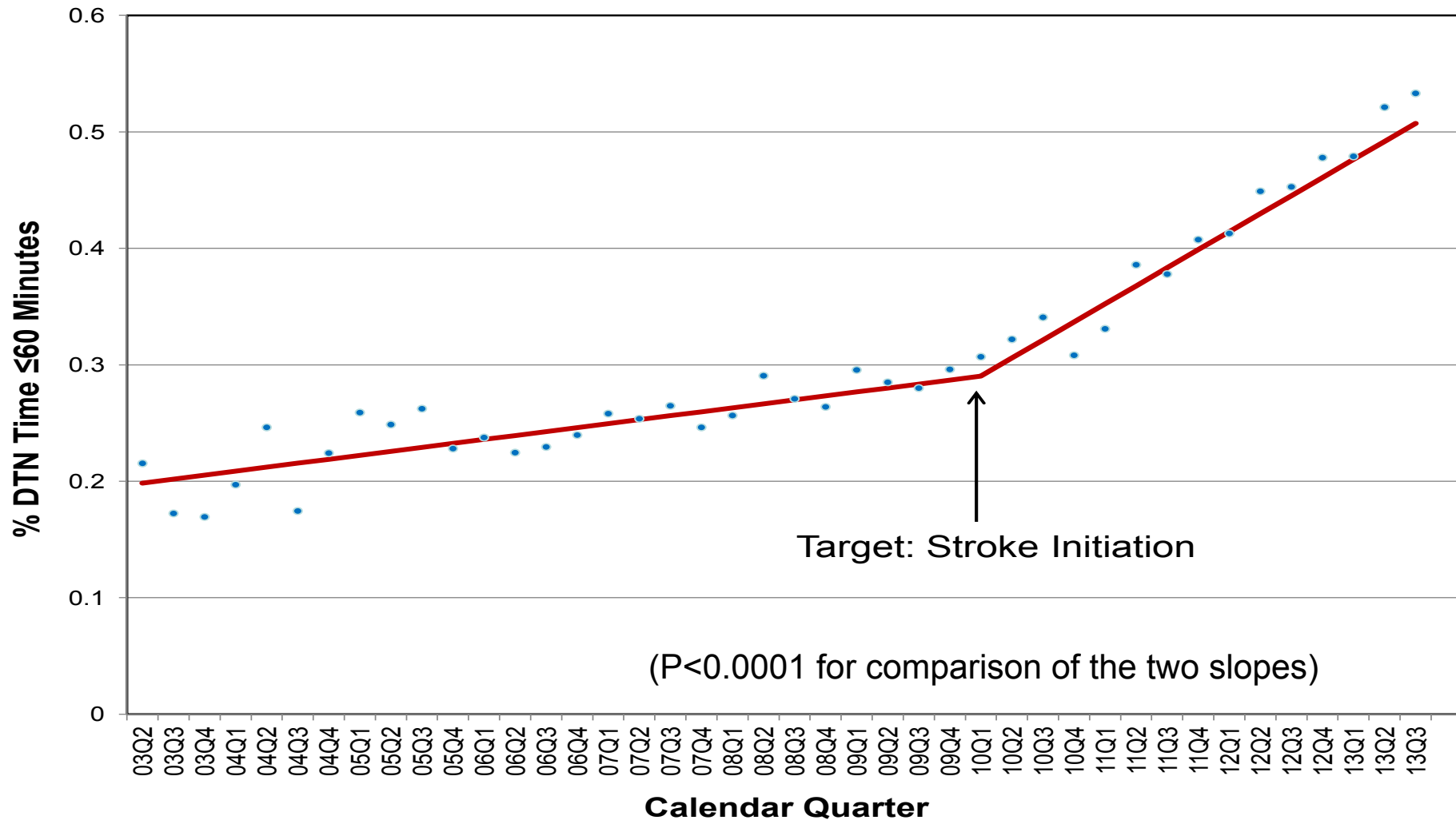


# Target: Stroke Best Practice Strategies



1. \*EMS Pre-Notification
2. Stroke Toolkit
3. Rapid Triage and Stroke Team Notification
4. \*Single Call Activation System
5. \*Transfer Directly to CT
6. Rapid Brain Imaging
7. \*POC Laboratory
8. \*Premix TPA
9. \*Rapid TPA Access - store TPA in ED/ radiology, start in imaging suite
10. Team approach
11. \*Prompt data feedback

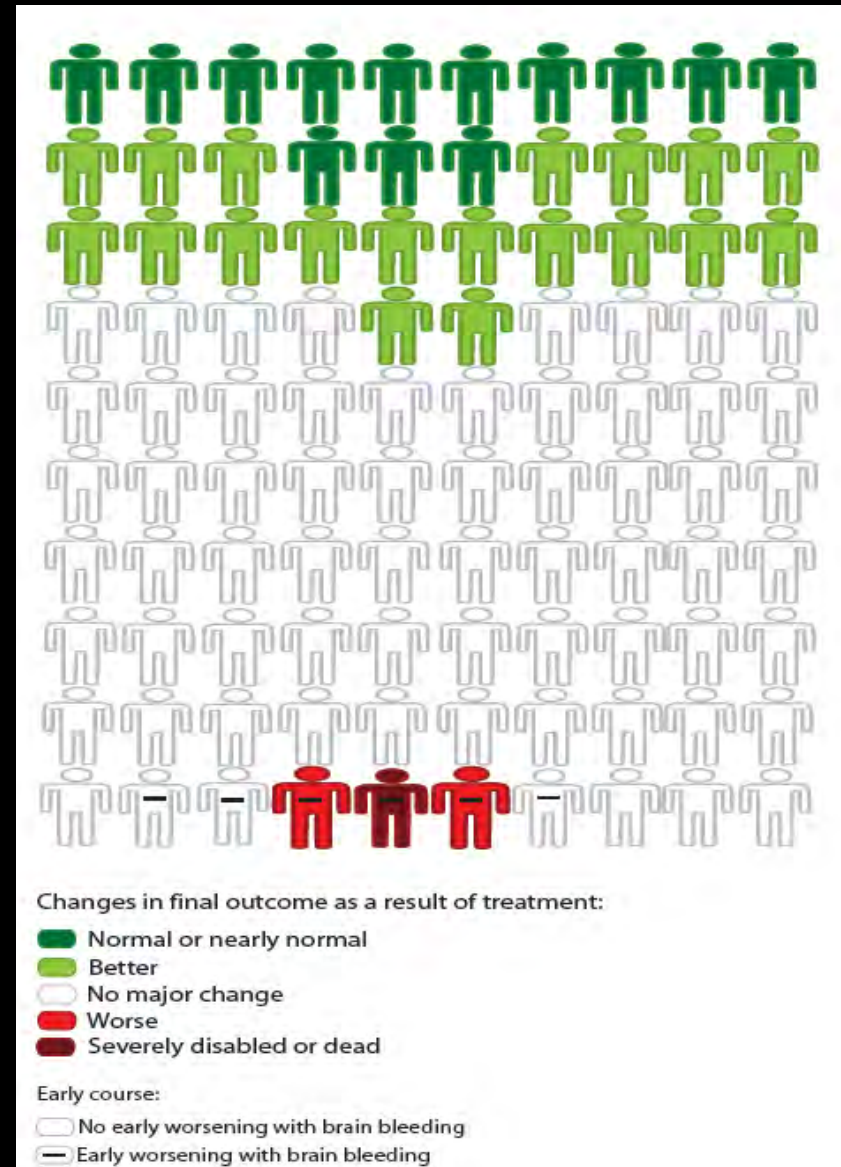
## Target: Stroke Impact and Success in US: Fonarow et al, JAMA 2014



# IV TPA Under 3 Hours – Patient Education

- Joint AHA-AAN-ACEP text tool to educate patients and families
- UCLA icon array tool based on AHA-AAN-ACEP

--Gadhia et al, Stroke 2010



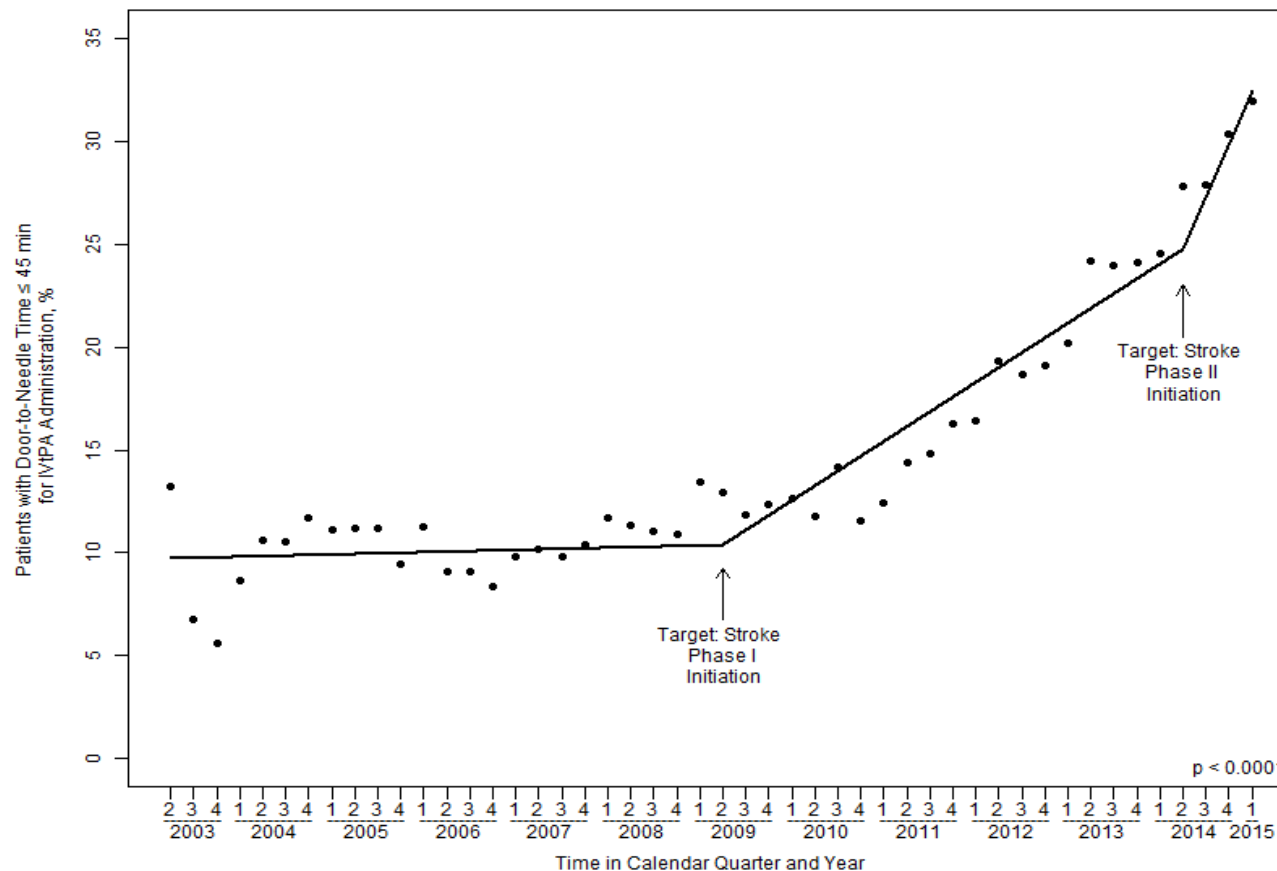
# Target: Stroke Phase 2

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**TARGET: STROKE<sup>SM</sup>**  
**SAVING LIVES**  
**BY SAVING TIME**

- Target: Stroke Elite
  - » DTN  $\leq$  60m in 75%
  - » DTN  $\leq$  45m in 50%

## Time Trend in the Proportion of Patients with DTN Times within 45 Minutes Pre-Target: Stroke and During Target: Stroke Phase I and II



Time Period (per year)	Estimate (95% CI)	P-value
		<.0001
Pre-Target: Stroke	0.12 (-0.20, 0.43)	0.4741
Target: Stroke Phase I	2.87 (2.49, 3.25)	<.0001
Target: Stroke Phase II	10.20 (5.92, 14.48)	0.0018



# Door to Needle Times with “Direct to CT” or “ED Pitstop” in Best Practice Hospitals

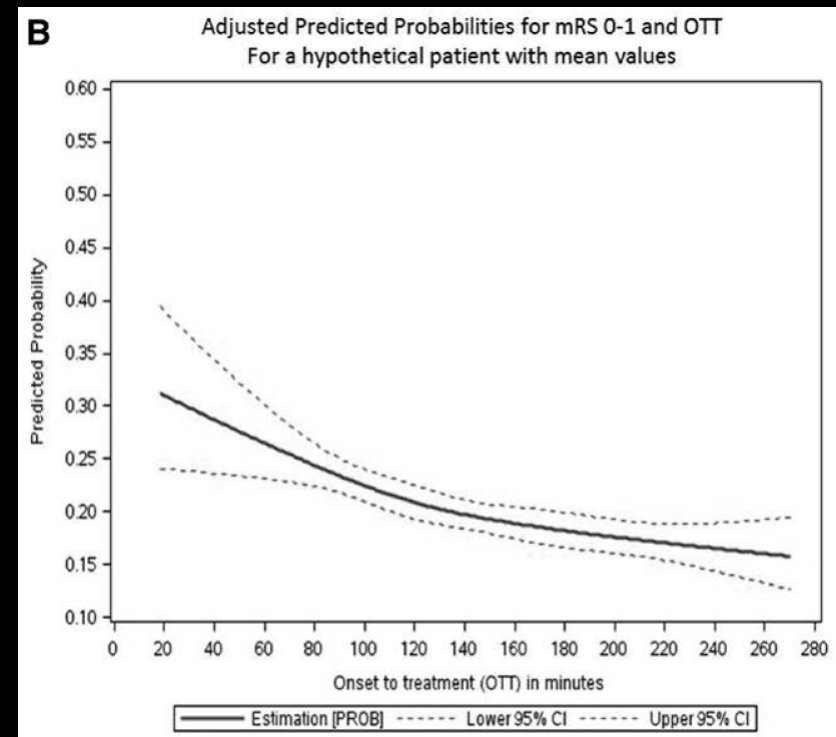
Stroke Center	Median Door to Needle Times
Helsinki, Finland	20 mins
Erlangen, Germany	25 mins
Wash U, St. Louis	39 mins

--Meretojia et al, Neurology 2012  
--Korhmann et al, Int J Stroke 2011  
--Ford et al, Stroke 2012

# Stroke Treatment in the Golden Hour

- GWTG-Stroke
  - » 65,384 tPA patients
  - » Jan 2009 – Sept 2013
  - » 1456 hospitals
- Onset to treatment time  $\leq 60$ m
  - » 878 patients
  - » 1.3% of under 4.5h tPA cohort
  - » 15-60m vs 61-270m
    - Discharge to home* OR 1.25
    - Indep ambulation at d/c* OR 1.22
    - Nondisabled (mRS 0-1)* OR 1.72

## Shape of time-benefit curve



Mildly nonlinear for mRS 0-1 and d/c home  
More rapid decline first 100-170m

# Stroke and the Golden Hour

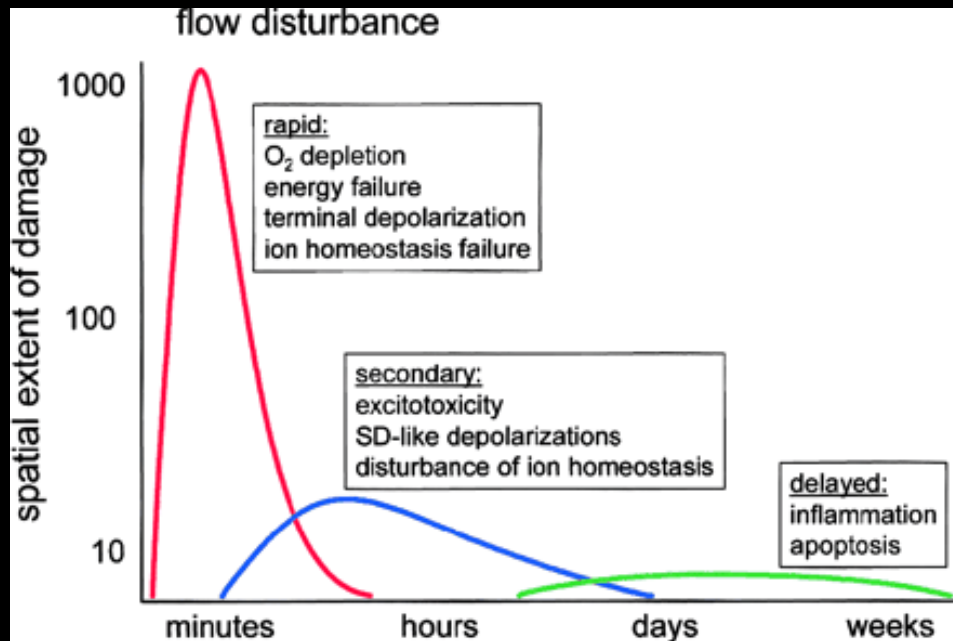


- Narrow therapeutic time window
- Early intervention critical for stroke care
- Prehospital personnel
  - » 35-70% of stroke patients arrive by ambulance
  - » Unique position: first medical professional to come in contact with stroke patient

# Prehospital Stroke Trials of Paramedic Delivered Therapy

Trial	Intervention	Strategy	Design	Size	Status
<b>FAST-MAG Pilot</b>	<b>Magnesium</b>	<b>NP</b>	<b>Historical controls</b>	<b>20</b>	<b>2004</b>
<b>Helsinki EMS</b>	<b>IV + SQ Insulin</b>	<b>Homeo-Stasis</b>	<b>Randomized open / hist cont</b>	<b>23</b>	<b>2011</b>
<b>Aarhus University</b>	<b>Remote perconditioning</b>	<b>NP</b>	<b>Randomized open label</b>	<b>443</b>	<b>2013</b>
<b>RIGHT*</b>	<b>Glyceryl trinitrate</b>	<b>BP/NP</b>	<b>Randomized open label</b>	<b>41</b>	<b>2013</b>
<b>PIL-FAST*</b>	<b>Lisinopril</b>	<b>BP</b>	<b>Randomized open label</b>	<b>14</b>	<b>2013</b>
<b>FAST-MAG Pivotal</b>	<b>Magnesium</b>	<b>NP</b>	<b>Randomized, blinded placebo</b>	<b>1700</b>	<b>2014</b>
<b>FAST-BP*</b>	<b>Glyceryl trinitrate</b>	<b>NP/BP/CE</b>	<b>Dose escalation</b>	<b>45</b>	<b>Enrolling (California)</b>
<b>FRONTIER*</b>	<b>NA-1</b>	<b>NP</b>	<b>Randomized, 2B</b>	<b>500</b>	<b>Enrolling (Canada)</b>
<b>RIGHT-2*</b>	<b>Glyceryl trinitrate</b>	<b>NP/BP/CE</b>	<b>Randomized, sham-controlled</b>	<b>850</b>	<b>Enrolling (Great Britain)</b>

# The Ischemic Cascade and Neuroprotective Interventions



- Modulators of Excitatory Amino Acids
- Modulators of Calcium Influx
- Metabolic Activators
- Anti-edema Agents
- Inhibitors of Leukocyte Adhesion
- Free Radical Scavengers and Anti-Oxidants
- Promoters of Membrane Repair
- Unknown or Other Mechanism(s)

Standard Care

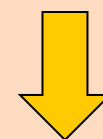
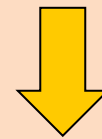
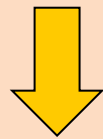
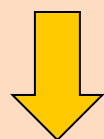
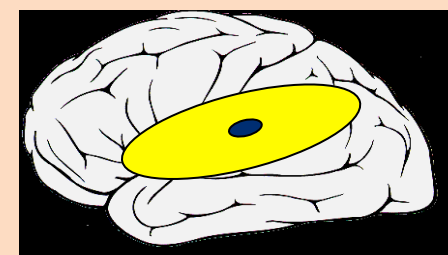
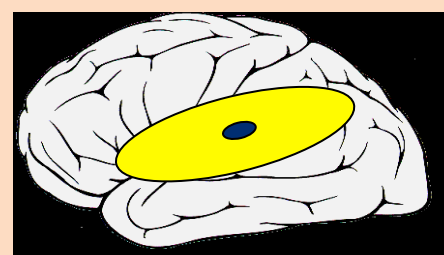
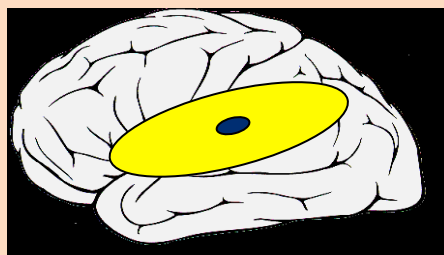
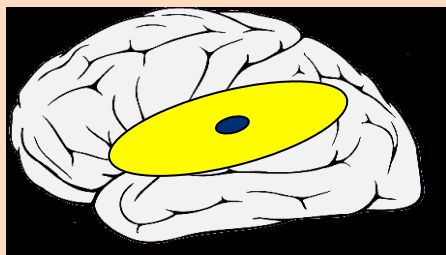
Neuroprotection

Collateral  
Enhancement

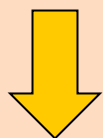
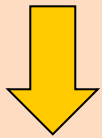
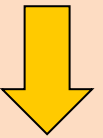
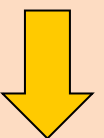
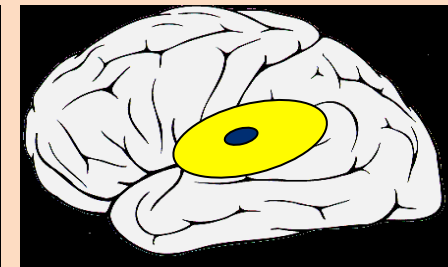
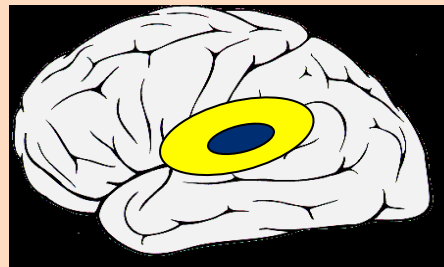
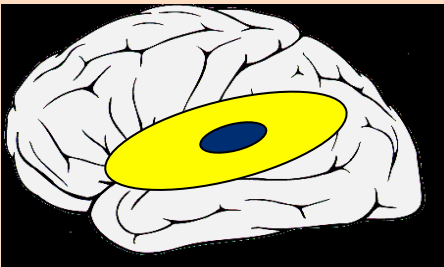
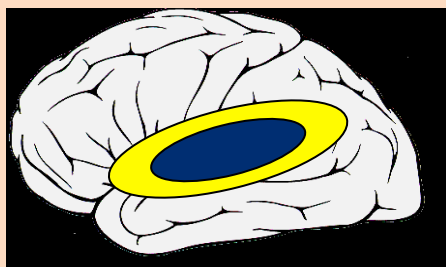
Neuroprotection  
+ Collateral  $\uparrow$



45 mins

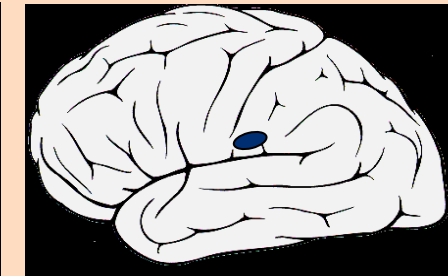
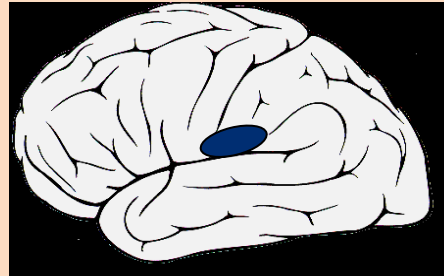
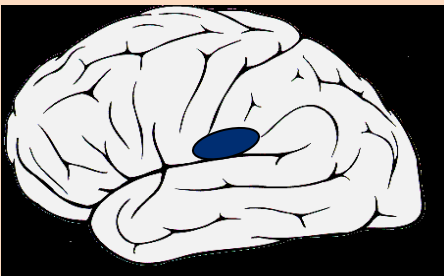
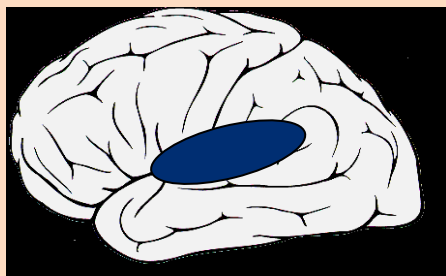


3 hours



Reperfusion

Final  
Infarct





# Trials of Neuroprotective Agents for Stroke, 1955-2000

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Neuroprotective agents tested	49
RCTs performed	114
Patients enrolled	21,445
Neuroprotective agents approved	0

Time windows: 4-48 hours

-- Kidwell, Liebeskind, Starkman, Saver, Stroke 2001

# Six Design Defects of Past Neuroprotective Trials

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- Dose too low
  - » Side effects
- Enroll patients unlikely to respond to drug action
  - » White matter strokes for EAA blockade agents
- Enroll uninformative patients
  - » Too mild at entry – fare well with placebo
  - » Too severe at entry – fare poorly with active
- Sample sizes too small
- Outcome measures insensitive to modest but important benefits
- Late time of treatment start

# The Field Administration of Stroke Therapy – Magnesium (FAST-MAG) Phase III Trial

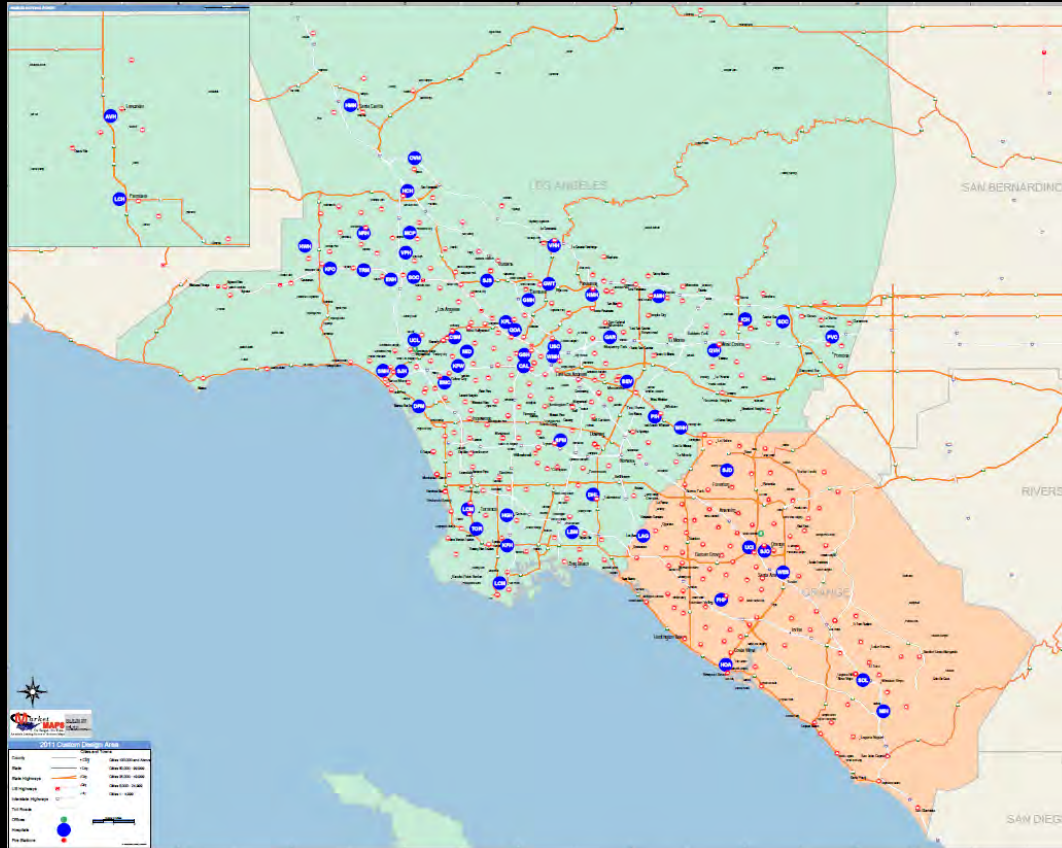


# Field Administration of Stroke Treatment – Magnesium (FAST-MAG) Trial

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- Placebo-controlled, double-blind, randomized
- Multicenter, single region
  - » Los Angeles and Orange Counties
- 4 gm Mg field, 16 gm Mg maintenance x 24h
- 1700 patients, 1<sup>st</sup> patient Jan 2005
- Primary endpoint: Rankin Scale shift

# FAST-MAG Trial Consortium



Performance Sites in Los Angeles and Orange Counties

- Los Angeles and Orange Counties
  - » Population 13.3 million
- 40 EMS Provider Agencies
  - » 315 rescue ambulances
  - » 2988 paramedics
- 60 receiving hospitals
  - » 952 physician-investigators
    - 715 Emergency Medicine (site PIs)
    - 210 Neurologist
    - 26 Nsurg/Intensiv/Hosp
- 95 CCC coordinators and research assistants

# Entry Criteria

## Inclusion

- Suspected stroke identified by the Los Angeles Prehospital Stroke Screen (LAPSS)
- Age 40-95, inclusive
- Last known well time within 2h of treatment initiation
- Deficit present for  $\geq 15$  minutes

## Exclusion

- Coma
- Rapidly improving neurologic deficit
- Pre-existing neurologic, psychiatric or advanced systemic disease that would confound outcome evaluations
- SBP <90 or >220
- Severe renal dysfunction
- Severe respiratory distress
- 2nd or 3rd degree heart block w/o pacemaker
- Major head trauma in last 24h
- Recent stroke within prior 30d,
- Patient/LAR unable to provide informed consent and EFIC not approved in catchment area



# FAST-MAG

## Distinctive Methodologic Aspects

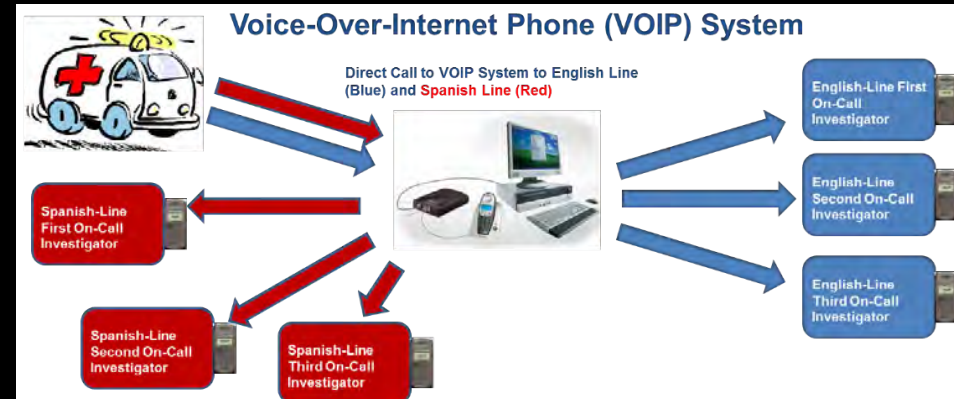
- Diagnosing stroke in the field
  - » LAPSS
  - » Physician cellphone review
- Rating pretreatment stroke severity
  - » LAMS
- Eliciting consent
  - » Physician cellphone elicitation (99%)
  - » EFIC (1%)
- Prehospital treatment route
  - » Fixed lumen, rate-limiting IV infusion
- Randomization
  - » Pre-encounter randomization



# FAST-MAG

## Explicit Informed Consent Enrollment Process\*

- Paramedics
  - » Identify likely stroke patients using LAPSS
  - » Call simultaneous ring enrolling line
    - English line – 4 English speaking MDs
    - Spanish line – 4 Spanish speaking MDs
    - First MD to answer proceeds
  - » Give cellphone to patient/LAR
  - » Give consent form to patient/LAR
    - Each ambulance has 8 consent forms
      - » 4 most common hospitals (4 English, 4 Spanish)
- Cellphone Enrolling Physicians
  - » Discuss trial with patient/LAR
    - While paramedic performs usual care
  - » After patient/LAR signs form, instructs paramedic to start study infusion
  - » Co-signs consent form after ED arrival



● \*99% enrolled by explicit consent; 1% by EFIC

# Neurologic Features

Characteristic	Placebo (n=843)	Magnesium (n=857)	Total (n=1700)	p value
<b>Prestroke Function</b>				
Residence (home)	97.6%	97.3%	97.5%	0.16
Prestroke Rankin	0 (0-0)	0 (0-0)	0 (0-0)	0.83
<b>Final Diagnosis</b>				
Cerebral Ischemia	72.8%	73.7%	73.3%	0.43
Intracranial Hemorrhage	22.8%	22.8%	22.8%	0.64
Mimic	4.4%	3.5%	3.9%	0.83
<b>Presenting Severity</b>				
LAMS (Prehospital)	3.7 ( $\pm 1.3$ )	3.7 ( $\pm 1.3$ )	3.7 ( $\pm 1.3$ )	0.57
NIHSS (Hospital)	11.2 ( $\pm 9.8$ )	11.5 ( $\pm 9.0$ )	11.3 ( $\pm 9.9$ )	0.41

# Time Intervals

	Placebo (n=843)	Magnesium (n=857)	Total (n=1700)	p value
Onset* to Drug (mins)	46 (36-62)	45 (35-60)	45 (35-62)	0.24

\*Onset = last known well time

# Time Intervals

	Placebo (n=843)	Magnesium (n=857)	Total (n=1700)	p value
Onset* to Drug (mins)	46 (36-62)	45 (35-60)	45 (35-62)	0.24
Onset to Drug (categorical)				
0-1 hours	73.2%	75.3%	74.3%	0.61
1-2 hours	25.7%	23.7%	24.7%	
>2 hours	1.1%	0.9%	1.0%	

\*Onset = last known well time

# Time Intervals

	Placebo (n=843)	Magnesium (n=857)	Total (n=1700)	p value
<b>Onset* to Drug (mins)</b>	<b>46</b> (36-62)	<b>45</b> (35-60)	<b>45</b> (35-62)	<b>0.24</b>
<b>Onset to Drug (categorical)</b>				
0-1 hours	73.2%	75.3%	74.3%	0.61
1-2 hours	25.7%	23.7%	24.7%	
>2 hours	1.1%	0.9%	1.0%	
<b>On Scene to Drug</b>	<b>23</b> (19-28)	<b>23</b> (18-27)	<b>23</b> (18-27)	<b>0.58</b>
<b>On Scene to Door**</b>	<b>33</b> (27-39)	<b>32</b> (27-39)	<b>33</b> (27-39)	<b>0.91</b>

\*Onset = last known well time

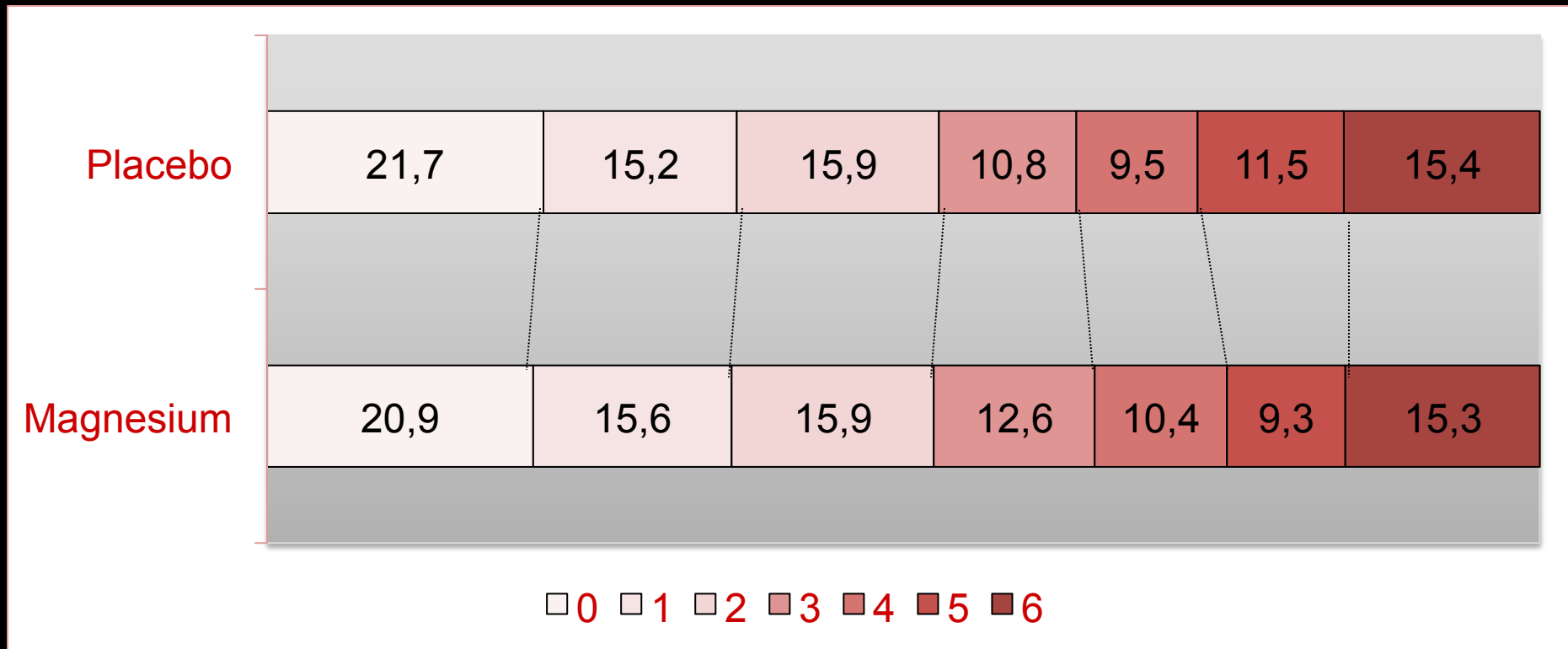
\*\*Historical comparator, pretrial LA scene to door times = 35 minutes (Stroke 2004;35:e106-108)

# Reperfusion Treatments After Arrival in FAST-MAG Cerebral Ischemia Patients (n=1235)

	Number of Patients	Percent
IV tPA	452	36.6%
Endovascular	76	6.1%

--Nguyen P, Sanossian N, et al, Submitted

# Primary Endpoint: Global Disability at 3 Months (modified Rankin Scale)



CMH test:  $p = 0.28$   
(Means 2.7 v 2.7)



# Discussion: Magnesium as a Neuroprotectant for Stroke

---

- FAST-MAG failed to confirm the primary hypothesis that prehospital magnesium sulfate is beneficial in likely stroke patients
- No increase in overall serious adverse events
- Potential reasons for neutral results
  - » Slow magnesium passage across blood-brain barrier despite early systemic delivery
  - » Magnesium as a single agent insufficient to suppress molecular ischemic cascade
  - » Improving standard care reduced opportunity to demonstrate benefit
    - Interim analysis point estimates favorable for magnesium
    - Better supportive care at Primary Stroke Centers
    - TPA more often and faster

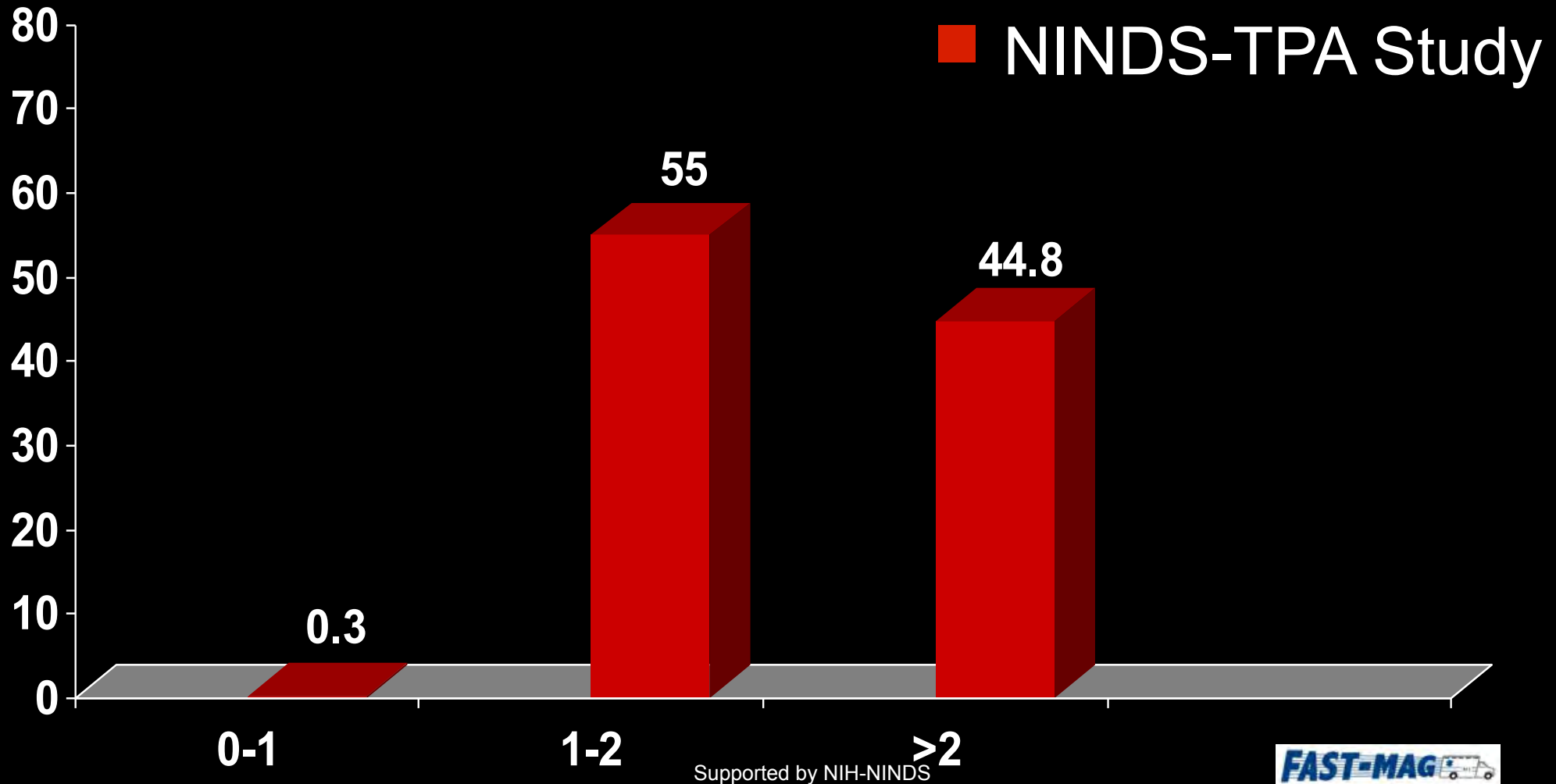
# Discussion: Prehospital Delivery of Phase 3 RCT Stroke Therapy

---

- First prehospital stroke phase 3 randomized, controlled trial
- First acute (<3 hr) neuroprotective phase 3 trial
- First stroke phase 3 trial of neuroprotection before recanalization therapy
- First prehospital RCT for any condition employing physician-elicited informed consent
- First “golden hour” (<1 hr) stroke phase 3 trial
  - » Over 1250 treated within 60 mins of last known well time
- Methods and patient data available for therapies in pipeline

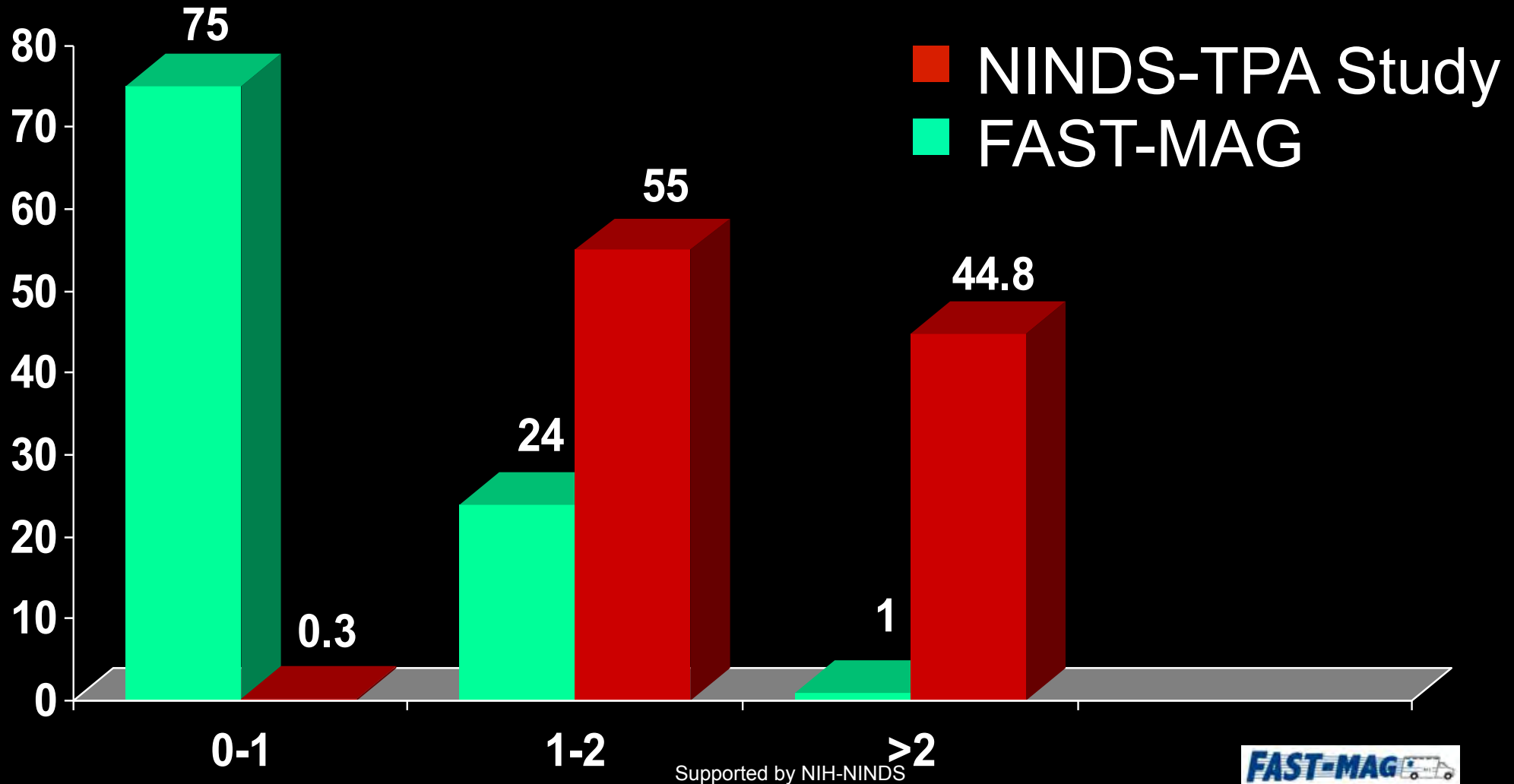
# FAST-MAG vs NINDS-TPA Study

## Time to Treatment

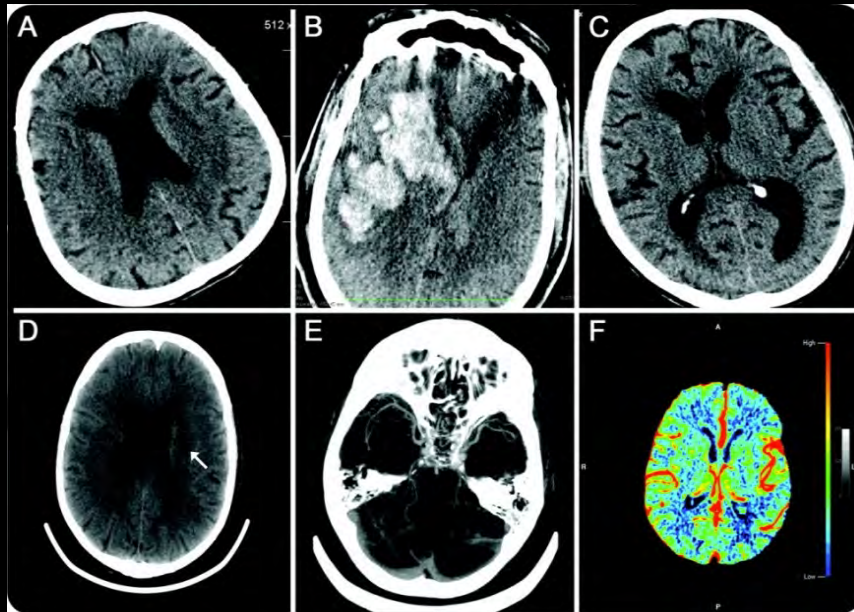
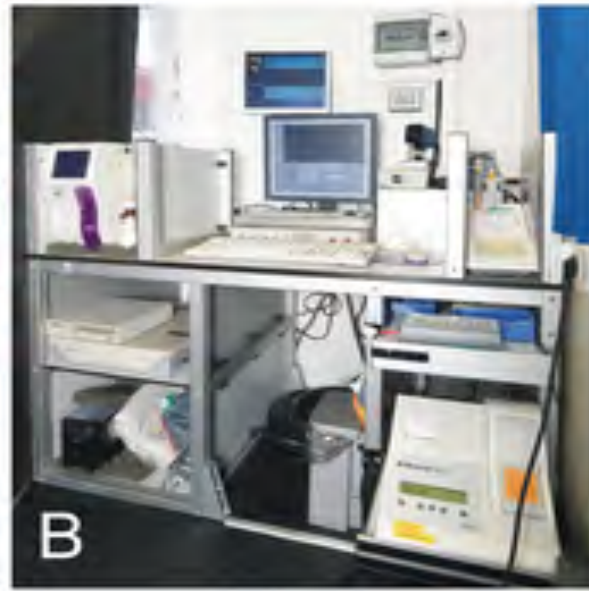


# FAST-MAG vs NINDS-TPA Study

## Time to Treatment



# Mobile Stroke Units for Prehospital Thrombolysis



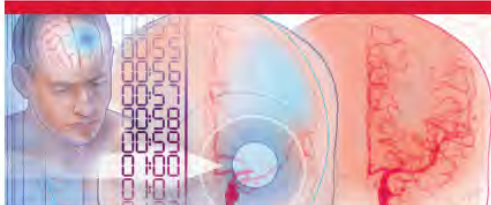
--Walter et al, PLOS One, 2010, Homburg

--Audebert et al, Berlin



## In This Issue of JAMA

April 23/30, 2014  
Volume 311, Number 16  
Pages 1579-1704



### Neurology

Edited by Roger N. Rosenberg, MD, and Jeffrey L. Saver, MD

#### Research

##### Ambulance-Based Thrombolysis in Acute Ischemic Stroke 1622

Early thrombolysis with intravenous tissue plasminogen activator is associated with better outcomes in acute ischemic stroke. In a study randomized by week from May 1, 2011, to January 31, 2013, that involved 6182 German adults with suspected stroke, Ebinger and colleagues found that compared with conventional ambulance care, use of an ambulance equipped with a computed tomography scanner, laboratory capability, telemedicine connection, and trained stroke team resulted in decreased time to treatment without an increase in adverse events. In an Editorial, Grotta discusses progress in treatment of ischemic stroke.

Editorial 1615 Related Article 1632

##### Time to tPA Administration and Outcomes of Ischemic Stroke 1632

In an analysis of registry data from 1030 hospitals (71 169 patients) participating in Target: Stroke, a national acute ischemic stroke care quality improvement program, Fonarow and colleagues assessed door-to-needle times for tissue plasminogen activator (tPA) administration and patient outcomes before and after program initiation. The authors report the Target:Stroke initiative was associated with improved timeliness of tPA administration and lower in-hospital mortality and intracranial hemorrhage.

Editorial 1615 Related Article 1622

Author Video Interview [jama.com](http://jama.com)

##### Effect of Acetazolamide on Vision Function in IIH 1641

Acetazolamide is commonly used to treat idiopathic intracranial hypertension (IIH) despite insufficient evidence supporting its use. In a randomized study that enrolled 165 patients with IIH and mild vision loss, Wall and colleagues found that 6 months' treatment with acetazolamide and a low-sodium weight reduction diet, compared with diet alone, resulted in modest improvement in visual field function. In an Editorial, Horton discusses beneficial effects of acetazolamide in IIH.

Editorial 1618

##### Lorazepam vs Diazepam for Pediatric Status Epilepticus 1652

Diazepam is approved for the treatment of status epilepticus in children. However, some data suggest lorazepam may be more effective or safer. In a randomized trial involving 273 patients aged 3 months to 18 years who presented to academic pediatric emergency departments with convulsive status epilepticus, Chamberlain and colleagues found that treatment with lorazepam did not result in improved efficacy or safety compared with diazepam.

#### Opinion

##### Viewpoint

1607 How Neurologists Can Choose (Even More) Wisely: Prioritizing Waste Reduction Targets and Identifying Gaps in Knowledge

BC Callaghan and Coauthors

1609 Global Opportunities and Challenges for Clinical Neuroscience

GL Birbeck and Coauthors

1611 Neurology at a Crossroads: Opportunities and Challenges

TA Pooley

##### A Piece of My Mind

1613 Decisions

H Lee

#### Editorial

1615 tPA for Stroke: Important Progress in Achieving Faster Treatment

JC Grotta

1618 Acetazolamide for Pseudotumor Cerebri: Evidence From the NORDIC Trial

JC Horton

1620 Advancing Neurotherapeutics in the 21st Century

RN Rosenberg and JL Saver

#### LETTERS

##### Research Letter

1689 Testing the Presumption of Consent to Emergency Treatment for Acute Ischemic Stroke

W Chong and Coauthors

##### Comment & Response

1691 Medical Communication Companies and Industry Grants

1693 Strategies to Overcome Medication Nonadherence

1694 Correction

#### Instructions for Authors

[jama.com/public/instructionsforauthors.aspx](http://jama.com/public/instructionsforauthors.aspx)

Editor in Chief  
Howard Bauchner, MD

130 YEARS  
OF CONTINUOUS  
PUBLICATION

## Research

### Original Investigation

# Effect of the Use of Ambulance-Based Thrombolysis on Time to Thrombolysis in Acute Ischemic Stroke A Randomized Clinical Trial

Martin Ebinger, MD; Benjamin Winter, MD; Matthias Wendt, MD; Joachim E. Weber, MD; Carolin Waldschmidt, MD; Michal Rozanski, MD; Alexander Kunz, MD; Peter Koch, MD; Philipp A. Kellner, MD; Daniel Gierhake, MD; Kersten Villringer, MD; Jochen B. Fiebach, MD; Ulrike Grittner, PhD; Andreas Hartmann, MD; Bruno-Marcel Mackert, MD; Matthias Endres, MD; Heinrich J. Audebert, MD; for the STEMO Consortium

--JAMA, April 2014

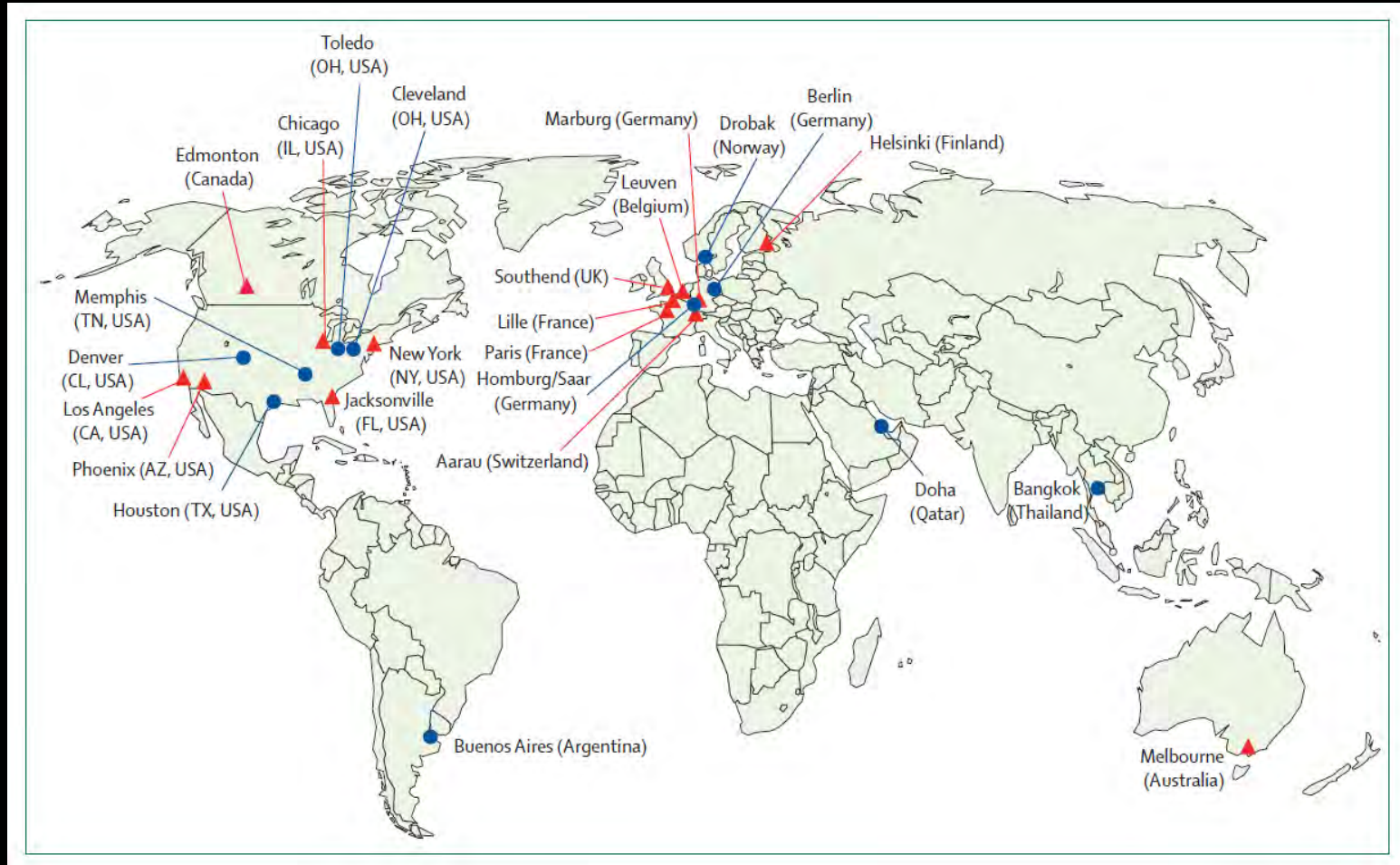
# PHANTOM-S Trial

## TPA Frequency and Speed

	CT Ambulance Patients	p value	CT Ambulance Weeks	p value	Control Weeks
N	1804		3213		2969
Pct of AIS	32.6%	<0.001	28.9%	<0.001	21.1%
DTN Hosp (min)					42
Alarm to Hosp (min)	85	<0.001	67	<0.001	35
Alarm to Imaging	38	<0.001	44	<0.001	52
Imaging to TPA	14	<0.001	17	<0.001	24
<b>*Alarm to TPA</b>	<b>52</b>	<b>&lt;0.001</b>	<b>61</b>	<b>&lt;0.001</b>	<b>76</b>
Onset to TPA	103	<0.001	110	0.003	119
Onset to TPA <90m	58%	<0.001	48%	0.02	37%

\*Primary Endpoint

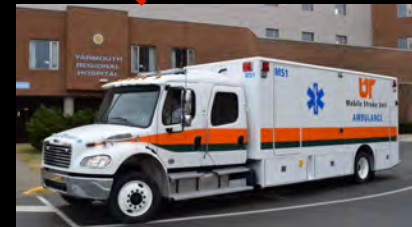
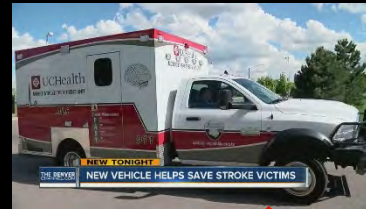
# Growing Worldwide Use of Mobile Stroke Units





# BEnefits of Stroke Treatment Delivered Using a Mobile Stroke Unit (BEST-MSU) Trial

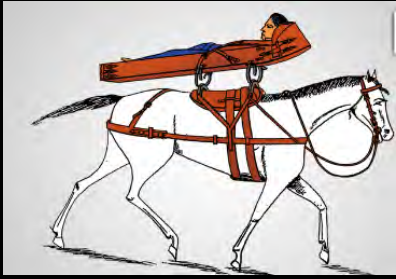
- Cluster-control RCT
  - » 5 EMS Regions USA
  - » 1 week on, 1 week off
  - » Patients
    - 6000 assessed
    - 1200 enrolled
      - » 700 fully tPA eligible
- Key entry criteria
  - » LKW within 4.5h prior to ambulance evaluation
  - » tPA eligible prior to CT/labs
- Outcome
  - » Utility-weighted mRS at 90d
- Timeline
  - » 2014-2021



# Trials of Novel Therapies Using Mobile Stroke Unit as Platform

- Intracerebral hemorrhage
  - » Anticoag reversal
    - PRESTO-Reverse
    - B-SPATIAL
  - » Hemostatic therapy
    - Aust tranexamic acid RCT
  - » BP control
    - HEME-MSU
- Acute cerebral ischemia
  - » Neuroprotection
    - TEMPO-EMS





1837 – First patented US ambulance in US



1889– Patented ambulance with built-in stretcher



1914 – First x-ray ambulance – Madame Curie



2011 – First CT ambulance - Homburg

# Future Technology / Trials?

## Helicopter MSU

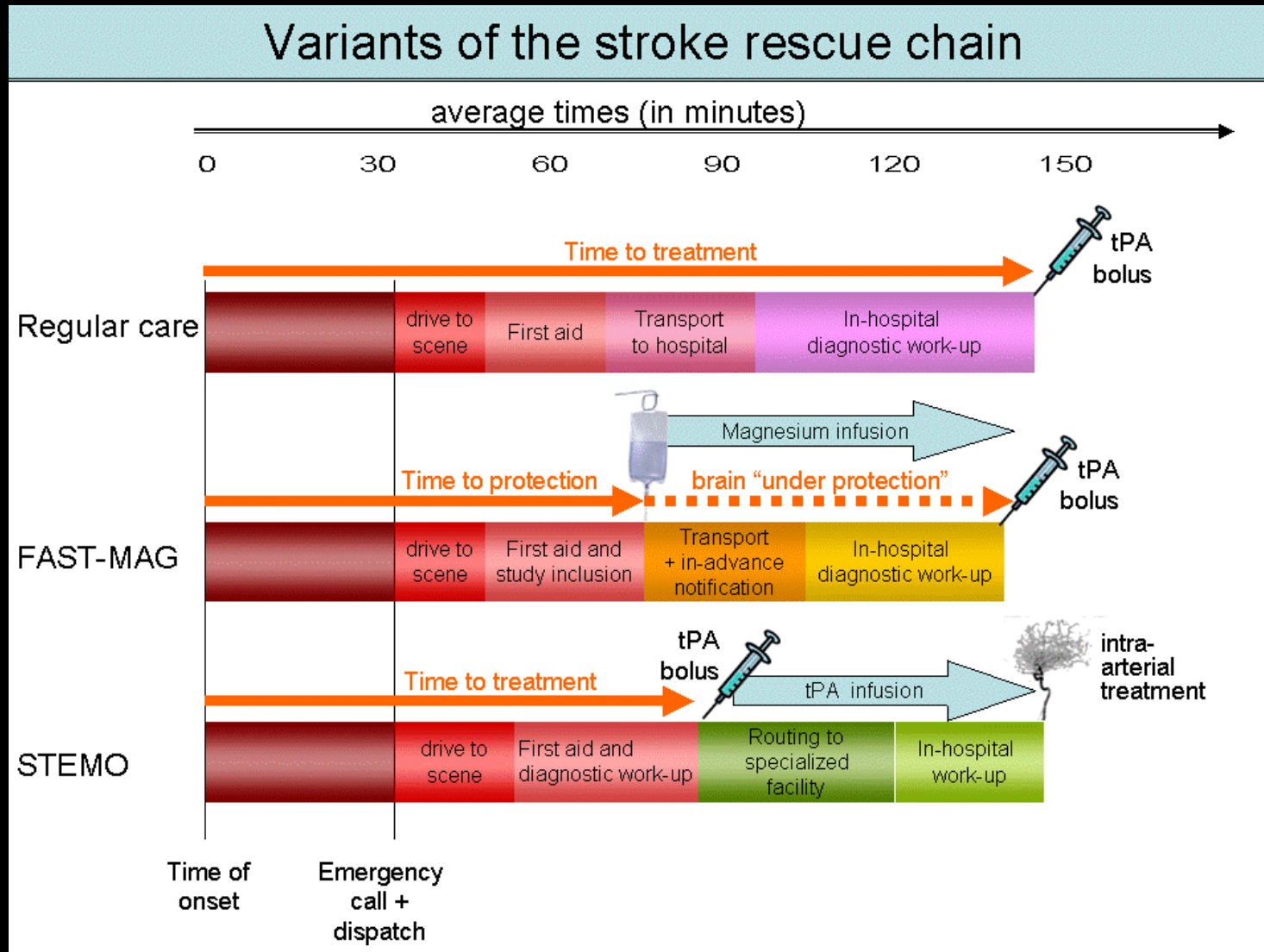


## Mobile Neurointervention Suite

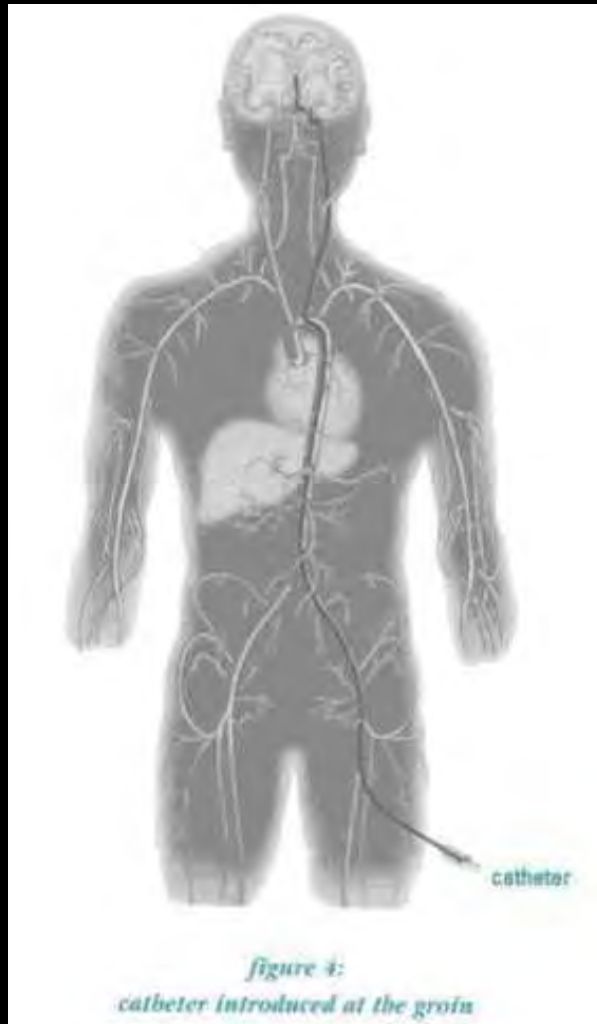




# Varieties of Treatment Strategies



# Catheter-Based Reperfusion Therapies

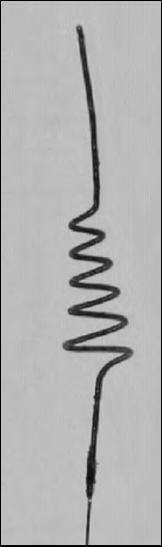


# Historical Development of Endovascular Technologies for Acute Recanalization

Technology	First Human Studies
IA microcatheter lysis	1988 (1999)
IA angioplasty	1994
IA aspiration thrombectomy	2001 (2009)
IA ultrasound sonothrombolysis	2003
IA implanted stents	2003
IA laser clot destruction	2004
IA Archimedes screw	2004
IA coil retrievers	2004 (2004)
IA basket/brush retrievers	2006
IA stent retrievers	2010 (2010)

# Mechanical Thrombectomy Devices

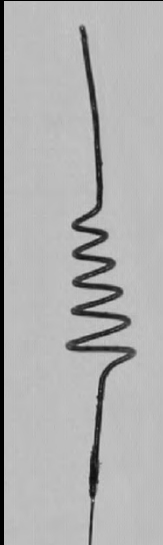
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Coil  
Retriever



# Mechanical Thrombectomy Devices

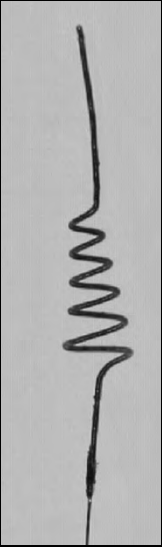


Coil  
Retriever



# Mechanical Thrombectomy Devices

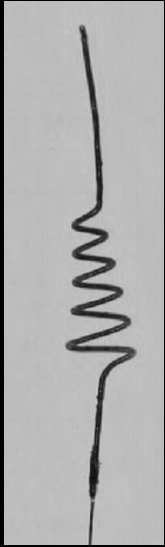
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Coil  
Retriever

# Mechanical Thrombectomy Devices

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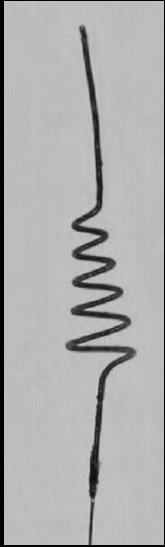


Coil  
Retriever



Stent  
Retriever

# Mechanical Thrombectomy Devices



Coil  
Retriever

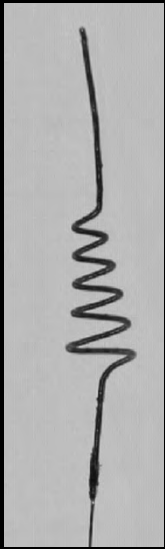


Stent  
Retriever



Covered  
Stent  
Retriever

# Mechanical Thrombectomy Devices



Coil  
Retriever



Stent  
Retriever

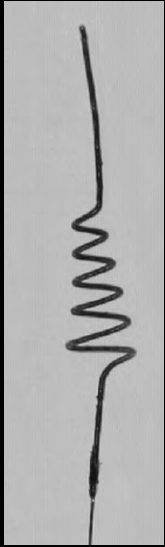


Covered  
Stent  
Retriever



Basket  
Retriever

# Mechanical Thrombectomy Devices



Coil  
Retriever



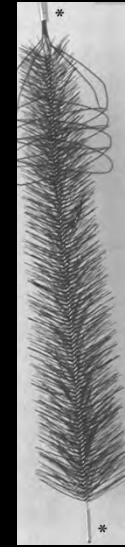
Stent  
Retriever



Covered  
Stent  
Retriever

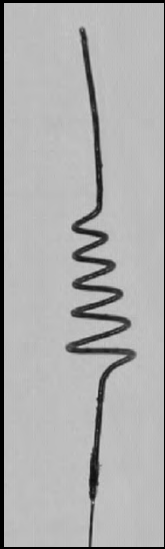


Basket  
Retriever



Brush  
Retriever

# Mechanical Thrombectomy Devices



Coil  
Retriever



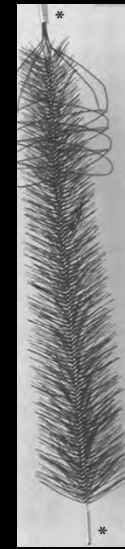
Stent  
Retriever



Covered  
Stent  
Retriever



Basket  
Retriever



Brush  
Retriever



Aspiration  
Catheter

# Acute Mechanical Recanalization Strategy Depends on Target Occlusion Composition

## Embolus

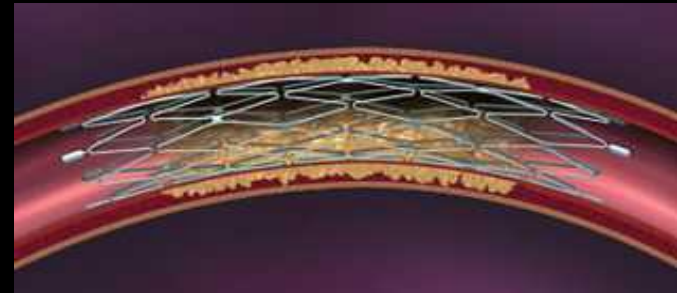
- Relatively normal recipient artery
- Strategy: remove the thrombus
  - Retrievers
  - Aspirators
  - +/- Lytics



*UCLA Stroke Center*

## In Situ Atherothrombosis

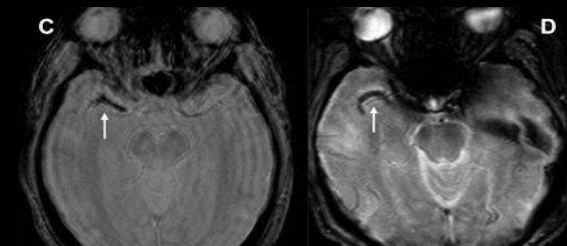
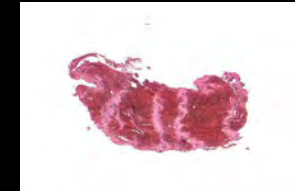
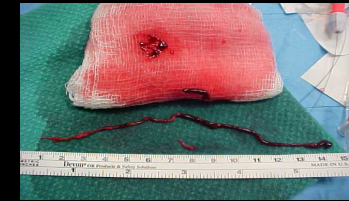
- Substantial local atherosclerotic plaque
- Strategy: Crack the plaque
  - Angioplasty
  - Stents
  - +/- Lytics

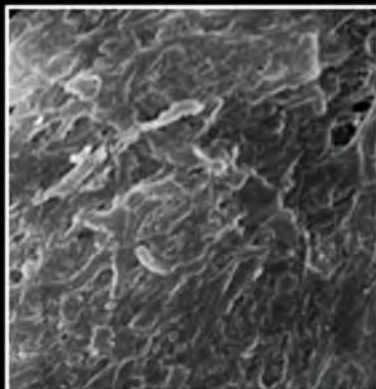




# Determinants of Thrombectomy Success

- Clot burden
- Clot composition
- Clot tensile properties
- Tortuosity of feeding arteries
- Target artery size
- Recipient artery branching curvature





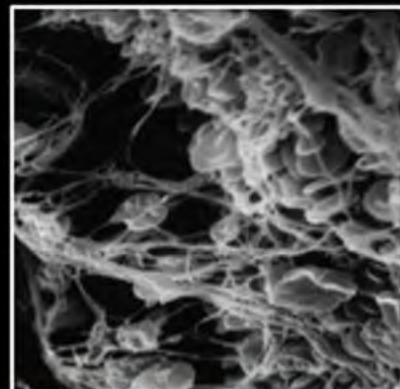
## Should clot composition affect choice of endovascular therapy?

Brijesh P. Mehta, MD  
Raul G. Nogueira, MD

Correspondence & reprint requests to Dr. Nogueira: raul.g.nogueira@emory.edu

### ABSTRACT

Endovascular therapy has become a promising alternative for patients who are ineligible for IV thrombolysis or for whom it has failed. Greater knowledge about the composition of thromboembolic material underlying the vascular occlusion in stroke patients may provide the means for improving existing endovascular therapies and developing new treatment strategies. The objective of this article is to provide a review of clinical and experimental animal studies on the histology, imaging correlation, and ultrastructure of thromboemboli retrieved during acute ischemic stroke. *Neurology*® 2012;79 (Suppl 1):S63-S67



### Organized, Inelastic, Hard, Fibrin-Rich Clot



#### Aspiration:

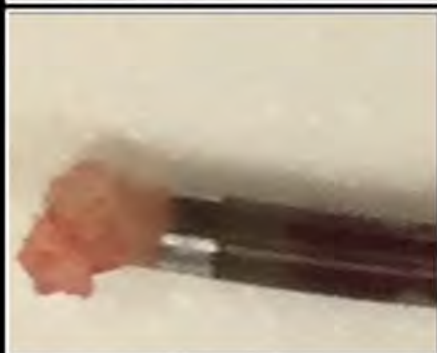
+ Cohesive = lower risk of clot stripping/fragmentation during aspiration

#### Stentriever:

- Inelastic so harder to be incorporated into the stent cells

+ Push+Fluff

Technique and/or larger or hybrid cells



### Fresh, Elastic, Soft, RBC-Rich Clot



#### Stentriever:

+ Elastic = easier to be incorporated into the stent cells

#### Aspiration:

- Friable = higher risk of clot stripping/fragmentation during aspiration

+ Larger ID catheters closely matching vessel diameter



# UCLA – MCA Occlusion

30-Year-Old Female – Baseline NIHSS 24

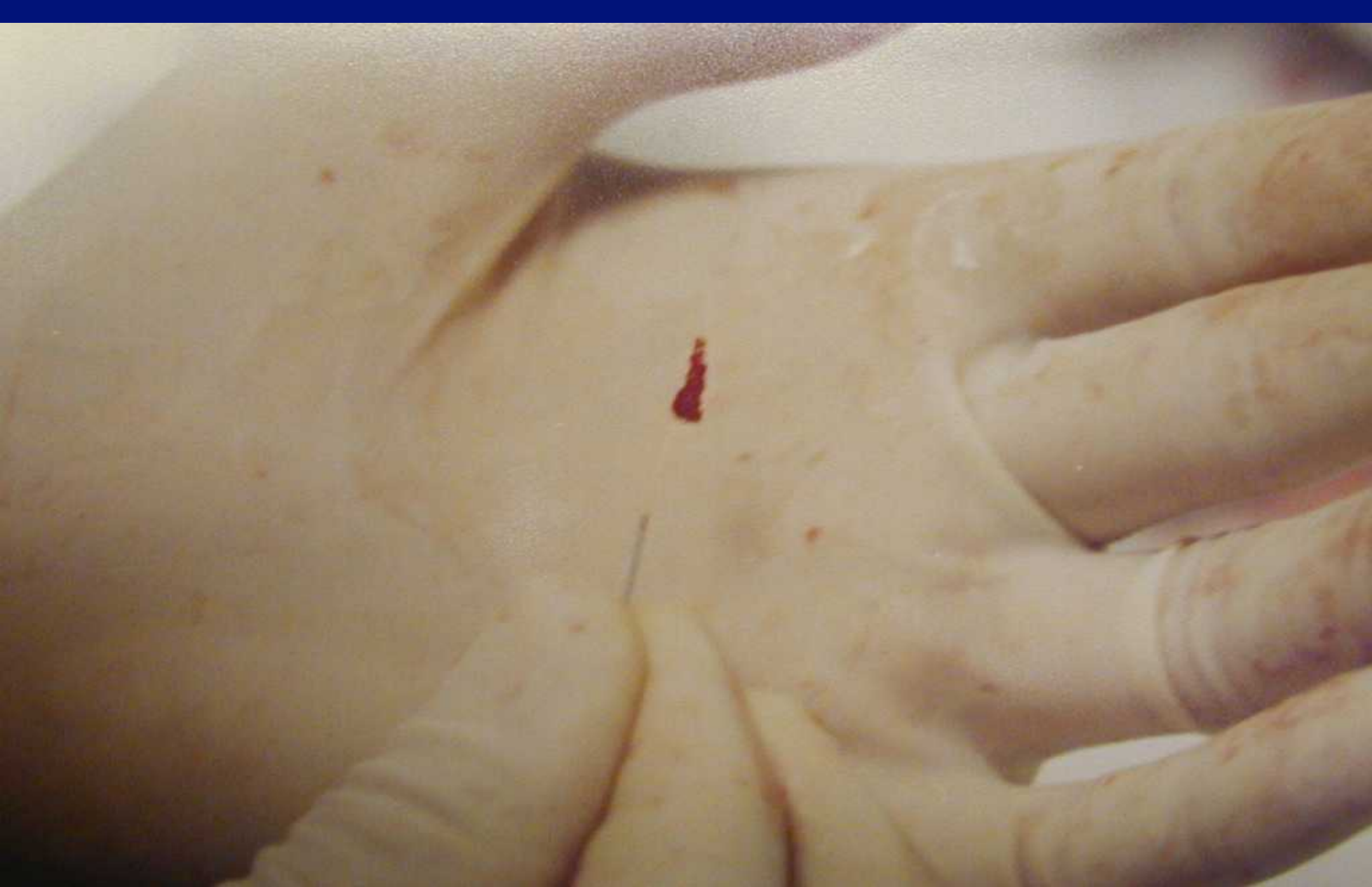
Symptom Onset to Final Angiogram – 5:37

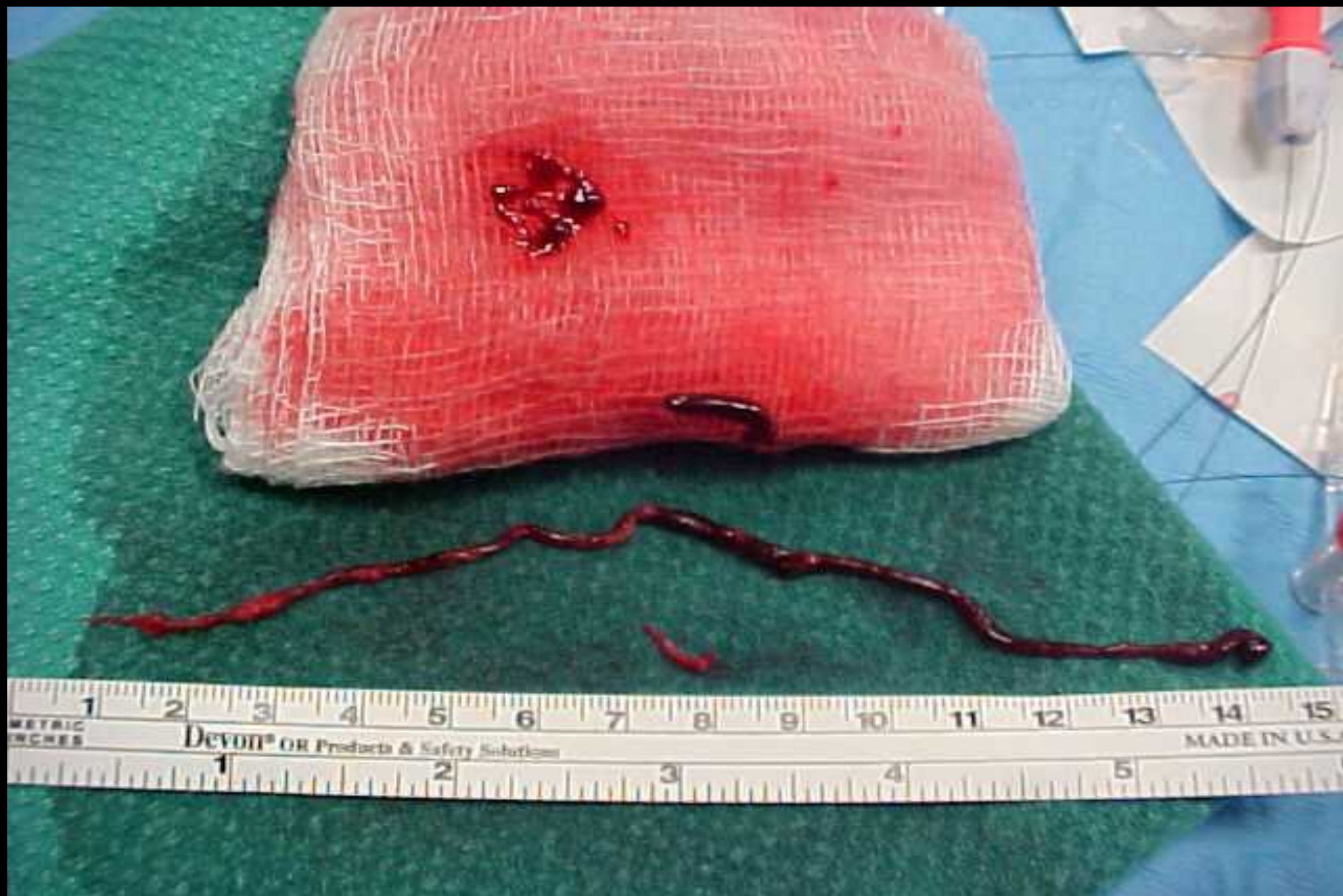


NIHSS	24 hours	1
	30 days post	0

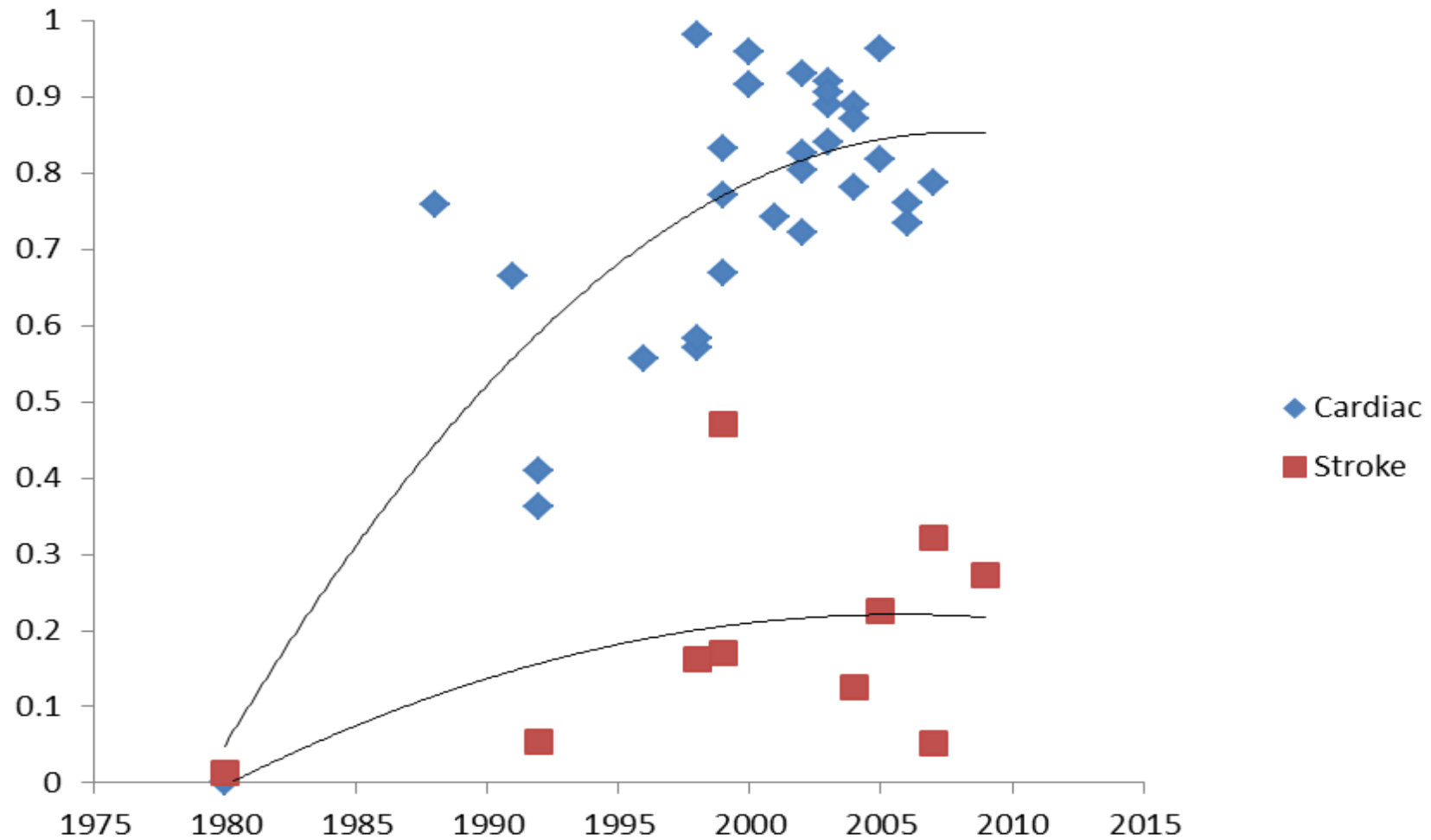
mRS	5 days post	0
	90 day post	0







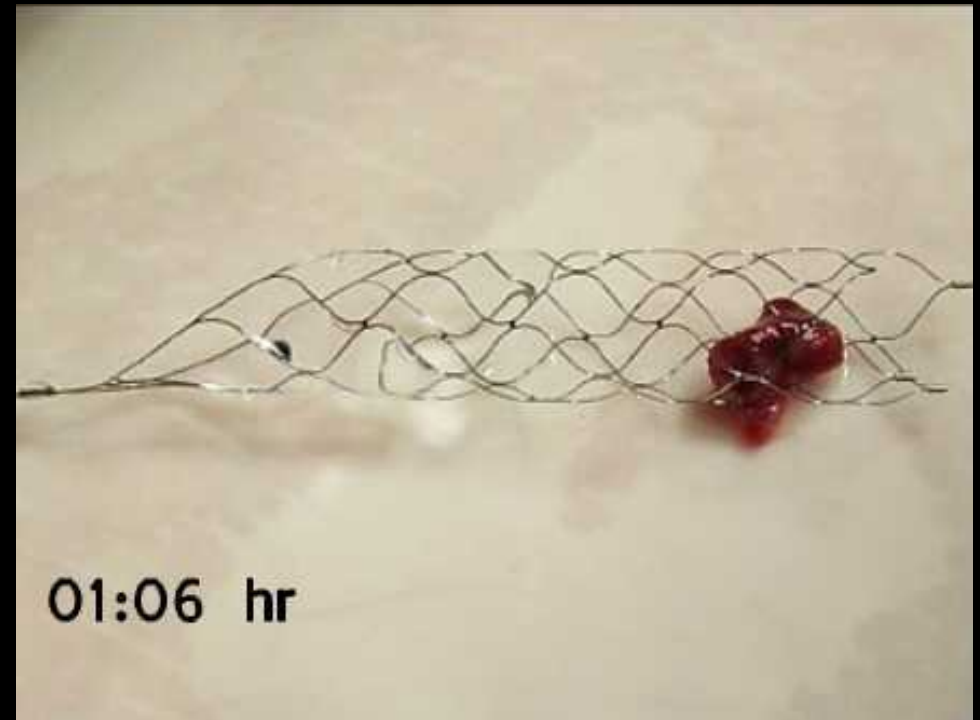
## Complete Recanalization Heart vs. Brain



--Patel + Saver, Submitted

# The New Wave in Endovascular Recanalization Devices: Retrievable Stents

- Advantages
  - » Immediate reperfusion
  - » Potential clot retrieval
  - » Potential longterm stenting
- Devices
  - » Solitaire stent
    - Ev3
    - SWIFT Trial
  - » Mindframe stent
    - Mindframe, Inc
    - PRIISM Trial
  - » ReStore stent
    - Reverse Medical
  - » Trevo stent
    - Concentric
    - TREVO Trial



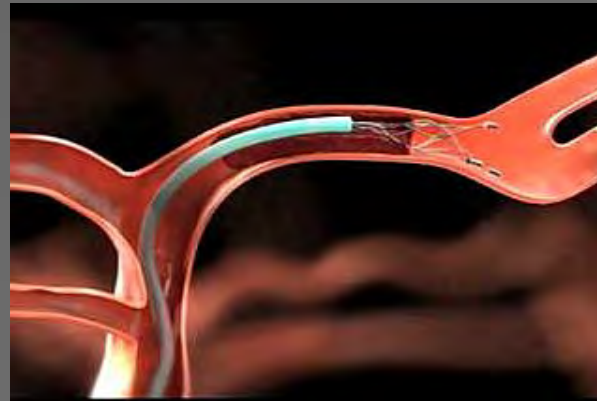
--Henkes et al, Stroke 2009, p410



# Solitaire flow restoration device versus the Merci Retriever in patients with acute ischaemic stroke (SWIFT): a randomised, parallel-group, non-inferiority trial

Jeffrey L Saver, Reza Jahan, Elad I Levy, Tudor G Jovin, Blaise Baxter, Raul G Nogueira, Wayne Clark, Ronald Budzik, Osama O Zaidat, for the SWIFT Trialists

*JL Saver, R Jahan, E Levy, T G Jovin, B Baxter, R Nogueira, W Clark, R Budzik, OO Zaidat, for the SWIFT Trialists*





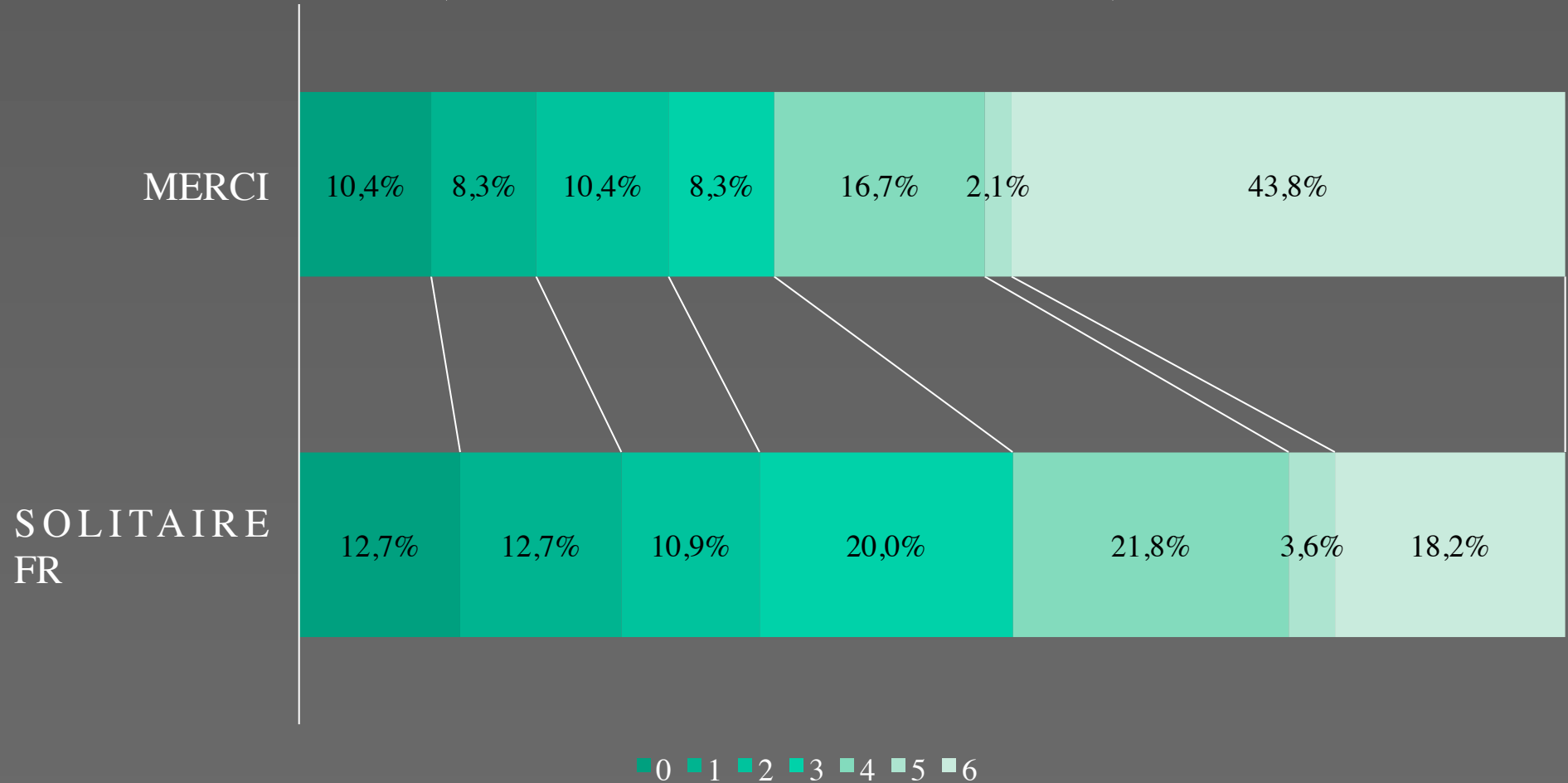
# Primary Trial Endpoint

Outcomes Among Randomized Patients	Randomized Solitaire FR N=58	Randomized Merci N=55	Non-inferiority P value <sup>1</sup>	Superiority P value <sup>1</sup>
<b>Successful recanalization without SICH<sup>2</sup> (Core Lab)</b>	<b>60.7% (34/56)</b>	<b>24.1% (13/54)</b>	<b>&lt;0.0001</b>	<b>0.0001</b>
Successful recanalization study device (Core Lab)	68.5% (37/54)	30.2% (16/53)	<0.0001	0.0001
<b>Successful recanalization study device (Site Assessed)</b>	<b>83.3% (45/54)</b>	<b>48.1% (26/54)</b>	<b>&lt;0.0001</b>	<b>0.0002</b>
Use of rescue therapy	20.7% (12/58)	43.6% (24/55)	<0.0001	0.015
End of procedure successful recanalization (Site)	88.9% (48/54)	67.3% (37/55)	<0.0001	0.010
End of procedure successful recanalization (Core Lab)	80.4% (45/56)	57.4% (31/54)	<0.0001	0.013

1. Noninferiority by Wald's method, superiority by Fisher's Exact test

2. Symptomatic Intracranial Hemorrhage - Any PH1, PH2, RIH, SAH, or IVH associated with a decline in NIHSS  $\geq 4$  within 24hrs.

# Global Disability at 90 Days (Modified Rankin Score)



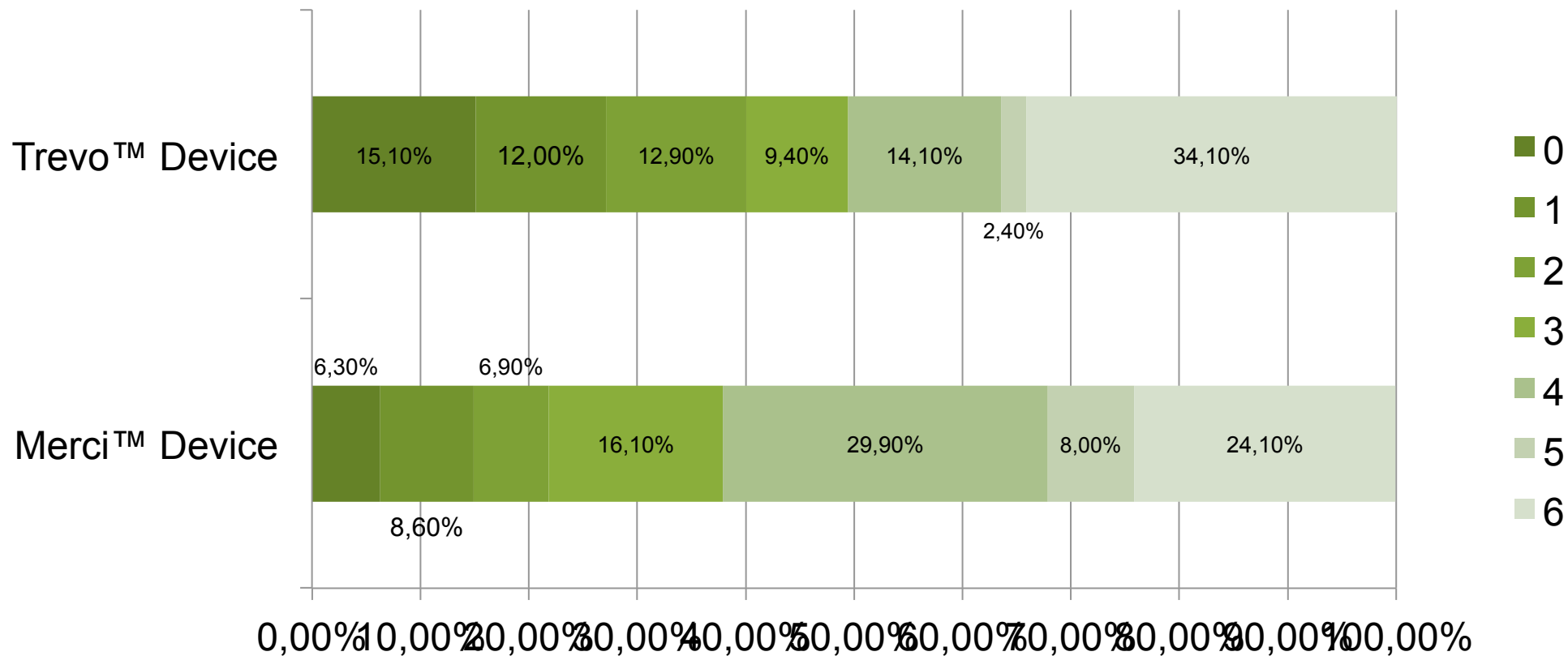
• CMH,  $p = 0.04$

# Hemorrhagic Transformation Outcomes

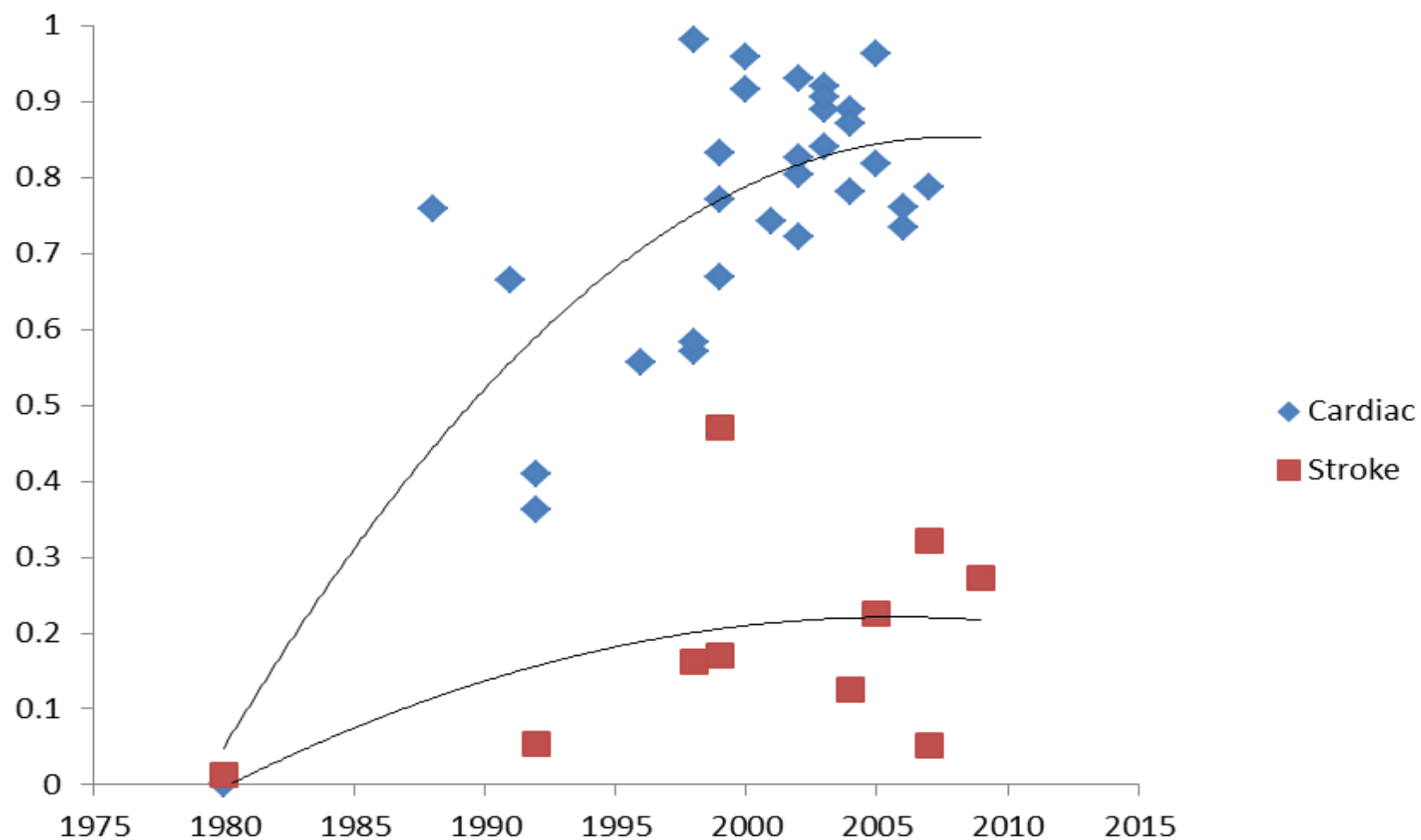
Outcomes Among Randomized Patients	Randomized Solitaire FR N=58	Randomized Merci N=55	Non-inferiority P value <sup>1</sup>	Superiority P value <sup>1</sup>
SICH	1.7% (1/58)	10.9% (6/55)	<0.0001	0.057
All ICH	17.2% (10/58)	38.2% (21/55)	0.0001	0.020
1. Fisher's Exact				

# TREVO 2 Trial

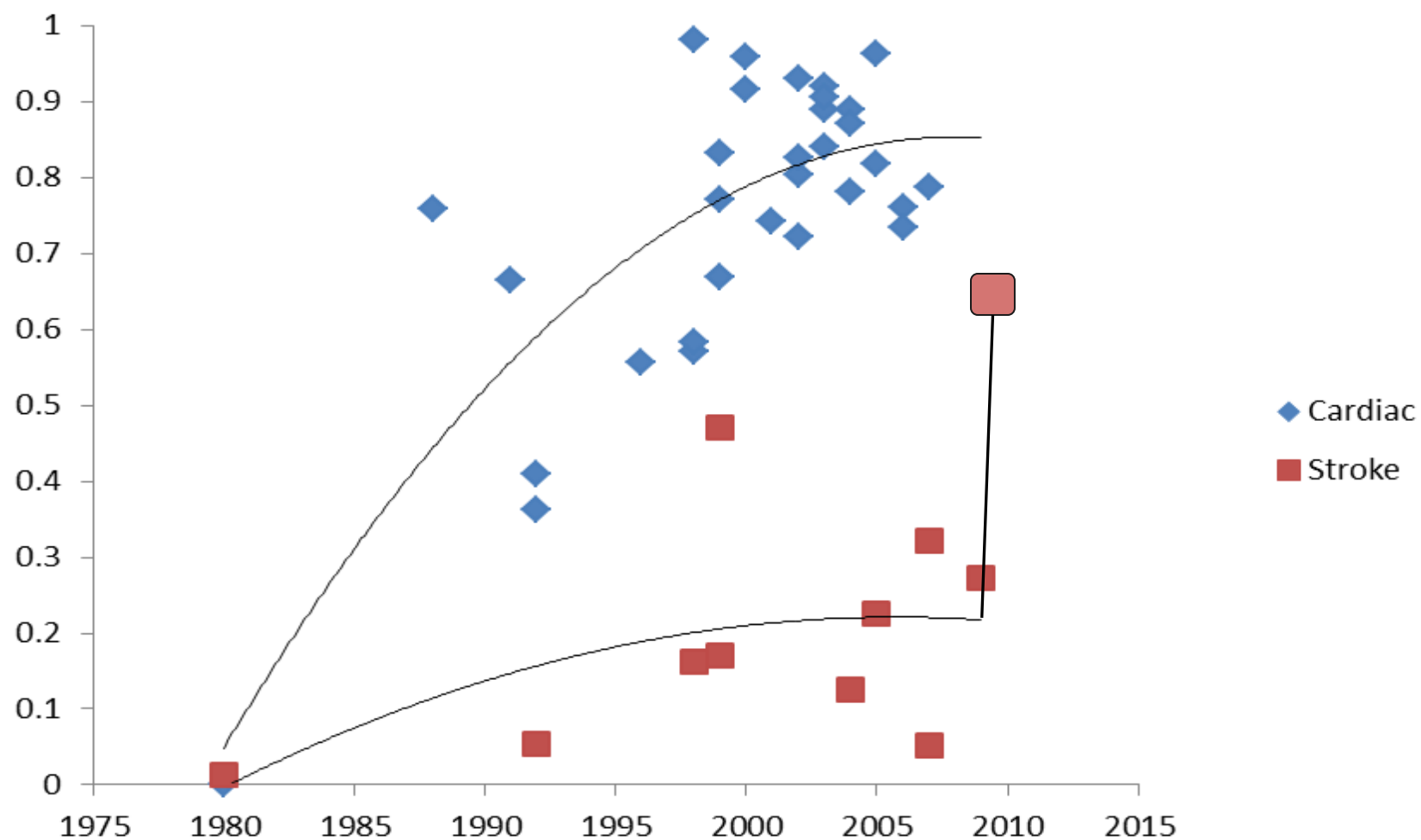
## Rankin Shift



## Complete Recanalization Heart vs. Brain



## Complete Recanalization Heart vs. Brain



# Era of Highly Effective Reperfusion Therapy

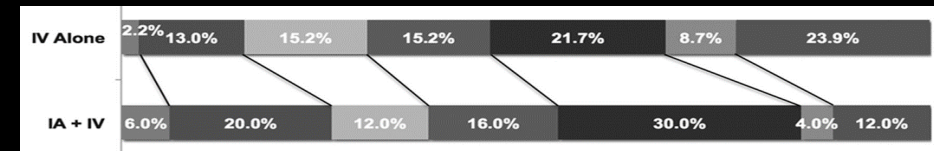
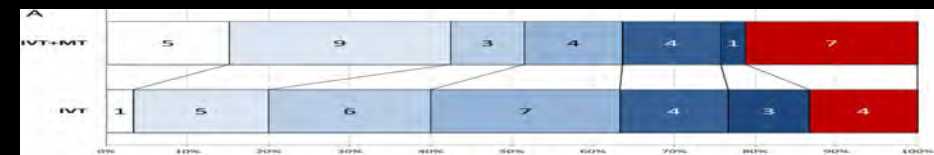
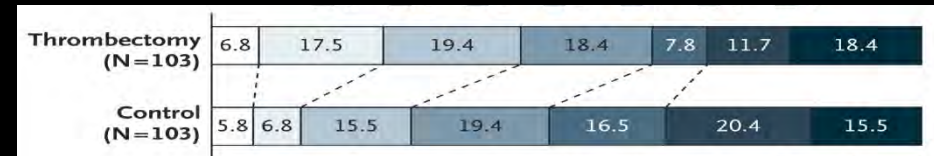
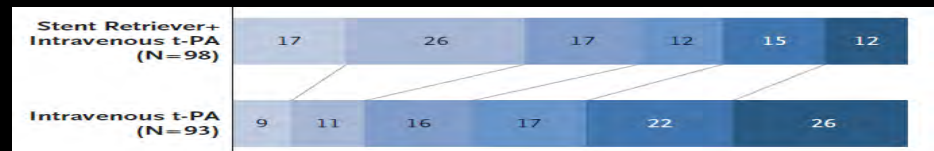
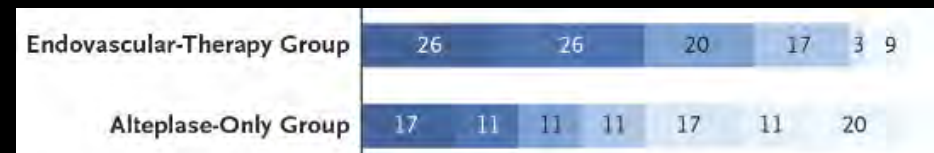
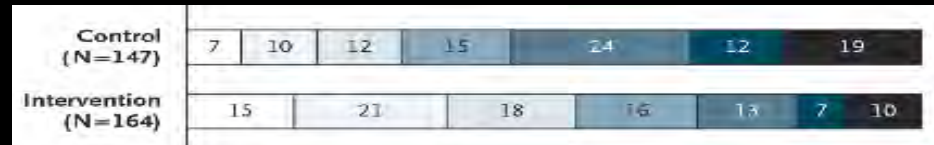


**EXTEND-IA**

**[SWIFT PRIME]**



**THERAPY**





# Evidence of Benefit: Independence ( $mRS \leq 2$ ) at 3 Months

Trial	ERT+MedRx	MedRx	OR	P value
MR CLEAN	32.6%	19.1%	2.05	0.0007
ESCAPE	53.0%	29.3%	2.73	0.00003
EXTEND-IA	71.4%	40.0%	3.75	0.009
SWIFT PRIME	60.2%	35.5%	2.75	0.0008
REVASCAT	43.7%	28.2%	1.98	0.021
<b>All (weighted avg)</b>	<b>46.1%</b>	<b>26.4%</b>	<b>2.39</b>	<b>&lt;0.00000001</b>

Odds that ERT is beneficial are  
more than 100,000,000 to 1

# Features of Second Generation Embolectomy Trials

Trial	Current N	Planned Max N	Intervention	CTA/MRA	Time	TPA	Imaging	Status
MR CLEAN	500	500	Variable (97% SR)	+	6 hr	Y or Inel	<1/3 MCA	Positive
ESCAPE	316	500	Variable (86% SR)	+	12 hr	Y or Inel	Collat < 50%	Positive
EXTEND IA	70	100	Solitaire	+	6 hr	Y	RAPID Mismatch	Positive
SWIFT PRIME	196	833	Solitaire	+	6 hr	Y	A ≥ 6 RAPID	Positive
REVASCAT	206	690	Solitaire	+	8 hr	Inel or Failed	A ≥ 6/7	Positive
THRACE	~450	480	Variable	+	R 4h	Y		Positive
THERAPY	108	692	Penumbra 3D	HVS≥8 mm	(6 hr)	Y	< 1/3 MCA	Trend Positive
PISTE	~75	800	Variable	+	6 hr	Y	CT hypo	Enrolling

# Features of Second Generation Embolectomy Trials

Trial	Current N	Planned Max N	Intervention	CTA/MRA	Time	TPA	Imaging	Status
MR CLEAN	500	500	Variable (97% SR)	+	6 hr	Y or Inel	<1/3 MCA	Positive
ESCAPE	316	500	Variable (86% SR)	+	12 hr	Y or Inel	Collat < 50%	Positive
EXTEND IA	70	100	Solitaire	+	6 hr	Y	RAPID Mismatch	Positive
SWIFT PRIME	196	833	Solitaire	+	6 hr	Y	A ≥ 6 RAPID	Positive
REVASCAT	206	690	Solitaire	+	8 hr	Inel or Failed	A ≥ 6/7	Positive
THRACE	~450	480	Variable	+	R 4h	Y		Positive
THERAPY	108	692	Penumbra 3D	HVS≥8 mm	(6 hr)	Y	< 1/3 MCA	Trend Positive
PISTE	~75	800	Variable	+	6 hr	Y	CT hypo	Enrolling

## **AHA/ASA Guideline**

### **2015 American Heart Association/American Stroke Association Focused Update of the 2013 Guidelines for the Early Management of Patients With Acute Ischemic Stroke Regarding Endovascular Treatment**

Endovascular therapy if patients meet all the following criteria

- Prestroke mRS score 0-1
- Received IV tPA (Ia) or tPA-ineligible (IIa)
- ICA or M1 MCA occlusion
- Age  $\geq 18$  yo
- NIHSS  $\geq 6$
- ASPECTS  $\geq 6$
- Treatment start (puncture) within 6h of onset

# NNTs for Cerebral and Cardiac Ischemia Binary Outcomes

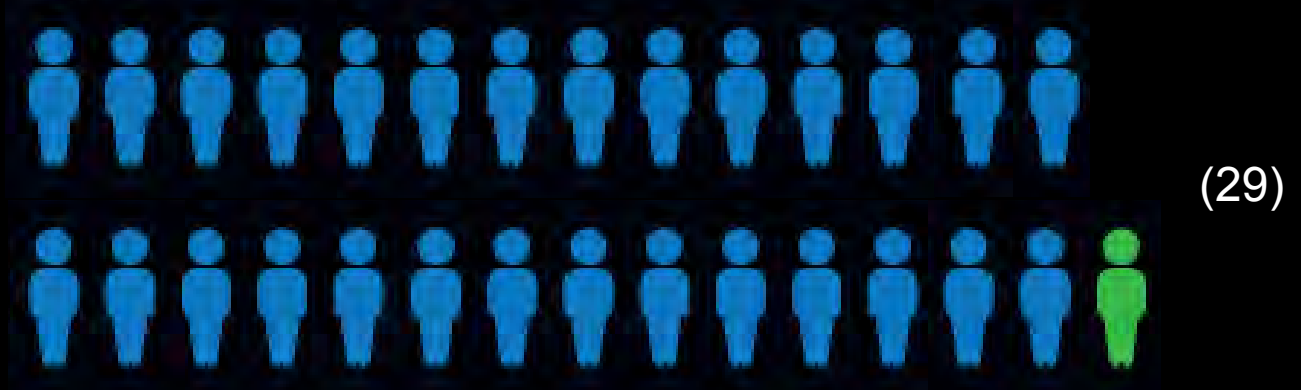
**Thrombectomy**  
for AIS (vs Lysis)  
Independence



**IV Lytics**  
for AIS (vs ASA)  
Nondisability



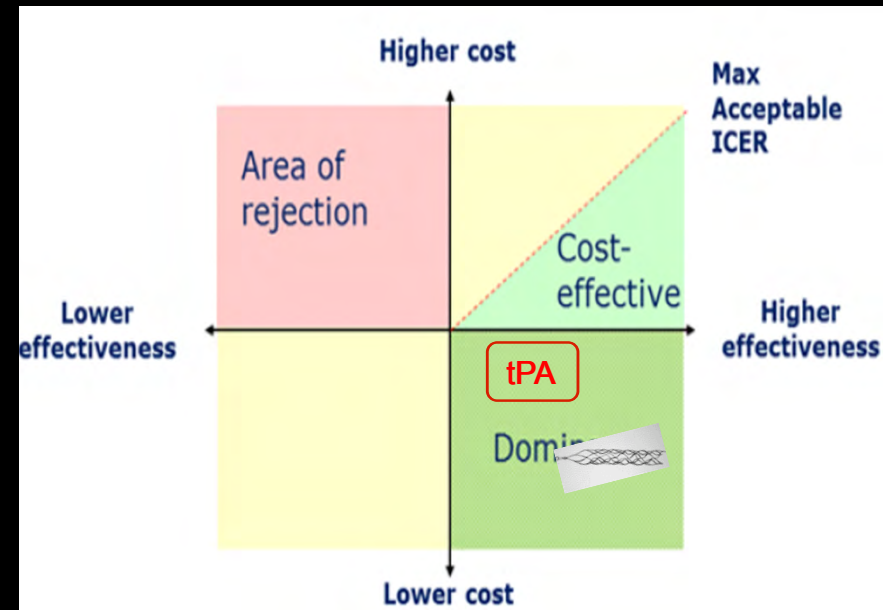
**PCI**  
for STEMI (vs Lysis)  
Mortality



# Cost Effectiveness

## US Payer Perspective - Lifetime

- IV tPA vs supportive
  - » QALY Gain
    - 0.39 yrs
  - » Healthcare Costs
    - Reduced \$25,000
- ET+IV TPA vs IV tPA
  - » QALY Gain
    - 1.74yrs
  - » Healthcare Costs
    - Reduced \$23,203



--Boudreau et al, Stroke 2014  
--Shireman et al, Stroke 2017

# Contribution of Intracranial Occlusions to Outcome in 643 Consecutive Ischemic Stroke and TIA Patients

--Reanalysis of Smith et al, Stroke 2009

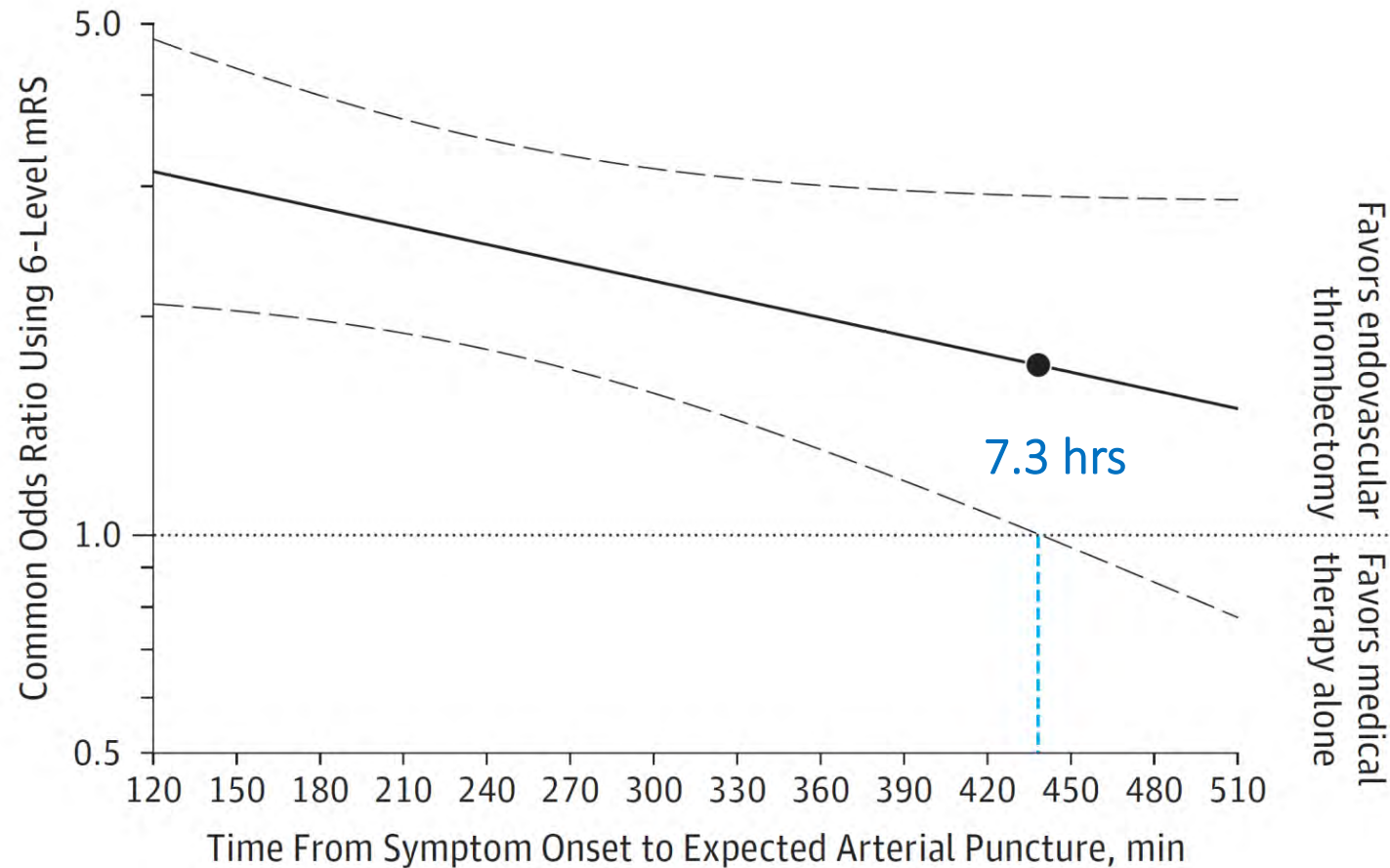
Occlusion	Proportion of All AIS and TIA	Proportion of Dependent or Worse (mRS 3-6) AIS or TIA	Proportion of Fatal AIS or TIA
LVO	44%	62%	72%
No LVO	56%	38%	28%





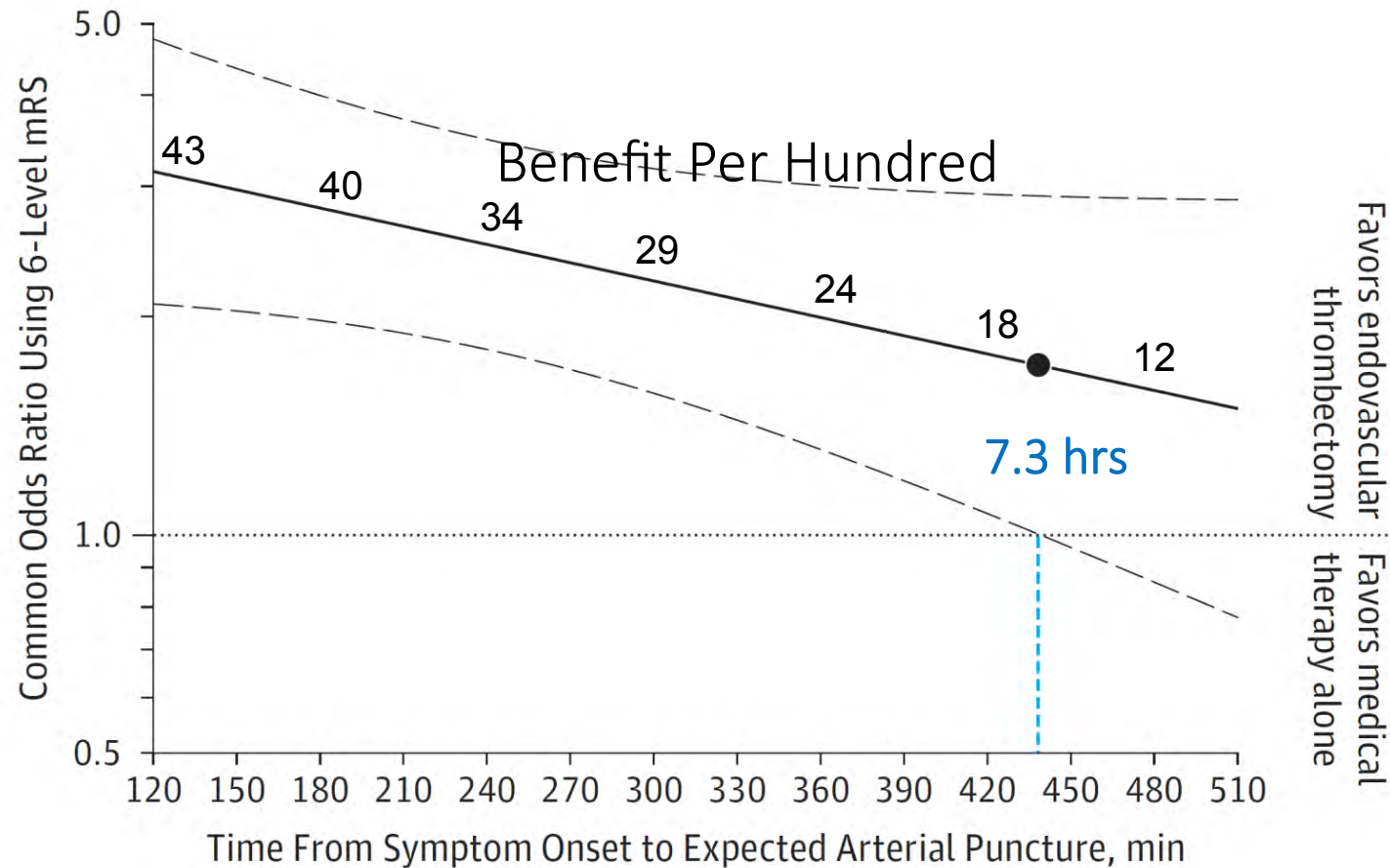
• HERMES  
• Collaboration

# Time from Onset to Expected Puncture Odds of Reduced Disability with EVT vs Medical



JAMA. 2016;316(12):1279-1288. doi:10.1001/jama.2016.13647

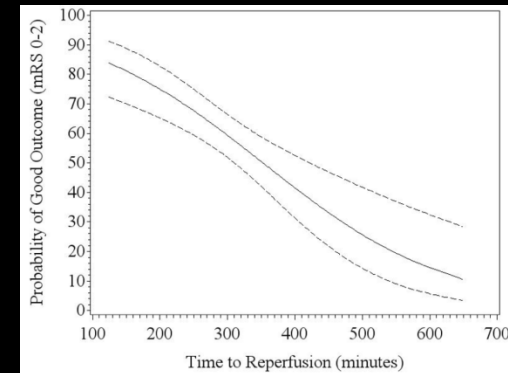
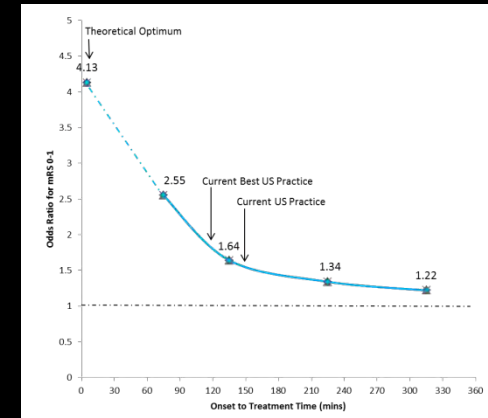
# Time from Onset to Expected Puncture Odds of Reduced Disability with EVT vs Medical



JAMA. 2016;316(12):1279-1288. doi:10.1001/jama.2016.13647

# Minutes Matter

- IV TPA
  - » Every 8 minute delay causes 1 fewer of 100 treated patients to benefit in improved ambulation
- IA Neurothrombectomy
  - » Every 4 minute delay causes 1 fewer of 100 reperfused patients to benefit in reduced final disability



# Minutes Matter

- IV TPA
  - » Every 8 minute delay causes 1 fewer of 100 treated patients to benefit in improved ambulation
- IA Neurothrombectomy
  - » Every 4 minute delay causes 1 fewer of 100 reperfused patients to benefit in reduced final disability



1 worse  
outcome  
every 4  
minutes





**Multisociety Consensus Quality Improvement  
Guidelines for Intraarterial Catheter-directed  
Treatment of Acute Ischemic Stroke, from the  
American Society of Neuroradiology, Canadian  
Interventional Radiology Association, Cardiovascular  
and Interventional Radiological Society of Europe,  
Society for Cardiovascular Angiography and  
Interventions, Society of Interventional Radiology,  
Society of NeuroInterventional Surgery, European  
Society of Minimally Invasive Neurological Therapy,  
and Society of Vascular and Interventional Neurology**

David Sacks, MD, Carl M. Black, MD, Christophe Cognard, MD, John J. Connors III, MD,  
Donald Frei, MD, Rishi Gupta, MD, Tudor G. Jovin, MD, Bryan Kluck, MD,  
Philip M. Meyers, MD, Kieran J. Murphy, MD, Stephen Ramee, MD, Daniel A. Rüfenacht, MD,  
M.J. Bernadette Stallmeyer, MD, PhD, and Dierk Vorwerk, MD

# Endovascular Time Targets

Time Metric	Multi-Society Guideline 2013
Door to Puncture	120 min
Picture to Puncture	95 min
Puncture to 1 <sup>st</sup> pass	45 min
Door to Revasc	210 min (3h 30m)

# Endovascular Time Targets

Time Metric	Multi-Society Guideline 2013	SWIFT PRIME
Door to Puncture	120 min	90 min
Picture to Puncture	95 min	57 min
Puncture to 1 <sup>st</sup> pass	45 min	24 min
Door to Revasc	210 min (3h 30m)	139 min (2h 19m)



# Endovascular Time Targets

Time Metric	Multi-Society Guideline 2013	SWIFT PRIME	SNIS Guideline 2015 “Ideal”
Door to Puncture	120 min	90 min	60 min
Picture to Puncture	95 min	57 min	30 min
Puncture to 1 <sup>st</sup> pass	45 min	24 min	--
Door to Revasc	210 min (3h 30m)	139 min (2h 19m)	90 min (1h 30m)

# Mapping the Responder Population

## People react differently to drugs

- ☹ Toxic responders
- 😐 Non-responders
- 😊 Responders

“One size does not fit all ...”



Patient population with same disease phenotype

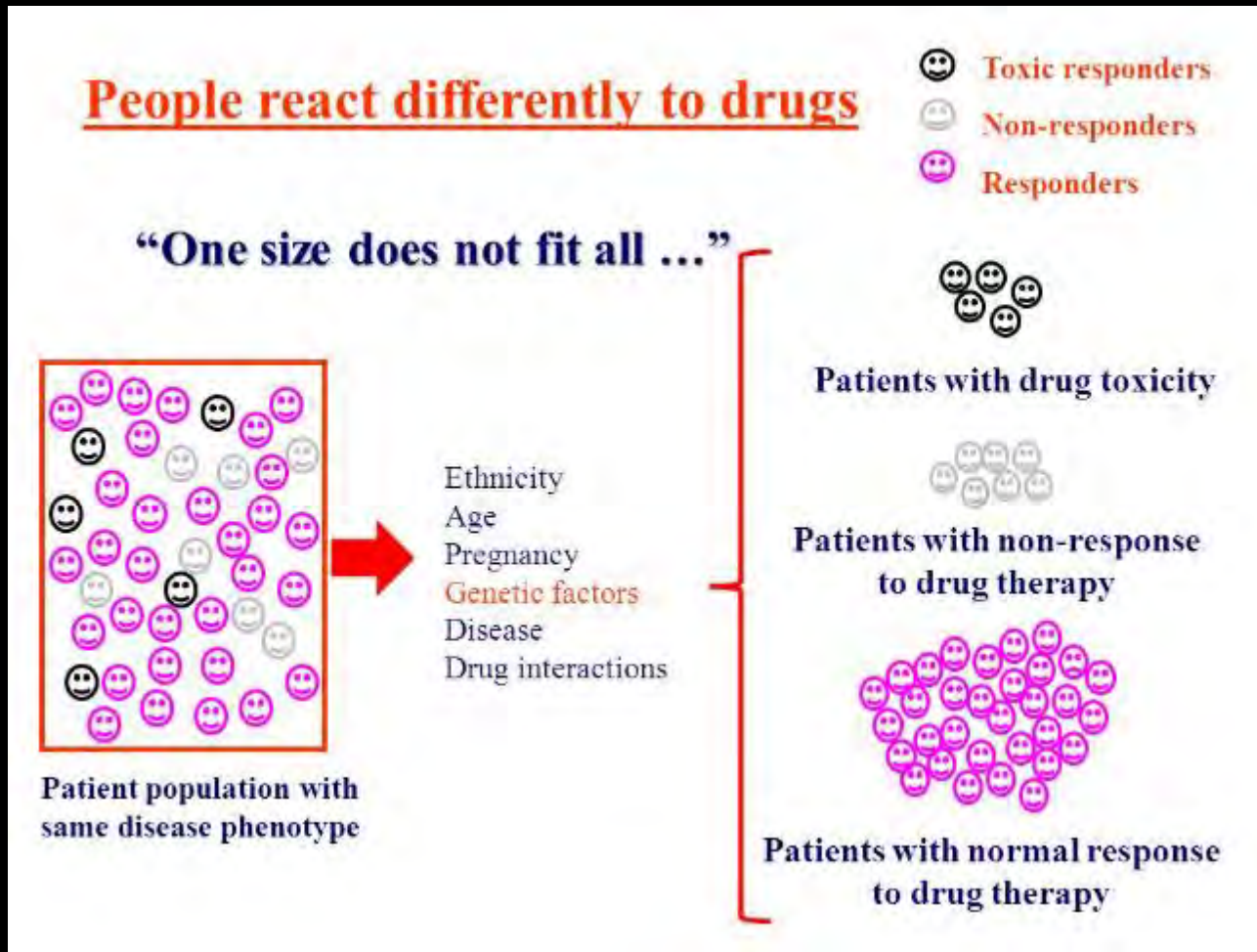
Ethnicity  
Age  
Pregnancy  
Genetic factors  
Disease  
Drug interactions

☹☹☹  
Patients with drug toxicity

😐😐😐  
Patients with non-response to drug therapy

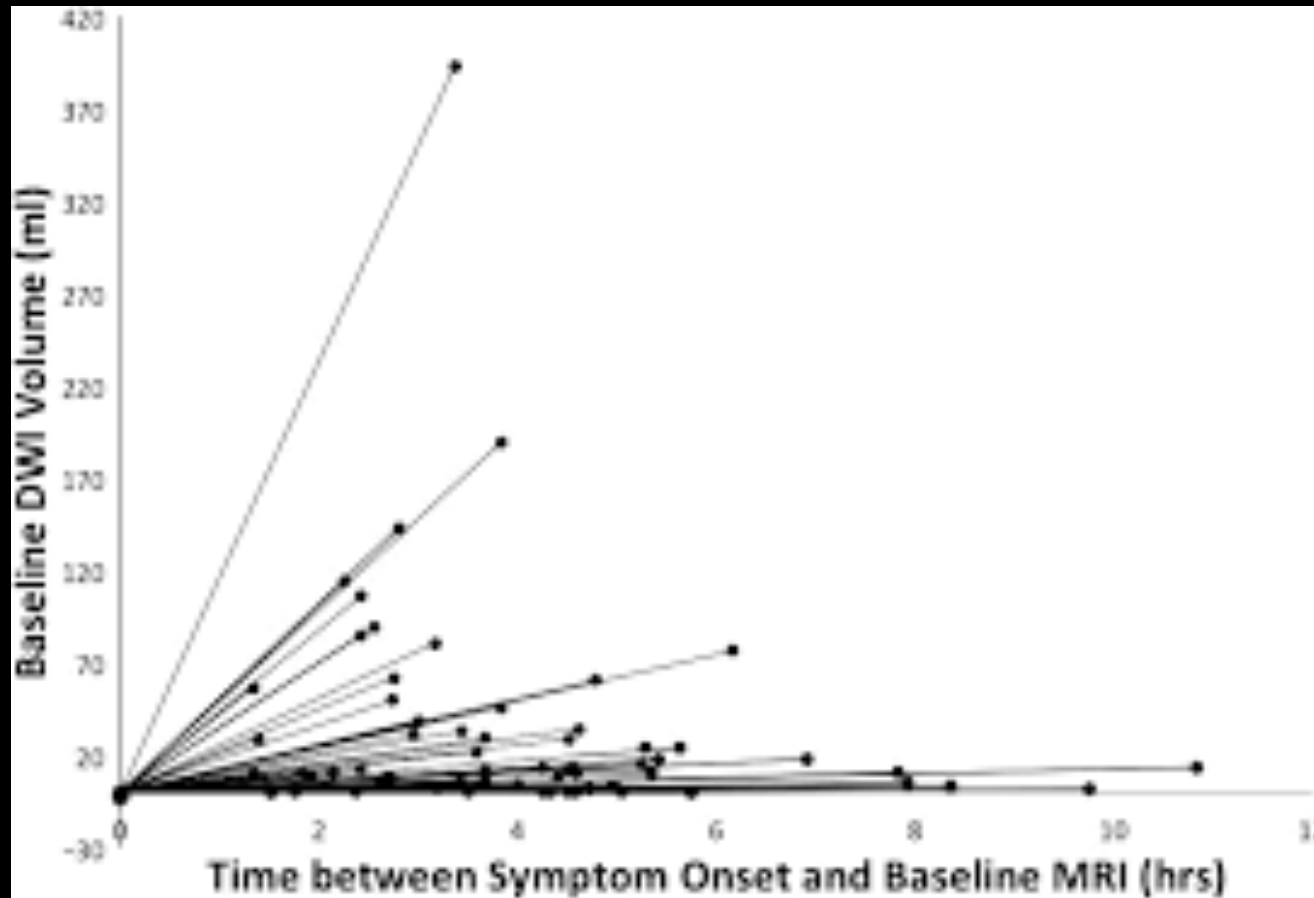
😊😊😊  
Patients with normal response to drug therapy

# Mapping the Responder Population



- More arteries
  - MVOs (M2, etc)
  - BA/VA
- Mild deficits
- Large cores
- Late-presenters

# Fast and Slow Progressors Collateral Variability



--Wheeler et al, Int J Stroke 2015

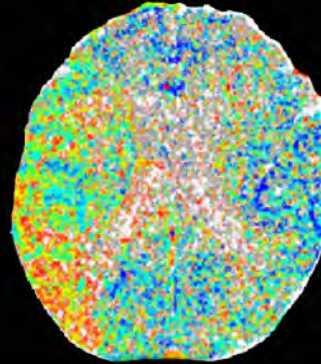
Tissue Status

CBV CT



Perfusion Status

PCT



Vessel Status

CTA

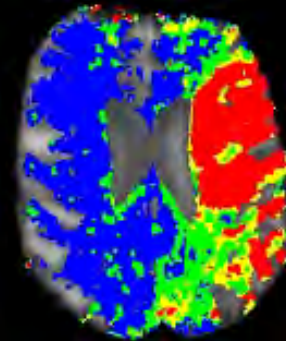


Multimodal  
CT

DWI



PWI



MRA



Multimodal  
MRI



Bioenergetic  
Compromise



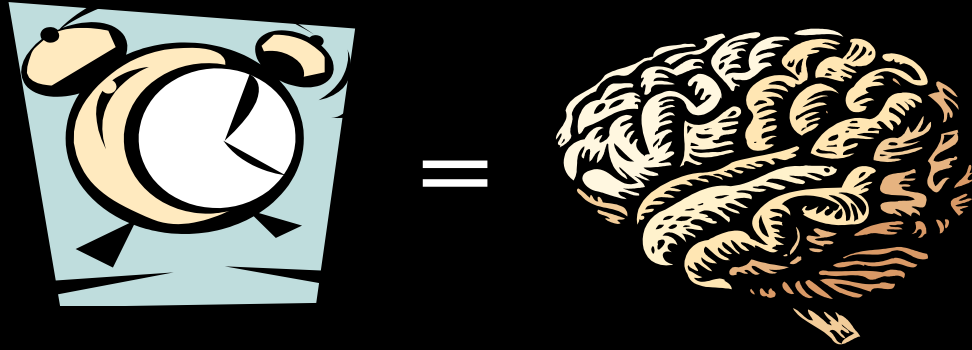
Hemodynamic  
Compromise



Occlusions or  
Stenoses

# Strategies to Identify LVO Patients with Salvageable Ischemic Penumbra

< 6 Hrs

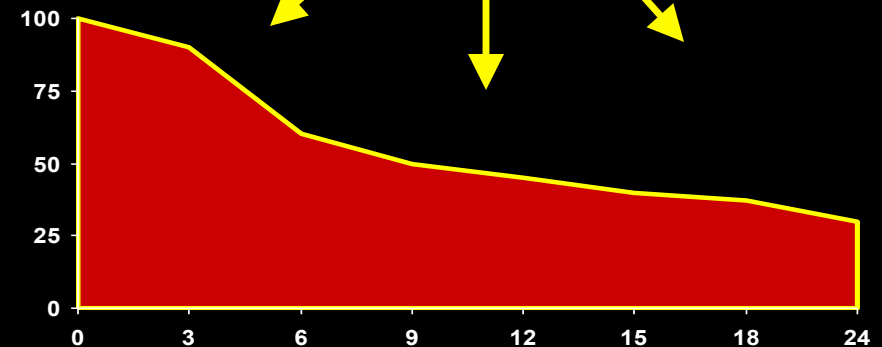


Hyperacute therapy when nearly all patients have penumbra

> 6 Hrs

Imaging required to assess pathophysiology

% Patients with Penumbra



Time From Onset (Hours)

# Strategies to Identify LVO Patients with Salvageable Ischemic Penumbra

< 6 Hrs



Hyperacute therapy when nearly all patients have penumbra

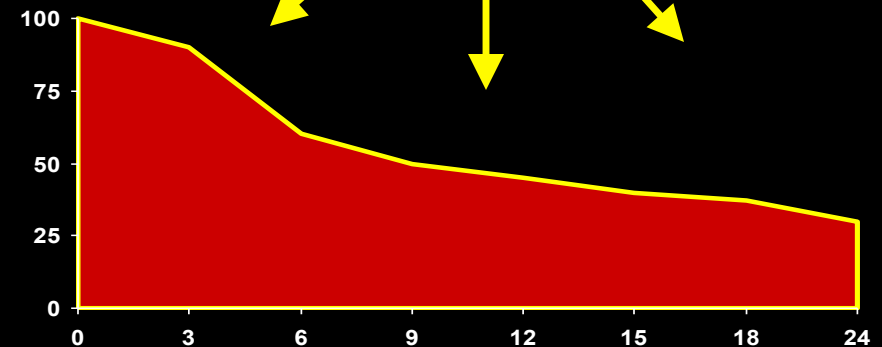
Trials

DAWN / DEFUSE 3

> 6 Hrs

Imaging required to assess pathophysiology

% Patients with Penumbra



Time From Onset (Hours)









# Trial Design Options for Expanding Eligible Patients

Mismatch	0-3h	3-6h	6-7h	7-8h	8-12h	12-16h	16-20h	20-24h	>24h
Not performed									
>200%									
150-199%									
100-149%									
50-99%									
20-49%									

- Older approaches
  - » Incremental expansion
    - From “sweet spot” out
    - Series of trials or adaptive expansion
  - » Mega-trial
    - Wide entry criteria with enroll all or uncertainty principle
    - Sort it out in subgroup analysis
- Newer approach
  - » Adaptive exploration

# DWI or CTP Assessment with Clinical Mismatch in the Triage of Wake-Up and Late Presenting Strokes Undergoing Neurointervention



- Entry criteria
  - » 6-24h after onset
  - » Clinical-imaging mismatch on DWI MRI or CTP-rCBF
    - Age < 80 yo
      - » NIHSS $\geq$ 10, 0-30 cc core
      - » NIHSS $\geq$ 20, 31-50 cc core
    - Age  $\geq$  80 yo
      - » NIHSS $\geq$ 10, 0-20 cc core
- Sample size
  - » Adaptive Bayesian design
    - Up to 500 patients
    - Interim analyses at 150 and every 50 thereafter

# DWI or CTP Assessment with Clinical Mismatch in the Triage of Wake-Up and Late Presenting Strokes Undergoing Neurointervention



Feb 28, 2017

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## DAWN Trial: Breaking News

### Dear DAWN Investigators:

Today, the DAWN DSMB has performed an interim analysis of the first 200 enrolled subjects in DAWN. It is with great excitement that we announce that based on crossing of pre-specified probability thresholds for efficacy, **the DSMB recommended trial enrollment to be stopped.**

# DWI or CTP Assessment with Clinical Mismatch in the Triage of Wake-Up and Late Presenting Strokes Undergoing Neurointervention



Feb 28, 2017

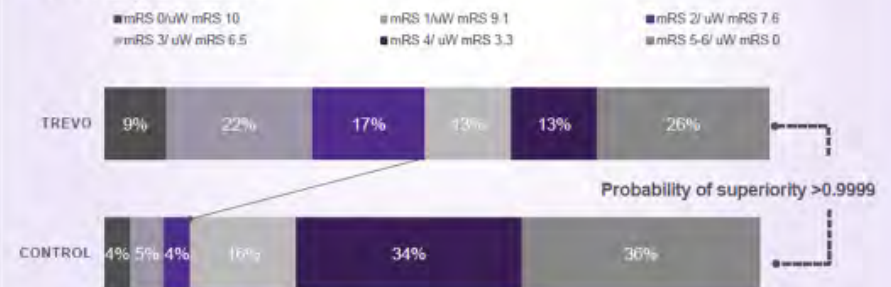
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### Primary outcome



73% relative risk reduction of dependency in ADL's  
NNT for any lower disability 2.0





# DAWN in Full Daylight

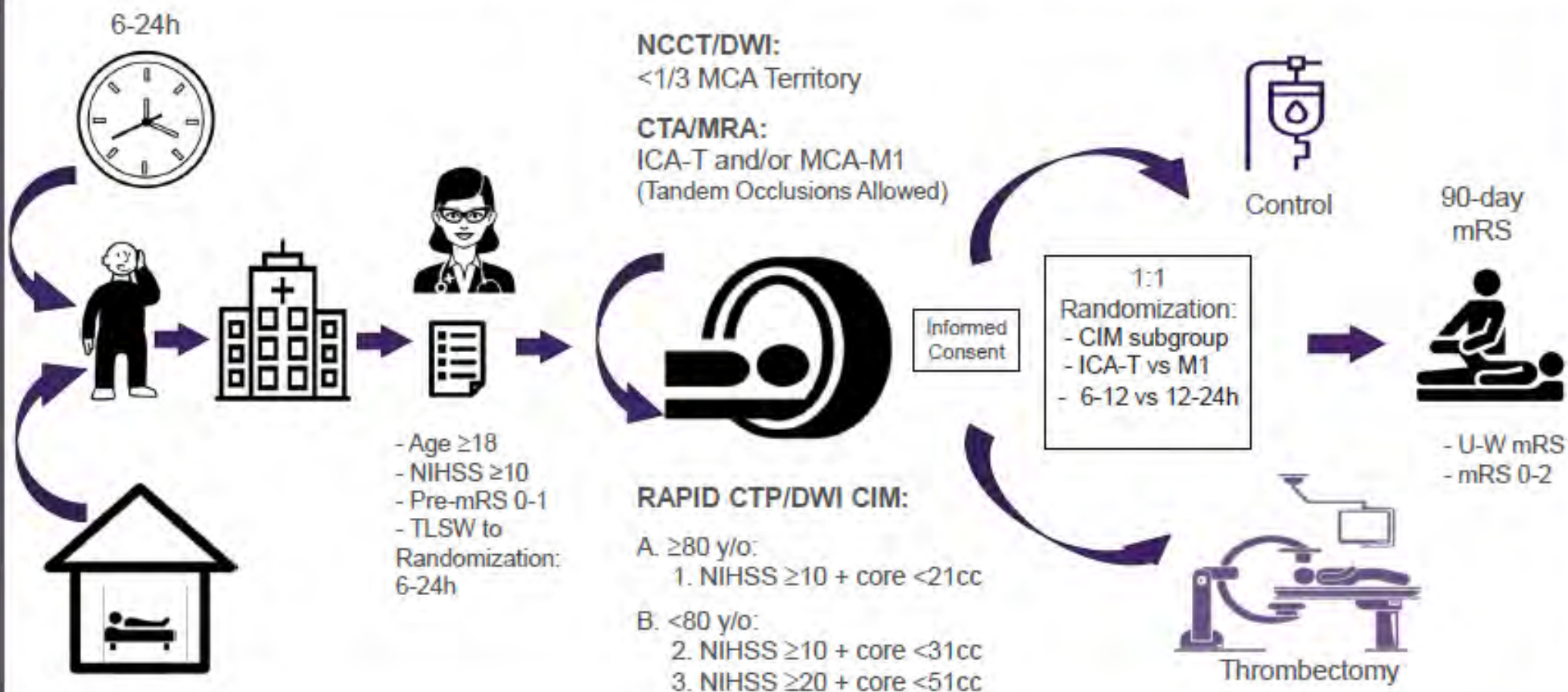
DWI or CTP Assessment with Clinical Mismatch  
in the Triage of Wake-Up and Late Presenting Strokes  
Undergoing Neurointervention with Trevo

Tudor G. Jovin MD & Raul G. Nogueira MD  
on behalf of the DAWN investigators





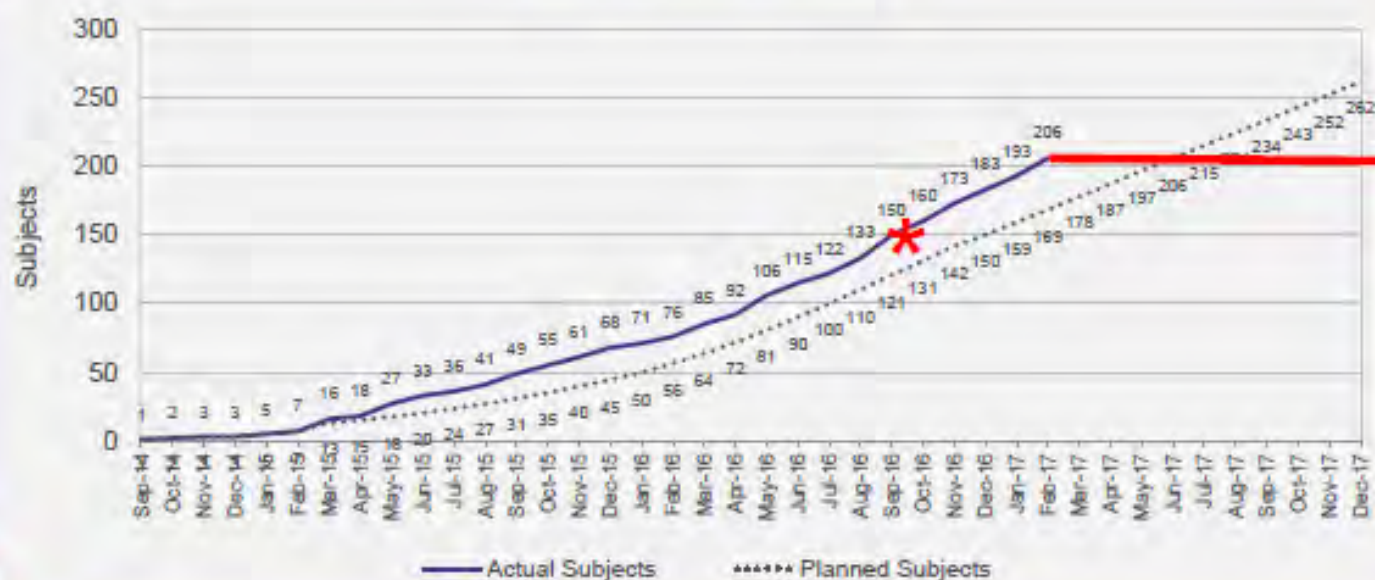
# Study Methods: Workflow





# TRIAL ENROLLMENT RATE AND TERMINATION

Site Status			
Sites Qualified	36	Contracts Executed	31
Sites Initiated	30	Sites Activated to Enroll	30
IRB/EC Approvals	31	Subjects Enrolled	206
Actual / Projected Enrollment			

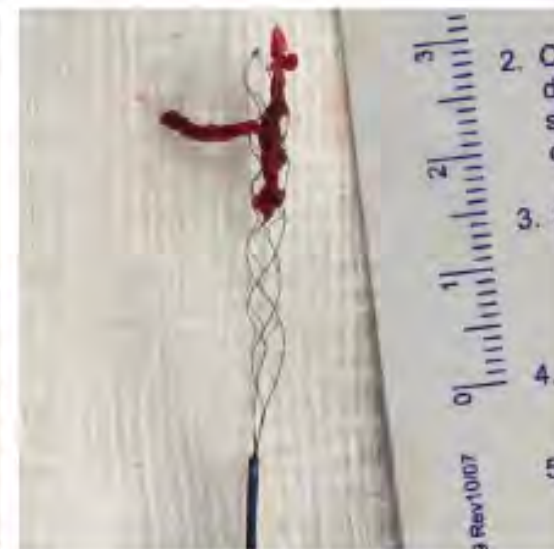
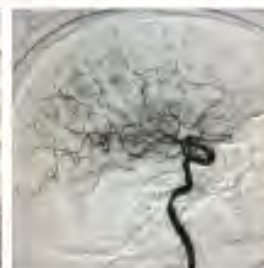
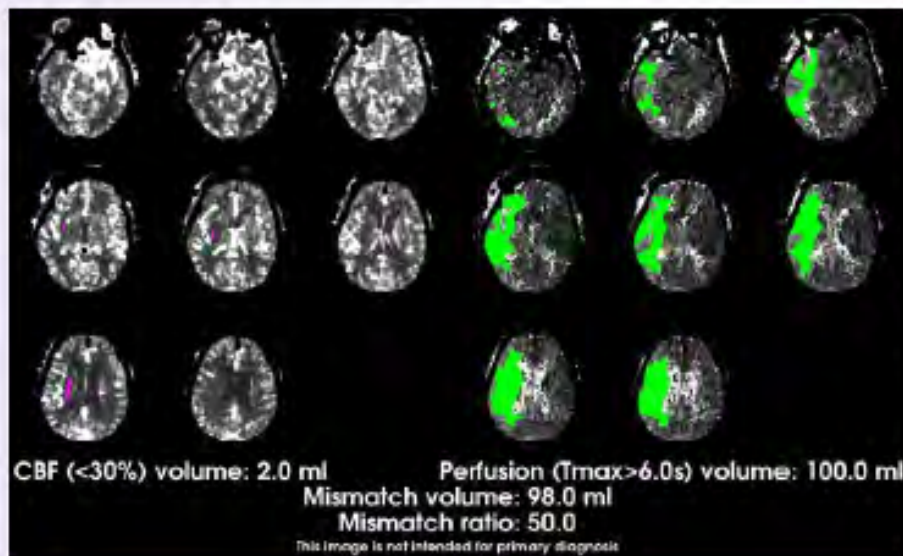


Enrollment stopped at DSMB recommendation.



\*Boundary for first enrichment not crossed

# Results



## Patient presentation

	Treatment arm N=107	Control arm N=99	P- value
Time since time last seen well to randomization (hrs)			
Mean ± SD	13.4 ± 4.1	13.0 ± 4.5	0.53
Median (Q1, Q3)	12.2 (10.2, 16.0)	13.2 (9.4, 15.8)	
Range (min, max)	(6.1, 23.5)	(6.4, 23.9)	
Stroke sub-population			
Wake up stroke	64.5%	47.5%	0.01
Witnessed stroke	10.3%	14.1%	0.52
Un-witnessed stroke	25.2%	38.4%	0.05





## Co-primary endpoints

	Trevo	MM	Treatment benefit (95% CI)	Bayesian probability of superiority
Day 90 weighted mRS	5.5 ± 3.8	3.4 ± 3.1	2.1 (1.20, 3.12)	>0.9999*
Day 90 mRS (0-2)	48.6%	13.1%	35.5% (23.9%, 47.0%)	>0.9999*

**NNT for 90-day functional independence = 2.8**



\*Similar to p<0.0001

# Primary outcome

■ mRS 0/uW mRS 10

■ mRS 3/ uW mRS 6.5

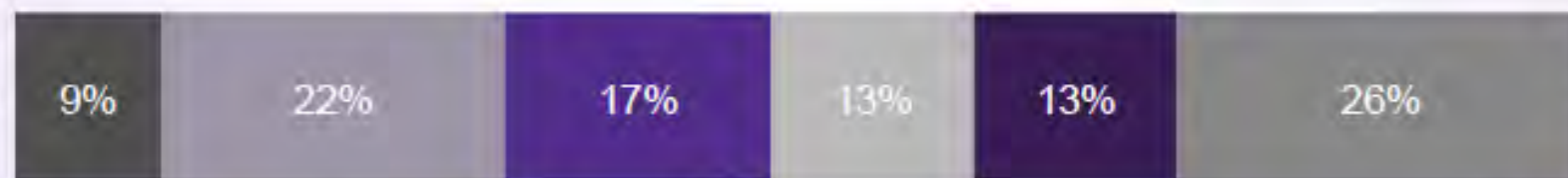
■ mRS 1/uW mRS 9.1

■ mRS 4/ uW mRS 3.3

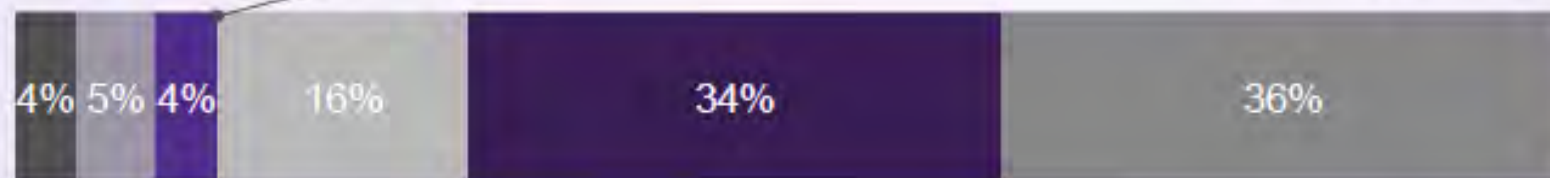
■ mRS 2/ uW mRS 7.6

■ mRS 5-6/ uW mRS 0

TREVO



CONTROL



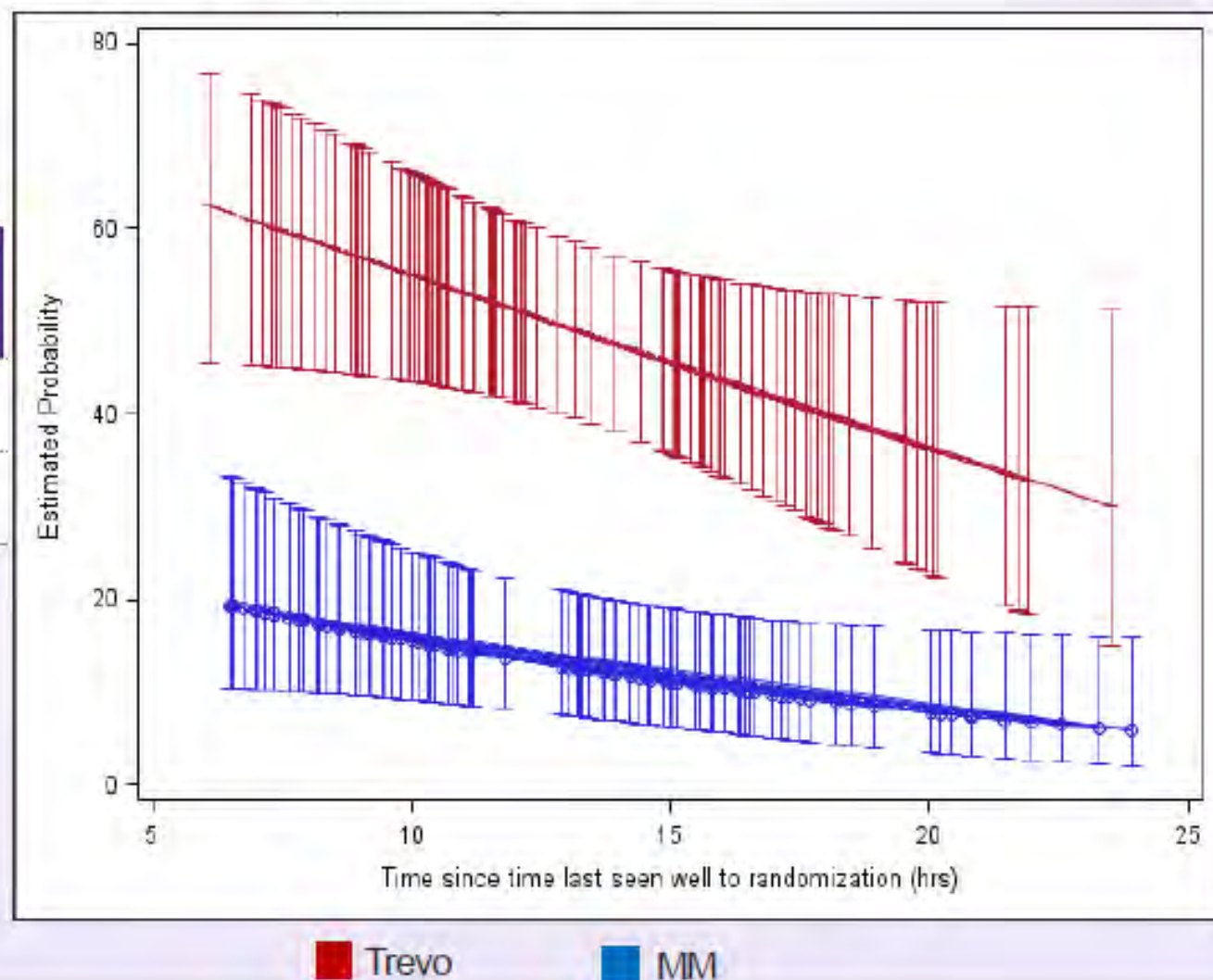
Probability of superiority >0.9999

**73% relative risk reduction of dependency in ADL's**  
**NNT for any lower disability 2.0**



## 90 Day mRS 0-2 by TLSW to Randomization

	Trevo	MM	P-value
6-12h	55.1%	20.0%	<0.001
12-24h	43.1%	7.4%	<0.001











# Endovascular Therapy Following Imaging Evaluation for Ischemic Stroke 3



- Entry criteria
  - » 6-16h after onset
  - » Target mismatch profile on DWI/PWI MRI or CTP
    - Ischemic core  $< 70$  cc
    - Mismatch ratio  $\geq 1.8$
    - Penumbra (mismatch) volume  $\geq 15$  cc
- Sample size
  - » Adaptive design
    - Up to 476 patients
    - First interim efficacy analysis planned at 200
    - (Stopped for efficacy at 182)

# Endovascular Therapy Following Imaging Evaluation for Ischemic Stroke 3



July 26, 2017

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- Sample size
  - » Adaptive design
    - Up to 476 patients
    - First interim efficacy analysis planned at 200
    - (Stopped for efficacy at 182)

DEFUSE 3 – DSMB has halted the trial permanently because of a high likelihood of efficacy in the endovascular treatment group. The Study is currently under continuing review.

Data cleaning is underway. Please complete the 90 day visits as soon as possible so they can get the database cleaned and locked.





# Population Impact of Imaging Selection for Additional Patients Who Benefit from Thrombectomy



Acute (<24h) Ischemic Stroke Subtypes	Percent	Number per Year
All	100%	600,000
LVO	40%	240,000
LVO < 6h (70%)	28%	168,000



# Population Impact of Imaging Selection for Additional Patients Who Benefit from Thrombectomy



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LVO 6-24h (30%)	12%	72,000
LVO 6-24h DAWN eligible (15%)	2%	12,240
LVO 6-24h DEFUSE 3 eligible (30%)	4%	24,480

# Population Impact of Imaging Selection for Additional Patients Who Benefit from Thrombectomy

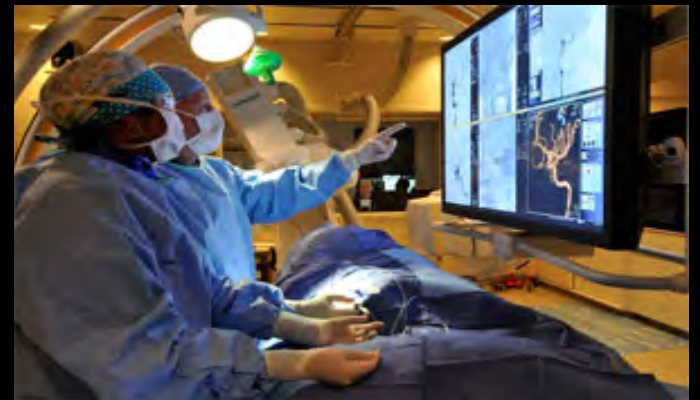


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LVO 6-24h DAWN eligible (15%)	2%	12,240
LVO 6-24h DEFUSE 3 eligible (30%)	4%	24,480
LVO 6-24h all who benefit (50%?)	6%?	36,720?

# Stroke Systems: Two Four Tier US Model

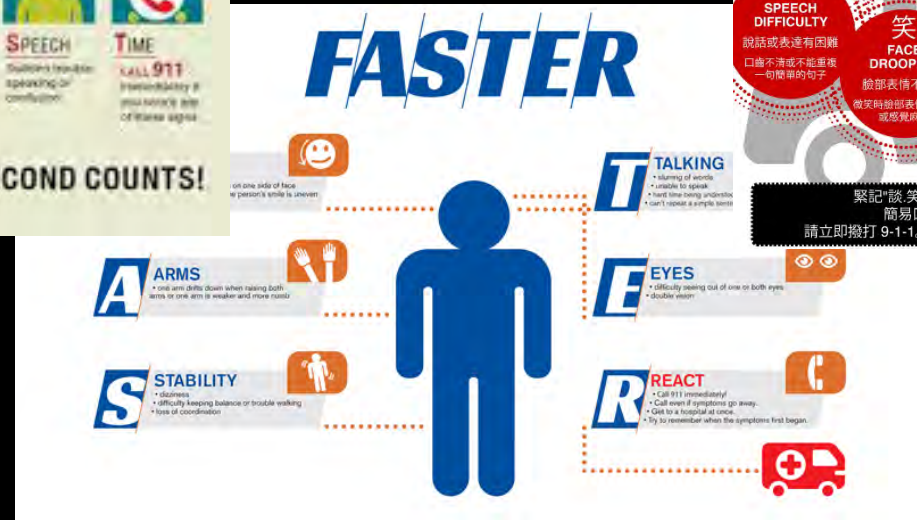
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- EMS
  - Trained dispatchers, high priority triage
  - Paramedics trained in stroke recognition (e.g. LAPSS)
  - Deliver patients to nearest stroke capable hospital
  - Pre-arrival notification
- Spokes
  - Stroke Ready Hospitals (SRHs)
    - Able to provide initial, ED care, often via telemedicine
    - Able to use rt-PA and other acute therapies safely and efficiently
  - Primary Stroke Centers (PSCs)
    - Able to provide initial, ED care
    - Able to use rt-PA and other acute therapies in a safe and efficient manner
    - Have Stroke Units and can admit patients
- Hubs
  - Thrombectomy Stroke Centers (TSCs)
    - Able to provide endovascular thrombectomy but not other advanced care
  - Comprehensive Stroke Centers (CSCs)
    - Able to care for all complex patients
    - Advanced treatments (i.e. coils, clips, stents, endovascular recanalization, etc)
    - Trained specialists in key areas (Vascular neurology, Neurointerventional procedures, Neurocritical Care, Vascular Neurosurgery)





# Warning Signs and Activation of EMS System



# Ubiquitous Computing and Ambient Intelligence Accelerated Stroke Onset Detection

Las Vegas Casinos



Home Cameras  
Home Health Robots



Computer Vision and  
Accelerometer Fall  
Detection

(also wearable pajamas)

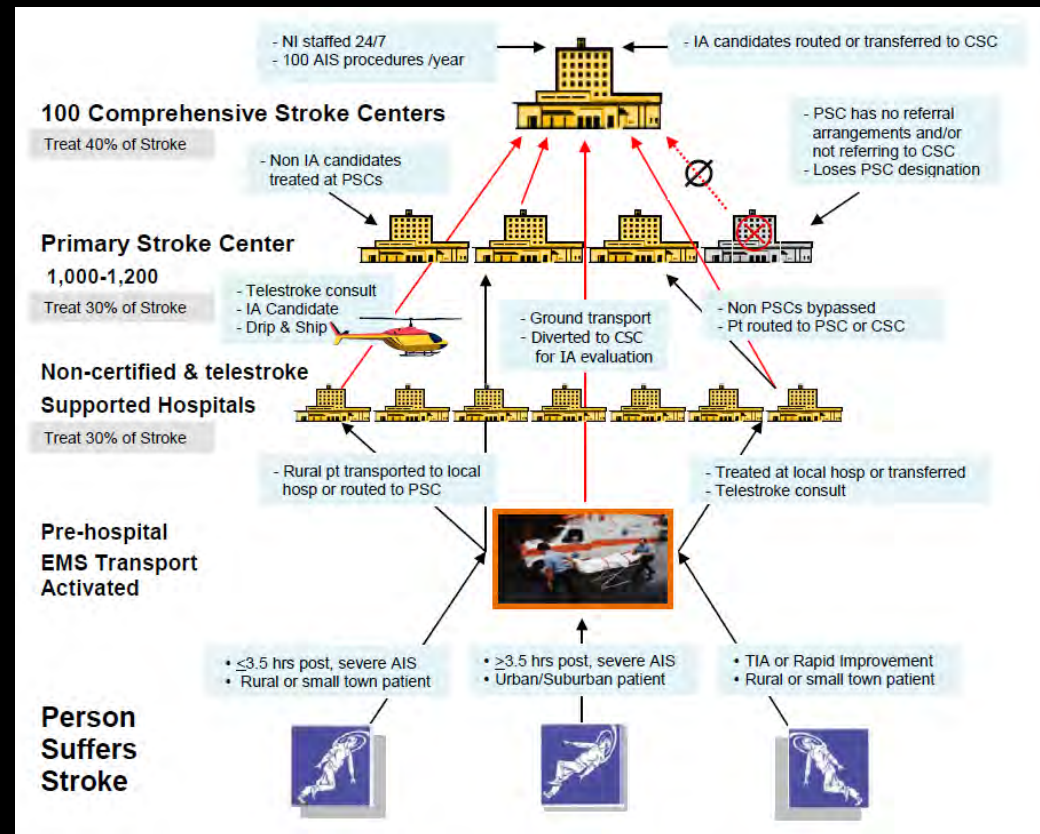


*UCLA Stroke Center*

--Example: Leone et al. Detecting falls with 3d range camera in ambient assisted living applications. Medical Engineering & Physics 2011

# Advanced Stroke Center Buildout

- Comprehensive Stroke Centers
  - » 2011
    - AHA CSC metrics paper
    - TJC technical advisory panel
  - » 2012
    - TJC pilot testing
  - » 2012-2013
    - National CSC certification
  - » 2014
    - CSC Performance Measures
- Thrombectomy Stroke Centers
  - » 2018
    - National TSC certification





# Identifying Likely Large Vessel Occlusion Patients in Field

- Medium (distal) vessel and small (penetrator) occlusions
  - » IV tPA - works well, want asap
  - » Thrombectomy – not an option
  - » Primary Stroke Center or Acute Stroke Ready Hospital
- Large vessel occlusions
  - » IV tPA - works poorly
  - » Thrombectomy – works well
  - » Comprehensive Stroke Center



# Routing Protocols in Tiered Systems: ASRHs, PSCs, CSCs

- Tiered routing options
  - » None
  - » Time (e.g. 3.5-6h)
  - » Severity (e.g. LAMS 4-5)
  - » Type (H/A, ICH)
- Considerations
  - » Urban v rural
  - » Geography
  - » Traffic
  - » Resources
  - » Minimize time out of service area

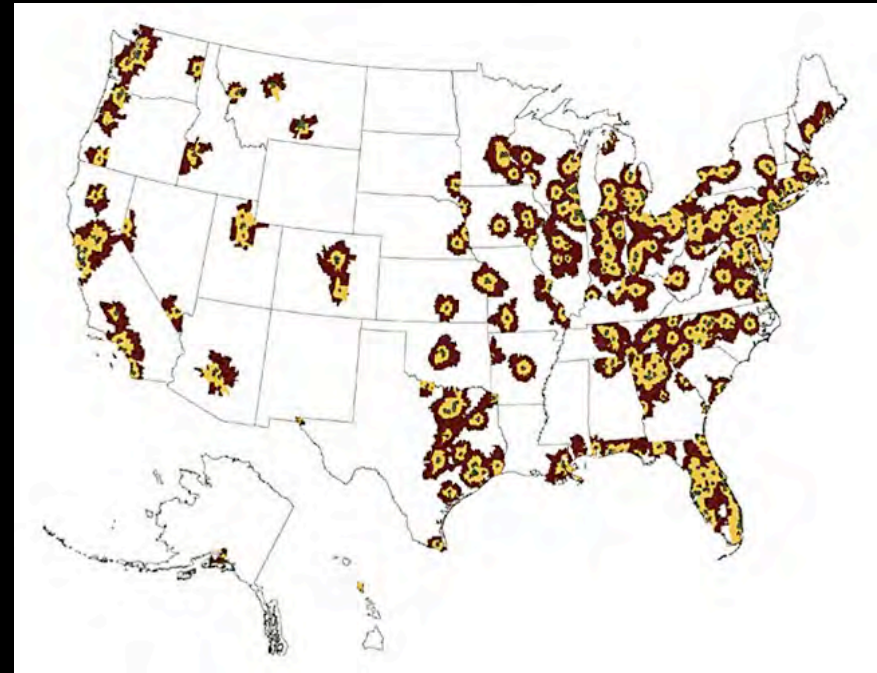
## AHA/ASA Policy Statement

### Interactions Within Stroke Systems of Care A Policy Statement From the American Heart Association/American Stroke Association

Randall Higashida, MD, FAHA, Chair\*; Mark J. Alberts, MD, FAHA, Co-Chair\*;  
David N. Alexander, MD; Todd J. Crocco, MD; Bart M. Demaerschalk, MD;  
Colin P. Derdeyn, MD, FAHA; Larry B. Goldstein, MD, FAHA;  
Edward C. Jauch, MD, MS, FAHA; Stephan A. Mayer, MD, FAHA; Neil M. Meltzer, MPH;  
Eric D. Peterson, MD, FAHA; Robert H. Rosenwasser, MD, FAHA; Jeffrey L. Saver, MD, FAHA;  
Lee Schwamm, MD, FAHA; Debbie Summers, RN, MSN, ACNS-BC, FAHA;  
Lawrence Wechsler, MD, FAHA; Joseph P. Wood, MD, JD;  
on behalf of the American Heart Association Advocacy Coordinating Committee

# Comprehensive Stroke Center Routing Within Regional Systems of Care

- IV TPA ineligible
  - » Direct to CSC
  - » 3.5-7 hours after onset
- IV TPA eligible
  - » Drip and ship
    - Faster IV TPA, slower cath
  - » Mothership
    - Slower IV TPA, faster cath
    - Large vessel occlusion
      - » LAMS 4-5
    - Likely hemorrhage
  - » BATmobile trip (mobile CT)
    - Fastest IV TPA, fast cath

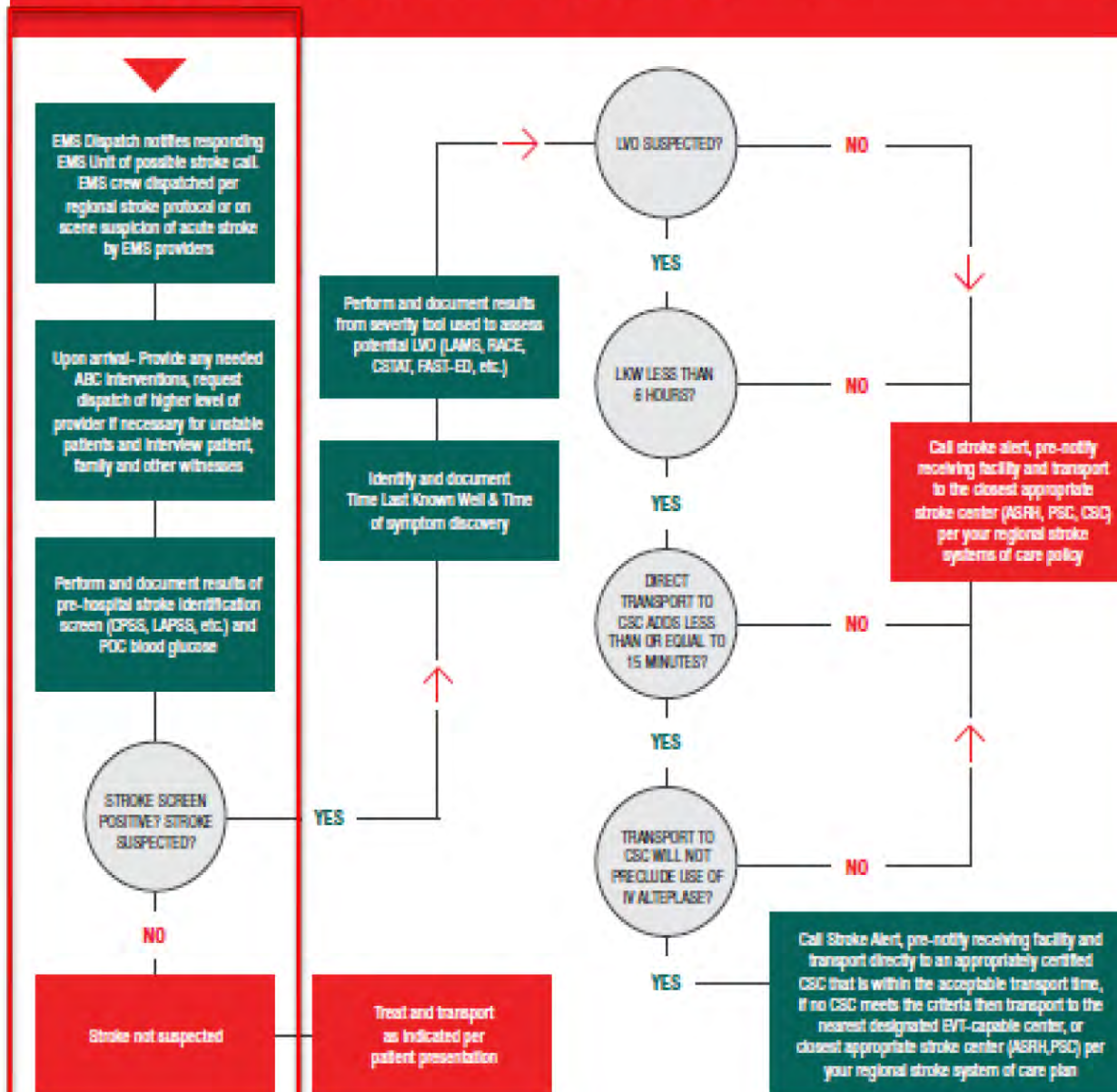


# SEVERITY-BASED STROKE TRIAGE ALGORITHM FOR EMS



Together to End Stroke®

MISSION: LIFELINE



**Mission:** Lifeline Stroke has developed this algorithm to help ensure the RIGHT patient is brought to the RIGHT stroke center RIGHT on time.



LVO SUSPECTED?

YES

LKW LESS THAN  
6 HOURS?

YES

DIRECT  
TRANSPORT TO  
CSC ADDS LESS  
THAN OR EQUAL TO  
15 MINUTES?

YES

TRANSPORT TO  
CSC WILL NOT  
PRECLUDE USE OF  
IV ALTEPLASE?

YES

## Go Directly to CSC IF:

Severity Screen (++)

+

LKW < 6 Hours

+

Transport to CSC Adds < 15 min

+

Transport to CSC Does Not  
Place Patient Outside  
Thrombolysis Window

Any 'NO' then  
Go to  
Nearest/Closest  
Appropriate Facility  
Per Regional Plan

Call Stroke Alert, pre-notify receiving facility and transport directly to an appropriately certified CSC that is within the acceptable transport time, if no CSC meets the criteria then transport to the nearest designated EVT-capable center, or closest appropriate stroke center (ASRH, PSC) per your regional stroke system of care plan

# Examples of Prehospital Stroke Scales to Identify LVO

- Los Angeles Motor Scale (LAMS)
  - » 3 elements
  - » Facial droop, arm drift, grip weakness
- 3 Item Stroke Scale (3I-SS)
  - » 6 elements
  - » Level of consciousness, gaze deviation, facial droop, arm drift, R/L leg weakness
- Rapid Arterial Occlusion Evaluation Score (RACE)
  - » 7 elements
  - » Facial droop, arm drift, R/L leg weakness, gaze deviation, aphasia, denial of hemiparesis
- Cincinnati Prehospital Stroke Severity Scale (CPSSS)
  - » 4 elements
  - » Gaze deviation, arm drift, LOC command, LOC questions
- Field Assessment Stroke Triage for Emergency Destination (Fast-ED)
  - » 5 elements
  - » Face, Arm weakness, speech, eye deviation, Denial/Neglect
- VAN
  - » 3 elements
  - » Vision, Aphasia, Neglect



# KISS Principle in Prehospital Care

LAMS	
Facial Droop	
Absent	0
Present	1
Arm Drift	
Absent	0
Drifts Down	1
Falls Rapidly	2
Grip Strength	
Normal	0
Weak Grip	1
No Grip	2

RACE	
Facial Palsy	
Absent	0
Mild	1
Mod-severe	2
Arm Motor Fxn	
Normal to mild	0
Moderate	1
Severe	2
Leg Motor Fxn	
Normal to mild	0
Moderate	1
Severe	2
Head + Gaze Dev	
Absent	0
Present	1
Aphasia (if right HP)	1
Normal to mild	0
Moderate	1
Severe	2
Agnosia (if left HP)	1
Normal to mild	0
Moderate	1
Severe	2

# LAMS Comparable to or Better than 6 Other Proposed Prehospital LVO Scales and the Full NIHSS

## LVO among All Acute Cerebral Ischemia Transports

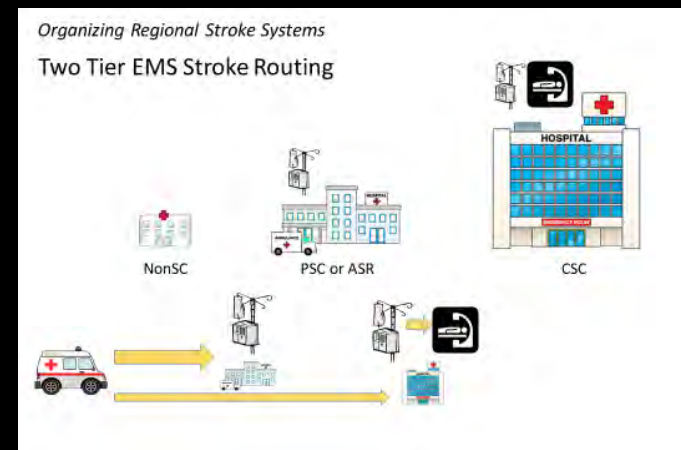
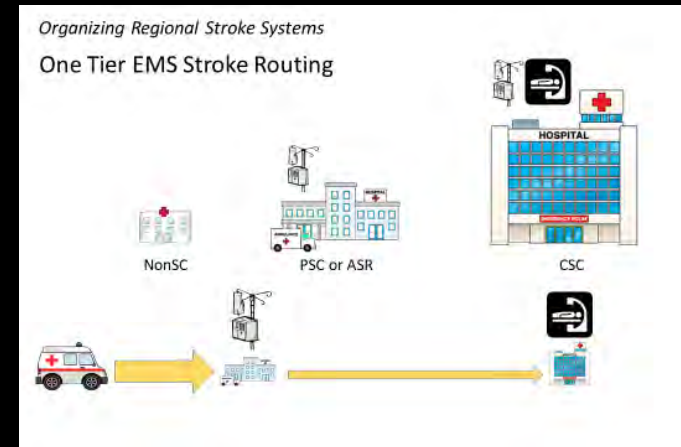
	Sensitivity	Specificity	PPV	NPV	Accuracy
Prehospital					
LAMS	0.74	0.63	0.79	0.56	0.70
ED					
LAMS	0.63	0.79	0.85	0.53	0.69
CPSSS	0.54	0.88	0.89	0.50	0.66
FAST-ED	0.54	0.83	0.86	0.49	0.64
PASS	0.57	0.83	0.87	0.50	0.66
RACE	0.54	0.79	0.83	0.48	0.63
VAN	0.57	0.71	0.79	0.46	0.61
3i-SS	0.41	0.96	0.95	0.46	0.60
NIHSS $\geq 7$	0.65	0.67	0.79	0.50	0.66
NIHSS $\geq 10$	0.54	0.83	0.86	0.49	0.64

## CSC-Appropriate (LVO+ICH) among All Suspected Stroke Transports

	Sensitivity	Specificity	PPV	NPV	Accuracy
Prehospital					
LAMS	0.70	0.68	0.84	0.49	0.69
ED					
LAMS	0.67	0.79	0.88	0.50	0.70
CPSSS	0.48	0.86	0.89	0.41	0.60
FAST-ED	0.53	0.82	0.88	0.43	0.62
PASS	0.55	0.82	0.88	0.43	0.63
RACE	0.56	0.79	0.86	0.43	0.63
VAN	0.59	0.71	0.83	0.43	0.63
3i-SS	0.38	0.93	0.93	0.39	0.54
NIHSS $\geq 7$	0.71	0.68	0.84	0.50	0.70
NIHSS $\geq 10$	0.56	0.82	0.88	0.44	0.64

# RACECAT Trial

- Cluster-control RCT Spain
  - » 12 hospitals, 1754 patients
- Key entry criteria
  - » LVO by RACE and teleneurology
  - » Can reach an EVT-SC within 7h of onset
- Randomized strata
  - » Daytime vs evening
  - » Weekday vs weekend
  - » Urban vs rural
- Outcome: mRS 0-2
- Timeline: 2017-2020



## Stroke physician prehospital real-time telestroke assessment of the National Institutes of Health Stroke Scale in the moving ambulance



Liman T G et al. Stroke 2012;43:2086-2090

Figure 1 iTREAT ambulance setup with cradled iPad and suction mounting



# Mobile Technologies

(other than CT)

- Ultrasound
  - » Burl – Sonas
  - » Neural Analytics
- EEG
  - » Samsung – EDSAP
- Near infra-red
  - » B+W Tek – i-Spec
- Microwave
  - » Australia - Strokefinder helmet



# Acute Ischemic Stroke Treatment 1.0: IV TPA and Moderately Effective Endovascular Therapy



Symptoms



911



EMS



Primary Stroke Center



Imaging



IV Lytic



# Acute Ischemic Stroke Treatment 2.0: Highly Effective Recanalization - Fast and Furious



Symptoms



911



EMS



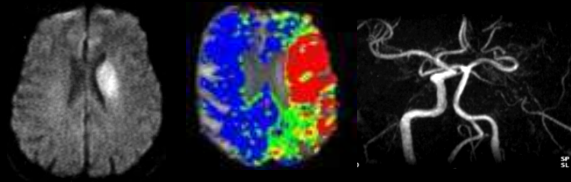
Neuroprotectants



Primary Stroke Center



Imaging



Imaging



Comp Stroke Center



EMS



IV Lytic



Cath Lab



Angiogram



IA Mechanical or Lytic



Reperfusion  
Neuroprotectants



Stroke Unit

*UCLA Stroke Center*

# Are We Done Yet?

## Second Generation Neurothrombectomy Therapy Outcome Across All Disability Levels (5 Trials – HERMES)

No Endovascular

5,0

7,9

13,6

16,4

24,7

13,5

18,9

Endovascular

10,0

16,9

19,1

16,9

15,6

6,2

15,3

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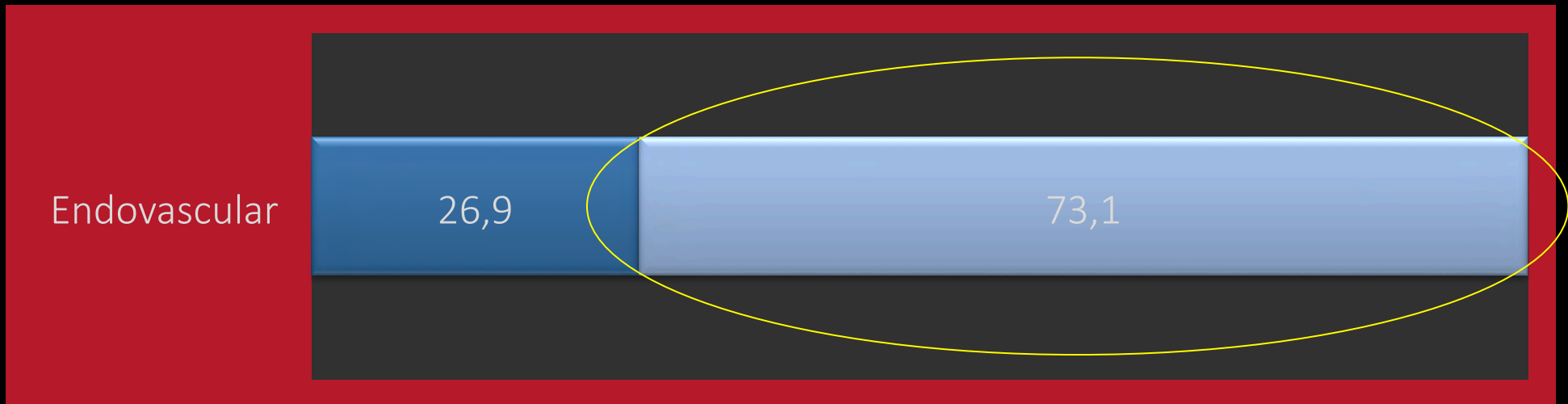
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15,3

# Are We Done Yet?

## Second Generation Neurothrombectomy Therapy Outcome Across All Disability Levels (5 Trials – HERMES)





# What Do We Need

---

- More REPERFUSION
- More SALVAGEABLE BRAIN
- Less BLEEDING
- More PATIENTS

# What Do We Need

---

- More REPERFUSION
  - » Better devices
  - » Better combinations of lytics and devices
- More SALVAGEABLE BRAIN
  - » Preprocedure neuroprotection / collateral enhancement
  - » Faster onset to puncture
    - Hospital processes of care
    - EMS systems of care
- Less BLEEDING
  - » Skip tPA (?)
  - » Deter reperfusion injury
- More PATIENTS
  - » Expand time window with standard selection
  - » Expand time window with imaging selection

# Building Next Generation of Clinical Trials that Will Positively Impact an Emerging Field

Intervention Type	Special Trial Aspects	Example Comparisons	Target Patients
New Devices	TICI reperfusion as primary surrogate endpoint	Device A vs B	Large artery occlusions
Reperfusion Strategies	Active Comparator	IVT+ERT vs ERT alone	ICA occlusions
		IVT+ERT vs IVT alone	M2 occlusions
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Imaging Selection	6-24h	ERT vs no ERT	Wake-up and late

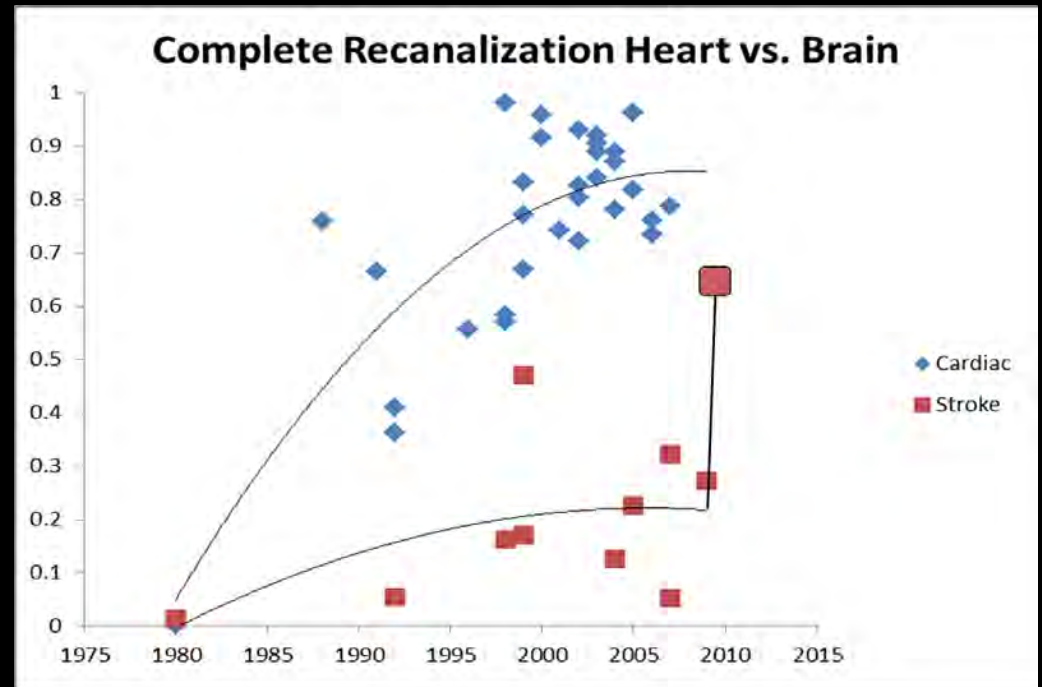
# Improved Reperfusion Rates via Novel Devices

- Retrievers
  - » Solitaire (Medtronic)
  - » Trevo (Stryker)
  - » Catch (Balt)
  - » Preset (Phenox)
  - » **EmboTrap (Neuravia)**
  - » Separator 3D (Penumbra)
  - » Revive (Codman)
  - » Mindframe (Medtronic)
  - » Golden (Amnis)
  - » **Tigertriever (Rapid Medical)**
- Aspiration catheters
  - » Max ACE (Penumbra)
  - » Arc (Medtronic)
  - » SOFIA (Microvention)
  - » Cat-6 (Stryker)



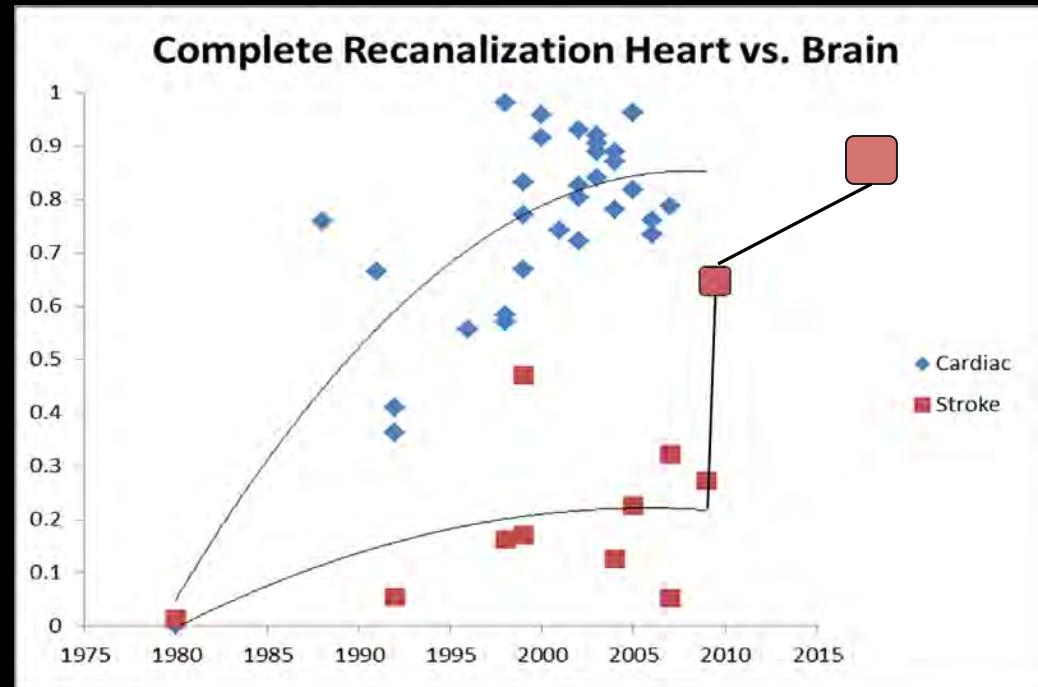
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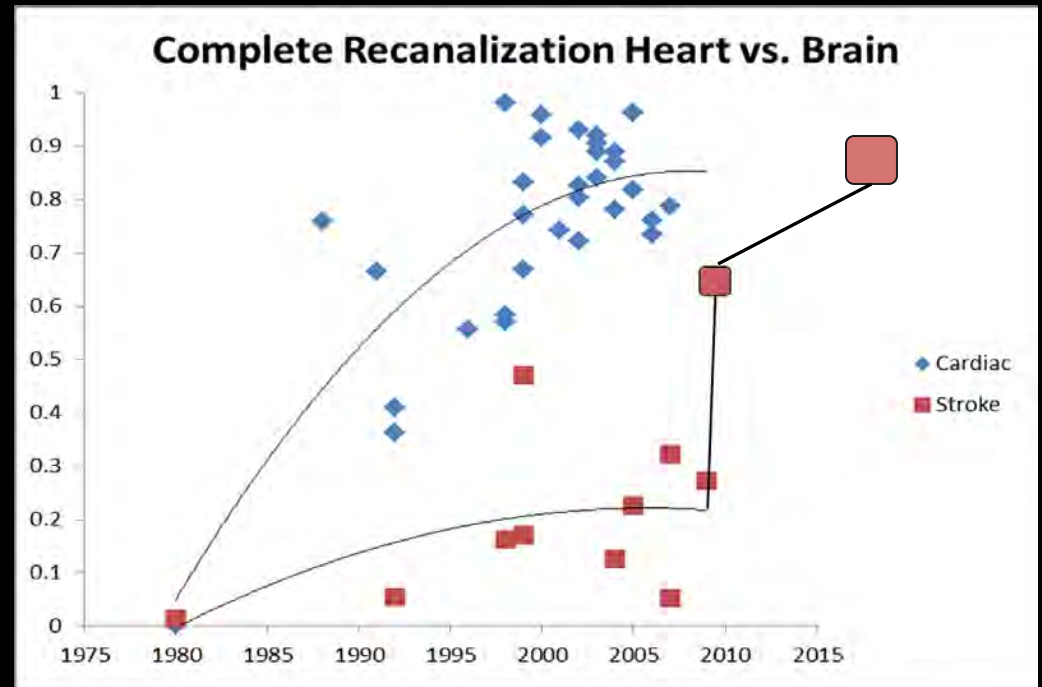
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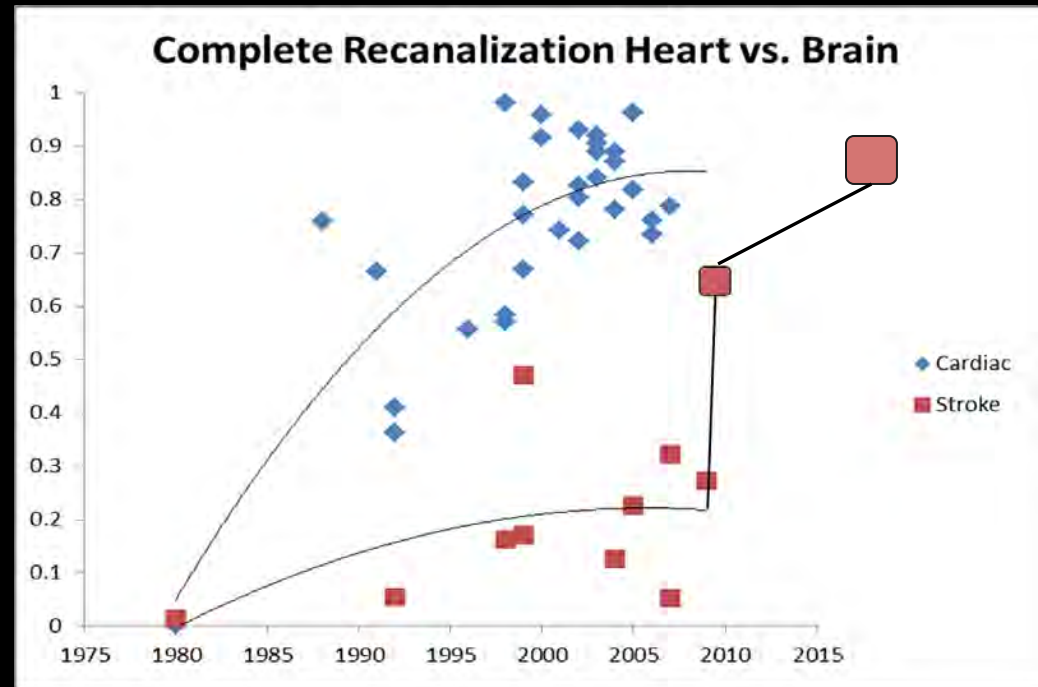
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- LVO
- MVO - M2, M3/4, P1/2 PCA, A1/2 ACA

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## Trials

ARISE II

ASTER / Penumbra 3D / COMPASS

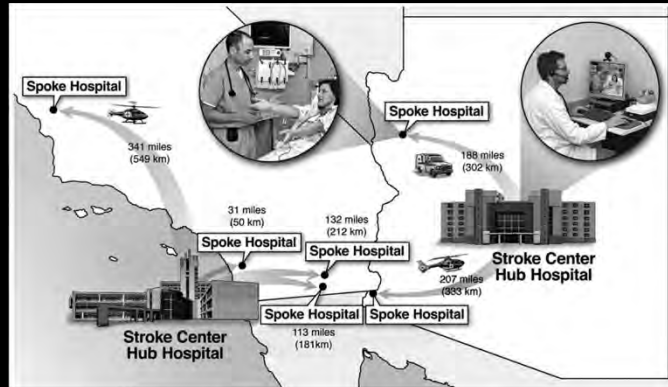
# Neuroprotective Trial Designs in the Thrombectomy Era

## NP in the Ambulance



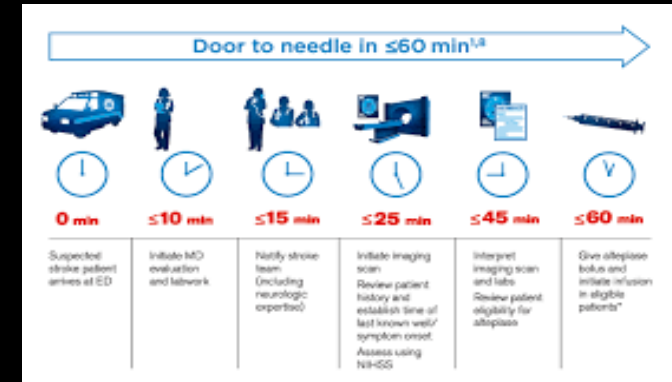
FAST-MAG	Number of Patients	NP to Reperf Tx Start Time
IV tPA	452 (27%)	1h 32m
EVT	76 (5%)	3h 50m

## NP during Hosp Tx



- Enroll at PSCs, ASRHs
  - » Tele-enrollment
- NP infusion during interval from OSH to endovascular hospital
- “Drip, ship, NiP, and grip”

## NP Door to Reperf



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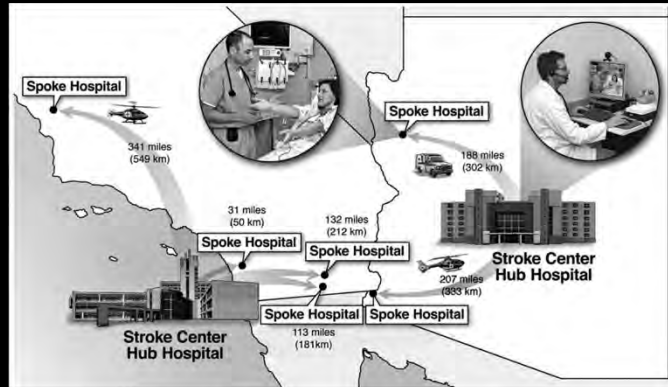
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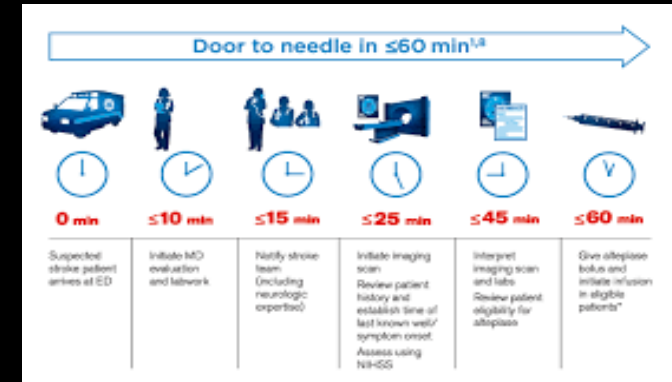
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- Enroll at PSCs, ASRHs
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Trials  
RIGHT-2  
ESCAPE NA1

# Give or Skip IV tPA

## Pro Combination

- Faster reperfusion
  - » Faster start of IV Rx - faster reperfusion in IV responders
  - » Increased first-pass response
- More reperfusion
  - » Higher ERT reperfusion rate
  - » Reperfusion in ERT non-deployable pts
  - » High IV Rx reperfusion in EMVO
- Cleaner distal vessels
  - » Dissolve distal thrombus fragments from ERT
- Target occlusion characterization
  - » Reveal *in situ* athero

## Against Combination

- Slower reperfusion
  - » Consent and set-up of IV Rx may slow start of ERT
- Little additional reperfusion
  - » Low IV Rx reperfusion in ELVO
- More hemorrhage
- Higher cost

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Trials

MR CLEAN Family  
SWIFT Direct



**"The outcome of any serious research can only be to make two questions grow where only one grew before" (Veblen)**

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Bryan Yoo, MD

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Bruce Dobkin, MD

Andrew Dorsch, MD

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Val Nenov, PhD

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Ileana Grunberg, RN

Rodel Aflonso, RN

## Stroke Fellows and Residents



UCLA Ronald Reagan Medical Center

*UCLA Stroke Center*

